

**Sonam Prashant
Gaikwad**



@ sonamgaikwad199@gmail.com
8668205053
Sunfantasy Soc A304 Shani Nagar Katraj

CAREER OBJECTIVE

To inspire people through the practice of yoga to connect with their own personal wisdom healing abilities and expansive potential, at the same time secure a role of Yoga teacher and possess professional experience in the field of yog.

SKILLS

Physical Fitness

Yoga Ethics Awareness

EXPERIENCE

Yog Icon | Jan 2022 to Still Working

Own Classes

Yoga instructor

Aura Yoga Zumba Classes | Jul 2022 to Nov 2022

Zumba Trainer

zumba trainer

Little Angels Institute | Jun 2011 to Mar 2012

Primary Teacher

Primary teacher

EDUCATION

Prof.Ramkrishna More College.Akurdi | University/Board | 2012

M.A In English Literature

58%

Dnyaneshwar Education Society Pune | University/Board | 2015

Teacher's Training Course (TTC)

70%

MMS Chandrashekhar Agashe College Of Physical Education | University/Board | 2023

Yoga Instructor Course

75%

Vishwanand Yoga Kendra | University/Board | 2024

200hrs Yoga Teacher Training Course With A Grade, RYT Certification Course.

75%

ACHIEVEMENT

Certificate

international Yoga conference on MAT To MIND

HOBBIES

Music

PERSONAL DETAILS

Address	Sunfantacy Soc A304 Shani Nagar Katraj
Date of Birth	01/07/1988
Gender	Female
Nationality	India
Marital Status	Married
Language Know	English

DECLARATION

"I hereby declare that the information stated above is true to the best of my knowledge." "I solemnly declare that the information furnished above is free from errors to the best of my knowledge and belief."

Sonam Prashant Gaikwad