1. Pull

Eat Smart's architecture is based off of the pull architecture where the client checks the 3rd-party API server for updates. When the client wishes to make a search request to update the recipe list, the code fetches data from the URL endpoint pre-defined in the pantry-route.js routes. While the code doesn't explicitly have pull in it, making a fetch request is synonymous as such.

Below is a snippet of code found in EatIn.js where pull architecture is being used. When the client clicks on the Save & Search button in the Eat In page, it triggers the handleSearch() function which makes a request to the Spoonacular API to retrieve data and consequently updates the state using the results.

```
handleSearch() {

fetch('/pantry/recipes/'+this.state.id)
   .then(res => {
        console.log(res);
        return res.json()
    })
   .then(recipes => {
        this.setState({ recipes: recipes })
    });
}
```