

Stroop Effect Experiment

by Fred W. Y. Toh

1. The independent variable in this experiment is the ink color of the words in the two test conditions. The dependent variable is the time taken for the participant in naming the ink colors in those two test conditions.

2. Let μ_D be the mean time difference in the Stroop effect experiment. A negative difference means that the time taken in the incongruent words condition is longer than the time taken in the congruent words condition, i.e., it is slower to name the ink colors in the incongruent words condition. The following is the set of hypotheses taken:

Null hypothesis, H_0 : $\mu_D = 0$

Alternate hypothesis, H_A : $\mu_D < 0$ (One-tailed t-test)

Since we expect that it is going to be slower to carry out the task in the incongruent words condition, a one-tailed test is appropriate. A t-test is chosen based on the sample size of 24. The alpha level chosen is 0.05.

I went ahead and took the experiment and recorded my timings. They are as follow:

Time taken in congruent words condition, $x_{\text{CONGRUENT}} = 17.283$ s

Time taken in incongruent words condition, $x_{\text{INCONGRUENT}} = 26.439$ s

time difference, $x_D = -9.156$ s

3. The following are as calculated from the dataset. See workings attached for details.

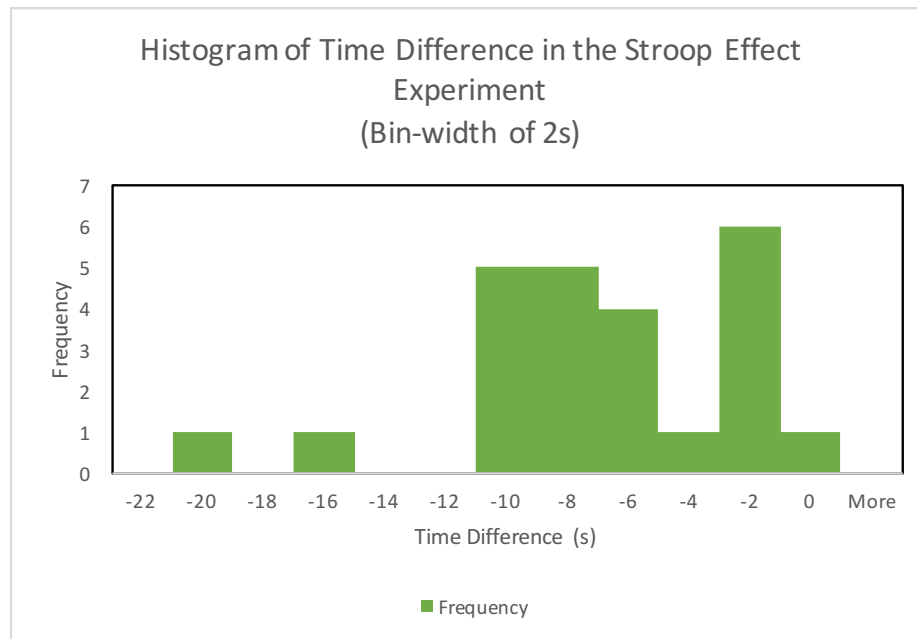
mean time taken in congruent words condition, $\bar{x}_{\text{CONGRUENT}} = 14.051$ s

mean time taken in incongruent words condition, $\bar{x}_{\text{INCONGRUENT}} = 22.016$ s

mean time difference, $\mu_D = -7.965$ s

standard deviation of the differences in the sample, $s_D = 4.865$ s

4. The histogram below shows the time differences of the participants in the dataset. We note that the sample size is small and there is no distinct “bell curve” shape in the distribution. There also seem to be a couple of extreme values.



5. The statistical test is carried out as following:

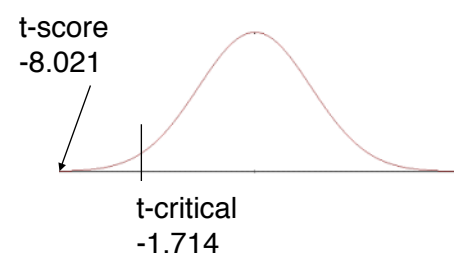
mean time difference, $\mu_D = -7.965$

standard deviation, $s_D = 4.865$

sample size, $n = 24$

standard error of the mean, $se = 0.993$

t-score = -8.021



At $\alpha = 0.05$, degrees-of-freedom (dof) = 23,

$t\text{-critical}_{(23,0.05)} = -1.714$

Since the t-score of the sample distribution falls below the t-critical value, we reject the null hypothesis at 95% confidence level (i.e. $\alpha = 0.05$).

Computing at 95% confidence interval around the sample mean of -7.965 s, we have the following:

$$t\text{-critical}_{(23,0.025)} = 2.069$$

$$se = 0.993$$

$$\text{Upper bound: } -5.910 \text{ s}$$

$$\text{Lower bound: } -10.019 \text{ s}$$

My time difference was recorded at -9.156 s and it falls within the 95% confidence interval of the sample mean.

