

FREDERICK ANYAN

Saupstadringen 29A, 7078 Trondheim – Norway

Tel: +47 40 208 954; frederick.anyan@ntnu.no

Google Scholar | <https://scholar.google.no/citations?user=e2dUK-EAAAAJ&hl=en>
Employee URL | <https://www.ntnu.no/ansatte/frederick.anyan>
Personal URL | <https://frederickanyan.github.io/>

EDUCATION

08.2014-02.2019	Joint PhD in Behaviour and Health	Norwegian University of Science and Technology (NTNU), Norway, and Australia National University (ANU), Australia
Thesis	Resilience to mental health problems measured as anxiety and depressive symptoms associated with specific stressors: Examining specificity in their interrelations among adolescent and adult samples for theory and praxis	
Trial lecture	Discuss the theoretical framework of biological models linking stress and resilience with social science	
2010-12	Master of Philosophy in Human Development	NTNU, Norway
2005-09	Bachelor of Arts in Psychology with Philosophy (First Class Honours)	University of Ghana (UG), Ghana

CURRENT AND PREVIOUS POSITIONS

03.2023 –	Associate Professor, Department of Psychology, NTNU, Trondheim, Norway
10.2021-02.2023	Researcher, Department of Psychology, NTNU, Trondheim, Norway
08.2021-12.2021	Visiting Fellow, Ashesi University (AU), Berekuso, Ghana
10.2019-09.2021	Postdoctoral researcher, Department of Psychology, NTNU, Trondheim, Norway
07.2019-09.2019	Researcher, Department of Psychology, NTNU, Trondheim, Norway
03.2019-06.2019	Researcher, Department of Psychology, NTNU, Trondheim, Norway
08.2018-02.2019	PhD Scholarship, Department of Psychology, NTNU, Trondheim, Norway
02.2018-08.2018	Researcher, Department of Psychology, NTNU, Trondheim, Norway
08.2014-02.2018	PhD Scholarship, Department of Psychology, NTNU, Trondheim, Norway
10.2015-10.2015	Casual/Sessional part-time lecturer, ANU, Canberra, Australia
09.2012-06.2014	Associate Lecturer, St. Karol School of Nursing (KSN), Accra, Ghana
08.2014-12.2014	Adjunct Lecturer, Ashesi University (AU), Berekuso, Ghana
10.2012-07.2014	Faculty Intern, Ashesi University (AU), Berekuso, Ghana
09.2011-04.2012	Teaching Assistant, Department of Psychology, NTNU, Trondheim, Norway

TEACHING ACTIVITIES

2023 -	PSYPRO4317/PSY2017	Statistics and Quantitative Research Methodology	NTNU
	PSY2117	Quantitative Methodology 2	NTNU
2021	BUSA132	Organizational Behaviour (Research and teaching support)	AU
2016-	PSY3810	Innovative health promotion strategies in everyday settings	NTNU
	PSY2900	Research in Developmental psychology	NTNU
	PSYPRO4315	Developmental psychology II	NTNU
	PSY3100	Quantitative research methods	NTNU
	PSY1014	Social psychology	NTNU
	PSYPRO4114	Social psychology (professional psychology students)	NTNU
2015	PSYC2001	Social psychology	ANU
2014	SOAN229	Social research methods	AU

INSTITUTIONAL RESPONSIBILITIES

2023 –	Co-leader, The Quantitative Methods Research Group
2023 –	Co-convenor, R Club, NTNU
2016 –	Resilience Centre, Department of Psychology , NTNU

FELLOWSHIPS AND AWARDS

2014 – 18	Higher Degree by Research (HDR) Merit Waiver Scholarship, ANU
2014 – 19	PhD Scholarship. Department of Psychology, NTNU
2010 – 12	MPhil Scholarship (funded by Quota scheme, Norwegian State Education Loan Fund)

SUPERVISION OF GRADUATE STUDENTS, DOCTORAL OR RESEARCH FELLOWS

I supervised 26 students' theses at the undergraduate level during my doctoral studies

	Master students	Name of University	Status
02.2020 – 2022	Guro Igesund	NTNU	Completed

SUPERVISED PHD RESEARCH STAYS AT NTNU

Following PhD candidates were under my supervision during their research stay at NTNU and/or several consultations to advise on research design and analyses.

