

Applied Regression (I)

Francisco Villamil

Applied Quantitative Methods II

IC3JM, Spring 2026

Today's goals

- Understand regression as modeling conditional expectations

Today's goals

- Understand regression as modeling conditional expectations
- Review the logic of OLS

Today's goals

- Understand regression as modeling conditional expectations
- Review the logic of OLS
- Discuss when regression can tell us about causation

Today's goals

- Understand regression as modeling conditional expectations
- Review the logic of OLS
- Discuss when regression can tell us about causation
- Learn how to think about control variables

Regression as Conditional Expectations

What question does regression answer?

- “What is the average value of Y for different values of X ?”

What question does regression answer?

- “What is the average value of Y for different values of X ?”

What question does regression answer?

- “What is the average value of Y for different values of X ?”
- This is the **conditional expectation function** (CEF)

What question does regression answer?

- “What is the average value of Y for different values of X ?”
- This is the **conditional expectation function** (CEF)

What question does regression answer?

- “What is the average value of Y for different values of X ?”
- This is the **conditional expectation function** (CEF)
- Written as: $E[Y|X]$

What question does regression answer?

- “What is the average value of Y for different values of X ?”
- This is the **conditional expectation function** (CEF)
- Written as: $E[Y|X]$

What question does regression answer?

- “What is the average value of Y for different values of X ?”
- This is the **conditional expectation function** (CEF)
- Written as: $E[Y|X]$
- Regression approximates this function

Example: Income and support for redistribution

- Research question: How does income relate to support for redistribution?

Example: Income and support for redistribution

- Research question: How does income relate to support for redistribution?

Example: Income and support for redistribution

- Research question: How does income relate to support for redistribution?
- CEF: “What is the average support for redistribution among people earning \$50k? Among those earning \$100k?”

Example: Income and support for redistribution

- Research question: How does income relate to support for redistribution?
- CEF: “What is the average support for redistribution among people earning \$50k? Among those earning \$100k?”

Example: Income and support for redistribution

- Research question: How does income relate to support for redistribution?
- CEF: “What is the average support for redistribution among people earning \$50k? Among those earning \$100k?”
- We can estimate this with regression

Linear regression as approximation

- The true CEF might be complicated

Linear regression as approximation

- The true CEF might be complicated
- Linear regression fits the **best linear approximation**

Linear regression as approximation

- The true CEF might be complicated
- Linear regression fits the **best linear approximation**

Linear regression as approximation

- The true CEF might be complicated
- Linear regression fits the **best linear approximation**
- Even if the true relationship is non-linear

Linear regression as approximation

- The true CEF might be complicated
- Linear regression fits the **best linear approximation**
- Even if the true relationship is non-linear
- The linear fit is still the best predictor among linear functions

Linear regression as approximation

- The true CEF might be complicated
- Linear regression fits the **best linear approximation**
- Even if the true relationship is non-linear
- The linear fit is still the best predictor among linear functions

Linear regression as approximation

- The true CEF might be complicated
- Linear regression fits the **best linear approximation**
- Even if the true relationship is non-linear
- The linear fit is still the best predictor among linear functions
- Why linear? Simple, interpretable, often good enough

The OLS formula

$$\hat{\beta} = \frac{\text{Cov}(X, Y)}{\text{Var}(X)}$$

- This gives us the slope that minimizes squared errors

The OLS formula

$$\hat{\beta} = \frac{\text{Cov}(X, Y)}{\text{Var}(X)}$$

- This gives us the slope that minimizes squared errors
- Intuition: how much does Y move when X moves?

The OLS formula

$$\hat{\beta} = \frac{\text{Cov}(X, Y)}{\text{Var}(X)}$$

- This gives us the slope that minimizes squared errors
- Intuition: how much does Y move when X moves?
- Scaled by how much X varies

Interpreting the slope coefficient

$$Y = \beta_0 + \beta_1 X + \varepsilon$$

- β_1 represents:

Interpreting the slope coefficient

$$Y = \beta_0 + \beta_1 X + \varepsilon$$

- β_1 represents:
 - The difference in average Y

Interpreting the slope coefficient

$$Y = \beta_0 + \beta_1 X + \varepsilon$$

- β_1 represents:
 - The difference in average Y
 - Between groups that differ by 1 unit in X

Interpreting the slope coefficient

$$Y = \beta_0 + \beta_1 X + \varepsilon$$

- β_1 represents:
 - The difference in average Y
 - Between groups that differ by 1 unit in X

Interpreting the slope coefficient

$$Y = \beta_0 + \beta_1 X + \varepsilon$$

- β_1 represents:
 - The difference in average Y
 - Between groups that differ by 1 unit in X
- This is a **comparison**, not necessarily a causal effect

From Description to Causation

When can we interpret regression causally?

