



**DHEERAJ KUSWAHA**

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HNO.950/28,JYOTI PARK GURUGRAM HR(122001)

### **Objectives**

To work in an Organization which provides many competitive opportunities. This will give Me an opportunity to prove my capability and true up my skill and academic performance.

### **Qualification**

- **10<sup>TH</sup> PASSED FROM H.B.S.E BOARD.**
- **12<sup>TH</sup> PASSED FROM H.B.S.E BOARD.**
- **GRADUATION FROM (DU) UNIVERSITY OF DELHI.**
- **PG MA IN YOGA FROM UTTRAKHAND UNIVERCITY.**
- **PG MA IN YOGA FROM UTTRAKHAND UNIVERCITY**

### **Working Experience**

4 Years working Experience in Namaste Yoga Studio sec-11 Gurugram as a Yoga Teacher.

3 Years Working Experience in Home Tutor.

### **Specialist in:-**

- Power Yoga
- Ashtanga Yoga
- Hatha Yoga
- Advance Asana Training Expert
- Pranayama (Breathing Exercise)
- Shat karma (Inner Cleansing)
- Meditation Practice

### **Achievement:-**

- Certificate of Foundation in Morarji Desai National Institute of Yoga
- Certificate Course of Yoga Shastra (CCYS) in Hiranyagarbhaya Vedic and Yogic Institute
- YTTC in Patanjali Yog Samiti

#### **Yoga Performance Achievement:-**

- Delhi/NCR Yoga Championship 2019
- The Grand Master of Yoga Championship 2019

#### **Personal History**

● Father's Name	:	Mr. Shiv Kumar
● Date of Birth	:	09-02-1997
● Marital Status	:	Unmarried
● Nationality	:	Indian
● Language Known	:	Hindi & English
● Religion	:	Hindu
● Gender	:	Male

#### **Hobbies**

- **Yoga Practice**
- **Reading Book**
- **Traveling**

#### **Declaration:-**

I hereby declare that the information furnished above is true to the best of my knowledge.

Date:-

Place:-

**(DHEERAJ KUSWAHA)**