



*free*  
**RANGE**

A pair of modern office chairs with mesh backs and adjustable armrests are positioned facing each other, suggesting a collaborative work environment. The chairs are set against a light blue background. Overlaid on the image is the text "Pair Programming" in a bold, yellow, sans-serif font.

# Pair Programming

# Overview

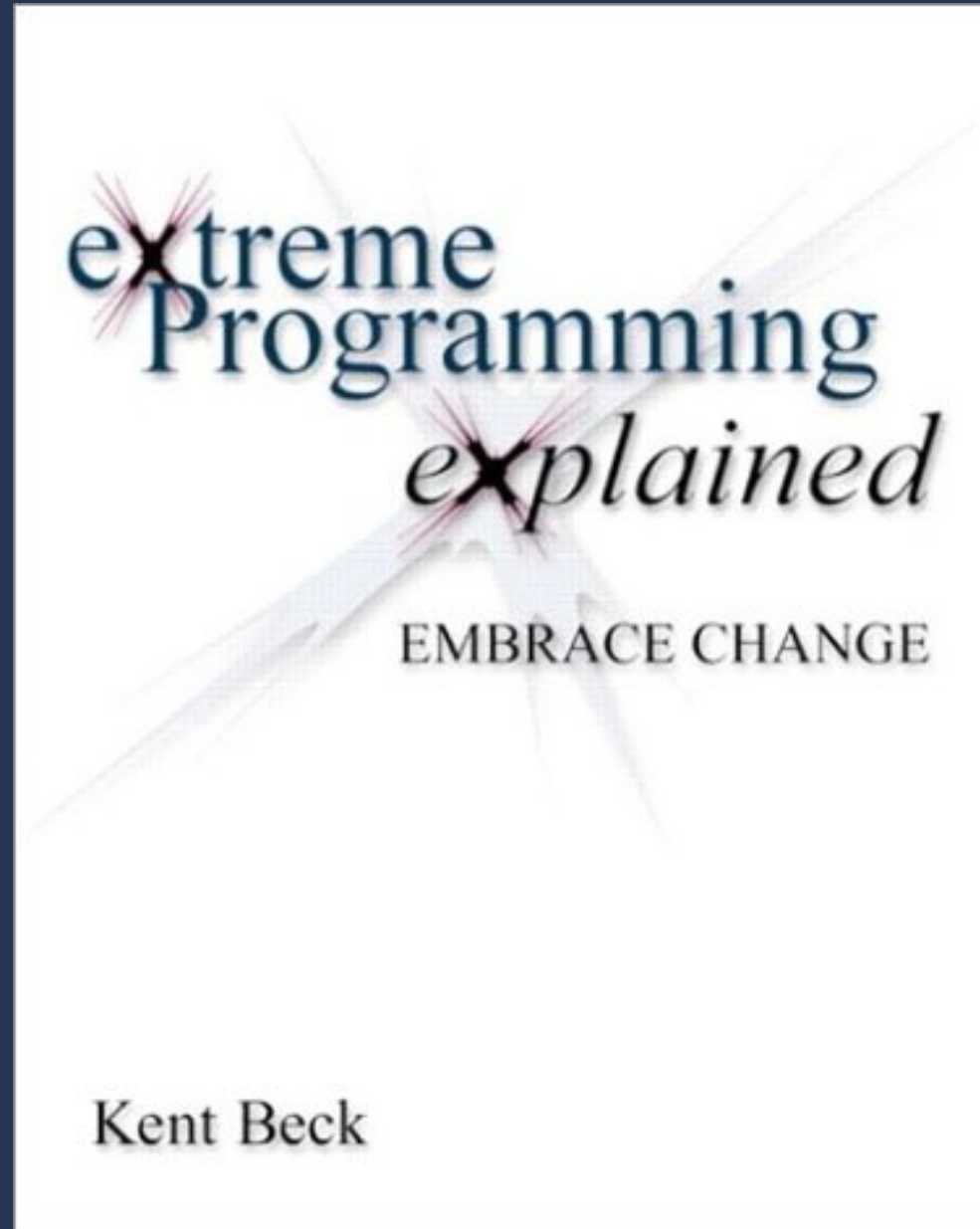
- What is pair programming?
- Why we think pair programming is a Good Thing™
- Why we sometimes find it hard to **start** pairing
- Why we sometimes find the **process** of pairing difficult
- Q&A

