

## FREDERICK ANYAN

Saupstadringen 29A, 7078 Trondheim – Norway

Tel: +47 40 208 954; [frederick.anyan@ntnu.no](mailto:frederick.anyan@ntnu.no)

Google Scholar | <https://scholar.google.no/citations?user=e2dUK-EAAAAJ&hl=en>  
URL | <https://www.ntnu.no/ansatte/frederick.anyan>

### EDUCATION

08.2014-02.2019	Joint PhD in Behaviour and Health	Norwegian University of Science and Technology (NTNU), Norway, and Australia National University (ANU), Australia
	Disputas: 31.05.2019	
Thesis	Resilience to mental health problems measured as anxiety and depressive symptoms associated with specific stressors: Examining specificity in their interrelations among adolescent and adult samples for theory and praxis	
Trial lecture	Discuss the theoretical framework of biological models linking stress and resilience with social science	
2010-12	Master of Philosophy in Human Development	NTNU, Norway
2005-09	Bachelor of Arts in Psychology with Philosophy (First Class Honours)	University of Ghana (UG), Ghana

### CURRENT AND PREVIOUS POSITIONS

03.2023 –	Associate Professor, Department of Psychology, NTNU, Trondheim, Norway
10.2021-02.2023	Researcher, Department of Psychology, NTNU, Trondheim, Norway
08.2021-12.2021	Visiting Fellow, Ashesi University (AU), Berekuso, Ghana
10.2019-09.2021	Postdoctoral researcher, Department of Psychology, NTNU, Trondheim, Norway
07.2019-09.2019	Researcher, Department of Psychology, NTNU, Trondheim, Norway
03.2019-06.2019	Researcher, Department of Psychology, NTNU, Trondheim, Norway
08.2018-02.2019	PhD Scholarship, Department of Psychology, NTNU, Trondheim, Norway
02.2018-08.2018	Researcher, Department of Psychology, NTNU, Trondheim, Norway
08.2014-02.2018	PhD Scholarship, Department of Psychology, NTNU, Trondheim, Norway
10.2015-10.2015	Casual/Sessional part-time lecturer, ANU, Canberra, Australia
09.2012-06.2014	Associate Lecturer, St. Karol School of Nursing (KSN), Accra, Ghana
08.2014-12.2014	Adjunct Lecturer, Ashesi University (AU), Berekuso, Ghana
10.2012-07.2014	Faculty Intern, Ashesi University (AU), Berekuso, Ghana
09.2011-04.2012	Teaching Assistant, Department of Psychology, NTNU, Trondheim, Norway

### TEACHING ACTIVITIES

2021	BUSA132	Organizational Behaviour (Research and teaching support)	AU
2016-	PSY3810	Innovative health promotion strategies in everyday settings	NTNU
	PSY2900	Research in Developmental psychology	NTNU
	PSYPRO4315	Developmental psychology II	NTNU
	PSY3100	Quantitative research methods	NTNU
	PSY1014	Social psychology	NTNU
	PSYPRO4114	Social psychology (professional psychology students)	NTNU
2015	PSYC2001	Social psychology	ANU
2014	SOAN229	Social research methods	AU
2012-14	NURS364	Nursing research methods	KSN

### INSTITUTIONAL RESPONSIBILITIES

2016 –	Co-founder and Member of the Resilience Centre, Department of Psychology, NTNU <a href="https://www.ntnu.edu/psychology/resilience-centre">https://www.ntnu.edu/psychology/resilience-centre</a>
--------	---

## FELLOWSHIPS AND AWARDS

2014 – 18	Higher Degree by Research (HDR) Merit Waiver Scholarship, ANU
2014 – 19	PhD Scholarship. Department of Psychology, NTNU
2010 – 12	MPhil Scholarship (funded by Quota scheme, Norwegian State Education Loan Fund)

## SUPERVISION OF GRADUATE STUDENTS, DOCTORAL OR RESEARCH FELLOWS

*I supervised 26 students' theses at the undergraduate level during my doctoral studies*

	<b>Master students</b>	<b>Name of University</b>	<b>Status</b>
02.2020	Guro Igesund	NTNU	Ongoing

## SUPERVISED PHD RESEARCH STAYS AT NTNU

*Following PhD candidates were under my supervision during their research stay at NTNU and/or several consultations to advise on research design and analyses.*

	<b>PhD Candidate</b>	<b>Name of University</b>	<b>Task</b>	<b>Status</b>
08.2019	Kenneth Sandin	NTNU & Diakonhjemmet Sykehus	Several research consultations	Completed
10.2020	Rebeca Sandu	University of Cambridge	Research stay (1 month)	Completed
04.2020	Janousch Clarissa	University of Applied Sciences Northwestern Switzerland	Research stay (4 months)	Completed
07.2022 – 10.2022	Janousch Clarissa	University of Applied Sciences Northwestern Switzerland	Research stay (4 months)	Completed

## PHD MENTORSHIP (BY CONTRACT)

	<b>Mentee</b>	<b>Institution</b>
05.2021-	Janousch Clarissa	University of Applied Sciences Northwestern Switzerland

## PROJECT MANAGEMENT EXPERIENCE

2020 - 2022	Norwegian veteran health survey 2020
2014-18	Resilience to mental health problems in adolescent and adult samples from Ghana, Australia, and Norway.
2018-21	Member of Work package Two- EU Horizon 2020: Partner in call: H2020-SCI-2016-2017, UPRIGHT project
2019-21	Relations between loneliness and common mental health problems (RESLON project) *
2020-	The Ghana Mach Project**

\*RESLON is currently being expanded with other national collaborators in Norway to include an intervention arm for funding application to the Norwegian Research Council (NRC).

