



BIHAR YOGA BHARATI

Institute of Advanced Studies in Yogic Sciences

*In accordance with
the Rules of the Institute*

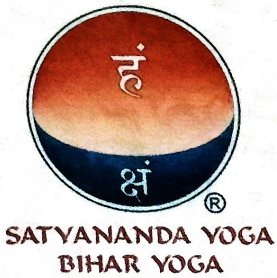
Chulbul Nayak
Samastipur, Bihar

*on successful completion of the course
has been awarded the*

CERTIFICATE IN YOGIC STUDIES

(Four-Month Residential Course from February 2019 to May 2019)

Grade A



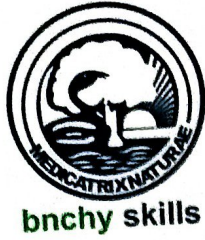
Swami Shivanthyaram

Course Director

*Based on classroom attendance and
performance in various aspects of yogic
and ashram lifestyle (Sanyam, Sahayoga
and Shanti).*

This is not a teacher training certificate.

Dated this Twenty-Sixth day of May Two Thousand and Nineteen
GANGA DARSHAN, FORT, MUNGER 811201, INDIA



MERIT CERTIFICATE

This is to certify that Mr/Ms.....Chulbul Nayak.....with Aadhar No.....321767075569.....has successfully
completed all the requirements to work asyoga Instructor.....his/her assessment
is.....A.....

We wish him/her all the best for future endeavors.

Certificate No: 1614/BNCHY/136

Rashmi Nair
Authorised Signatory
Bapu Nature Cure Hospital and Yogashram



TRUE WORLD ORDER

YOGA VEDANTA FOREST ACADEMY

**THE INTERNATIONAL
SIVANANDA YOGA VEDANTA CENTRE**

H E A D Q U A R T E R S

SIVANANDA ASHRAM YOGA CAMP
8TH AVE., VAL MORIN, QUEBEC J0T 2R0, CANADA

Whereas by the Grace of God, the title

YOGA SIROMANI

Teacher of Yoga
has been awarded to

Chulbul Nayak

for training rendered and meritorious
services rendered in the field of
PROPAGATION OF YOGA

We make this award in token of such
recognition with a prayer to the Almighty
to bless the recipient hereof with
health, long life, peace, prosperity
and spiritual enlightenment.

Issued at **Neyyar Dam, Kerala, India.**

on this **11th** day of **December**

in the year **2021**

Srinivasan

Member,
Executive Board

Sreevani Jagannathan

Member,
Executive Board

Diploma No. **49493**





आयुष मंत्रालय, भारत सरकार
Ministry of AYUSH, Govt. of India



Yoga Certification Board

Certificate

MS. CHULBUL NAYAK

is hereby certified as

Yoga Protocol Instructor

by

The Yoga Certification Board

under

**the voluntary certification of yoga professionals,
Ministry of AYUSH, Government of India**



Certificate No.: P010027993

Validity Period: From 11-Feb-2022 to 10-Feb-2027

Evaluated by: Sivananda Yoga Vedanta Dhanwantari Ashram Trust

(The validity of the certificate depends on the certified professional's continued compliance to prescribed competency standards and rules and regulations prescribed by the YCB for Yoga professionals.)

Authorized Signatory
Sivananda Yoga Vedanta Dhanwantari Ashram Trust
Prahlada,
Acharya,
Sivananda Yoga Vedanta Dhanwantari Ashram Trust,
Sivananda Yoga Vedanta Dhanwantari Ashram Neyyar Dam,
Thiruvananthapuram, Kerala



Issuing Date : 11-Feb-2022

Authorized Signatory
Yoga Certification Board
Dr. I. V. Basavaraddi,
Head of Institution,
Yoga Certification Board,
Ministry of AYUSH, Govt. of India,
IRCS, 1 Red Cross Road, New Delhi - 110001



क्रमसंख्या (22) 5730
Sl. No.