# Disclaimer

- Not a prescription
- Not a criticism
- Just our opinions

# **What is Pair Programming?**

# XP: The "White Book"



*All production code is  
written with two people  
looking at one machine,  
with one keyboard and  
one mouse.*

*There are two roles in  
each pair.*



*One partner, the one with  
the keyboard and the  
mouse, is thinking about  
the best way to  
implement this method  
right here.*

*The other partner is  
thinking more  
strategically.*

*Pairing is dynamic.*

*A dialog between two  
people trying to  
simultaneously program.*

*A conversation at many  
levels assisted by &  
focused on a computer.*

*A subtle skill - you can  
spend the rest of your life  
getting good at.*

# **What Pair Programming is Not**

*One person  
programming while  
another watches.*



*A one-way tutoring  
session.*

*One person judging  
another.*

*Something only less  
experienced people do  
until they're up to speed.*

**Why we think pairing  
is a Good Thing™**

# XP Practices (1-6)

- The Planning Game
- Small Releases
- Metaphor
- Simple Design
- Testing
- Refactoring

# XP Practices (7-12)

- Pair Programming
- Collective Ownership
- Continuous Integration
- 40-hour Week
- On-site Customer
- Coding Standards

# **XP Practices Supporting Pairing**

*You can't possibly write all  
the production code in  
pairs. It will be too slow.  
What if two people don't  
get along? Unless:*



- Coding Standards
- 40-hour Week
- Testing
- Metaphor
- Simple Design

*Then perhaps you could  
write all production code  
in pairs.*

Besides, in people  
program solo they are  
more likely to **make**  
**mistakes**, more likely to  
**overdesign**, and more  
likely **drop the other**  
**practices**, particularly

# **XP Practices Supported By Pairing**

- **Simple Design**
- Testing
- Refactoring
- Collective Ownership
- Continuous Integration

- Simple Design
- **Testing**
- Refactoring
- Collective Ownership
- Continuous Integration

- Simple Design
- Testing
- **Refactoring**
- Collective Ownership
- Continuous Integration

- Simple Design
- Testing
- Refactoring
- **Collective Ownership**
- Continuous Integration

