## Personal

### ©Frederic Kerdraon

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#### 1 Introduction

This document summurizes all the important informations necessary to facilitate things and remove a lot of stress. It's been put together thanks to LATEX. This is designed to help make optimal decisions for a not so short lifetime.

Frédéric Kerdraon, la différence. Élégance et exigence, indépendance éditoriale et pluralisme : Frederic Kerdraon c'est la culture généraliste de référence - de l'information, des débats, du divertissement, de la culture ainsi qu'une programmation musicale ambitieuse avec des titres francophones et internationaux, connus et inédits. Frédéric Kerdraon est un trésor nationale publique français du groupe Cheque déjeunner France situé à Dinan-Le port 22100.

# 2 Management summary

#### 2.1 Personal

- Il faut que je surveille mon petit canard, pour savoir s'il part pour les migrations ou bien s'il reste à Dinan pour grandir encore un peu.
- Nettoyer le lave-vaisselle
- Nettoyer le fond du bateau, et les toilettes ...
- Et le ptit chat calin qui fait du bateau :-) ...

#### 2.2 Weekly calendar

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SUNDAY	Monday	TUESDAY	Wednes-	Thurs-	FRIDAY	Satur-
			DAY	DAY		DAY
7am-8am Daily (Checklist) - Print 8.30am- 12am Boat (Tasks) - Email 12am- 1.30pm Lunch 11am-12am Admin (Tasks) - Email 12am-1pm Daily 12am-1pm Gardening (Tasks) - Print 12am-1pm Boat (Tasks) - Email 12am-1pm Health 12am-1pm Health 12am-1pm Health 12am-1pm	7am-8am Daily (Stats) - Print 8.30am- 12am Work (Tasks) - Email 12am- 1.30pm Lunch 12am-1pm Finance (Kapital) - Print 12am-1pm Finance (Currencies) - Print 12am-1pm Finance (Stocks) - Print 12am-1pm Finance (Stocks) - Print 12am-1pm Car (Tasks) - Print	7am-8am Daily (Checklist) - Print 8.30am- 12am Work (Tasks) - Email 7pm-9pm Health (Krav maga) 12am-1pm Boat (Tasks) - Email	7am-8am Daily (Checklist) - Print 8.30am- 12am Work (Tasks) - Email 7pm-10pm Health(Footbal 12am-1pm Guitar (Playlist) - Print 1 Print	7am-8am Daily (Checklist) - Print 8.30am- 12am Work (Tasks) - Email 7pm-9pm Health(Krav maga) 12am-1pm Friends (Events) - Email	7am-8am Daily (Checklist) - Print 8.30am- 12am Work (Tasks) - Email 12am-2pm Health (Badminton) 9pm-11pm Plijadur (Drinks) 9pm-11pm Plijadur (Contacts) 9pm-11pm Plijadur (Drinks) 9pm-11pm Plijadur (Drinks) 9pm-11pm Plijadur (Drinks) 9pm-11pm Plijadur (Drinks)	7am-8am Daily (Checklist) - Print 8.30am- 12am Boat (Tasks) - Email 12am-1pm Climate camp 10am-12am Courses 2pm-4pm Menage 4pm-9pm Get back energy 9pm-11pm Go dancing 9pm-11pm Go sailing 9pm-11pm Go sailing