

PRACHI PRAKASH MURKAR

Applying as a trainer for teaching professional yoga

- 9664510718
- prachimurkar@yahoo.in
- Mira Road, Mumbai

Summary

I'm a professional yoga trainer and a practitioner who is teaching yoga since 2015, on addition I am also a certified trainer, which makes me confident for this job.

Skills

Group Title: Yoga Aasana

Group Title: Expert in various kind of aasana

- A functional trainer for strength
- can do several forms of Shirsasana
- Learned profession yoga -Tool / Technology

Experience

The Prachi Yoga Fitness Studio

Mira Road. Mumbai, Title 2015.

- A Professional trainer from last nine years
- A Certified trainer
- Experienced in personal and batch training

Education

I had completed my graduation in B.A. stream from Mumbai University.

Courses & Certificates

Course Title

- 1 - Basic teacher training course from Premanand yoga educational trust
- 2 - Advance / Multi style teacher training course from Kaushalya academy
(from international gold medalist Vaibhavlaxmi Ihala)

Interests & Hobbies

Career Interest / Passion I have two hobbies, The first one is yoga and the other is dance. Fortunately I have choose my passion (yoga) as my career and also got certified in it And I also enjoy in teaching yoga.

