

THE UNION OF INDIA
MAHARASHTRA STATE MOTOR DRIVING LICENCE

DL No : MH43 20190001319 DOI : 07-02-2019
Valid Till : 03-02-2032 (NT)

04-02-2022
FORM 7
RULE 16 (2)

AUTHORISATION TO DRIVE FOLLOWING CLASS
OF VEHICLES THROUGHOUT INDIA

COV DOI
LMV 07-02-2019
MCWG 07-02-2019

DOB : 18-02-1972 BG : B+

Name : DIVYA C UPRETI
S/D/W of : CHARU CHANDRA UPRETI
Add : FLAT NO-32 IRRAWATI PLOT NO-20 SEC-11
KOPARKHAIRANE NAVI MUMBAI
THANE, MH
PIN : 400709

Signature & ID of Issuing Authority : MH43

Signature/Thumb Impression of Holder

Sayujya Yoga
With Pruthi & Hardik
Member of Yoga Alliance, USA | Continuing Education Provider

CERTIFICATE OF COMPLETION

This is to certify that
DIVYA UPRETI
Has successfully completed
"STHIRA SUKHAM ASANAM - ASANA, PROPS & ALIGNMENT SPECIALIST" Course held
from 21st August to 6th November, 2023

This course covers the Anatomy & Physiology (AP), Teaching Methodology (TM), Techniques, Training & Practice (TTP) of Yogasanas. The Course equips the above participant to Assess, Observe & offer Individualized Alignment Techniques to prevent injuries in Yogasanas, also the usage & selection of Yoga props to overcome body's limitations for safe asana practice.

Visit www.yogaalliance.org to enter SO contact hours.

Mr. Hardik Mehta
Co-Founder Sayujya Yoga | www.sayujyayoga.in | YA ID- 341704

Unique id: IYA/ACCY/YVN110

Indian Yoga Association
CERTIFICATE

This is to Certify that

Divya Upreti
has completed the Advance Certificate Course in Yoga from
Yoga Vidya Niketan (Navi Mumbai)
The Certificate is accredited by the **Indian Yoga Association**
and has global recognition.

This certificate is issued on 5th August, 2023

Organiser, YNTC cum
Vice-Chairman YVN

CEO PrCB

YOGA VIDYA NIKETAN
REGD. NO. F - 3613
1ST FLOOR, SURVEE SAMANTHA VYTAH MANSION, 14, KALDE GATE, KALDE, NAVI MUMBAI 400 781
YOGA VIDYA PLOT NO. 14, SECTOR 9A, VASHI, NAVI MUMBAI - 400 703

DIPLOMA IN YOGIC EDUCATION
YOGA TEACHERS' TRAINING COURSE 2021-2022
STATEMENT OF MARKS

Name: Divya Upreti REGN. No.: V-4537

Particulars of Marks	Yogic Science Theory	Anatomy & Physiology	Education & Psychology	Yogic Science Practical				Total	Internal	Project	Particip. & Division
				Graded Course	Kriya	Total	Lesson				
Maximum	200	100	100	130	70	200	100	800	100		Grade
Passing Marks	100	40	40	65	35	100	40	40	360	40	78.48% DIST
Marks Obtained	171	82	82	87	54	151	73	58	636	82	A+

Ab - Absent, Ex - Exemption, * - Passed with Grace Marks

Remarks - PASS
Prepared by: Naha Kenure
Checked by: Sonali Raul

Chairman
YOGA VIDYA NIKETAN

YOGA VIDYA NIKETAN
INDIAN YOGA ASSOCIATION (IYA) MEMBER INSTITUTE
(REGD. NO. F-3613; ROMI REGD. 1814)
FOUNDER - LATE YOGACHARYA PADMAHRI SADASHIV NIMBALKAR
(RECOGNIZED BY GOVT. OF MAHARASHTRA AS SPECIAL INSTITUTE OF YOGA)
Yoga Bhawan, Plot No. 14, Sector 9A, Vashi, Navi Mumbai - 400 703

DIPLOMA IN YOGIC THERAPY, NATURAL LIVING & NATUROPATHY: 2022-23
STATEMENT OF MARKS

Name: Mrs Divya Upreti Roll No: Samkhy-07 Regn. No: G-23-07

Particulars of Marks	Yogic Therapy				Natural Living and Naturopathy Theory				Practical				Oral	Overall Performance	Grand Total
	Theory		Medical Aspect		Paper I		Paper II		Term 1		Term 2				
	Term 1	Final	Term 1	Final	Term 1	Final	Term 1	Final	Term 1	Final	Term 1	Final			
Maximum	40	60	40	60	40	60	40	60	80	120	80	120	100	900	
Passing	20	30	20	30	20	30	20	30	40	60	40	60	40	40	
Marks Obtained	23	52	23.5	57.5	26	43.5	32	50.5	54	95	61	79	78.5	675.5	
Ab: Absent															
Ex: Exempted															

Class: DISTINCTION Percentage: 75.06 Remarks: Passed

Prepared by: Jaya Tawde
Checked by: Nisha Tawde Organiser: Shri Durgadas Savant Chairman: Shri Mahesh Sinker