

# Applied Regression

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Applied Quantitative Methods II

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# Today's goals

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- Understand multiple regression and control variables
- Learn how to model conditional relationships (interactions)
- Present results effectively with `modelsummary`

# Roadmap

# Regression Review

# What question does regression answer?

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- Written as:  $E[Y|X]$
- Regression approximates this function

# The regression model

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- $X$ : explanatory variable(s)
- $\beta$ : coefficients (what we estimate)
- $\varepsilon$ : error term (what we can't explain)

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- The linear fit is still the best predictor among linear functions
- Why linear? Simple, interpretable, often good enough

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- This is a **comparison**, not necessarily a causal effect

# Descriptive vs. Causal interpretation

- **Descriptive:** How do units with different  $X$  values compare?  
→ “People with more education earn more, on average”
- **Causal:** What happens if we change  $X$  for a given unit?  
→ “If we give someone more education, they will earn more”
- Same coefficient, very different claims!

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- Getting tidy output:
  - `broom::tidy(model)` — coefficients as a data frame
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- These are much easier to work with than `summary()`

# Roadmap

# Multiple Regression



## Adding predictors

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- This is the “controlled” effect of  $X_1$

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- This isolates the unique contribution of  $X_1$

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  - How strongly the confounder relates to  $X$

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**Pre-treatment confounders** are the key!

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- Controlling for post-treatment variables can *introduce* bias

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- Example: NBA players
  - Height and skill both affect being in NBA
  - Among NBA players, height and skill are negatively correlated
  - But not in the general population!

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- Example: `lm(income ~ factor(region), data = df)`
  - If reference is “North”, the “South” coefficient means: average income in South minus average income in North

# Roadmap



# Interaction Effects

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- We model this with **interaction terms**

# The interaction model

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- $\beta_3$ : how the effect of  $X$  changes as  $Z$  increases

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- Need to report effects at meaningful values of  $Z$



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- Equivalent to fitting separate regressions by group
- But estimated jointly (shares the error variance)



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- **Mistake 3:** Not showing how the effect varies
  - Plot the marginal effect across values of  $Z$

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- In R: `marginalEffects::plot_predictions()`

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# Presenting Results

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  - Communicates **uncertainty** honestly
  - Helps readers evaluate the **size** of effects

# The modelsummary package

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- Basic usage:
  - `modelsummary(model)`
  - `modelsummary(list(m1, m2, m3))`
- Output formats: LaTeX, HTML, Word, markdown
- Highly customizable: statistics, labels, notes

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- `modelsummary::modelplot(model)`
  - Each coefficient as a point with confidence interval
  - Easy to compare multiple models
- Often more effective than tables for communicating results
- Readers immediately see which effects are large vs. small

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  - `modelsummary(list(m1, m2, m3))`
- Shows robustness and what adding controls does to the estimate

## Example workflow in R

```
m1 <- lm(y ~ x, data = df)
```

```
m2 <- lm(y ~ x + z1 + z2, data = df)
```

```
m3 <- lm(y ~ x * z1 + z2, data = df)
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modelplot(list(m1, m2, m3))
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modelsummary(list(m1, m2, m3))
modelplot(list(m1, m2, m3))
plot_predictions(m3, condition = c("x", "z1"))
```



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- Regression estimates conditional expectations
- Multiple regression: “holding constant” interpretation
- Control variables help only if chosen correctly
- Interactions model conditional relationships
- Present results clearly: tables, coefficient plots, marginal effects

# For next week

- Read Urdinez & Cruz (2020), chapter 8
- Read Gelman et al., chapters 13–14
- Complete Assignment 2
  
- Next session: Binary outcomes
  - Linear probability model vs. logistic regression
  - Interpreting logit results
  - Predicted probabilities and marginal effects

Questions?