\*\*This is part of a larger research project across Australia, New Zealand, and the USA

## RESEARCH PROJECT FUNDING

2018-21	Member of Work package Two (WP 2)- EU Horizon 2020: Partner in call: H2020-SCI-2016-2017, <b>UPRIGHT</b> : Universal Prevention Resilience Intervention Globally implemented in schools to improve and promote mental Health for Teenagers (€ <b>301 000 – for WP 2 only</b> ). The 'maximum grant amount' is <b>€ 3,874,215.00</b>
2017-18	Resilience to mental health problems in adolescent and adult samples from Ghana, Australia, and Norway. Researchers grant at Department of Psychology, NTNU ( <b>NOK 39, 500</b> )

2018	Department of Psychology, NTNU 2017/2018 Internationalization Grant to invite colleague researcher from the Australian National University (ANU) – Conal Monaghan, PhD to work with me in NTNU
------	--

#### MAJOR RESEARCH COLLABORATIONS AND PROJECTS

2020-	Norwegian veteran health survey 2020: Effects of physical activity and substance use, somatic health, and external cause mortality and the trajectories of post-deployment mental health among Norwegian veterans deployed to Afghanistan with researchers from the University of Oslo and the Institute of Military Psychiatry, Norwegian Armed Forces Joint Medical Services <b>Principal Investigators:</b> Frederick Anyan, PhD, and Andreas Espetvedt Nordstrand, PhD
2020-21	Impact of professional helping relationships on the housing stability of homeless people. Data from the Housing First controlled trial in Canada with researchers from University of Cambridge and University of Toronto. <b>Principal Investigator:</b> Rebeca D. Sandu, PhD
2020-21	Trajectories of sick leave before, during and after work-focused treatment with researchers from University of Oslo and Diakonhjemmet Hospital. <b>Principal Investigator:</b> Kenneth Sandin, PhD
2021-	Perception of Ghanaians in interpersonal relationships, economic and socio-political orientations, mental health symptoms and satisfaction with life with researchers from the University of Ghana and the University of Education, Winneba. <b>Principal Investigator:</b> Frederick Anyan, PhD
2020-	Multisystemic, socio-ecological approach to examine the relationship between developmental processes at individual and group levels, and how they connect with markers of ethnic minorities among Quechua and Hispanic adolescents in rural Peru. <b>Principal Investigator:</b> Roxanna Morote, PhD
2020-	Improving resilience among students with researchers from University of Applied Sciences Northwestern Switzerland. <b>Principal Investigator:</b> Clarissa Janousch, PhD

#### CERTIFICATE COURSES

09.2019	SEM with Mplus	University of Cambridge, Selwyn College. UK
11.2014	Certificate in academic writing	Human Resource Division, NTNU. Norway
03.2015	ANU research integrity training	Research Training Unit, ANU. Australia
09.2014	University pedagogical training	NTNU, Norway

#### ASSESSMENT – EXTERNAL EXAMINER

	<i>University/Institution</i>	<i>Students</i>
12.2021	University of Bergen <i>profesjonsstudiet i psykologi</i> PROPSY317	
06.2021	University of Bergen <i>profesjonsstudiet i psykologi</i> PROPSY317	
06.2019	UiT Norges arktiske universitet Personality psychology PSY1008	

#### MOBILITY AND INTERNATIONALIZATION

2021	Faculty of Arts and Social Sciences, Ashesi University, Berekuso, Ghana
2015	College of Health and Medicine/Research School of Psychology, ANU, Canberra, Australia

**ORGANISATION OF SCIENTIFIC MEETINGS – *member of organising committee***

11.2010	12 <sup>th</sup> Conference of Social and Community Psychology, Trondheim, Norway
06.2019	<b>UPRIGHT</b> Consortium meeting (EU Horizons 2020), Trondheim, Norway

**COMMISSIONS OF TRUST IN ACADEMIC, PUBLIC OR PRIVATE ORGANISATIONS**

	Name of board/body/country – and role
2023-	Member, Ethics Committee of the Department of Psychology, NTNU
2022-	<i>Editorial Team Member</i> <ul style="list-style-type: none"><li>• Mental Health &amp; Prevention journal.</li></ul>
2016-	<i>Reviewer for:</i> <ul style="list-style-type: none"><li>• Journal of Social and Personal Relationships</li><li>• Psychology &amp; Health</li><li>• Frontiers in psychology</li><li>• Journal of Health Psychology</li><li>• Journal of Affective Disorders</li><li>• Journal of Mental Health &amp; Addiction</li><li>• Assessment</li></ul>

**SAMPLE TAUGHT ADVANCED QUANTITATIVE DATA ANALYSIS WORKSHOPS**

19.05.2021	Latent Growth Curve Models (LGCM) for longitudinal data analysis	NTNU, Department of Psychology
20.05.2021	Growth Mixture Models (GMM) for longitudinal data analysis	NTNU, Department of Psychology