- Descriptive interpretation: always valid

When can we interpret regression causally?

- Descriptive interpretation: always valid
 - “Higher income is associated with less support for redistribution”

When can we interpret regression causally?

- Descriptive interpretation: always valid
 - “Higher income is associated with less support for redistribution”

When can we interpret regression causally?

- Descriptive interpretation: always valid
 - “Higher income is associated with less support for redistribution”
- Causal interpretation: requires additional assumptions

When can we interpret regression causally?

- Descriptive interpretation: always valid
 - “Higher income is associated with less support for redistribution”
- Causal interpretation: requires additional assumptions
 - “Increasing someone’s income would decrease their support”

When can we interpret regression causally?

- Descriptive interpretation: always valid
 - “Higher income is associated with less support for redistribution”
- Causal interpretation: requires additional assumptions
 - “Increasing someone’s income would decrease their support”

When can we interpret regression causally?

- Descriptive interpretation: always valid
 - “Higher income is associated with less support for redistribution”
- Causal interpretation: requires additional assumptions
 - “Increasing someone’s income would decrease their support”
- The difference is crucial!

The potential outcomes framework

- Every unit has two potential outcomes:

The potential outcomes framework

- Every unit has two potential outcomes:
 - $Y(1)$: outcome if treated

The potential outcomes framework

- Every unit has two potential outcomes:
 - $Y(1)$: outcome if treated
 - $Y(0)$: outcome if not treated

The potential outcomes framework

- Every unit has two potential outcomes:
 - $Y(1)$: outcome if treated
 - $Y(0)$: outcome if not treated

The potential outcomes framework

- Every unit has two potential outcomes:
 - $Y(1)$: outcome if treated
 - $Y(0)$: outcome if not treated
- Causal effect for unit i : $\tau_i = Y_i(1) - Y_i(0)$

The potential outcomes framework

- Every unit has two potential outcomes:
 - $Y(1)$: outcome if treated
 - $Y(0)$: outcome if not treated
- Causal effect for unit i : $\tau_i = Y_i(1) - Y_i(0)$

The potential outcomes framework

- Every unit has two potential outcomes:
 - $Y(1)$: outcome if treated
 - $Y(0)$: outcome if not treated
- Causal effect for unit i : $\tau_i = Y_i(1) - Y_i(0)$
- The fundamental problem: we only observe one of these

Why experiments work

- In an experiment, treatment is randomly assigned

Why experiments work

- In an experiment, treatment is randomly assigned

Why experiments work

- In an experiment, treatment is randomly assigned
- This means treated and control groups are comparable

Why experiments work

- In an experiment, treatment is randomly assigned
- This means treated and control groups are comparable

Why experiments work

- In an experiment, treatment is randomly assigned
- This means treated and control groups are comparable
- We can use the control group's outcomes as counterfactual

Why experiments work

- In an experiment, treatment is randomly assigned
- This means treated and control groups are comparable
- We can use the control group's outcomes as counterfactual

Why experiments work

- In an experiment, treatment is randomly assigned
- This means treated and control groups are comparable
- We can use the control group's outcomes as counterfactual
- The simple difference in means estimates the causal effect

The challenge with observational data

- Most social science data is observational

The challenge with observational data

- Most social science data is observational
- Treatment is not randomly assigned

The challenge with observational data

- Most social science data is observational
- Treatment is not randomly assigned

The challenge with observational data

- Most social science data is observational
- Treatment is not randomly assigned
- Problem: treated and control groups may differ

The challenge with observational data

- Most social science data is observational
- Treatment is not randomly assigned
- Problem: treated and control groups may differ
- Not just in treatment, but in other ways too

