

EDUCATION

M. A. Yoga

Uttarakhand Sanskrit University

2022 - 2024

Diploma in Meditation & Yoga Sciences

Delhi Pharmaceutical Sciences And Research University

2021 - 2022

Bachelor of Physical Education and Sports, Science

Indira Gandhi Institute of Physical Edu. & Sports Sciences

University of Delhi

2017 - 2020

Senior Secondary (XII), Commerce

Patrachar Vidyalaya Shalimar Bagh Delhi

(CBSE board)

Year of completion: 2016

Secondary (X)

Kendriya Vidyalaya NFC Vigyan Vihar Delhi

(CBSE board)

Year of completion: 2013

JOBS

Teaching

Delhi Government, Delhi

Feb 2022 - Dec 2022

Yoga Therapist.

Specially appointed for the IAS and IPS officers.

INTERNSHIPS

Product Management

Decathlon, Delhi

Dec 2020 - Dec 2020

Customer dealing

Scan and pay

Sports Event Management

Wrestling Federation Of India, Delhi

Jan 2020 - Jan 2020

Liaison Officer of the United World Wrestling IT team

Sports Event Management

Chupa Chups Fun Binge, Delhi

Sep 2019 - Nov 2019

Registration executive

Activities manager

Sports Event Management

Indian Super League (ISL), Delhi

Sep 2018 - Feb 2019

Hospitality head

Crowd management head

Sports Event Management

7 HEAVEN FOOTBALL TOURNAMENT, Delhi

Aug 2018 - Sep 2018

Member of organising team

Head of Crisis management

Sports Event Management

Indian Premier League (IPL), Delhi

Apr 2018 - May 2018

Delhi Daredevils Fan army coordinator

Sports Event Management

Khelo India, Delhi

Jan 2018 - Feb 2018

Accommodation volunteer

POSITIONS OF RESPONSIBILITY

Led a team of 7 people to conduct athletics meet for an NGO

PROJECTS

7 Heaven Football tournament

Jan 2019 - Jan 2019

<https://facebook.com/events/s/7-heaven-football-tournament-7/2371889183032227/>

Volunteer

TAFISA CLC

Jun 2018 - Jun 2018

<http://tafisa.org/tafisa-certified-leadership-courses>

Volunteer

7 Heaven Football tournament

Apr 2018 - Apr 2018

<https://facebook.com/events/s/7-heaven-football-tournament-7/2371889183032227/>

Volunteer

Adapted Athletic meet

Mar 2018 - Mar 2018

<https://m.facebook.com/pg/UdaiWorkingTogetherWorks/events/>

Volunteer

Indian Speed Star

Feb 2018 - Feb 2018

https://anglianmedalhunt.com/projects/gail_1.php

Volunteer

7 Heaven Football tournament

Oct 2017 - Oct 2017

<https://facebook.com/events/s/7-heaven-football-tournament-7/2371889183032227/>

Volunteer

SKILLS

Event Management Skills
Proficient with M. S. Office
People Skills

ADDITIONAL DETAILS

Yoga Therapist
Black belt in Taekwondo
Judo Basic

INTERESTS

Adventure Sports
Combat Sports
Dance