



# ADITYA CHHABRA

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## OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

## EXPERIENCE

- **Good day defence school ,Hmh jn (Raj)**  
21/06/2020 - 30/06/2021  
Yoga and fitness trainer
- **AYUSH HEALTH AND WELLNESS CENTRE**  
07/07/2021 - 07/01/2022  
Yoga instructor
- **Dream play fun zone**  
01/01/2018 - 01/04/2019  
Fitness coach

## EDUCATION

- **Rajasthan university**  
2017  
Pg diploma in yoga  
First division
- **Jagatguru sanskrit university**  
2019-2020  
MSC IN YOGA  
First division
- **VMKOU**  
2021  
Diploma in nutrition and health education  
FIRST DIVISION

## SKILLS

- Quick decision maker Team builder Punctuality

## ACTIVITIES

- Playing cricket Watching sports games

## LANGUAGES

- English Hindi

## ADDITIONAL INFORMATION

Have trained more than 100 students. Has worked as a freelancer in last few years