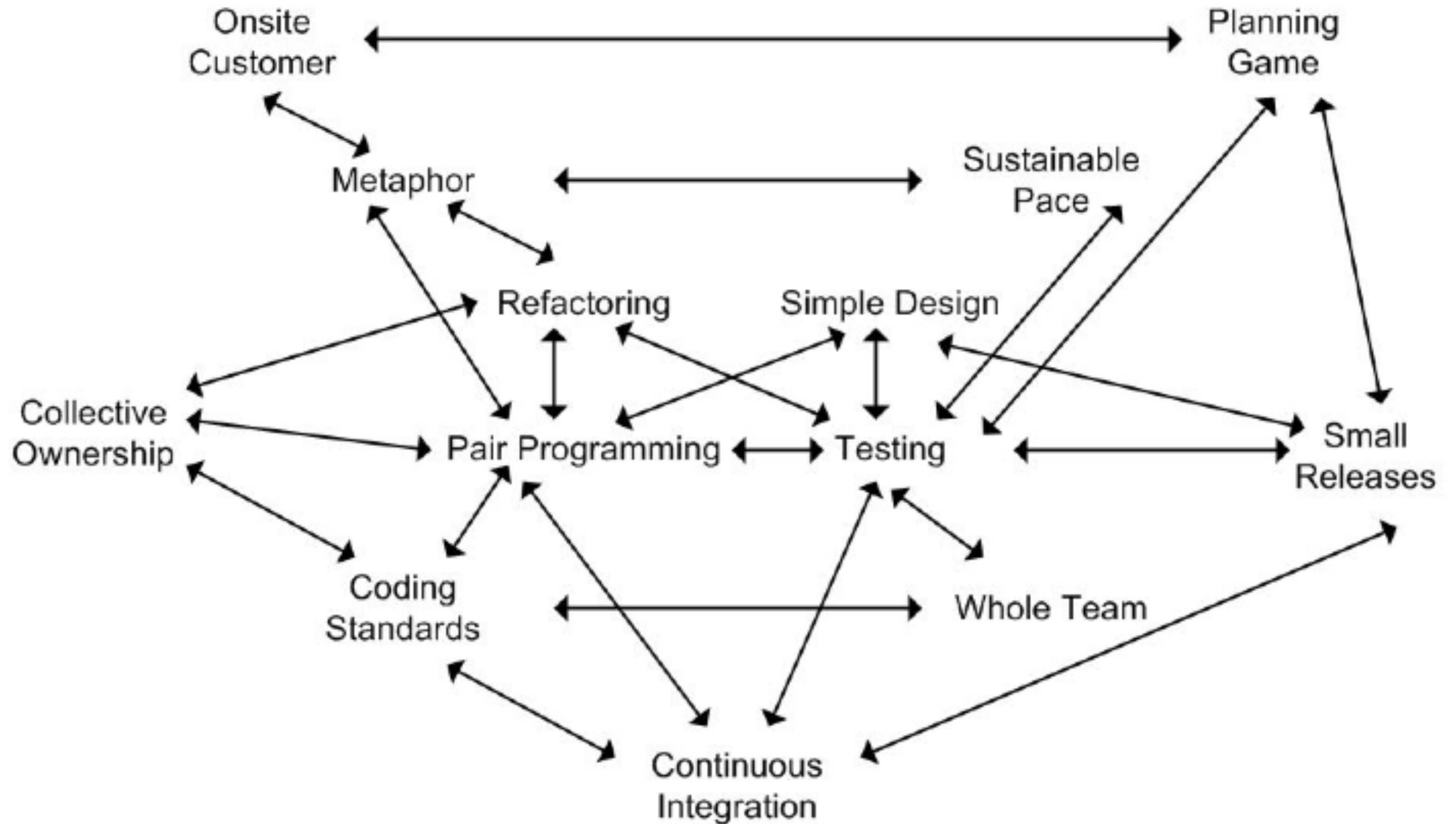


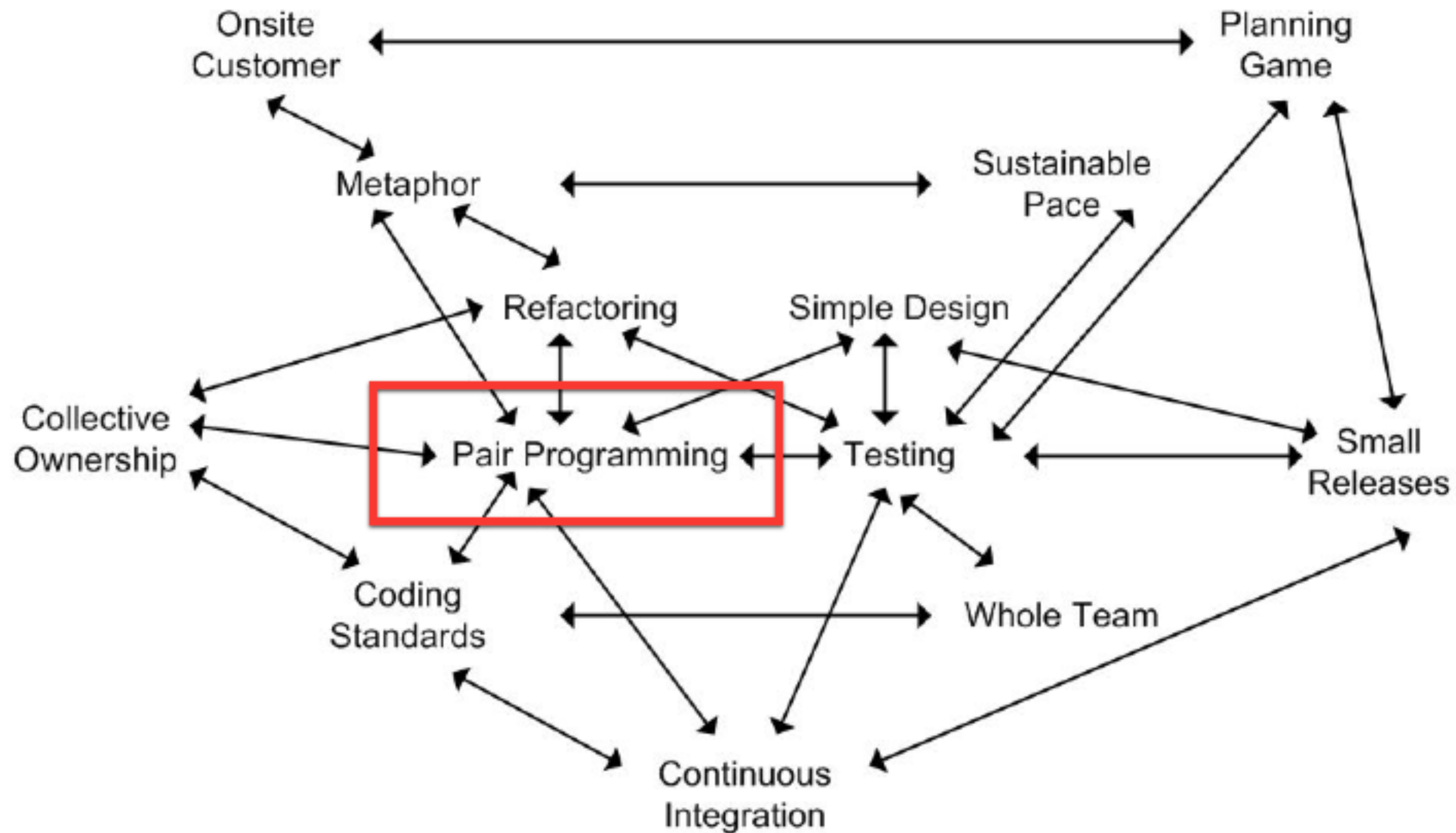
- Simple Design
- Testing
- Refactoring
- Collective Ownership
- **Continuous Integration**

# **Mutually Supporting Practices**

*The individual pieces are  
simple. The richness  
comes from the  
interactions of the parts.*

**– Kent Beck**

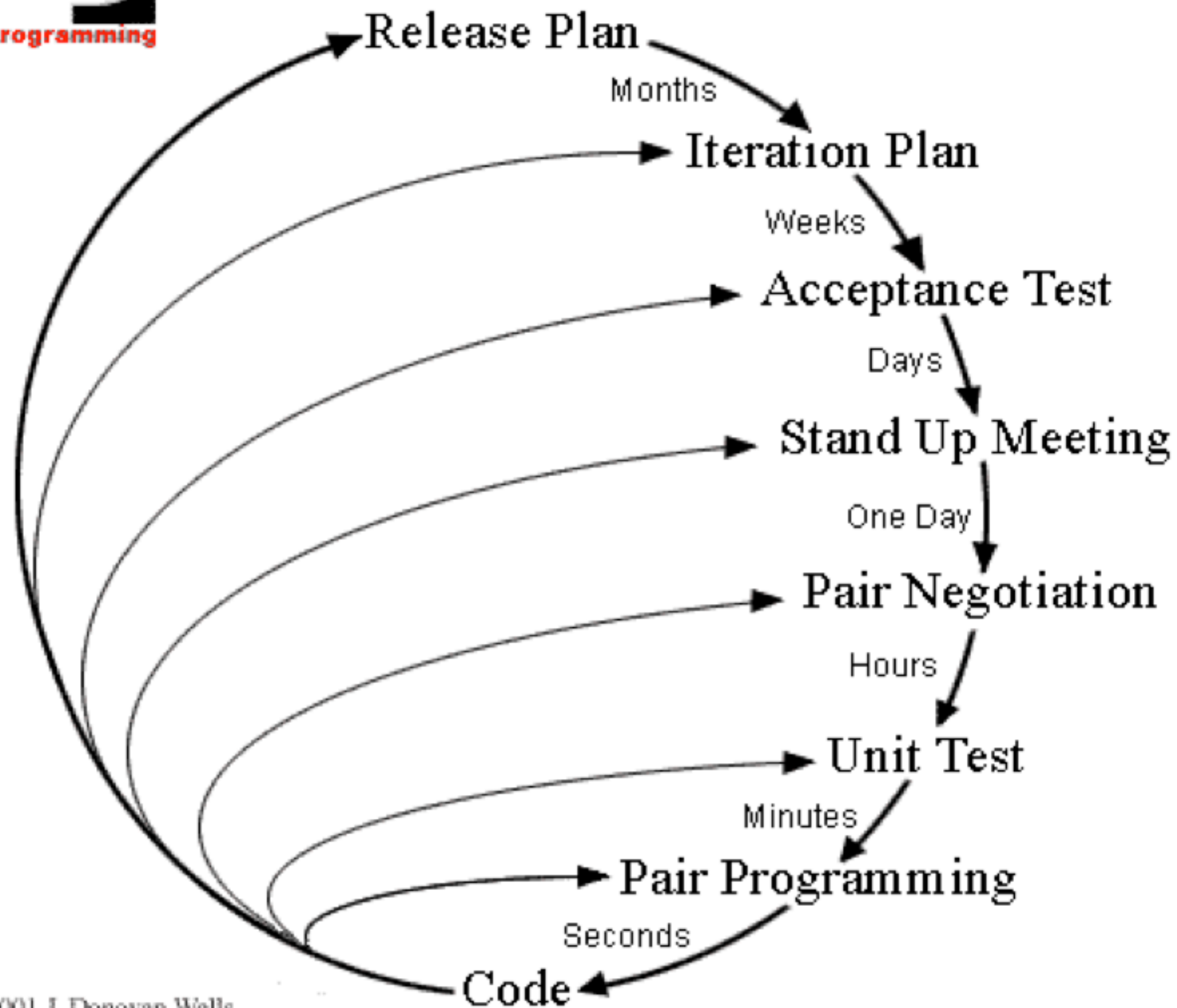






# Planning/Feedback Loops

Zoom Out



**Why we sometimes  
find it hard to start  
pairing**

# I feel intimidated to work with someone more experienced

- *Nobody* knows what they're doing
- The impostor syndrome
  - "I'm just making stuff up as I go along"
  - "I'm going to be found out"
- The Dunning-Kruger effect
  - "There's so much that I don't know"



# **I don't want to disturb someone to ask them to pair**

- Agree explicit rules about interruption for pairing
- Fixed pair rotation times e.g. every day/half-day
- No need for same pair to work on same story from beginning to end

# **No other developer available to pair e.g. stuck in meetings**

- Core pairing hours
- Doing more pairing ought to reduce the need for as many meetings
- Shorter more efficient meetings / make attendance voluntary
- Spike on something / refactor something

# **I found my last pairing session hard work**

- Be patient - pairing is a skill which takes time to learn
- Decide to try a new tactic
- Pair with someone different
- Encourage your colleagues to pair more often

**Why we sometimes  
find the process of  
pairing difficult**

# Exhaustion / fatigue

- Take regular breaks

# Difficult to articulate thought processes

- Sketching on a whiteboard / piece of paper
- Pseudo code sketching

# No time for personal admin

- Don't try to pair all day

# **Some types of task are hard to pair on e.g. writing commit notes/documentation**

- Allow a single person to write and have the pair review it at the end



# One person hogs/avoids the keyboard

- Pairing ping-pong

# One person is distracted by email/IM notifications

- Switch off all distractions

# **Differences in development environment** **e.g. editor, shell, OS**

- Agree on a common development environment

# Physical environment not conducive to pairing

- Be prepared to move furniture (e.g. drawers)
- Make your pair feel comfortable
- Consider using two mirrored displays

**Q&A**

# References

- <http://www.extremeprogramming.org/>
- <http://codon.com/i-have-no-idea-what-im-doing>
- [http://en.wikipedia.org/wiki/Impostor\\_syndrome](http://en.wikipedia.org/wiki/Impostor_syndrome)
- [http://en.wikipedia.org/wiki/Dunning%E2%80%93Kruger\\_effect](http://en.wikipedia.org/wiki/Dunning%E2%80%93Kruger_effect)