



AKHILESH RATURI

Yoga Instructor

About Me

Yoga Instruction Expert
Teaching Experience - Expert Focused
Communication Flexibility
Training Expert Communication
Skills - Expert Flexibility Skills
Meditation Techniques - Expert



8938990265



akhileshraturi06@gmail.com



Rishikesh Uttarakhand

Language

- Hindi
- Sanskrit
- English

Hard Skills

- Management Skills
- Creativity
- Yoga Style (Hatha, Ashtanga and Vinyasa
- Breathing Techniques

Soft Skills

- Communication
- Good Condition
- Multi Tasking

Experience

I have 1 month of Yoga experience at DSB International Public School Gumaniwala in Rishikesh.

Additionally, I have 2 years of work experience in teaching Yoga in India.

Extra Curriculum Activities

Intercollege Yoga sports competition at U.S.V.V. Haridwar in 2023 and 2024.

Participants in Yoga Asana at a one-day National seminar at Shri Guru Ram Rai University, Dehradun on June 19, 2024.

Education

Post-graduation MA (Acharya) completed at U.S.V.V Haridwar in 2022-2024.

Graduation BA (Sanskrit) attained from U.S.V.V Haridwar in 2019-2022.

Hobbies

- Doing Yoga
- Playing flute



