



# DT

# DEEPAK THAKKAR

YOGA INSTRUCTOR  
DEEPAKTHAKKAR191199@GMAIL.COM

## OBJECTIVE

Experienced and RYT 500 Hr trained Yoga Instructor.

Looking to add value by promoting Wellbeing in an Organization.

## SKILLS

Advanced Scorpions Posture.  
Advanced Handstand Posture.  
Advanced Standing Split Posture.  
Advanced Hollow Back Posture.  
Advanced Wheel Posture.  
Advanced Camel Posture.  
Advanced Turtle Posture.  
Advanced Front Split Posture.  
Advanced Crow Posture.  
Advanced Side Split Posture.  
Advanced Bow Posture.  
Advanced Standing Turtle Posture.  
Advanced Standing Lotus Posture.  
AND MANY MORE POSTURE.

## EXPERIENCE

**YOGA INSTRUCTOR • GANGA YOGSHALA RISHIKESH**  
**JULY 2017 – STILL WORKING HERE**

- Successfully Concluded total of 5,008 hrs of Yoga Training
- Have successfully Concluded 1,252 Hrs of online Yoga Training in last one year due to Pandemic
- Have Been Training Following Nationalities:
  - Americans
  - British
  - Germans
  - Australians
  - Japanese
  - Koreans

## EDUCATION

**BACHELOR OF COMMERCE – 2017 - 2020**  
**(LALIT MOHAN SHARMA P .G. COLLGE - RISHIKESH)**  
GPA – 2.0

## ADDRESS

**143 , STREET NO. 9 , MANIRAM MARG ROAD**  
**RISHIKESH**



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