

**URAM (Unité Rhumatologique des Affections de la Main)**

(Unité Rhumatologique des Affections de la Main (URAM) scale: Development and validation of a tool to assess Dupuytren's disease-specific disability. Beaudreuil, J., Allard, A., Zerkak, D., et al, Arthritis Care Res (2011), 63: 1448–1455. )

BSSH Ref: PA  
Procedure:

**Please complete the following questions.**

1. 1. Can you... Wash yourself with a flannel, keeping your hand flat? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

2. 2. Wash your face? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

3. 3. Hold a bottle in one hand? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

4. 4. Shake someone's hand? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

5. 5. Stroke something or caress someone? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

6. 6. Clap your hands? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

7. 7. Spread out your fingers? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

8. 8. Lean on your hand? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

9. 9. Pick up small objects with your thumb and index finger? (tick one answer only)

- ☐ ☐ Without Difficulty (0)
- ☐ ☐ With very little difficulty (1)
- ☐ ☐ With some difficulty (2)
- ☐ ☐ With much difficulty (3)
- ☐ ☐ Almost impossible (4)
- ☐ ☐ Impossible (5)

Please return your completed questionnaire to:

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