

CURRICULUM-VITAE

PRAVEENGAUTAM

RZV-127sec.A,BHAGWATIVIHAR

Uttam Nagar, New Delhi-

110059M:850580890,931556250

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CAREER OBJECTIVE:-

Seeking an opportunity to work in a professionally managed expertise where my knowledge and skills can be utilized at maximum and whereby value addition can be achieved both to the organization as well as to my career I will prove to be a good team member and leader when an opportunity presents itself to me

EDUCATIONAL PROFILE

- 10th Passed from CBSE Board
- 12th Passed from CBSE Board
- B.A Passes from Delhi University
- Foundation Yoga from MDNIY
- M.A YOGA Pursuing from Uttarakhand University
- 2nd Degree Black Belt in Taekwondo

WORKING EXPERIENCE

- Worked in Mr. Vivekanand School as a Taekwondo Coach, from August 2016 to December 2016.
- Worked in Just Kids Play School as a Taekwondo Coach, from April 2017 to April 2018.
- worked in DPSS School (Dwarka) as a Taekwondo Coach, from July 2017 to October 2018
- Worked in Aaryan International School as a Tkd. And yoga instructor, from 26 April 2019 to 30 June 2020
- Worked in Team core fitness Dwarka sec.12 as a yoga trainer till 1 November 2019 to 27 February 2020.
- Recently worked in SPG [SPECIAL PROTECTION GROUP] Dwarka sec.-8 as a TAEKWONDO instructor.
- Recently worked in Aaryan International School, Om Vihar, as a PET

SKILL AND STRENGTH

- Diligent Worker
- Comprehensive problems solving abilities, excellent verbal and written

communications skills, ability to deal with people diplomatically, willingness to learn, team facilitator.

- Good TAEKWONDO player
- Also a good football player, gymnastic player
- Also a YOGA THERAPIST, Ayurved Panchkarma Therapist.

ACHIEVEMENTS

- 28th Delhi State ITF Taekwondo Championship U-65 KG Gold Medalist.
- 1st Delhi South Zone ITF Taekwondo Championship U-65 KG Gold Medalist.
- Late Sh. Narendra Singh Rajput Memorial Open National Taekwondo Championship 2017 U-65 KG Bronze Medalist
- 29th Delhi State Senior ITF Taekwondo-do Champion 2017 U-65 KG Gold Medalist.
- 10th North West District Taekwondo Championship 2017 U-65 KG Bronze Medalist.
- Participating in Delhi Olympic Games in 2018.
- 30th Delhi State Senior ITF Taekwondo Championship 2018 U-65 KG Gold Medalist.
- First position in yoga patanjali competition in district level.
- Participating in yoga patanjali state level.
- Represent 2018 CBSE National Taekwondo Championship Banasthali School, Vikaspuri, Gold Medal.
- Represent 2018 CBSE National Taekwondo Championship Rich Harvest School, Janakpuri.
- Represent 2022 KV Regional in KVS Sector-8, Dwarka

PERSONAL DETAILS

Father's Name	:	Sh. Ramdas
D.O.B.	:	18th, Jan, 1999
Gender	:	Male
Nationality	:	Indian
Religion	:	Hindu
Marital status	:	Unmarried
Language	:	Hindi and English

Declaration:

I do hereby declare that the information given above is true to the best of my knowledge.

DATE:-

PLACE:- NEW DELHI

PRAVEENGAUTAM