

Applied Regression (I)

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Applied Quantitative Methods II

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Today's goals

- Understand regression as modeling conditional expectations

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- Review the logic of OLS
- Discuss when regression can tell us about causation
- Learn how to think about control variables

Regression as Conditional Expectations

What question does regression answer?

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- This is the **conditional expectation function** (CEF)
- Written as: $E[Y|X]$
- Regression approximates this function

Example: Income and support for redistribution

- Research question: How does income relate to support for redistribution?

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- CEF: “What is the average support for redistribution among people earning \$50k? Among those earning \$100k?”
- We can estimate this with regression

Linear regression as approximation

- The true CEF might be complicated

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- Why linear? Simple, interpretable, often good enough

The OLS formula

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- Scaled by how much X varies

Interpreting the slope coefficient

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- This is a **comparison**, not necessarily a causal effect

From Description to Causation

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- Causal interpretation: requires additional assumptions
 - “Increasing someone’s income would decrease their support”
- The difference is crucial!

The potential outcomes framework

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- The fundamental problem: we only observe one of these

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- The simple difference in means estimates the causal effect

The challenge with observational data

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- Problem: treated and control groups may differ
 - Not just in treatment, but in other ways too
- These differences can bias our estimates

Confounding

A **confounder** is a variable that:

- Affects both the treatment and the outcome
- Creates a spurious association between them
- Example: Education, income, and political preferences

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- Example: Education, income, and political preferences
 - Education affects both income and political views
 - Income-politics relationship may be partly spurious

The logic of controlling

- If we can identify the confounders...

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- The idea: compare units with same confounder values
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- But: this requires knowing what the confounders are

Control Variables in Practice

Multiple regression

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \varepsilon$$

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- β_1 now represents:
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 - Between groups that differ by 1 in X_1
 - **Holding X_2 constant**
- This is the “controlled” effect of X_1

How controlling works

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- Technically: we look at variation in X_1 that is unrelated to X_2
- This isolates the unique contribution of X_1

Omitted variable bias

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- Depends on:
 - How strongly the confounder affects Y
 - How strongly the confounder relates to X

What makes a good control?

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Pre-treatment confounders are the key!

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- Controlling for post-treatment variables can *introduce* bias

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Bad controls: Colliders

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- Controlling for it creates a spurious association
- Example: NBA players
 - Height and skill both affect being in NBA
 - Among NBA players, height and skill are negatively correlated
 - But not in the general population!

The limitations of controlling

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- Unobserved confounders will still bias our estimates
- There's no purely statistical solution to this
- Need theory + research design, not just more controls

Summary: Key takeaways

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- Causal interpretation requires additional assumptions
- Control variables help only if chosen correctly
- Controlling for the wrong variables can make things worse
- Always think about what you're comparing

For next week

- Read Angrist & Pischke (2008), chapters 1-3
- Read Urdinez & Cruz (2020), chapter 5
- Work on Problem Set 1
- Next session: More on regression in practice
 - Interactions
 - Non-linear relationships
 - Standard errors and inference

Questions?