PRACHI PRAKASH MURKAR

Applying as a trainer for teaching professional yoga

- 9664510718
- · prachimurkar@yahoo.in
 - · Mira Road, Mumbai

Summary

I'm a professional yoga trainer and a practitioner who is teaching yoga since 2015, on addition I am also a certified trainer, which makes me confident for this job.

Skills

Group Title: Yoga Aasana

Group Title: Expert in various kind of aasana

- · A functional trainer for strength
- · can do several forms of Shirsasana
- · Learned profession yoga -Tool / Technology

Experience

The Prachi Yoga Fitness Studio Mira Road. Mumbai, Title 2015.

- · A Professional trainer from last nine years
 - · A Certified trainer
- · Experienced in personal and batch training

Education

I had completed my graduation in B.A. stream from Mumbai University.

Courses & Certificates

Course Title

- 1 Basic teacher training course from Premanand yoga educational trust
- 2 Advance / Multi style teacher training course from Kaushalya academy (from international gold medalist Vaibhavlaxmi Ihala)

Interests & Hobbies

Career Interest / Passion I have two hobbies, The first one is yoga and the other is dance

Fortunately I have choose my passion (yoga) as my career and also got certified in it And I also

enjoy in teaching yoga.



YOGA TEACHER TRAINING CERTIFICATE

This Certificate is Awarded to

This is to certify completion of a 200 hour Teacher Training Mentorship consisting of training and practice in asana, pranayam, meditation, ethics, philosophy, class structure, planning & teaching practicum.

Authorised Signature





This is to Certify That

Mr./Miss/Mrs. Prachi Prakash Murkar

Has Sucessfully completed 60 Hours

Multistyle Teacher Training Course

July - 2019 Date

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