

UMA DEVI

331,phase 2, Chandigarh Ramdarbar .

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CAREER OBJECTIVE

To start with beginning and rise with consistent hard and quantifiable result. Seeking a long term career opportunity to prove myself an asset to a progressive organization by my meaningful contribution to organizational objective.

EXPERIENCE

- 3 year work experience in personal Yoga classes.
- 1 month experience in yoga protocol as a master trainer in 2016.
- 20 days annual athletic meet in Govt. Model Sen. Sec. School sec 36 Chandigarh 2019
- 3 days annual athletic in Govt. Girls Sen. Sec. School Sec-23 Chandigarh 2019
- 2 month coaching in yoga team for Punjab University inter college tournament for the session 2017-18
- 20 days coaching to the yoga student for yoga demonstration in annual athletic meet 2018-19 from post Graduate Govt. college sec-46
- 10 days coaching to school student for aerobic and yoga demonstration on annual athletic meet from Govt. Model Sec. School sec-36, Chandigarh

PROFESSIONAL CERTIFICATION

- Yoga Wellness Instructor Certificate from "Yoga Certificate Board"
- Online State judge & Referees certificate from "Haryana Yogasana Sports Association"

PROFESSIONAL QUALIFICATION

2022

**M.A , YOGA GOV. COLLEGE YOGA EDUCATION AND HEALTH SEC-23
CHANDIGARH (UTTRAKHAND UNIVERSITY)**

2020

NUTRITION AND DIETITIAN DIPLOMA FROM IGNOU

2019

**B.ED , YOGA GOV. COLLEGE YOGA EDUCATION AND HEALTH SEC-23
CHANDIGARH (PUNJAB UNIVERSITY)**

EDUCATION

2015

B.A , PG GOV. COLLEGE SEC-46 CHANDIGARH (PUNJAB UNIVERSITY)

2013

INTERMEDIATE GOVT MODEL SEN. SCHOOL, SEC-32. CHANDIGARH (CBSE BOARD)

2011

GOVT MODEL SEN. SEC. SCHOOL, KARSAN, CHANDIGARH (CBSE BOARD)

SPORTS ACHEIVEMENT

- 2 prize in yoga Silver medal in Punjab university inter college championship 2018-19 at sec 23 yoga college, Chandigarh.
- Participate in 58th National School Games 2012-13 wrestling in 2013
- 3 prize in Ball-Badminton in Punjab university 2015
- 2 prize in Kho-Kho silver medal in Punjab inter college 2017-2018.
- Participate in 31th Chandigarh state yoga asana sports championship 2015
- Participate in 30th Chandigarh state yoga asana sports championship 2014

CULTURAL PROGRAMME ACTIVITY

- 2 prize in luddi, folk Dance Hoshiarpur in 2018
- 2 prize in Punjab university yoga championship 2019

STRENGTH

- good Communication Skills
- Honest
- Hard work

PERSONAL DETAILS

Father name: Salik RAM

DOB: 05-08-1995

Nationality: Indian

Marital status: Unmarried

Gender: Female

hobbies: Listening music

DECLARATION:

I hereby declare that all the information given above is true to the best of my knowledge and belief.

YOURS FAITHFULLY

Uma Devi

Date:

Place :

Sign: