Framework for ECG analysis*

Francisco Bischoff^{1,2}[0000-0002-5301-8672] Pedro Pereira Rodrigues^{1,2}[0000-0000-0000-0000]

 Department of Community Medicine, Information and Health Decision Sciences (MEDCIDS), Faculty of Medicine, University of Porto, Porto, Portugal
Center for Health Technology and Services Research (CINTESIS), Faculty of Medicine, University of Porto, Porto, Portugal

Abstract. Currently, Point-of-Care (POC) ECG monitoring works either as plot devices or alarms for abnormal cardiac rhythms using predefined normal trigger ranges. On the other hand, full 12-derivation ECG machines are complex to use as simple monitors and are used with strict techniques for formal diagnostics of hearth electric conduction pathologies, and the automatic diagnostics are derived from a full analysis of the 12-dimension data after it is fully collected. Both systems do not handle disconnected leads and patient's motions, being strictly necessary to have a good and stable signal to allow proper diagnosis. This research aims to identify abnormal hearth electric patterns using streaming data, specifically those who are life-threatening, being a reliable signal for Intensive Care Units to respond quickly to those situations. The study design is comparable to a Diagnostic study, where high accuracy is essential. It will use the Physionet datasets, and the algorithm will try to minimize the false negatives and false positives. The expected result is the concretization of a new method that, besides being accurate, accomplishes this task using state of the art technology for time series analysis that allows minimum space and processor power to solve this problem. Also, we expect that fading factors can contribute to the state of the art of this technology. The research team is well experienced in time-series and has studied the Matrix Profile since its beginning, being founders of the Matrix Profile Foundation whose goal is to have a concise and stable cross-language API for developing with the Matrix Profile technology. [6, 23] send by e-mail in PDF format to David Riaño (david.riano@urv.cat)

Keywords: anomaly detection \cdot ECG \cdot fading factors \cdot matrix profile \cdot time series \cdot point-of-care

1 Introduction

Currently, Point-of-Care (POC) ECG monitoring works either as plot devices or alarms for abnormal cardiac rhythms using predefined normal trigger ranges.

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Modern devices also incorporate algorithms to analyze arrhythmias improving their specificity. On the other hand, full 12-derivation ECG machines are complex are not suited to use as simple monitors and are used with strict techniques for formal diagnostics of hearth electric conduction pathologies, and the automatic diagnostics are derived from a full analysis of the 12-dimension data after it is fully and well collected. Both systems do not handle disconnected leads and patient's motions, being strictly necessary to have a good and stable signal to allow proper diagnosis. These interferences with the data collection frequently originate false alarms increasing both patient and staff's stress; depending how it is measured, the rate of false alarms (overall) in ICU is estimated at 65 to 95%[11].

The alarm fatigue is a well known problem that consists of a sensory overload of nurses and clinicians which can result in desensitization to alarms and missed alarms (the "crying wolf" situation). Patient deaths have been attributed to alarm fatigue[22]. Back in 1982 it was recognized the increase on alarms with "no end in sight"; studies have demonstrated that most alarm signals have no clinical relevance and lead to delayed response of clinical personnel, and ultimately patient deaths were reported related to improper responses to alarms[22].

In April of 2013, The Joint Commission[3] issued the Sentinel Event Alert[16] establishing alarm system safety as a top hospital priority in the National Patient Safety Goal. Nowadays (2021) this subject still in their list, in 4th place of importance[4].

In February of 2015, the CinC/Physionet Challenge 2015 as about "Reducing False Arrhythmia Alarms in the ICU[9]. The introduction article stated that has been reported that up to 86% resulting of the alarms are false and this can lead to decreased staff attention and increase in patients delirium[8, 19, 20].

Due to the importance of this matter, this research aims to identify abnormal hearth electric patterns using streaming data, specifically those who are lifethreatening, reducing the false alarms, being a reliable signal for Intensive Care Units to respond quickly to those situations.

2 Objectives and the research question

This research aims to identify, on streaming data, abnormal hearth electric patterns, specifically those which are life-threatening, in order to be a reliable signal for Intensive Care Units to respond quickly to those situations. It also may be able to continuously analyze new data and correct itself shutting off false alarms.

As it is known, this goal is not a new problem, so the main questions to solve are:

- Can we reduce the number of false alarms on ICU setting?
- Can we accomplish this objective using a minimalist approach (low CPU, low memory), while keeping its robustness?
- Can this approach be used in other health domains other than ICU or ECG?

3 Related Works

The CinC/Physionet Challenge 2015 itself, produced several papers aiming to reduce false alarms on their dataset.

They used as score the following formula, which penalizes five times the false negatives (since we don't want to miss any real event):

$$Score = \frac{TP + TN}{TP + TN + FP + 5*FN}$$

The five-best scores in this challenge are presented on Table 1[10, 12, 15, 17, 21].

Score	Authors
81.39	Filip Plesinger, Petr Klimes, Josef Halamek, Pavel Jurak
79.44	Vignesh Kalidas
79.02	Paula Couto, Ruben Ramalho, Rui Rodrigues
76.11	Sibylle Fallet, Sasan Yazdani, Jean-Marc Vesin
75.55	Christoph Hoog Antink, Steffen Leonhardt

Table 1. Challenge Results on Streaming

Their algorithm did quite a good job on Physionet test-set. But, independently of their approach to this problem, none of the authors reported benchmarks, memory usage, robustness test or context invariance that could assure its implementation on real monitors to actually reduce the alarm fatigue.

