

SURUCHI MISHRA

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YOGI

OBJECTIVE

To make optimum utilization of my knowledge and skills, utilize opportunities effectively for professional growth and contribute in the best possible way for the betterment of the organization and self.

EDUCATION & TRAINING

- 10TH LUCKNOW PUBLIC SCHOOL (CBSE BOARD) 6.9CGPA
- 12TH PIONEER PUBLIC SCHOOL (CBSE BOARD) 56%
- B.Sc YOGA SCIENCE from SHOOLINI UNIVERSITY 8.40 OGPA
- M.Sc Yoga from Morarji Desai National Institute of Yoga (Pursuing)

EXPERIENCE

- Conducted yoga session at KGBV(shivpura)
- Yoga experience at Patanjali Balrampur (duration 1 month).
- Working as a Yoga instructor, as freelancer from 4 years.
- Demonstrated in Yoga Countdown program at Ministry of Steel collaboration with MDNIY(Ministry of Ayush)
- Demonstrated in NCERT live program on PM evidya channel.
- Performed as an instructor cum demonstrator on International Yoga Day in Ministries.
- 2 months of fieldwork experience with RBIPMT.

SKILLS

- Flexible
- Adaptable
- Persuasive
- Creative
- Team Building and Leadership
- Computer Proficiency- Proficient in Microsoft Office (Word, Excel, Powerpoint)

LANGUAGE

- Hindi (Read, Write, Speak and Understand)
- English (Read, Write, Speak and Understand)
- Sanskrit (Read and understand)

PERSONAL DETAILS

- Father's Name: Mr. Ajai Kumar Mishra
- Gender: Female
- Nationality: Indian
- Marital Address: Single
- Hobbies: Travelling, listeninging Music, Meditation

I hereby declare that the above-mentioned information is correct to the best of my knowledge and belief.

DATE:

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