

## Ebisa Damesa

### Your Conference Schedule

#### WORKSHOPS

Saturday	10:30 am	<b>Session 1:</b> Mental Health & Wellness - Work-Life Balance
Saturday	1:45 pm	<b>Session 2:</b> Professional Advancement - How To Cultivate Leadership Skills
Sunday	10:45 am	<b>Session 3:</b> Professional development - Tips on successful negotiating
Sunday	2:15 pm	<b>Session 4:</b> Professional Advancement - Interpersonal Skills/Managing Employees
Monday	8:15 am	<b>Session 5:</b> NGO/CBO Development - Fundraising
Monday	10:45 am	<b>Session 6:</b> Medical Scholar Focus - Choosing a Specialty

#### PANELS

Saturday	8:45 am	<b>Panel 1:</b> Successful Businesses/Entrepreneurship
Tuesday	8:45 am	<b>Panel 2:</b> Community Development Grants

Friday 3:00 pm **TEAM BUILDING**

Saturday 3:15 pm **MEDICAL SCHOLAR MEET & GREET**

Saturday 4:30 pm **SPEED PITCH COMPETITION**

Monday 7:00 pm **DINNER-FREE SEATING**

#### COMMUNITY SERVICE SITE

Monday 1:45 pm Slum Child Foundation Nairobi

#### OPTIONAL ACTIVITIES

Saturday	6:45 am	Sunrise Yoga
Sunday	8:45 am	All Faith Service
Monday	6:45 am	Group Morning Walk

*For the general schedule, see the conference booklet.*