	PhD Candidate	Name of University	Task	Status
07.2022 –	Janousch	University of Applied Sciences	Research stay (4 months)	Completed
10.2022	Clarissa	Northwestern Switzerland		
04.2020	Janousch	University of Applied Sciences	Research stay (4 months)	Completed
	Clarissa	Northwestern Switzerland		
10.2020	Rebeca Sandu	University of Cambridge	Research stay (1 month)	Completed
08.2019	Kenneth Sandin	NTNU & Diakonhjemmet Sykehus	Several research consultations	Completed

PHD MENTORSHIP (BY CONTRACT)

	Mentee	Institution
05.2021-	Janousch Clarissa	University of Applied Sciences Northwestern Switzerland

PROJECT MANAGEMENT EXPERIENCE

2020 -	Norwegian veteran health survey 2020
2014-18	Resilience to mental health problems in adolescent and adult samples from Ghana, Australia, and Norway.
2018-21	Member of Work package Two- EU Horizon 2020: Partner in call: H2020-SCI-2016-2017, UPRIGHT project
2019-21	Relations between loneliness and common mental health problems (RESLON project) *
2020-	The Ghana Mach Project**

RESEARCH PROJECT FUNDING

2018-21	Member of Work package Two (WP 2)- EU Horizon 2020: Partner in call: H2020-SCI-2016-2017, UPRIGHT : Universal Prevention Resilience Intervention Globally implemented in schools to improve and promote mental Health for Teenagers (€ 301 000 – for WP 2 only). The 'maximum grant amount' is € 3,874,215.00
2017-18	Resilience to mental health problems in adolescent and adult samples from Ghana, Australia, and Norway. Researchers grant at Department of Psychology, NTNU (NOK 39, 500)

2018	Department of Psychology, NTNU 2017/2018 Internationalization Grant to invite colleague researcher from the Australian National University (ANU) – Conal Monaghan, PhD to work with me in NTNU
------	--

MAJOR RESEARCH COLLABORATIONS AND PROJECTS

2020-	Norwegian veteran health survey 2020: Effects of physical activity and substance use, somatic health, and external cause mortality and the trajectories of post-deployment mental health among Norwegian veterans deployed to Afghanistan with researchers from the University of Oslo and the Institute of Military Psychiatry, Norwegian Armed Forces Joint Medical Services Principal Investigators: Frederick Anyan, PhD, and Andreas Espetvedt Nordstrand, PhD
2020-21	Impact of professional helping relationships on the housing stability of homeless people. Data from the Housing First controlled trial in Canada with researchers from University of Cambridge and University of Toronto. Principal Investigator: Rebeca D. Sandu, PhD
2020-21	Trajectories of sick leave before, during and after work-focused treatment with researchers from University of Oslo and Diakonhjemmet Hospital. Principal Investigator: Kenneth Sandin, PhD
2021-	Perception of Ghanaians in interpersonal relationships, economic and socio-political orientations, mental health symptoms and satisfaction with life with researchers from the University of Ghana and the University of Education, Winneba. Principal Investigator: Frederick Anyan, PhD
2020-	Multisystemic, socio-ecological approach to examine the relationship between developmental processes at individual and group levels, and how they connect with markers of ethnic minorities among Quechua and Hispanic adolescents in rural Peru. Principal Investigator: Roxanna Morote, PhD
2020-	Improving resilience among students with researchers from University of Applied Sciences Northwestern Switzerland. Principal Investigator: Clarissa Janousch, PhD

CERTIFICATE COURSES

09.2019	SEM with Mplus	University of Cambridge, Selwyn College. UK
11.2014	Certificate in academic writing	Human Resource Division, NTNU. Norway
03.2015	ANU research integrity training	Research Training Unit, ANU. Australia
09.2014	University pedagogical training	NTNU, Norway

MOBILITY AND INTERNATIONALIZATION

2021	Faculty of Arts and Social Sciences, Ashesi University, Berekuso, Ghana
2015	College of Health and Medicine/Research School of Psychology, ANU, Canberra, Australia

ORGANISATION OF SCIENTIFIC MEETINGS – *member of organising committee*

11.2010	12 th Conference of Social and Community Psychology, Trondheim, Norway
06.2019	UPRIGHT Consortium meeting (EU Horizons 2020), Trondheim, Norway

COMMISSIONS OF TRUST IN ACADEMIC, PUBLIC OR PRIVATE ORGANISATIONS

	Name of board/body/country – and role
2023-	Member, Ethics Committee of the Department of Psychology, NTNU
2022-	<i>Editorial Board</i> <ul style="list-style-type: none"> • Mental Health & Prevention journal.
2016-	<i>Reviewer for:</i> <ul style="list-style-type: none"> • Journal of Social and Personal Relationships • Psychology & Health

- Frontiers in psychology
- Journal of Health Psychology
- Journal of Affective Disorders
- Journal of Mental Health & Addiction
- Assessment

ACADEMIC INTERESTS

My research and teaching are focused on the evaluation and application of quantitative methods in the social sciences. My substantive areas of interests are psychosocial processes leading to positive adaptation and mental health. My current quantitative and research method works cover a broad range of topics in design and data analysis, using complex methodology from both structural equations and multilevel modelling perspectives, psychological network analysis, and the application of general and advanced quantitative methods, and psychometrics. I try to combine these quantitative and substantive interests into a single program of research that seeks to understand and promote human adaptation and resilience for positive mental health.