



BHAVNA POPLI

EDUCATION

-DELHI PHARMECEUTICAL SCIENCE AND RESEARCH UNIVERSITY

2021-2022

Diploma in Meditation and Yoga Science
(1 year Course)

-SRI GURU GOBIND SINGH COLLEGE OF COMMERCE DELHI UNIVERSITY

2018-2021

BA PUNJABI (HONS) – 7.8 CGPA

-Central Board of Secondary Education
2014-2015

Secondary Education (10th) – 7.8 CGPA

-Central Board of Secondary Education
2016-2017

Senior Secondary (12th) – 6.68 CGPA

LEADERSHIP EXPERIENCE

GENERAL SECRETARY 2018-2019

Raunquan Giddha Team

ACCOMPLISHMENTS

Intercultural Folk Dance Competition, Delhi University

- First Position 2019
- Second Position 2019

WORK EXPERIENCE

DEC 2021- CURRENTLY WORKING

DILLI KI YOGSHALA
(YOGA INSTRUCTOR)

KEY RESPONSIBILITIES

-Managing 50+ non compos menties in Nav Kiran Half Way/Long Stay Home, (hospital).
-Managing others field yoga classes as well, according to their needs.

Workina as a freelancer voaa instructor since 2019.

OBJECTIVE

Secure a responsible career opportunity to fully utilize my training and skills, while making a significant contribution to the success of the organization.

CONTACT

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PERSONAL INFORMATION

DATE OF BIRTH:

❖ February 29th, 2000

NATIONALITY:

Indian

LANGUAGE:

English, Hindi and Punjabi

SKILLS

- ❖ Leadership
- ❖ Adaptability
- ❖ Problem Solving