

RAJAT BATRA

Learning and Living Life through Yoga. A hard-working individual who loves to share and help others through Yoga. I have been practicing Yoga for about 2 years now.

89, Sector 10, Faridabad
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EXPERIENCE

Self-Employed — *Yoga teacher*

May 2022 - Present

Hatha, Vinyasa, Ashtanga, Meditation and Prayanama

Badminton Coach

Dec 2021 - May 2023

Hunted and Recruited Talent for various competitions including district and state championships.

EDUCATION

Rishikesh Vinyasa Yoga School, Rishikesh — 200hour Yoga Teacher Training in Ashtanga/Vinyasa Flow

June 2023

Maharaja Agrasen Himalayan Garhwal University, Uttrakhand — *PG Diploma in Yoga*

August 2021 - May 2022

Manav Rachna International Institute Of Research And Studies, Fbd — *Bachelor of Business Administration*

August 2018 - May 2021

SKILLS

Creative Writing
Great Speaking Skills
Great Coaching Skills

AWARDS

Runner up in FDBA
Badminton Championship
2018

2nd Runner up at Faridabad
District Kickboxing
Championships

Runner up at Multiple
Haryana State Level School
championships

LANGUAGES

HINDI, ENGLISH