

College of Staten Island  
City University of New York  
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718-982-2738 (VM)

<b>Ph.D.</b>	<b>Received August 2003, Clinical Psychology</b> Temple University, Philadelphia, PA
<b>M.A.</b>	<b>Received May 2000, Clinical Psychology</b> Temple University, Philadelphia, PA
<b>B.A.</b>	<b>Received May 1998, Magna Cum Laude, with honors in Psychology</b> <b>Received May 1998, Anthropology</b> Brown University, Providence, RI

**2005** Psychologist, State of New York, #016255

<b>2008</b>	Psychological Reports
<b>2007</b>	Cultural Diversity & Ethnic Minority Psychology
<b>2005-2006</b>	Behavior Therapy
<b>2006</b>	Journal of Social and Clinical Psychology
<b>2006</b>	Depression and Anxiety
<b>2006</b>	Journal of Counseling Psychology

**2005** PSCOC -36-87: "Interpersonal Functioning in Generalized Anxiety Disorder: A Comparison with Social Anxiety Disorder." The Professional Staff Congress-City University of New York (PSC-CUNY) Research Award Program. Principal Investigator: W. Eng, Ph.D.

<b>2004-present</b>	<b>Counseling Center, College of Staten Island City University of New York</b> Provide short-term psychotherapy, crisis intervention, and academic counseling to a diverse population of undergraduate and graduate students. Supervise masters and doctoral level trainees. Conduct psycho-educational workshops. Serve as a liaison to the Center for International Service and to SEEK. Appointed to sit on college committees such as the Sexual Harassment Awareness and Intake Committee.	<b>New York, NY</b>
<b>2003-2004</b>	<b>University Counseling Service New York University</b> Provided psychotherapy, crisis intervention, and interpersonal group psychotherapy to a diverse population of undergraduate and graduate students. Supervised a doctoral student in psychotherapy. Served as a liaison to the Office for International Students and Scholars. Provided outreach and workshop services to the University community. Led the Cultural Passages and the Interpersonal Process groups.	<b>New York, NY</b>

- 2002-2003      Counseling and Consultation Services**  
**University of Wisconsin-Madison** **Madison, WI**  
Provided psychotherapy and assessment to undergraduate and graduate students as part of an APA-accredited pre-doctoral internship. Services included 24-hour frontline crisis work, individual therapy, grief group therapy, couples counseling, and outreach. Served as a liaison to the Multicultural Student Center as well as TRIO.
- 2001-2002      Psychological Services**  
**Swarthmore College** **Swarthmore, PA**  
Conducted individual psychotherapy with undergraduate students as part of a clinical externship. Participated in multidisciplinary case conferences.
- 1998-2002      Adult Anxiety Clinic of Temple**  
**Temple University** **Philadelphia, PA**  
Conducted individual and group cognitive-behavioral therapy as part of an NIMH-supported treatment study of adults with social anxiety disorder.
- 2000 – 2001      Philadelphia Mental Health Center** **Philadelphia, PA**  
Provided individual psychotherapy to individuals in the Philadelphia area as part of a clinical externship. Presenting problems included severe mental illness, such as schizophrenia, major depressive disorder, and bipolar disorder. Participated in case conceptualization, treatment planning, and served as a liaison between psychiatrist, intensive case managers, and psychological service providers.
- 1999-2001      Psychological Services Center**  
**Temple University** **Philadelphia, PA**  
Provided individual psychotherapy to adults and children from the Temple University and larger Philadelphia community as part of a graduate clinical practicum. Presenting problems included depressive and anxiety disorders, adjustment disorders, relationship difficulties, and personality disorders.

#### **SUPERVISORY EXPERIENCE:**

- 2007-present      Counseling Center, College of Staten Island**  
**City University of New York** **New York, NY**  
Supervision of an unlicensed staff psychologist and a predoctoral extern.
- 2003-2004      University Counseling Service**  
**New York University** **New York, NY**  
Supervised a doctoral practicum student 1 hour per week on individual psychotherapy cases. Participate in weekly group supervisory meetings.
- 2002-2003      Counseling and Consultation Services**  
**University of Wisconsin-Madison** **Madison, WI**  
Supervised a Masters level practicum student 2 hours per week on 9 individual cases. Attended weekly group supervisory meetings with the Director of Training.

