Date	Number of Hours	Description of work done
Sept 4, 2025	2.5	Initial brainstorming and research for project ideas. Conducted preliminary research on food waste platforms.
Sept 5, 2025	1.0	Drafted the Project Proposal Title Page and Introduction sections.
Sept 8, 2025	2.0	Outlined Proposed Research section, defining methodology and technology stack.
Sept 27, 2025	2	Re-work of proposal document and brainstorming of a new idea. Created GitHub repo and checked in Progress report 1

The work completed during this initial period focused heavily on **project planning and foundational documentation**. Activities started with **initial brainstorming** and **preliminary research** into existing food waste solutions. This quickly progressed into **drafting the core project proposal**, outlining the Introduction and the Proposed Research Methodology, including the technology stack. More recently, work was dedicated to **revising the proposal document** and **brainstorming new project avenues**, suggesting a critical refinement of the initial scope. The phase concluded with the essential step of **establishing the project repository on GitHub** and submitting the first progress report