

CURRICULUM VITAE

RAHUL KUMAR OJHA

Address

A-21, 2nd floor, Gali No-7, Sanjay Nagar,

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OBJECTIVE

- I want to become a successful professional by utilizing my abilities combined with my sincerity, honesty and hard work.

EDUCATIONAL QUALIFICATION

- Pursuing Degree in Physiotherapy
- Pursuing MD in Acupuncture
- Dr.of Acupuncture
- Degree in Arts
- 12th Passed
- 10th Passed

PROFESSIONAL QUALIFICATION

- Certified Personal Trainer from ISSA.
- Certified Nutrition Specialist from ISSA.
- Certified Strength & Conditioning Specialist from ISSA.
- Certified Group Fitness Instructor from ACE.
- Certified Exercise & Stress Management PTA Global.
- TRX Suspension Trainer.
- Certified BARRE Intensity Instructor
- Certified Anatomy Musculoskeletal Intergamutary from University Michigan.
- Certified Sleep Neurobiology/Medicine & Society
- Certified science of exercise with university of Colorado.
- Certified Personal Trainer with ACE.
- Corrective Exercise Specialist.
- Human Movement Specialist.
- Certified Online Coaching Specialist.
- Certified Transformation Specialist.
- Virtual Group Fitness instructor.
- Functional Aging Specialist
- Diploma in Tissue Point Therapy
- Resistance Training Specialist
- Diploma in Yoga
- Diploma in Food Therapy
- 200 Hours Yoga Trainer
- 300 Hour 500 Hour Yoga and Yoga Therapy Pursuing
- Kinesiology Taping Specialist Basic Advance Rock Tape (ROCK TAPE)
- Functional Fitness Instructor

- Myofascial Release Practitioner
- Cancer Exercise Specialist Pursuing
- Pre and Postnatal Exercise Specialist Pursuing

PERSONAL INFORMATION

Date of Birth	:	19 th Dec 1986
Father's Name	:	Sh. P.N. Ojha
Marital Status	:	Married
Gender	:	Male
Nationality	:	Indian
Languages Known	:	Hindi & English

DECLARATION

I hereby declare that all the above information is true and correct to the best of my knowledge and belief.

Date :

Place :

(Rahul Kumar Ojha)