



SANIKA D KAMBLE

YOGA SADAK (TRADITIONAL YOGA)

CERTIFIED ACUPUNCTURE (MAHARASHTRA COUNCIL
OF ACUPUNCTURE)

CAREER OBJECTIVE

Looking for the opportunity to spread the awareness of yoga physical and mental health benefit among young generation .

EDUCATION

➤ MA IN YOGASHASTRA | 2021 - 2023

KAIVALYADHAM LONAVLA

SGPA - 9.40

➤ BA IN PHILOSOPHY | 2020

SIES COLLEGE

SGPA 8.33

➤ H.S.C | 2017

SWAMI VIVEKANAND JUNIOR COLLEGE

77.69%

➤ S.S.C | 2015

LORETO CONVENT SCHOOL

76.80 %

CERTIFICATE

- CALLIGRAPHY
- YOGA
- GRAPHOLOGY
- FEMALE FITNESS TRAINING
- PRENATAL YOGA
- SUJOK (LEVEL 1)
- Reebok Core Pilates Trainer

D.O.B 16-01-1999

📷 @YOGISTIC_SANE

☎ 9082686244

✉ ksanika16@gmail.com

DIPLOMA

- YOGA
- NATUROPATHY
- ACUPUNCTURE
- MEDICAL SPA

LANGUAGES

- MARATHI ★★★★★★
- ENGLISH ★★★★★★
- HINDI ★★★★★☆

EXTRA - CURRICULAR ACTIVITIES

- PARTICIPATED IN SCHOOL FOR HANDWRITING , CALLIGRAPHY EVENT .
- ACTIVE PARTICIPANT OF CULTURAL ACTIVITIES OF COLLEGE EVENT LIKE BA BAPU BAGH , YOGA DEMONSTRATION .

SKILLS

- TRADITIONAL YOGA
- BREATHING TECHNIQUES
- MEDITATION
- YOGA PHILOSOPHY / ETHICS
- EFFECTIVE COMMUNICATION

INTEREST AND HOBBIES

- DANCE
- PHOTOGRAPHY
- LEARNING NEW THINGS

EXPERIENCE

- Freelancing of Graphology
- Freelancing of Yoga Counsellor and handle cases like complicated pregnancy and weight loss
- Corporate Yoga Session at PPG ASIAN PAINT PVT.LTD ,GROUND HOLDING