

RAHUL

CERTIFIED YOGA INSTRUCTOR

Dhani Charkhan, Patram
Gate, Bhiwani,
Haryana

+91-9034397303

rahul2.jangra@gmail.com

PROFESSIONAL SUMMARY

Skilled and certified yoga instructor with an ability to build effective relationships with students of all background and skill levels. Having 3 years of experience as a yoga instructor. Have handled foreign clients.

EDUCATION —

M. Sc. in Yoga Sciences – I.G.U.
Meerpur, Rewari (2022) with 7.38
CGPA

P.G. Diploma in Yoga Sciences –
CH. Bansilal University, Bhiwani
(2020) with 76%

B. Tech in Computer Science and
Engineering from I.T.S. Bhiwani
(2013) with 63.5%

KEY SKILLS —

Certified Yoga Instructor
Can Handle yoga clients both
foreign and Indian
Teaching and Training experience
of more than 3 years
Knowledge of Computers
Comfortable with software such as
MS-Office, AutoCAD
Well versed with both written and
oral communications in English
and Hindi

EXPERIENCE

*Currently providing Home yoga classes in the NCR region, both online
and offline and freelancing yoga classes*

Ex- Yoga Instructor at Gyanish Yoga Acamdey, Ahmedabad

Ex- Yoga Instructor at Dilkhush Gym, Bhiwani

*Teaching and Management experience of more than 1.5 years at
Adhyan academy, Bhiwani*

ACHIEVEMENTS

5th position at National Level Yoga Competition, with medal, organized
by ALL INDIA CULTURE FEDERATION

CERTIFICATIONS

Yoga alliance U.S.A. Certified from Rishikesh, Uttarakhand
YCB 2nd Level certification