

OKS Activity and Participation Questionnaire

1. It is a problem for me to do activities (e.g. sports, dancing, walking) to the level I want because of my knee

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

2. It is a problem for me to carry heavy things (e.g. items at work, shopping or a child), because of my knee

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

3. I need to modify my work or everyday activities, because of my knee

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

4. I need to plan carefully before going out for the day, because of my knee (e.g. taking painkillers, using a knee brace or checking that there will be places to sit down)

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

5. It is a problem for me to fully take part in activities with friends and family, because of my knee

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

6. It is a problem for me to walk at the pace I would like, because of my knee

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

7. It is a problem for me to twist or turn, as my knee may give way or be painful

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

8. It is a problem for me that I need to take longer to do everyday activities, because of my knee

- ☐ strongly agree
☐ tend to agree
☐ neither agree nor disagree
☐ tend to disagree
☐ strongly disagree

Comment:

Answering date:

Day Month Year

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