

PINTU KUMAR MAHTO

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Patanjali University, haridwar, uttrakhand 249405



Experience

	Dev Sanskriti Vishwavidyalaya, Haridwar
August 2020 -	Assistant Professor, Specialisation -Biomechanics , Anatomy and physiology,Marma , Accupressure,Yoga therapy, Accupressure etc
September 2019 -	Yoga Instructor and and Assistant pofessor University of Patanjali

Education

2019	University of Patanjali MSc 81
2022	University of Patanjali PhD A

Projects

Yogic Management of hypothyroidism

Phd Topic on Yoga and Hypothyroidism

Achievements & Awards

MSc Gold medalist, Utrakhand Yoga Champion,NET/JRF qualified, AIIMS Rishikesh