#### **OUTREACH AND CONSULTATION:**

- 2004-present      Counseling Center**  
**College of Staten Island, City University of New York** **New York, NY**
- Mind and Health Fair: Counseling Center Open House
  - Probation Alert: What Every Student Should Know
  - Anger Management
  - Basic College Survival Skills
  - Learning to be Assertive

- Coping with the Aftermath of the Tsunami Disaster
- Managing Test Anxiety
- Focus Group: Coping Skills of Asian American Students, in conjunction with SEEK
- Maintaining Healthy Relationships
- Focus Group: Retention of Sophomores, in conjunction with Academic Advising
- What is the CPE?
- Learning U.S. Culture: A Workshop for International Students
- Learn Strategies of Assertiveness & Self Esteem
- Learning in a Time of Crisis: Reflections on 9/11 and Beyond

**2003-2004      University Counseling Service      New York, NY**  
**New York University**

- Perfectionism and Procrastination Workshop
- Sexual Health Advocate training in Cultural Competency
- Stress Management Workshop
- How to talk like an American – A workshop series for international students

**2002-2003      University of Wisconsin-Madison      Madison, WI**

- Anxiety and Stress Management
- Master's Practicum Training in Assessment Instruments
- Master's Practicum Training in Multicultural Supervision and Counseling
- Managing Test Anxiety
- Administration and Interpretation of the Myers-Briggs Type Indicator
- Quality Improvement Study: Assessment of Depression at Counseling and Consultation Services
- Training in Peer-Facilitated Crisis Intervention
- Understanding the World Through the Eyes of Our Students
- Massage and Relaxation Night

#### **ASSESSMENT EXPERIENCE:**

**2001-2002      Psychological Services      Swarthmore, PA**  
**Swarthmore College**  
Administered tests of intelligence and achievement (including the WASI, WRAT-R, the Benton Visual Retention Test, and the WMS) to undergraduate students for the purposes of diagnostic clarification and treatment planning.

**1998-2002      Adult Anxiety Clinic of Temple      Philadelphia, PA**  
**Temple University**  
Conducted structured diagnostic interviews using the Anxiety Disorders Interview Schedule for DSM-IV, Lifetime Version with adults. Assessed the presence of personality disorders using the International Personality Disorder Examination.

**1999-2001      Psychological Services Center      Philadelphia, PA**  
**Temple University**  
Administered tests of intelligence and achievement (including the WISC-III and the WPPSI-R) to children applying to area private schools and prepared reports for referring agencies. Integrated test results with recommendations for optimal learning environments in feedback sessions with parents.

**Summer 1999      The Child Guidance Center      Philadelphia, PA**  
**The Children's Hospital of Philadelphia**  
Administered full-battery psychological assessments including the WISC-III, the Bender Visual Motor Gestalt Test, the Wechsler Individual Achievement Test, and the Test of Visual Perceptual Skills. Administered tests of emotional functioning, including the Children's Depression Inventory, the Draw-A-Person Test, the Guess Why Story Completion Test, the Roberts Apperception Test for Children, and the

Rorschach Inkblot Test (Exner scoring system). Scored tests, wrote assessment reports and provided feedback to parents. Assisted in treatment planning and in educational placement recommendations.

**1996-1998**      **Department of Psychology**  
**Brown University**      **Providence, RI**  
**Memory Disorders Clinic**  
**Memorial Hospital of Rhode Island**      **Providence, RI**  
Administered the Mini-Mental State Examination to elderly individuals both with and without dementia as part of a research study investigating the role of attentional processes in the implicit memory impairments of Alzheimer patients.

#### **TEACHING EXPERIENCE:**

**2004-2007**      **Issues in College Life**  
**College of Staten Island, City University of New York**      **New York, NY**  
Assistant Professor

**1997-1998**      **Undergraduate Course in Abnormal Psychology**  
**Brown University**      **Providence, RI**  
Teaching Assistant  
Independently instructed two weekly recitation sections.

#### **RESEARCH EXPERIENCE:**

**1998-2003**      **Adult Anxiety Clinic of Temple**  
**Temple University**      **Philadelphia, PA**  
Participated in an NIMH-funded research study examining the efficacy of cognitive-behavioral therapy for the treatment of social anxiety disorder and generalized anxiety disorder. Managed, analyzed, and interpreted large data sets using SPSS software. Published manuscripts and presented papers at conferences.

**Summer 2001**      **Center for Psychotherapy Research**  
**University of Pennsylvania**      **Philadelphia, PA**  
Participated in an NIMH-funded treatment development project to investigate the efficacy of a combined cognitive therapy and drug treatment for adults with drug resistant depression. Managed, analyzed, and interpreted study results. Completed a review of the relevant literature and supervised research assistants.

**Summer 1998**      **Department of Cognitive and Linguistic Sciences**  
**Brown University**      **Providence, RI**  
Assisted in writing a textbook on complex human cognition with a focus on problem-solving strategies and rational errors. Conducted literature reviews, organized chapters and provided feedback.

**1997-1998**      **Department of Psychology**  
**Brown University**      **Providence, RI**  
Designed and implemented several experiments investigating the role of attentional processes in the implicit memory impairments of Alzheimer patients. Completed and orally defended honor thesis.

#### **PUBLICATIONS:**

##### **Peer-reviewed articles:**

Bailey, T. C., Eng, W., Frisch, M., & Snyder, C. R. (2007). Hope and optimism as related to life satisfaction. Journal of Positive Psychology, 2, 168 - 175.

Taylor, S., Zvolensky, M.J., Cox, B.J., Deacon, B., Heimberg, R.H., Ledley, D.R., Abramowitz, J.S., Holaway, R.M., Sandin, B., Stewart, S.H., Coles, M., **Eng, W.**, Daley, E.S., Arrindell, W.A., Bouvard, M., & Cardenas, A.J. (2007). Robust Dimensions of Anxiety Sensitivity: Development and Initial Validation of the Anxiety Sensitivity Index-3. Psychological Assessment, 19, 176-188.

**Eng, W.**, & Heimberg, R. G. (2006). Interpersonal correlates of generalized anxiety disorder: Self vs. other perception. Journal of Anxiety Disorders, 20, 380-387.

**Eng, W.**, Coles, M.C., & Heimberg, R.G. (2005). Life satisfaction in social anxiety disorder: Domains of satisfaction, symptom severity, and impact of cognitive-behavioral therapy. Journal of Anxiety Disorders, 19, 143-156.

Harb, G. C., **Eng, W.**, Zaider, T., & Heimberg, R.G. (2003) Behavioral assessment of public-speaking anxiety using a modified version of the Social Performance Rating Scale. Behaviour Research and Therapy, 41, 1373-1380

Roth, D.A. & **Eng, W.** (2002). Etiological beliefs about chronic worry. Depression and Anxiety, 16, 182-184.

Scott, E. L., **Eng, W.**, & Heimberg, R.G. (2002). Ethnic differences in worry in a nonclinical population. Depression and Anxiety, 15, 79-82.

**Eng, W.**, Heimberg, R.G., Hart, T.A., Schneier, F.R., & Liebowitz, M.R. (2001). Attachment styles in individuals with social anxiety disorder: The relationship among adult attachment styles, social anxiety, and depression. Emotion, 1, 365-380.

**Eng, W.**, Coles, M.C., Heimberg, R.G., & Safren, S.A. (2001). Quality of life following cognitive behavioral treatment for social anxiety disorder: Preliminary findings. Depression and Anxiety, 13, 192-193.

**Eng, W.**, Heimberg, R.G., Coles, M.C., Schneier, F.R., & Liebowitz, M.R. (2000). An empirical approach to subtype identification in individuals with social phobia. Psychological Medicine, 30, 1345-1357.

#### **Book chapters and other invited publications:**

**Eng, W.**, & Heimberg, R.G. (2007). Social anxiety disorder. In M. Freeman & M. Power (Eds.), The Handbook of Evidence-Based Psychotherapies: A Guide for Research and Practice (pp. 367-383). New York: John Wiley & Sons.