There are other arrhytmias that this challenge didn't assessed, like atrial standstill (hyperkalemia), third-degree atrioventricular block and others that may be life-threatening in some settings. Pulseless electrical activity is a frequent condition in cardiac arrest but cannot be identified without blood pressure information. This information is normally present on ICU settings, but not in other settings.

4 The planned approach and methods for solving the problem

4.1 State of the art

A literature review of the last ten years is being conducted to assess the state of the art for ECG automatic processing:

- The memory and space used to perform the main goal of the algorithm (sound an alarm for ex.) will be collected if available.
- The type of algorithms used to identify ECG anomalies

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- The type of algorithms used to identify specific diagnosis (like a flutter, hyperkalemia, etc.)
- Their performance (accuracy, ROC, etc.)

A broad search will be conducted on Pubmed, Scopus, Google Scholar, device manuals, and other specific sources.

Keywords:

- ECG AND monitoring AND ICU
- ECG AND[time series]
- ECG AND automatic AND interpretation

Articles published after "The PhysioNet/Computing in Cardiology Challenge 2015: Reducing False Arrhythmia Alarms in the ICU," will also be analyzed.

4.2 Research plan and methods

This research is being conducted using the Research Compendium principles:

- Stick with the convention of your peers
- Keep data, methods and output separated
- Specify your computational environment as clearly as you can

Data management is following the FAIR principle (findable, accessible, interoperable, reusable)[24]

Currently the dataset used is stored on a public repository[5], the source code is publicly open and stored on Github[1], while the reports and reproducibility information on each step is found on a public website[2].

Type of study This will be a diagnostic study as the algorithm must classify the change in pattern as positive or negative for life-threatening.

Selection of data Initially, the data used for exploring the properties of the algorithm will be publicly available data on Physionet [9, 14].

It will be asked for Physionet's permission to use more sensitive data if needed.

It is desirable that real data extracted from Portuguese ICU could be used in the final stage to assess in real settings the validity of the model.

Sample size There is no upper size limitation for the sample size. At least one hundred cases may be reasonable to start with.

Variables The initial dataset, from Physionet Challenge contains at least two ECG derivations and one or more variables like arterial blood pressure, photoplethysmograph readings and respiration movements. All signals have been resampled (using anti-alias filters) to 12 bit, 250 Hz and have had FIR band pass [0.05 to 40Hz] and mains notch filters applied to remove noise. Pacemaker and other nose artifacts may be present on the ECG.

Other available datasets contains either 549 conventional 12-lead resting ECGs or the corresponding measured Frank Lead System ECGs. The ECGs are digitized at a sampling rate of 1000Hz (0.5 $\mu V/LSB$; 16 Bit ADC). On special request, this database may be available at sampling rates up to 10,000Hz. These data may be requested later if needed.

These variables may or may not be useful for increasing the sensitivity or specificity of the algorithm. It is planned to use the minimum set of variables as it is known in multi-dimensional analysis that using just two (or some small subset) of all the dimensions can be much more accurate than either using all dimensions or a single dimension[13].

Workflow All steps of the process will be managed using the R package targets[18], since data extraction to the final report, as shown on Fig. 1.

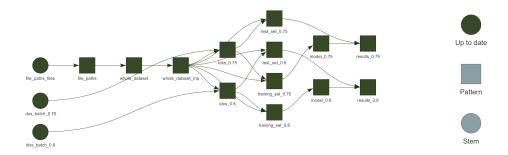


Fig. 1. Reprodutible research workflow using 'targets'.

The report will be then available at the main webpage[2] allowing inspection of previous versions managed by the R package workflowr[7], as we can see on Fig. 2.

Statistical analysis The Statistical analysis will be performed using R language v4.0.4 or greater, and it will be computed the ROC curve for the algorithm.

Primarily an experiment will be conducted using algorithms that use Matrix Profile in detecting context changes, like FLOSS, using streaming data. The goal will be detecting the transition from normal to flutter/FA to normal condition

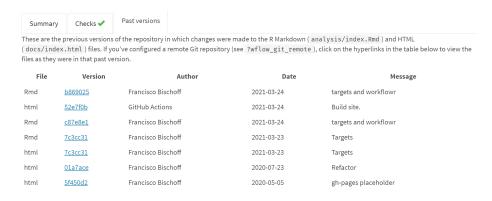


Fig. 2. Reprodutible reports using workflowr.

with special attention to not rely on rhythm changes. Being this successful, a more generalistic approach will be attempted: to detect changes from normal to abnormal to normal conditions, with special attention to handle with disconnected leads or patient movements. Finally, this research can prove to be a good addition to the Matrix Profile method, using fading factors in order to reduce memory and space consumption, lowering the processor power needed, allowing this algorithm to be used in almost any device.

Research Team

- Thesis Author: Francisco Bischoff
- Supervisor: Professor Pedro Pereira Rodrigues
- Co-supervisor: Professor Eamonn Keogh (UCR, Riverside)

TODO: # The expected results from the research work like overviews, algorithms, better understanding of a concept, a pilot, model or system

The expected result is the concretization of a new method that, besides being accurate, accomplishes this task using state of the art technology for time series analysis that allows minimum space and processor power to solve this problem. Also, we expect that fading factors can contribute to the state of the art of this technology.

The research team is well experienced in time-series and has studied the Matrix Profile since its beginning, being founders of the Matrix Profile Foundation whose goal is to have a concise and stable cross-language API for developing with the Matrix Profile technology [6, 23].

4.3 Expected results and outcomes

Expected results It is expected that a novel algorithm to detect life-threatening ECG changes can be achieved using lower memory and processor power than the existing ones, maintaining the overall performance level.

Outcomes This research will yield at least two publications in indexed journals as well as the final thesis will be available in the university repository.

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