

## Shyam Sunder Dubey

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Address: B-69, Sanskriti Garden1, Roza Jalalpur, Greater Noida west 203207.

Father's Name: Mr. Narendra Prakash Dubey.



### **Objective:**

“To contribute in enhancing overall capabilities and multi dimensional development of students and society through yoga. Spreading yoga knowledge with personal improvement and continuous learning as well.”

### **Achievements:**

- Completed diploma in yoga therapy from amity university in December 2020.
- Participated in international as well as national seminars.
- Completed M.A yoga from Uttarakhand Sanskrit University in 2022.
- Pursuing Ph.D (Off campus – weekend online classes) from Kaithal, Haryana
- Yoga enthusiast since childhood.
- Already read numerous books on yogis like shri yogananda, shri vivekanada, sadhguru, sri aurobindoo and many more.
- Regular shatkarma, asan and pranayam practitioner.
- Good communication skill and experience in dealing with students .

### **Experience:**

- Teaching Experience (4 years)
- Both online and offline freelancing yoga class experience.
- Therapy experience.
- Have corporate job experience as well.

### **Academic Qualification:**

Exam	Board/University	Percentage/CGPA	Year
M.A (Yoga)	Uttarakhand Sanskrit University, Haridwar	8.06	2020-2022
Diploma In Yoga Therapy	Amity University, Noida	8.86	2019 - 2020
MBA (Finance)	Guru Jambheshwar University, Hissar	73.15 %	2010-2012

BBA	Dr Bhim Rao Ambedkar University, Agra	61.97 %	2009
12 <sup>th</sup>	CBSE Board	74.50 %	2006
10 <sup>th</sup>	CBSE Board	53.60 %	2004

#### **IT Skills:**

- MS office
- Internet
- Windows
- Tally

#### **Related Skills:**

- Excellent research and analytical skills
- Strong Communication skills, both written and verbal.
- The ability to perform under time constraints and good judgment under pressure.
- Ability to learn new material quickly.
- Ability to work independently and as part of a team.
- Cadet of civil defence.
- Six sigma yellow belt participant.

#### **Hobbies:**

- Visiting New Places.
- Reading Books.
- Listening to Music.

#### **Personal Details:**

**Date of Birth:** 20 June 1990.

**Language:** Hindi & English.

**Marital status:** Married.

**(SHYAM SUNDER DUBEY)**

Date: