## **Fabric Surgical Masks Information**



Thank you for your interest in sewing fabric surgical masks for healthcare personnel caring for COVID-19 patients. Our supply of manufactured surgical masks is at critical low levels throughout the nation and locally.

Your time and talent can greatly impact our ability to care for our community members and help ensure our safety as we do. Fabric masks offer the benefit of being able to be washed and re-used. Still a large supply is needed, as each healthcare worker will need to change their mask several times during their shifts, as the mask becomes soiled or damp – for maximum protection.

We aren't worried about looking stylish -- but we are concerned about functionality. Non-matching fabrics, thread, binding strips are just fine – but a well sewn mask with no frayed edges or missed seams or "holes" is important.

In order to make sure the masks are as safe and as effective as possible. We ask that you consider the following points.

- It is most helpful to use a standard pattern to ensure proper fit and function.
- Here are some options, but is not necessary to use one of these:
  - o Properfit Clothing Co ® PM 2.5 face mask. This company has a paper pattern that is available for download for \$2.99. You can then print the pattern on your home printer. The company has a Youtube video and facebook page that have a link to the download and an instruction how-to-video. Search "How to make a PM 2.5 face mask" by Properfit Clothing
  - o Easy to Sew ® Face mask with filter pocket. There is a how-to Youtube video or Search "How to make face masks with pocket and adjustable wire sewing tutorials".
- Recommended fabric for the outer portion of the mask includes heavier, non-stretch fabric such as denim, duck cloth, canvas, twill, or other tight woven fabric.
- Recommended fabric for the inner lining and filter pocket can by other cotton, cotton-blend non-stretch fabric. It can be thinner and softer, but again recommend minimal or non-stretch. Must be able to be laundered at a high temperature.
- Polyester or other less breathable fabric will not work as well, due to moisture produced with breathing.
- If using denim or other fabric that is being "recycled", please be sure it is clean and in good shape. Worn or dirty fabric will not be protective

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- Fabric ties are preferred, but elastic will work as well. There will need to be 4 ties (one tie on each of the 4 corners). Ties should be approx. ¼ inch in width, sewn in such a way that there are no frayed edges, and long enough to be tied into a bow on the top of the head (for the top corner and behind the head for the bottom corner). Elastic should be in good shape, with plenty of stretch and of an appropriate size to fit over the ears. 1/16 in round cord or 1/8 inch braided work best.
- The 3.5. to 4 inch plastic coated bendy strips across the top of the masks is important to allow the user to bend the metal to create a close fit over the nose. Two 4 inch plastic coated twist ties work well. Paper twist ties do not hold up to washing. Amazon has packs of 200+ for a reasonable price if you or a group are making a large number.
- Extra wide double bias tape can be purchased. It is also easy to make if you prefer, or if supplies are limited. There are instructions and videos online. Written instructions are also included at the end of each written pattern.

## **Drop off location**

Hancock Medical Equipment 1117 N State St. Greenfield, IN 46140 Monday-Friday 9am-5pm Saturday 9am-noon

Hancock Health will launder them prior to use so you do not need to wash them.

## For questions, contact:

Hancock Health Foundation (317) 468-4583 Volunteer Services (317) 468-4252