उत्तराखण्ड-संस्कृत-विश्वविद्यालयः, हरिद्वारम् Uttarakhand Sanskrit University, Haridwar

योगाचार्य (एम.ए) परीक्षा चतुर्थ सेमेस्टर लब्धाङ्कपत्र
Statement of marks for the M.A Yogacharya (Master degree in yogie Science) (Sem.IV) Examination

सत्र Session
2021-22

संस्थागत / Regular

परीक्षार्थिनामः चुलबुल नायक
Name of Student: CHULBUL NAYAK

नामाङ्कनसंख्या
Enrolment No: H20671015
अनुक्रमाङ्क
Roll No: 21YF969

महाविद्यालयनामः जसपाल राणा इन्स्टीट्यूट आफ एजुकेशन एण्ड टेक्नोलोजी
Name of College: Jaspal Rana Institute of Education & Technology

क्रमांक S.No.	विषय प्रश्नपत्र Subject Paper(s)	पत्राङ्क Code No	पूर्णाङ्क Min Marks	प्राप्ताङ्क Marks Obtained	ग्रेड Grade	ग्रेड प्वाइंट Grade Point
01.	योग चिकित्सा Yoga Therapy	MY-C401	100	47	E	5
02.	आयुर्वेदिक पंचकर्म Ayurvedic Panchkarma	MY-C402	100	47	E	5
03.	आहार, पोषण एवं योगिक जीवन शैली Diet, Nutrition & Yogic Life Style	MY-E403	100	56	D	6
04.	निबन्ध Essay	MY-E405	100	79	B	8
05.	प्रयोगात्मक परीक्षा-प्रथम Practical I	MY-C407	100	78	B	8
06.	प्रयोगात्मक परीक्षा-द्वितीय Practical II	MY-C408	100	79	B	8
योग (Total)			600	386	D	6.67
संस्कृत ज्ञान परीक्षा			100	78	Pass	

	प्रथम सत्र First Semester	द्वितीय सत्र Second Semester	तृतीय सत्र Third Semester	चतुर्थ सत्र Fourth Semester	परिणाम Results
क्रेडिट / Credit	24	24	24	24	उत्तीर्ण Pass प्रथम-श्रेणी First Division
एस.जी.पी.ए/ SGPA	7.42	7.33	7.5	6.67	
सी.जी.पी.ए/ CGPA	...	7.38	7.42	7.23	

निर्माता: हस्ताक्षरम्
Prepared by

निरीक्षकस्य हस्ताक्षरम्
Checked by

कुलसचिव: / उपकुलसचिव: (परीक्षा)
Registrar/Deputy Registrar (Exam.)

12/11/2022

दिनांक: / Date



CHULBUL NAYAK

YOGA TEACHER

SPECIALIZATIONS

- MA Yogacharya, Uttarakhand sanskriti University, dehradun (2022)
- YCB Level -1 (2022)
- RYT 200 hr , Sivananda Yoga Vedanta Dhanwantari Ashram Nanyar dam (2021)
- Certified A Babu Nature Cure Yoga Ashram delhi. (2019)
- Certified A Bihar School Of Yoga (2019)

REACH ME AT

Mobile: 8229888314
yogicapproach@gmail.com
chulbulnayak5@gmail.com
Rosera, Nayak Tola, ward-2 , Samastipur, Bihar (848210)

CAREER SUMMARY

PROFESSIONAL YOGA TEACHER

3yrs of Experience

Personal Home Class

online classes

7 months teaching experience in Sivananda centre trivandrum, kerela (2022)

- Beginners class
- Intermediate
- kids classes
- Gentle Yoga

EDUCATION HIGHLIGHTS

- M.A. Yogacharya , Jaspal Rana institute of Education and Technology , Uttarakhand Sanskriti University , Dehradun
- M.Sc Zoology , Samastipur College , LMNU Darbhanga (Aggregate - 62 %)
- B.Sc Zoology . Womens College , Samastipur , LMNU Darbhanga (A a (Aggregate 64.5 %)
- I.Sc Womens college Samastipur , BSEB Patna (Aggregate - 69 %)
- Matric , Central Public School , Samastipur (Aggregate - 66.5 %)

MAIN INTERESTS

- Hatha yoga (Sivananda Style)
- Stayanand Yoga
- Beginner Yoga
- Intermediate Yoga
- Gentle Yoga
- Kids Yoga
- Parental Yoga
- Postnatal yoga
- Advance Asanas workshops
- Therapeutic Yoga - Back pain, cervical ,fatloss , BP, Diabetes
- Shat kariya
- Jal neti
- Vaman Dhauti/ Kunjal
- LSP
- Tratak