

A Venn diagram consisting of two nested ellipses. The outer ellipse is yellow and contains the text 'Z' and 'Ganze Zahlen'. The inner ellipse is orange and contains the text 'N' and 'Natürliche Zahlen'. The ellipses are centered horizontally and vertically.

$$\mathbb{Z}$$

Ganze Zahlen

$0, -1, -2, \dots$

$$\mathbb{N}$$

Natürliche Zahlen

$1, 2, 3, 4, \dots$