

# Déjà Vu in 3D Time: A T-CST Perspective

## Abstract

In Triangular-Coupled String Theory (T-CST), time is treated as a 3D quantized field composed of fundamental particles of time ( $\tau$ ■). Unlike linear models of time, T-CST suggests that time flows in circular momentum, sometimes looping forward into the future or backward into the past. This nonlinear flow explains cognitive phenomena such as déjà vu, where the subconscious perceives temporal repetition even when the conscious mind does not.

## Theory

1. Time Circularity: Time in T-CST does not move only forward but can spiral backward or skip ahead.
2. Conscious Perception: The conscious mind is bound to a linear track of present-time perception.
3. Subconscious Continuity: The subconscious mind is embedded in deeper  $\tau$ -layers, allowing it to persist across time loops.
4. Déjà Vu Effect: When time loops occur, the subconscious detects the repetition and signals the conscious mind, creating the feeling of 'already experienced'.

## Implications

- Déjà vu is evidence of the multidimensional nature of time.
- Consciousness operates at multiple depths in the Time Ocean.
- Human cognition provides testable evidence for T-CST's 3D time hypothesis.

## Conclusion

Déjà vu is not merely a psychological anomaly but a direct human experience of circular time flow. Within the T-CST framework, it becomes a natural result of the entanglement between conscious perception and subconscious continuity across 3D time. This bridges physics and cognitive science, positioning human experience as a vital probe into the structure of time itself.