



**Fresh Juices  
& Fruit Cocktails**



**Sugarcane**



**Smoothie's/  
Smoothie Bowls**



**Milkshake's**



**Your health is  
our prority**



**Lassi's**



**Faluda's**



**Frapaccino's**



**Immunity Shots**



**Green Juices**



**Health & Beauty  
Boosters**

*Served with mineral water icecubes*

**WE OFFER  
DELIVERIES AT  
A COST**





# Fresh Juices



**1. Sugarcane Juice**  
(with Ginger & Lemon)

150/- 200/-

(with Ginger, Lemon & Mint)

250/- 350/-



**2. Orange**

250/- 350/-



**3. Tangerine**

250/- 350/-



**4. Apple**

250/- 350/-



**5. Avocado**

250/- 350/-



**6. Beetroot**

250/- 350/-



**7. Carrot**

250/- 350/-



**8. Lime Juice**

250/- 350/-



**9. Lemon & Ginger**

250/- 350/-



**10. Mango**

250/- 350/-



**11. Mbungu**

350/- 450/-



**12. Passion**

250/- 350/-



**13. Pineapple**

250/- 350/-



**14. Pineapple Mint**

250/- 350/-



**15. Lemon & Mint**

250/- 350/-



**16. Red Melon**

250/- 350/-



**17. Strawberry**

250/- 350/-



**18. Tree Tomato**

250/- 350/-



**19. Vimto Special**

250/- 350/-



**20. Tamarind**

350/- 450/-



**21. Ganga Jamuna**

300/- 350/-



# Mixes & Smoothies

## Mix of Two

22. Orange & Tangerine	300/-	350/-
23. Orange & Strawberry	300/-	350/-
24. Passion & Mango	300/-	350/-
25. Tree Tomato & Tangerine	300/-	350/-
26. Strawberry & Pineapple	300/-	350/-
27. Pineapple, Mint & Ginger	300/-	350/-
28. Cucumber, Spinach & Ginger	300/-	350/-
29. Carrot & Beetroot	300/-	350/-
30. Avocado & Mango	300/-	350/-



## Mix of Three

31. Tangerine, Tree Tomato & Mango	300/-	350/-
32. Orange, Passion & Strawberry	300/-	350/-
33. Red Melon, Mango, & Tree Tomato	300/-	350/-
34. Avocado, mango & pineapple	300/-	350/-
35. Tangerine, Orange & Passion	300/-	350/-
36. Carrot, Spinach & Cucumber	300/-	350/-
37. Carrot, Beetroot & Lemon	300/-	350/-
38. Carrot, Beetroot & Apple	300/-	350/-
39. Tropical Mix with Ice-Cream	350/-	450/-
40. Kiwi / Grapes / Strawberry	450/-	650/-



## Smoothies / Smoothie Bowls

41. Mango	300/-	400/-
42. Avocado Mint	300/-	400/-
43. Banana	300/-	400/-
44. Vanilla	300/-	400/-
45. Passion	300/-	400/-
46. Mango & Passion	300/-	400/-
47. Mango & Lime	300/-	400/-
48. Mango Cocktail	350/-	450/-
49. Detox- Green Smoothie <b>New</b>	400/-	500/-
50. Mega Omega Smoothie <b>New</b>	400/-	500/-
-Avocado, Lime, Mango, Strawberries		
51. Breakfast Smoothie <b>New</b>	400/-	500/-
-Pineapple, avocado, mango, banana, apple		
52. Diabetic Friendly Smoothie <b>New</b>	400/-	500/-
-Coconut cream, coconut water, celery, apple, lime		

## Smoothie Bowls (+Toppings) **New**

550/-
550/-
550/-
550/-
550/-
550/-
550/-
600/-
600/-
600/-





# Milkshakes & More

## Lassis

- 53. Salted Lassi
- 54. Sweet Lassi
- 55. Mint Lassi
- 56. Masala Lassi
- 57. Rose Lassi
- 58. Mango Lassi
- 59. Passion Lassi

250/-	350/-
250/-	350/-
300/-	400/-
300/-	400/-
300/-	400/-
300/-	400/-
300/-	400/-



## Ice-Cream Milkshakes

- 60. Strawberry
- 61. Vanilla
- 62. Chocolate
- 63. Pistachio
- 64. Kesar Badam Pista
- 65. Choco Chips
- 66. Mix of Choice
- 67. Kulfi
- 68. Tutti Frutti