**Eng, W.** (Summer, 2005). Psychoanalysis and Multiculturalism: Then & Now. Psychologist-Psychoanalyst, 25, 42.

Morris, D., & **Eng, W.** (Winter, 2004). Competence in delivering services to culturally diverse populations: The immigrant experience of New Americans revisited. Psychologist-Psychoanalyst, 24, 62.

Morris, D., & **Eng, W.** (Spring, 2004). Competence in delivering services to culturally diverse populations: The immigrant experience of New Americans. Psychologist-Psychoanalyst, 24, 82-83.

Luterek, J., **Eng, W.**, & Heimberg, R.G. (2003). Tratamiento cognitivo-conductual del trastorno de ansiedad social: Teoría y práctica. Psicología Conductual ("Behavioral Psychology"), 11, 563-581.

Roth, D.A., **Eng, W.**, & Heimberg, R.G. (2002). Cognitive behavior therapy. In M. Hersen & W. Sledge (Eds.), Encyclopedia of Psychotherapy (pp. 451-458). Washington, D.C.: American Psychiatric Press.

**Eng, W.**, Roth, D.A., & Heimberg, R.G. (2001). Cognitive behavioral therapy for social anxiety disorder. Journal of Cognitive Psychotherapy, 15, 311-319.

**Eng, W.**, Heimberg, R.G., Coles, M.C., Schneier, F.R., & Liebowitz, M.R. (2000). An empirical approach to subtype identification in individuals with social phobia. Psychological Medicine, 30, 1345-1357. (Abstract and illustration reprinted in J. A. Talbott (Ed.), Yearbook of Psychiatry and Applied Mental Health. St. Louis, MO: John Mosby-Year Book, Inc., 2002.

## PROFESSIONAL PRESENTATIONS:

Conybeare, D., **Eng, W.**, Heimberg, R.G., & Behar, E. (November, 2012). Worry and Over- Versus Under-Estimation of Interpersonal Problems. Poster presented at the 46<sup>th</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

**Eng, W.** (Chair) (April, 2007). Time, Process, and Complexity: Building a Psychoanalytic Community. Panel presented at the 27<sup>th</sup> annual spring meeting of the American Psychological Association: Division of Psychoanalysis, Toronto, ON.

**Eng, W.** (Moderator) (April, 2006). In (M. Charles, Chair), Disruptions, repair, and development: Being and becoming a psychodynamic psychotherapist. Panel presented at the 26<sup>th</sup> annual spring meeting of the American Psychological Association: Division of Psychoanalysis, Philadelphia, PA.

Morris, D., Debiak, D., Ramirez, D., & **Eng, W.** (January, 2003). Psychoanalytic psychology in action: Clinical supervision across boundaries of sexual, ethnic, and cultural differences. Panel presented at the 3rd annual National Multicultural Conference and Summit, Hollywood, CA.

**Eng, W.** & Roth, D.A. (March, 2001). Emotional expression and family functioning in non-clinical worry. Poster presented at the 22<sup>nd</sup> Annual Meeting of the Anxiety Disorders Association of America, Austin, Texas.

Roth, D.A. & **Eng, W.** (March, 2001). Etiological attributions for problems with worry. Poster presented at the 22<sup>nd</sup> Annual Meeting of the Anxiety Disorders Association of America, Austin, Texas.

**Eng, W.**, Coles, M.C., Heimberg, R.G., Turk, C. L., Heimberg, R.G., & Safren, S.A. (November, 2001) Quality of life in individuals with social anxiety and generalized anxiety disorder. In M. Frisch (Chair) Quality of Life and Mental Health (1). Symposium conducted at the annual meeting of the Association for the International Society for Quality of Life Studies, Washington DC.

