

GARIMA LATHER



Professional Summary

I am a Yoga professional.I have been doing yoga since past five years.I have organised camps and workshops in and outside Delhi.Officialy I am a fresher.I consider myself a responsible and orderly person.I am looking forward for my first work experience.



Education

Sri Guru Teg Bahadur Khalsa College, Delhi, Delhi
Bachelor of Arts, Humanities , Aug. 2023

Morarji Desai National Institute of Yoga , Delhi, Delhi
Wellness instructor course, Yoga, Mar. 2023

Personal Info

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Skills

Communication



Flexibility



Hardwork



Purposeful



Efficient



Innovative

