

Dr. Sagar Monga(NDDY)

Nim Wali Gali
Ferozepur
Punjab- 152002

+919988030314

drsagarmonga@gmail.com

OBJECTIVE

Intend to build a long term association with a leading organization as a key contributor in development which nurtures a personal evolution on functional fronts.

EDUCATION

Program	Board/University	%/CGPA	Year of completion
M.D. _A.M.	Accupressure & Alternative medicine institute	NA	2020
NDDY	Gandhi National Academy of Naturopathy	55	2016
MCA	Punjab Technical University	76	2013
BCA	Punjab University	66	2010
XII	Punjab School Education Board	71	2007
X	Punjab School Education Board	68	2005

PROFESSIONAL EXPERIENCE

- Currently Working As a 'Naturopath Diet Consultant' in 'Chandigarh University '
- worked as an Asst. Prof for 2.5 years in DBFGI college moga
- Worked as Lecturer for 2 years in SHAHEED GANJ COLLEGE FOR WOMEN MUDKI
- Have been Working as freelancer dietitian , therapiest & yoga trainer for last 5 years ,i have good client base all over india & i am presently serving them too.

EXTRA CURRICULUM ACTIVITIES

- I Organised The largest Event in my college
- Class Representative, for 2 consecutive years in High School
- Participated in Group discussion at college level
- Had always been an emcee at college functions
- Captain of my college cricket team.
- Volunteered Art of living Yoga & Meditation courses

HOBBIES/INTERESTS

- Playing Badminton, Cricket
- Listening to Music
- Yoga & Meditation

SKILLS

- I Prepared my own Detox Slimming Tea with all natural ingredients that helps to balance all three doshas of body & boost metabolic rate naturally.
- Helped to get rid Diabetes , Obesity & Arthritis(Vat body pains) with my natural diet plans & Natural herbal tea.
- Yoga, food nutritionist, natural therapies, Reiki Grand Master

PERSONAL DETAILS

Date of Birth	24-05-1990
Nationality	Indian
Sex	Male
Marital Status	Married
Father's Name	Sh. Ramesh Kumar Monga
Mother's Name	Smt. Veena Monga

