



# Palash Jain

📍 Mumbai , India 400058

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## Professional Summary

Talented Instructor effectively facilitates learning for students of all ages by providing engaging, relevant instruction. Adaptive teaching methods and instructional materials based on varying needs, abilities and interests of students. Proficient in crafting lesson plans with clear objectives easily communicated to students.

## Education

05.2023

Bachelor Of Visual Arts, Fine Arts, Bharati Vidyapeeth - Katraj, Pune

- Specialized in Photography

## Certifications

- **International Advance Yoga TTC - 900 hours (The Yoga Institute, Mumbai)**

## Skills

- Knowledge in Area of Expertise
- Positive Learning Environment
- Student Motivation and Engagement
- Detailed Instruction

## Work History

01.2023 - 04.2023

**Yoga-instructor**

Evolve The Yoga Studio - Pune

- Tracked student progress, frequently checking in with struggling students and identifying root causes of problems.
- Observed and adopted new techniques from skilled instructors and lecturers.
- Improved student performance by defining clear goals and communicating performance metrics.
- Knowledge in **Hatha Yoga** and **Ashtanga Yoga**.
- Optimized learning plans based on student performance and feedback.

05.2020 - 09.2022

## Calisthenics Instructor

### Personal Classes - Pune

- I used to teach Calisthenics in a very raw form. Starting from the basics to all the way advance training. I've experience of 3 years of doing calisthenics and myself trying various different methods. Through my experience I've made a combined plan of all the experts throughout the world!

04.2018 - 05.2019

**Hotel Manager**

Mahabhog Thali - Pune

- Handled guest complaints and offered complimentary services to maintain high guest satisfaction rates.
- Hired and trained new employees, demonstrating best methods for serving clients and guests.
- Greeted and assisted guests by gathering information pertaining to reservations or requests.
- Analyzed and evaluated business data to identify opportunities for improvement.

## Accomplishments

- National Level Chess player
- Supervised team of 18 staff members.

## Languages

**English:**

Bilingual or Proficient (C2)

**Marathi:**

Bilingual or Proficient (C2)

**Hindi:**

Bilingual or Proficient (C2)