

**NEHA RANJAN**

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**Career Objective**

- Looking for job opportunities as a yoga instructor, where I can lead people towards a deeper level of physical fitness and healthy lifestyle along with mental peace.

**Summary**

- An experienced Yoga instructor committed to make a difference in the educational field by applying wide knowledge of Yogic philosophy & Psychology.
- Serve people to realize the importance of yoga to maintain a sound body and a sound mind.
- Use my in-depth knowledge and understanding of yoga in the field a practice.
- Contact information use yoga as a tool for relaxation and happiness for people in their daily life.
- Use yoga as a healthy life style.

**Qualifications**

- Master in Yoga (Uttarakhand Sanskrit University, Haridwar, Uttarakhand)
- Yoga Teacher, Level-II, Quality Control of India, New Delhi
- Diploma in Yoga Science (D.Y.Sc.) Morarji Desai National Institute Of Yoga, New Delhi
- Bachelor of Business Administration, T. M. B. U., Bhagalpur

**Work Experience**

- 8 year & above as a Yoga Instructor in corporate/Group Classes.

**Areas of Expertise**

- Traditional Yoga
- Meditation
- Yoga Therapist
- Power Yoga
- Motivator
- Problem solving skills

**PERSONAL QUALITIES**

- Pleasing personality and a good team player
- Ability to grasp the things faster, quick learner and a good listener
- Hard working, sincere and punctual.
- Proper working in a challenging environment.

**JOB RESPONSIBILITIES HANDLE**

- Responds to guest needs and resolves any issues that may arise.
- Make the guest maximum comfort and work for their requirements.

**Personal Details**

**Address** – A2/507, Cherry County, Greater Noida West, Gautam Buddha Nagar, UP

**Languages Known** – English, Hindi