The challenge with observational data

- Most social science data is observational
- Treatment is not randomly assigned
- Problem: treated and control groups may differ
- Not just in treatment, but in other ways too

The challenge with observational data

- Most social science data is observational
- Treatment is not randomly assigned
- Problem: treated and control groups may differ
- Not just in treatment, but in other ways too
- These differences can bias our estimates

Confounding

A **confounder** is a variable that:

- Affects both the treatment and the outcome
- Creates a spurious association between them
- Example: Education, income, and political preferences

Confounding

A **confounder** is a variable that:

- Affects both the treatment and the outcome
- Creates a spurious association between them
- Example: Education, income, and political preferences
- Education affects both income and political views

Confounding

A **confounder** is a variable that:

- Affects both the treatment and the outcome
- Creates a spurious association between them
- Example: Education, income, and political preferences
- Education affects both income and political views
- Income-politics relationship may be partly spurious

The logic of controlling

- If we can identify the confounders...

The logic of controlling

- If we can identify the confounders...
- ...we can “control” for them in regression

The logic of controlling

- If we can identify the confounders...
- ...we can “control” for them in regression

The logic of controlling

- If we can identify the confounders...
- ...we can “control” for them in regression
- The idea: compare units with same confounder values

The logic of controlling

- If we can identify the confounders...
- ...we can “control” for them in regression
- The idea: compare units with same confounder values
- This eliminates the spurious part of the association

The logic of controlling

- If we can identify the confounders...
- ...we can “control” for them in regression
- The idea: compare units with same confounder values
- This eliminates the spurious part of the association

The logic of controlling

- If we can identify the confounders...
- ...we can “control” for them in regression
- The idea: compare units with same confounder values
- This eliminates the spurious part of the association
- But: this requires knowing what the confounders are

Control Variables in Practice

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

- β_1 now represents:

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

- β_1 now represents:
 - The difference in average Y

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

- β_1 now represents:
 - The difference in average Y
 - Between groups that differ by 1 in X_1

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

- β_1 now represents:
 - The difference in average Y
 - Between groups that differ by 1 in X_1
 - **Holding X_2 constant**

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

- β_1 now represents:
 - The difference in average Y
 - Between groups that differ by 1 in X_1
 - **Holding X_2 constant**

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

- β_1 now represents:
 - The difference in average Y
 - Between groups that differ by 1 in X_1
 - **Holding X_2 constant**
- This is the “controlled” effect of X_1

How controlling works

- OLS with multiple variables “partials out” the controls

How controlling works

- OLS with multiple variables “partials out” the controls

How controlling works

- OLS with multiple variables “partials out” the controls
- Technically: we look at variation in X_1 that is unrelated to X_2

How controlling works

- OLS with multiple variables “partials out” the controls
- Technically: we look at variation in X_1 that is unrelated to X_2

How controlling works

- OLS with multiple variables “partials out” the controls
- Technically: we look at variation in X_1 that is unrelated to X_2
- This isolates the unique contribution of X_1

Omitted variable bias

- If we omit a confounder, our estimate will be biased

Omitted variable bias

- If we omit a confounder, our estimate will be biased

Omitted variable bias

- If we omit a confounder, our estimate will be biased
- The bias formula:

$$\text{Bias} = \beta_{\text{confounder}} \times \delta_{X, \text{confounder}}$$

Omitted variable bias

- If we omit a confounder, our estimate will be biased
- The bias formula:

$$\text{Bias} = \beta_{\text{confounder}} \times \delta_{X, \text{confounder}}$$

Omitted variable bias

- If we omit a confounder, our estimate will be biased
- The bias formula:

$$\text{Bias} = \beta_{\text{confounder}} \times \delta_{X, \text{confounder}}$$

- Depends on:

Omitted variable bias

- If we omit a confounder, our estimate will be biased
- The bias formula:

$$\text{Bias} = \beta_{\text{confounder}} \times \delta_{X,\text{confounder}}$$

- Depends on:
 - How strongly the confounder affects Y

Omitted variable bias

- If we omit a confounder, our estimate will be biased
- The bias formula:

$$\text{Bias} = \beta_{\text{confounder}} \times \delta_{X,\text{confounder}}$$

- Depends on:
 - How strongly the confounder affects Y
 - How strongly the confounder relates to X

What makes a good control?

