

CURRICULUM VITAE



BHUMIKA CHOUDHARY

MOB.NO.- 9871589476

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Career Objective:-

Looking for a position of Yoga Teacher to contribute towards creating awareness among everyone about this old Indian tradition that helps in transforming body and mind and promoting well being of the students.

Personal Profile:-

- Taking responsibility for the progress of a class.
- Planning, preparing and presenting yoga classes that cater the needs of the whole class.
- . • Maintaining discipline.

Academic Qualification :-

Course	University/Board	Year of passing	Marks
CCYWI	MDNIY	2024	70.8%
Diploma in classical dance	Allahabad university chandigarh	2023	69%
Foundation course in yoga	MDNIY	2017	—
Diploma in fine arts	Allahabad university chandigarh	2022	62%
12th V.G.Sr.Sec. School 6 Rajpur Rd	CBSE	2021	61%

Tis Hazari Delhi (CBSE)			
10th V.G.Sr.Sec. School 6 Rajpur Rd Tis Hazari Delhi (CBSE)	CBSE	2019	55%

Internship Experience :-

- ❖ One month yoga camp.

Summary of Skills:-

- Knowledge of several asans and breathing in techniques.
- Sound knowledge of various asans as well as their benefits.
- Effectively able to plan classroom session yoga.

Strength:-

- ✓ Strong strength responsibility and self motivated.
- ✓ Good understanding positive attitude and leadership skills.
- ✓ Enthusiastic , Punctual, Sincere, Hard working. Creative.

Personal Information:-

- **Date of birth** : 30 May 2002
- **Married status** : unmarried
- **Language knows.** : Hindi and English

DECLARATION:

I hereby declare that the information provide above is true to the best of my knowledge and will soley be responsible for any discrepancy found in them.



मोरारजी देसाई राष्ट्रीय योग संस्थान Morarji Desai National Institute of Yoga

आयुष मंत्रालय, भारत सरकार
Ministry of Ayush, Government of India
68, अशोक रोड, नई दिल्ली-110001
68, Ashok Road, New Delhi-110001
Telefax: 011-23711857 Email: mdniy@yahoo.co.in

कल्याण प्रशिक्षक हेतु योग में प्रमाणपत्र Certificate Course in Yoga for Wellness Instructor (छः माह अवधि/ Six-Months Duration)

नामांकन संख्या / Enrollment No.: MDNIY/CCYWI/2310/10/287

प्रमाणपत्र Certificate



प्रमाणित किया जाता है भूमिका चौधरी
पुत्र/पुत्री/पत्नी श्री सुरेश कुमार
ने मोरारजी देसाई राष्ट्रीय योग संस्थान, नई दिल्ली द्वारा संचालित 'कल्याण प्रशिक्षक हेतु योग में प्रमाणपत्र' छः माह (450 घंटे) अवधि पाठ्यक्रम, अक्टूबर 2023 से मार्च 2024 सफलतापूर्वक पूर्ण किया है। इन्होंने यह परीक्षा प्रथम श्रेणी में उत्तीर्ण की।

This is to certify that Bhumika Choudhary
S/o, D/o, W/o Sh Suresh Kumar
has successfully completed the Certificate Course in Yoga for Wellness Instructor of six-months duration (450 hours) conducted by Morarji Desai National Institute of Yoga, New Delhi from October 2023 to March 2024. He/She has passed the examination in First Division.

स्थान: नई दिल्ली
Place: New Delhi
दिनांक: 31 मार्च, 2024
Date: 31st March, 2024



Vikram Singh

विक्रम सिंह
(VIKRAM SINGH)
निर्देशक/Director
मोरारजी देसाई राष्ट्रीय योग संस्थान
Morarji Desai National Institute of Yoga
(आयुष मंत्रालय, भारत सरकार)
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