



Anju Singh

Yoga Instructor



About Me

Hard working and dedicated yoga instructor to obtain a challenging and rewarding role that allows me to expand my knowledge and skills while making meaningful contribution. To work in an environment where I can use my yogic skills.



Contact



7817072454



anju61685@gmail.com



Mathura, Uttar Pradesh,
India



Skills

- Effective Communication
- Active Listening
- Teamwork
- Time Management
- Decision Making
- Alternative Therapy



Languages

- Hindi (First language)
- English (Intermediate)
- Sanskrit (Intermediate)



Education

2022 - 2024

DEV SANSKRITI VISHWAVIDYALAYA
SHANTIKUNJ HARIDWAR

M.A. - Human Consciousness
and Yogic Science

2018 - 2021

DR. BHIMRAO AMBEDKAR UNIVERSITY
AGRA, UTTAR PRADESH

Bachelor of Arts



Achievement

December 2023

UGC NET

Yoga

- Qualified for Assistant Professor

Certification

- Basic Auricular therapy
- Panchkarma
- Accuprssure
- Pranic Healing
- Social Internship