

PRAKASH ANKUSH MURKAR

Applying as a trainer for teaching professional yoga

- 9821959307
- murkar.prakash@gmail.com
- Mira Road, Mumbai

Summary

I'm a professional yoga trainer and a practitioner who is teaching yoga since 2018, on addition I am also a certified trainer, which makes me confident for this job.

Skills

Group Title: Yoga Aasana

Group Title: Expert in various kind of aasana

- A functional trainer for strength
- Can do several forms of chakrasana, handstand & headstand
- Learned professional yoga - Tool / Technology

Experience

The Prachi Yoga Fitness Studio

Mira Road. Mumbai, Title 2015.

- A Professional trainer from last seven years
- A Certified trainer
- Experienced in personal and batch training

Education

I had completed my graduation in T.Y.B.COM stream from Mumbai University.

Courses & Certificates

Course Title

Basic teacher training course from Premanand yoga educational trust

Interests & Hobbies

Cricket and yoga.

REG. NO. - 760136976



YOGA TEACHER TRAINING CERTIFICATE

This Certificate is Awarded to

"Prakash Murkar"

This is to certify completion of a 200 hour Teacher Training Mentorship consisting of training and practice in asana, pranayam, meditation, ethics, philosophy, class structure, planning & teaching practicum.


Anandha
Authorised-Signature




Trainer Signature