**Eng, W.**, Coles, M.C., Heimberg, R.G., & Safren, S.A. (November, 2001). Identifying domains of quality of life in individuals with social anxiety disorder: their relationship to psychopathology and responses to cognitive-behavioral therapy. Poster presented at the 35<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Harb, G.C., **Eng, W.**, Zaider, T.I. & Heimberg, R.G. (November, 2001). The utility of observer-ratings of behavioral assessments as indicators for social anxiety. Poster presented at the 35<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Scott, E., **Eng, W.**, & Heimberg, R.G. (November, 2001). Psychometric properties of the anxiety sensitivity index-revised in a nonclinical population. Poster to be presented at the 35<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Zaider, T.I., **Eng, W.**, Harb, G.C., & Heimberg, R.G. (November, 2001). Behavioral changes following treatment for social anxiety disorder. Poster presented at the 35<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**Eng, W.**, Coles, M.C., Heimberg, R.G., & Safren, S.A. (March, 2001). Quality of life in social anxiety disorder: Response to cognitive behavioral treatment. Poster presented at the 21<sup>st</sup> Annual Meeting of the Anxiety Disorders Association of America, Atlanta, GA.

**Eng, W.**, & Heimberg, R.G. (November, 2000). Anger as a mediational factor between attachment style and social phobia. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

**Eng, W.**, Heimberg, R.G., & Hart, T.A. (2000). Adult attachment styles in individuals with social phobia. Poster presented at the 20<sup>th</sup> Annual Meeting of the Anxiety Disorders Association of America, Washington, DC.

**Eng, W.,** Heimberg, R.G., Hart, T.A., Schneier, F.R., & Liebowitz, M.R. (November, 2000). Attachment styles in individuals with social anxiety disorder: The relationship among adult attachment styles, social anxiety, and depression. Poster presented at the Special Interest Group at the 34<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Scott, E.L., **Eng, W.,** & Heimberg, R.G. (November, 2000). Ethnic differences in worry in a non-clinical population. Poster presented at the 34<sup>th</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

**Eng, W.,** Heimberg, R.G., Liebowitz, M.R., & Schneier, F.R. (November, 1999). An empirical approach to subtype identification in individuals with social phobia. Poster presented at the Phobia and Related Anxiety Disorders Special Interest Group at the 33<sup>rd</sup> Annual Meeting of the Association for the Advancement of Behavior Therapy, Toronto, ON.

## PROFESSIONAL MEMBERSHIPS:

- American Psychological Association
- American Psychological Association: Division of Psychoanalysis (Division 39)
- Phi Beta Kappa Society

## SERVICE:

**2005-2012**      **American Psychological Association: Division of Psychoanalysis**

- Co-Chair, Task Force on Early Career Professionals

**2004-present**      **Counseling Center, College of Staten Island**      **New York, NY**  
**City University of New York**

- Faculty Member, Freshman Integrated Resources Support and Teaching (FIRST) Program
- Member, Search Committee, Program Development Committee
- Deputy Co-coordinator, Sexual Harassment Awareness and Intake Committee
- Member, Tsunami Disaster Relief Committee
- Faculty Mentor, Emerging Leaders Program
- Member, Search Committee, Counseling Center
- Member, Appointments Committee, Department of Student Services
- Faculty Member, Presidential Evaluation Team
- Faculty Interviewer, Director of Affirmative Action
- Member, Workplace Violence Committee

## HONORS AND AWARDS:

**2013**      American Psychological Association Division of Psychoanalysis Award for Outstanding Contributions to the Development of Early Career Clinicians

**2006**      National Register Early Career Psychologist Credentialing Scholarship, The National Register Awards Committee and the APA Committee on Early Career Psychologists

**2006**      Stewart Travel Award, CUNY Academy for the Humanities and Sciences

**2003**      Travel Fellowship for the National Multicultural Summit, APF and the APA Minority Fellowship Program

**2001-2002**      Thomas E. Shipley, Jr. Research Prize, Temple University

**2002**      Anxiety Disorders Association of America Trainee Travel Award

**2002**      American Psychological Association Dissertation Research Award

**2002**      Society for a Science of Clinical Psychology Dissertation Grant Award

**1998-2002**      University Fellowship, Temple University

- 1998** The Muriel Fain Sher Memorial Premium in Psychology, Honors Program, Brown University
- 1998** Inducted into the Phi Beta Kappa Society
- 1998** Elected Associate member of Sigma Xi, honorary scientific society