350/-	500/-
350/-	500/-
350/-	500/-
400/-	600/-
400/-	600/-
400/-	600/-
450/-	650/-
450/-	600/-
450/-	600/-



## Fruity Milkshakes

- 69. Banana
- 70. Mango
- 71. Strawberry
- 72. Avocado
- 73. Fruity Mix of your Choice
- 74. Coconut Surprise **New**

400/-	500/-
400/-	500/-
400/-	500/-
400/-	500/-
450/-	550/-
500/-	600/-



## Creamy Milkshakes

- 75. Kit Kat
- 76. Oreo
- 77. Coffee/ Cappuccino
- 78. Salted Caramel **New**

400/-	600/-
400/-	600/-
400/-	600/-
450/-	650/-

## Ice Cream Scoops ( 2 scoops )

- 79. Vanilla / Strawberry / Chocolate
- 80. Kesar Badam Pista / Pistachio / Kulfi
- 81. Chocochips / Rose / Mango
- 82. Tutti Frutti

200/-
300/-
300/-
300/-



# Creamy Faludas

## Frappuccino New

83. FNH'ccino	550/-	650/-
84. Chococcino	550/-	650/-
85. Roseyccino	550/-	650/-

## Creamy Faludas

86. Vanilla	450/-	600/-
87. Strawberry	450/-	600/-
88. Chocolate	450/-	600/-



## Exotic Creamy Faludas

89. Mango	500/-	700/-
90. Pistachio	500/-	700/-
91. Kesar Badam Pista	500/-	700/-
92. Tutti Frutti	550/-	750/-
93. Choco Chips	500/-	700/-
94. Rose Faluda <small>New</small>	550/-	750/-
95. Kulfi	500/-	700/-
96. Salted Caramel <small>New</small>	550/-	750/-



## Special Creamy Faludas

97. Kit Kat	500/-	700/-
98. Oreo	500/-	700/-
99. Coffee /Cappuccino	500/-	700/-

## Diabetic Friendly -Sugar Free Faludas

100. Vanilla	600/-	800/-
101. Vanilla Strawberry Mix	650/-	850/-
102. Coconut Stopper <small>New</small>	650/-	850/-

## Cold Drinks & Sodas

103.Coco cola Plastic Bottle- 500ml	120/-
104. Coca Cola Glass Bottle- 300ml	100/-
105. Hola Soda's <small>New</small> 400ml	70/-
- Mojito, Rose , Orange , Cola	
106. Hola Energy Drink <small>New</small> 400ml	120/-

## Mineral Water

107. Aquamist 500ml	120/-
108. Aquamist 1000ml	180/-



# Green Juices & More

## Health & Beauty Boosters - 300ml Only New

109. Liquid gold	550/-
- Orange , pineapple , carrot & Turmeric	
110. Hangover Aid -Anti - Inflammatory	550/-
- Beetroot, carrot, celery, orange & pineapple	
111. Strawberry dream - Antioxidant	650/-
- Strawberries , watermelon, banana & mixed berries	
112. Tummy calmer	550/-
- Papaya , orange, pineapple & ginger	
113. Detox Me	550/-
- Celery, cucumber, Beets , Spinach, Cilantro, Ginger, Garlic & Lemon	
114. Skinny Me	550/-
- Cucumbers, Fennel, Kale, Ginger & Lemon	
115. AvoBerry -Eyes , Skin & hair nourishment	650/-
116. Avo Dates - High fiber body cleanse	650/-

## Immunity Shots - 30ml Only

117. Wheat grass
118. Dose of Sunshine
119. Vit C Power
120. Sore throat Healer



150/-
150/-
150/-
150/-

## Green Juices - New Anti-cancer Nourishment

121. Mean Green	400/-	500/-
- Cucumber, Celery , Apples, Kale , Lemon & Ginger		
122. Clean Green	400/-	500/-
- Green apple, cucumber & kale		
123. Oh my Greenness	400/-	500/-
- Apple, Celery, Cucumber, Spinach, Kale, Parsley & lime		
124. Mint Magic	400/-	500/-
- Cucumber , Parsley, Lemon & mint		

## Madafu (Fresh Coconut Juice)

125. Madafu	60/-
126. Madafu 500ml Bottle	160/-
127. Madafu 1000ml Bottle	320/-

