

Manish Jha

Versova, Mumbai, india 01/01/1993
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Education

L.N.M.U
2012 - 2015 | M.Sc in Zoology
L.N.M.U
2016 - 2016 | Diploma in Yoga
Moraraji Desai Yoga institution
2018 - | YCB Level - 1&2

Experience

Freelance
2018 - | Yoga Instructor

Skills

Therapy Yoga, Breathing Yoga, Hath Yoga, Ashtang Yog, Pranayam, Mudra & Dhyan,

Interest

Signing, Bloging

Languages

Hindi & English

Social Profile

Facebook:
<https://m.facebook.com/109543188206260/>