

Northumbria HIP Preservation Unit Patient Reported Outcomes

Check the box that best describes current activity level

- ☐ 1. Wholly inactive, dependent on others, and can not leave residence
- ☐ 2. Mostly Inactive or restricted to minimum activities of daily living
- ☐ 3. Sometimes participates in mild activities, such as walking, limited housework and limited shopping
- ☐ 4. Regularly Participates in mild activities
- ☐ 5. Sometimes participates in moderate activities such as swimming or could do limited housework and limited shopping
- ☐ 6. Regularly participates in moderate activities
- ☐ 7. Regularly participates in active events such as bicycling
- ☐ 8. Regularly participates in active events, such as golf or bowling
- ☐ 9. Sometimes participates in impact sports such as jogging, tennis, skiing, acrobatics, ballet, heavy labor or backpacking
- ☐ 10. Regularly participates in impact sports

Comment:

Answering date:

Day0Month0Year2015

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