

Aakash

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☎ 8053487377

📍 Thakur wara, ward no:- 16, sohna, Gurgaon 122013

Objective

I am ambitious and driven.
I thrive on challenge and constantly set goals for myself, so I have something to strive towards. I am not comfortable with settling, and I am always looking for an opportunity to do better and achieve greatness.

Personal Details

- Date of Birth : 14/02/1996
- Nationality : INDIAN
- Marital Status : Single

Skills

Breathing Techniques	20%
Private Session Planning	20%
Back bending Improve Techniques	20%

Experience

- GURUKUL MANJHWALI 01/11/2020-31/03/2021
FARIDABAD / Yoga Instructor
Motivating the students to do yoga, giving them the knowledge of yoga and improving the asanas being performed by them.

Education

- Gurukul Manjhawali faridabad 20/04/2013
10th
- Gurukul Manjhawali Faridabad 20/04/2015
12th
- N.B.G.S.M COLLEGE sohna 20/07/2019
B.A
- Uttarakhand Sanskrit University Haridwar 12/11/2022
M.A Yoga

• Morarji Desai National Institute Of Yoga 31/12/2019

Delhi

Certification Course Of yoga protocol

• Morarji Desai National Institute Of Yoga 30/09/2019

Delhi

Foundation Course Of Yoga

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