6. According to Eric H. Chudler, Ph.D. (See Ref. 3), there are two theories that may explain why it takes less time in the first part than the second part of the experiment. Note that in the first part, the participants may plainly read off the words since each color already matches the word even though the task is technically name the color, not read the word. Thus, there is the Speed of Processing Theory, which explains that it is plainly faster to read words than to name colors. The second theory is the Selective Attention Theory, which explains that it is not necessarily true that it is faster to read words than to name colors but when the brain is faced with words and colors, it prefers to process the words, even though the instruction is solely on the colors. And because of this confusion going on in the brain, it slows down the whole process.

For me, I wonder if there is a third component to the Stroop Effect that has not been explained for. In this case, we are presented with words that describe colors, which at the same time, we are tasked to deal with the colors, but not the words. It is evident that the association of the color words and the colors exists in the experiment. I note that the words are distracting even as I am intentionally shifting my attention on the colors. Thus I think the word/color association is also interfering the brain processing in this particular experiment.

Chudler suggests modifying the experiments, such as turning the words upside down or rotating them 90 degrees. I believe in this way we may then be able to control for the

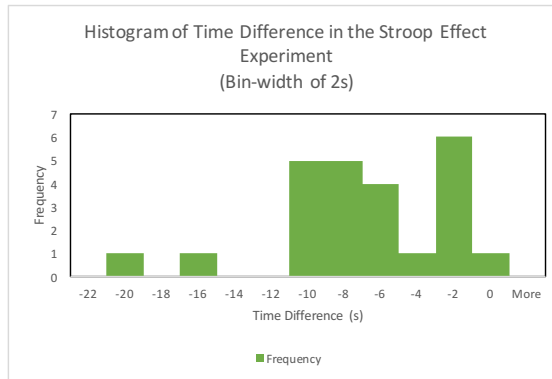
association effect. I think another approach could be switching out the color words with other kinds of words, say random adjectives, to see if the Stroop Effect persists.

EXTERNAL REFERENCES:

1. Data set of recorded timings [stroopdata.csv](#), provided by uDacity
2. Stroop Effect experiment <https://faculty.washington.edu/chudler/java/ready.html>
3. Neuroscience for Kids <https://faculty.washington.edu/chudler/words.html>

| Congruent | Incongruent | Difference | Squared Deviation From Mean |
|-----------|-------------|------------|-----------------------------|
| 12.079 | 19.278 | -7.199 | 0.586 |
| 16.791 | 18.741 | -1.950 | 36.178 |
| 9.564 | 21.214 | -11.650 | 13.581 |
| 8.63 | 15.687 | -7.057 | 0.824 |
| 14.669 | 22.803 | -8.134 | 0.029 |
| 12.238 | 20.878 | -8.640 | 0.456 |
| 14.692 | 24.572 | -9.880 | 3.668 |
| 8.987 | 17.394 | -8.407 | 0.196 |
| 9.401 | 20.762 | -11.361 | 11.534 |
| 14.48 | 26.282 | -11.802 | 14.724 |
| 22.328 | 24.524 | -2.196 | 33.279 |
| 15.298 | 18.644 | -3.346 | 21.333 |
| 15.073 | 17.51 | -2.437 | 30.556 |
| 16.929 | 20.33 | -3.401 | 20.828 |
| 18.2 | 35.255 | -17.055 | 82.632 |
| 12.13 | 22.158 | -10.028 | 4.257 |
| 18.495 | 25.139 | -6.644 | 1.744 |
| 10.639 | 20.429 | -9.790 | 3.331 |
| 11.344 | 17.425 | -6.081 | 3.549 |
| 12.369 | 34.288 | -21.919 | 194.720 |
| 12.944 | 23.894 | -10.950 | 8.911 |
| 14.233 | 17.96 | -3.727 | 17.959 |
| 19.71 | 22.058 | -2.348 | 31.548 |
| 16.004 | 21.157 | -5.153 | 7.906 |
| | | | 544.33 SUM |
| 14.051 | 22.016 | -7.965 | AVERAGE |

| Bin | Frequency |
|------|-----------|
| -22 | 0 |
| -20 | 1 |
| -18 | 0 |
| -16 | 1 |
| -14 | 0 |
| -12 | 0 |
| -10 | 5 |
| -8 | 5 |
| -6 | 4 |
| -4 | 1 |
| -2 | 6 |
| 0 | 1 |
| More | 0 |



COMPUTED VALUES

| | |
|-------------------------------------|--------|
| median diefference | -7.667 |
| mean difference | -7.965 |
| sample size, n | 24 |
| sample std. dev. of the differences | 4.865 |
| standard error of the mean | 0.993 |

HYPOTHESIS TEST:

| | |
|-------------------|-----------------------------------|
| H ₀ : | No difference |
| H _a : | Slowed down (mean difference < 0) |
| t-statistic | -8.021 |
| dof | 23 |
| alpha | 0.05 |
| t-crit, (23,0.05) | -1.714 |

DECISION:

Reject the null
Because $p < 0.05$

95% CONFIDENCE INTERVAL:

| | |
|--------------------|--------|
| Sample mean | -7.965 |
| Standard error | 0.993 |
| t-crit, (23,0.025) | 2.069 |

| | |
|-------------|---------|
| Lower bound | -10.019 |
| Upper bound | -5.910 |

OWN MEASUREMENTS:

| | |
|-------------|--|
| Congruent | 17.283 |
| Incongruent | 26.439 |
| Difference | -9.156 |
| Conclusion: | Falls within the 95% confidence interval |