

NITANT KUMAR

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OBJECTIVE

To be a successful trainer in Yoga & contribute towards creating awareness among everyone about this old Indian tradition that helps in transforming body and mind and promoting well being of the society. learn more in yoga & Implement those in my life

EXPERIENCE

8/3/2022 -	Yoga Instructor Welcomhotel by ITC , Delhi Aware about Yoga benifits for womens
21/6/2023 -	Yoga Instructor & Demonstrator Rashtriya Swayamsevak Sangh RSS Yoga for Children & Basic yoga poses
20/5/2024 - 21/6/2024	Yoga instructor Free Yoga Camp from Mdniy Yoga workshop in Society, Parks , schools

EDUCATION

2018	10th Rajkiya Pratibha Vikas Vidyalaya , New Delhi
2020	12th Rajkiya Pratibha Vikas Vidyalaya , New Delhi
2023	Bsc in Hospitality & Hotel Administration (Tourisms) Ihm Chennai
2023-2024	Pg Diploma in Yoga Science morarji Desai National Institute of Yoga

ACHIEVEMENTS & AWARDS

- The authority of ministry defence - NCC Cadet 'A' certificate passed
- Directorate of Education G.N.C.T of Delhi •Yoga Competitions- State Level - 3 time & 1 Silver ,Zonal Level - 4 Gold & 1 Silver
- The Grand master of Yoga contest by Namo Gange Trust (National level) - 26 Rank in Grand Finale in 2018
- 12th Swabhiman Sports Festival 2017 Silver Medal
- 2 times yoga presentation at Sanskrit utsava

INTERESTS

Sports
Traveling
Yoga
Exploring New things

LANGUAGES

Hindi

English

ACKNOWLEDGEMENT

I hereby declare that above furnished particulars are true to the best of my knowledge and belief.