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| **Date** | **Number of Hours** | **Description of work done** |
| Sept 4, 2025 | 2.5 | Initial brainstorming and research for project ideas. Conducted preliminary research on food waste platforms. |
| Sept 5, 2025 | 1.0 | Drafted the Project Proposal Title Page and Introduction sections. |
| Sept 8, 2025 | 2.0 | Outlined Proposed Research section, defining methodology and technology stack. |
| Sept 27, 2025 | 2 | Re-work of proposal document and brainstorming of a new idea. Created GitHub repo and checked in Progress report 1 and Project Proposal |

The work completed during this initial period focused heavily on **project planning and foundational documentation**. Activities started with **initial brainstorming** and **preliminary research** into existing food waste solutions. This quickly progressed into **drafting the core project proposal**, outlining the Introduction and the Proposed Research Methodology, including the technology stack. More recently, work was dedicated to **revising the proposal document** and **brainstorming new project avenues**, suggesting a critical refinement of the initial scope. The phase concluded with the essential step of **establishing the project repository on GitHub** and submitting the first progress report