

ROHIT KUMAR

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OBJECTIVE

To continue my career with an organization that will utilize my MANAGEMENT, SUPERVISION & ADMINISTRATIVE skills to benefit mutual growth and success.

SKILLS

- Spiritual and Mental healer

EXPERIENCE

Freelancer

Yoga trainer

I am working as a yoga trainer at chandigarh since last 1.5 years.

EDUCATION

2021-2022

GCTEH Sector 23 chandigarh

PG diploma in yoga therapy
1431/1800

2017

Arya college Ludhiana

BA
1257/2400

ACHIEVEMENTS & AWARDS

Bronze medal in 36th chandigarh state yogasana sports championship.

Participant in one week Workshop entitled YOGA: A SCIENTIFIC WAY OF LIVING from January 4,2021 onwards, in collaboration with UIFVA & UITTR, Chandigarh University, Mohali.

I have organized one day yoga retreat with Therapy patients at solan.

HOBBIES

Theater artist, poetry and storyteller, book reading, listening music, playing outdoor games .