Name: Harshad Raghav Kadav

Contact No. 7506421468

#### **CAREER OBJECTIVE**:

#### Dear Sir/Madam,

To be a part of a challenging work environment where my knowledge, analytical and communication skills can joyfully contribute towards the growth of the Yoga and Indian Culture which brings in holistic change in society that results in my fulfillment.

# **ACADEMIC DETAILS**:

S. No.	Exam Passed (Year of Passing)	University/Institute	Percentage
1	S.S.C (2009)	B.P.M High School, Khar	89.07%
		Maharashtra State Board	
2	H.S.C (2011)	Bhavan's College, Andheri	82.50%
		Maharashtra State Board	
3	B.E.Electronics (2015)	Sardar Patel Institute of	56.08%
		Technology	
4	Diploma in Yoga Education (April 2020)	Kaivalyadhama Yoga	80%
		Institute, Lonavla	

### **CERTIFICATIONS**:

Advance Teacher Training Course from THE YOGA INSTITUTE, Mumbai in Jul-Oct 2017.

Ayush Ministry QCI Level 2 Certification with Distinction.

Yoga Therapy(Online Course) for Covid-19 from S-Vyasa in June 2020.

#### **WORK EXPERIENCE:**

Conducted various relaxative Meditation sessions for Clients/ Guests/ Fellow seekers.

Have an experience of 5+ years in Yoga as a Freelancer

Conducted Yoga workshop at Shikshan Sanstha, Panvel.

Have been conducting personal Yoga tuitions since 2017 and Online tuitions all over the world since two years.

#### **EXTRA-CURRICULAR**:

Best Orator in School

Taken Wellness Talks/ Life Talk Series on topics of Yoga.

#### STRENGTHS:

Hard-working and committed to the work.

Easily adaptive to the nature of work.

Good Persuasive skills and Team player.

#### **HOBBIES:**

Sketching, singing, learning new things.

Practicing & learning Yoga.

Listening spiritual discourses, Playing volleyball, football, etc

Spreading awareness about Yoga.

## **PERSONAL INFORMATION:**

Name : Harshad Kadav

Father's Name : Raghav Kadav

Present Address. : House no 49,

At- Sangade, Post- Ajivali,

Tal- Panvel, Dist- Raigad,

State- Maharashtra, India.

Pin-code : 410206

Marital Status : Unmarried

Nationality : Indian

Religion : Hindu

Gender : Male

Date of Birth : 14 Feb 1994

Language known : Marathi, Hindi, English.

Email-id : harshadkadav@gmail.com

Thanking you.