

CURRICULUM VITAE

PRIYANKA

C X - 3, Dilshad Garden

Delhi - 110095

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CARRER OBJECTIVE

I present myself as an energetic, ambitious and a self motivated person, capable of working in any atmosphere, willing to learn and looking out for interacting. I can lead people towards a deeper level of physical fitness and healthy lifestyle along with mental peace.

EDUCATIONAL QUALIFICATION

- ✓ B.PED From Pune University (Chandreshekar Agashe College of Physical Education)
- ✓ M.A (Yoga Science) From Patanjali University Haridwar.
- ✓ B.A (Prog.) From Delhi University (Laxmibai Collage).
- ✓ 12th From C.B.S.E
- ✓ 10th From C.B.S.E

WORK EXPERIENCE

- ✓ Worked as a Yoga Instructor at Bapu Naurao Cure Hospital and Yogashram (Period : 1 Yrs)
- ✓ Worked as a Yoga Teacher at Kendriya Vidyalaya AFS Arjagarh, New Delhi - 47 (Period : 2 Yrs)

SPORTS ACHIVEMENTS

- ✓ Team achieved First Position Delhi University Inter collage cricket championship.
- ✓ Team obtained Second Position Delhi University Inter collage Baseball championship.
- ✓ Obtained fourth position in All India Yoga Championship Individual.
- ✓ Participated National & International Yoga Championship (Group) in Bangalore.
- ✓ Participated in Senior National Softball Championship
- ✓ Having a NCC (B) & NSS (B) Certificate.

SKILLS

- ✓ Asan
- ✓ Pranayam
- ✓ Meditation
- ✓ Yognidra
- ✓ Basic knowledge of Acupressure
- ✓ Naturopathy & Pranic Heling
- ✓ Counseling
- ✓ Specialization in Football

SEMINAR AND CAMPS

- ✓ Participation in Khelo India Youth Game on 20th January 2019 as volunteer.
- ✓ On 16th January 2018 State Level Workshop on Theme “Significance of stretches” Organized by Maharashtra Mandal’s.
- ✓ Yoga for health and social transformation in the second International conference from JAN-7-2013.

- ✓ National yoga week 2013 in Morarji Desai National Institute of yoga.
- ✓ Participation in Common wealth Game on 2010 as volunteer.

PERSONAL DETAILS

| | | |
|-----------------|---|----------------------------|
| Husband Name | : | Vinod Panwar |
| Date of Birth | : | 14 th July 1986 |
| Nationality | : | Indian |
| Marital status | : | Married |
| Languages known | : | Hindi, English |

DATE:

PLACE:

(PRIYANKA)