



# VIKRAM DIWAKAR

## PHYSICAL EDUCATION AND YOGATEACHER

### CAREER OBJECTIVE:

Looking for a position of yoga instructor and physical education teacher in any reputed Yoga Centre, School and Institute where I can give my best teaching services, and I can prove the importance of physical education and yoga.

### CONTACT NO.:

E-Mail ID: Diwakaryog16@gmail.com  
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Shivaji Marg, Disst. West, New Delhi-  
110015

### STRENGTH:

- Hard working, self motivated & team player
- Good communication and interpersonal skill.
- Good analysing and organizing capability

### EXPERIENCE:

Working as freelancer since last 2 years as yoga instructor and fitness trainer

Conduct a Yoga day (2021) with IPEM Ghaziabad with strength of above 1500 people

Conduct a yoga day (2023) with the people of National Science museum Delhi.

### IT Skills

- OPERATING SYSTEM:
- WINDOWS XP, 7, 8, & 10:
- UTILITY SOFTWARE
- MS OFFICE & POWER POINT

### ACADEMICS:

- PG Diploma in yoga Science from MORARJI DESAI NATIONAL INSTITUTE OF YOGA (2020-2021)
- B.P.Ed from Amity university, noida (2018-2020)
- B.P.E from Amity university, noida (2015-2018)
- Senior Secondary (12th) Sarvodaya Co-ed Sr. Sec. School jai dev park (2015)
- Matriculation (10th) Sarvodaya Co-ed Sr. Sec. School jai dev park (2013)

### ACHIEVEMENTS:

- Silver Medal in 1st Delhi State yoga championship in (2017)
- Gold Medal in World Body Building Federation in (2016)
- 3 Gold, 2 Silver, 2 Bronze in CBSE zonal level yoga competition in (2008-2014)
- Organiser in Amity human value quater (2015)
- Volunter in North zone inter University Football tournament (2015)
- participation In Delhi state yoga championship (2015)
- participation in 34th UP state yoga Championship (2016)
- participation as official in carrom in Amity university sports meet (2018) and (2019) par
- participation as official in table tennis in Amity university sports meet (2019)
- participation in International yoga day (2020)