Good controls are variables that:

- Affect both the treatment and the outcome

What makes a good control?

Good controls are variables that:

- Affect both the treatment and the outcome
- Are determined **before** the treatment

What makes a good control?

Good controls are variables that:

- Affect both the treatment and the outcome
- Are determined **before** the treatment
- Are not affected by the treatment

What makes a good control?

Good controls are variables that:

- Affect both the treatment and the outcome
- Are determined **before** the treatment
- Are not affected by the treatment

What makes a good control?

Good controls are variables that:

- Affect both the treatment and the outcome
- Are determined **before** the treatment
- Are not affected by the treatment

Pre-treatment confounders are the key!

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment
- Example: Studying effect of job training on wages

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment
- Example: Studying effect of job training on wages
 - Don't control for job type (affected by training)

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment
- Example: Studying effect of job training on wages
 - Don't control for job type (affected by training)
 - Do control for education (determined before training)

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment
- Example: Studying effect of job training on wages
 - Don't control for job type (affected by training)
 - Do control for education (determined before training)

Bad controls: Post-treatment variables

- Never control for variables caused by the treatment
- Example: Studying effect of job training on wages
 - Don't control for job type (affected by training)
 - Do control for education (determined before training)
- Controlling for post-treatment variables can *introduce* bias

Bad controls: Colliders

- A **collider** is caused by both X and Y

Bad controls: Colliders

- A **collider** is caused by both X and Y
- Controlling for it creates a spurious association

Bad controls: Colliders

- A **collider** is caused by both X and Y
- Controlling for it creates a spurious association

Bad controls: Colliders

- A **collider** is caused by both X and Y
- Controlling for it creates a spurious association
- Example: NBA players

Bad controls: Colliders

- A **collider** is caused by both X and Y
- Controlling for it creates a spurious association
- Example: NBA players
 - Height and skill both affect being in NBA

Bad controls: Colliders

- A **collider** is caused by both X and Y
- Controlling for it creates a spurious association
- Example: NBA players
 - Height and skill both affect being in NBA
 - Among NBA players, height and skill are negatively correlated

Bad controls: Colliders

- A **collider** is caused by both X and Y
- Controlling for it creates a spurious association
- Example: NBA players
 - Height and skill both affect being in NBA
 - Among NBA players, height and skill are negatively correlated
 - But not in the general population!

The limitations of controlling

- We can only control for what we observe and measure

The limitations of controlling

- We can only control for what we observe and measure

The limitations of controlling

- We can only control for what we observe and measure
- Unobserved confounders will still bias our estimates

The limitations of controlling

- We can only control for what we observe and measure
- Unobserved confounders will still bias our estimates

The limitations of controlling

- We can only control for what we observe and measure
- Unobserved confounders will still bias our estimates
- There's no purely statistical solution to this

The limitations of controlling

- We can only control for what we observe and measure
- Unobserved confounders will still bias our estimates
- There's no purely statistical solution to this

The limitations of controlling

- We can only control for what we observe and measure
- Unobserved confounders will still bias our estimates
- There's no purely statistical solution to this
- Need theory + research design, not just more controls

Summary: Key takeaways

- Regression estimates conditional expectations

Summary: Key takeaways

- Regression estimates conditional expectations
- Causal interpretation requires additional assumptions

Summary: Key takeaways

- Regression estimates conditional expectations
- Causal interpretation requires additional assumptions
- Control variables help only if chosen correctly

Summary: Key takeaways

- Regression estimates conditional expectations
- Causal interpretation requires additional assumptions
- Control variables help only if chosen correctly
- Controlling for the wrong variables can make things worse

Summary: Key takeaways

- Regression estimates conditional expectations
- Causal interpretation requires additional assumptions
- Control variables help only if chosen correctly
- Controlling for the wrong variables can make things worse
- Always think about what you're comparing

For next week

- Read Angrist & Pischke (2008), chapters 1-3
- Read Urdinez & Cruz (2020), chapter 5
- Work on Problem Set 1

- Next session: More on regression in practice
 - Interactions
 - Non-linear relationships
 - Standard errors and inference

Questions?