भारत सरकार
GOVERNMENT OF INDIA

शाम्भवी उपाध्याय
Shambhavi Upadhaya
जन्म तिथि/DOB: 15/01/1996
महिला/ FEMALE
Mobile No: 9557793030

8810 9930 2661

मेरा आधार , मेरी पहचान

Certificate of Completion

This certificate is awarded to

Shambhavi Upadhyay

Who Has successfully completed 200 hours Ashtanga / Hatha & Vinyasa flow-based yoga teacher training From 1st of May to 24th of May 2023 that includes extensive practical as well as theoretical practices of all aspects of yoga.

Certificate awarded on 24th of May 2023 at Himalayan Yoga Association In India YA ID- 236318 & Society Registration ID- UK06003052020003852

Himanshu Joshi
Himanshu Joshi
FOUNDER

hya
himalayan yoga association

RYT 200 yoga ALLIANCE
REGISTERED YOGA TEACHER

HYA
HIMALAYAN YOGA ASSOCIATION

Serial No. 141922583
Enrolment No. 82910100904612

उत्तर प्रदेश राजर्षि टण्डन मुक्त विश्वविद्यालय
Uttar Pradesh Rajarshi Tandon Open University

योग में स्नातकोत्तर डिप्लोमा
POST GRADUATE DIPLOMA IN YOGA

प्रमाणित किया जाता है कि .... श्री / श्रीमती .... **अरुण कान्त उपाध्याय** .... पुत्र / पुत्री / पत्नी .... को नियत अध्ययन-क्रम पूर्ण कर जून 2019 .... की परीक्षा उत्तीर्ण करने के उपरान्त योग में स्नातकोत्तर डिप्लोमा .... **प्रथम श्रेणी** .... में प्रदान किया जाता है।

This is to certify that .... **Arun Kant Upadhaya** .... S/o/D/o/W/o .... **Shambhavi Upadhaya** .... having pursued the prescribed course of study and passed the examination held in .... **June 2019** .... Mr./Mrs. .... is hereby awarded the Post Graduate Diploma in Yoga in .... **First Division** .... डिप्लोमा

|| सरस्वती न: शुभा भवक्षुति ||

Prayagraj, India
Date : November 29, 2019
ISSUED ON DATE 24-08-2021

Registrar
कुलसचिव

A 30243

UPRTOU
U.P. RAJARSHI TANDON OPEN UNIVERSITY
ALLAHABAD

STATEMENT OF MARKS

ENROLMENT NUMBER : 82910100904612
SESSION : 2018-2019
TERM END EXAMINATION : JUNE 2019

NAME OF CANDIDATE : SHAMBHAVI UPADHAYA
FATHER'S NAME/ MOTHER'S NAME / HUSBAND'S NAME : ARUN KANT UPADHAYA
CENTRE : SAHU RAMSWAROOP MAHILA MAHAVIDYALAYA, BAREILLY

PROGRAMME : POST GRADUATE DIPLOMA IN YOGA (PGDYO)

COURSE CODE	COURSE NAME	SESSIONAL ASSIGNMENT	TERMINAL	TOTAL	COURSE STATUS
PGDYO-01	YOG KE ADHARBHOOT TATVA	26	37	63	SC
PGDYO-02	MANAV JEEV VIGYAN EVAM YOG	24	34	58	SC
PGDYO-03	HATHYOG KE SIDDHANT	27	27	54	SC
PGDYO-04	YOG KRIYATMAK	##	##	83	SC
PGDYO-06	SWSTHVART EVAM AAHAR CHIKITSA	17	26	43	SC
PGDYO-07	PRYAVARAN SHIKSHA EVAM PRAKRTIK CHIKITSA	21	42	63	SC
PGDYO-08	YOG CHIKITSA	22	50	72	SC
PGDYO-09	PATANJALI YOG SUTRA	25	48	73	SC
PGDYO-10	YOG KRIYATMAK	##	##	82	SC
PGDYO-12	VAIKALPIK CHIKITSA	26	36	62	SC

GRAND TOTAL : 653 / 1000

RESULT : PASSED IN FIRST DIVISION

A STUDENT HAS TO PASS BOTH IN ASSIGNMENT AND TERMINAL INDIVIDUALLY
ASSIGNMENT : (MAX. 30, MIN 11) , TERMINAL : (MAX 70 , MIN 25) , TOTAL : (MAX 100 , MIN 26), PROJECT/PRACTICAL : (MAX.100 , MIN 36)
SC-SUCCESSFULLY COMPLETED,NC-NOT COMPLETED,##-NOT APPLICABLE, PC-PAPER CANCELLED
XX-NOT SUBMITTED/ABSENT/RESULT LATER AS THE CASE MAY BE

Dated 15-10-2019
Prepared by
Checked by
Verified by
Controller of Examination