

Northumbria Hip Preservation Unit

Patient Reported Outcomes

UCLA Activity Score

Check one box that best describes current activity level.

- ☐ 1: Wholly Inactive, dependent on others, and can not leave residence
 - ☐ 2: Mostly Inactive or restricted to minimum activities of daily living
 - ☐ 3: Sometimes participates in mild activities, such as walking, limited housework and limited shopping
 - ☐ 4: Regularly Participates in mild activities
 - ☐ 5: Sometimes participates in moderate activities such as swimming or could do unlimited housework or shopping
 - ☐ 6: Regularly participates in moderate activities
 - ☐ 7: Regularly participates in active events such as bicycling
 - ☐ 8: Regularly participates in active events, such as golf or bowling
 - ☐ 9: Sometimes participates in impact sports such as jogging, tennis, skiing, acrobatics, ballet, heavy labor or backpacking
 - ☐ 10: Regularly participates in impact sports
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