

RESUME

Sumit Duggal

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H.NO –472, Old H.B. Colony
ROHTAK.
HARYANA-124001
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CAREER OBJECTIVE

To facilitate safe and growing space to enhance individuals mental and physical health through diverse yoga approaches based on one's needs.

ACADEMIC PROFILE

PROFESSIONAL QUALIFICATION

Examination	Institute/College	University/Board	Year	Result
M.A (Yoga Science)	Maharishi Dayanand University, Rohtak	M.D.U	2019-21	67.9%
B.Ed(M.R.)	State Institute for Rehabilitation Training & Research Centre, Rohtak	M.D.U.	2015-17	65.45%
B.A.	PT. NEKIRAM, Rohtak	M.D.U.	2011-14	59.90%
DIPLOMA	C.R.POLY., Rohtak	H.S.B.T.E.	2007-10	62.00%

EDUCATIONAL QUALIFICATION

Examination	Institute	Board	Year	Result
Secondary	S.H.S., Rohtak	H.B.S.E.	2005-06	54.40%
Sr. Secondary	N.I.O.S.	DELHI	2009-10	47.6%

CERTIFICATE COURSES COMPLETED

- Yoga Teacher Training Course (200)hrs, Rishikul Yogshala, Rishikesh
- Vyas Yoga Centre , Rishikesh
- Shivalik Yogpeeth, Rishikesh
- 3 Month Internship in Govt. Sr. Sec. School, Rohtak as a Teacher

COMPUTER Knowledge & Other Skills

- Short Hand Language
- Surfing Internet
- Microsoft Office
- E-Mail Access

Extra-Curricular Activity

- Take participation as a volunteer in Special Olympic, **INDIA**
- Participant in Blood Donation Camp.

POSITIVE TRAITS

- Adaptable
- Cooperating.
- Enthusiastic.
- Result Oriented.
- Reliable.

PERSONAL PROFILE

Father's Name	SH. GOPI RAM
Date of Birth	10 th April, 1991
Gender	Male
Marital status	Single
Nationality	Indian
Interest and Activities	Listening to music, Surfing,Swimming.