

An Introduction to String Theory

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The Relativistic Point Particle – The Action

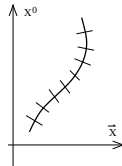
- ▶ Consider the action of a point particle (with fixed coordinates $X_\mu = (t, \vec{x})$ in a given frame):

$$S = -m \int dt \sqrt{1 - \dot{\vec{x}}\dot{\vec{x}}}$$

→ not Lorentz-invariant, due to mixture of spacial and temporal coordinates under a Lorentz-transformation Λ .

- ▶ Consider instead for a generalized coordinate τ along the line element:

$$S = -m \int d\tau \sqrt{-\frac{dX^\mu}{d\tau} \frac{dX^\nu}{d\tau} \eta_{\mu\nu}}$$



Remark: S is proportional to the integral over the worldline of the particle

The Relativistic Point Particle – The Action

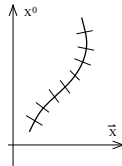
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The Relativistic Point Particle – Action Symmetries

What are the symmetries of

$$S = -m \int d\tau \sqrt{-\frac{dX^\mu}{d\tau} \frac{dX^\nu}{d\tau} \eta_{\mu\nu}}$$

- ▶ Reparametrization invariance:

Let $\tilde{\tau} = \tilde{\tau}(\tau)$. Then:

$$S' = -m \int d\tilde{\tau} \sqrt{-\frac{dX^\mu}{d\tilde{\tau}} \frac{dX^\nu}{d\tilde{\tau}} \eta_{\mu\nu}} = S$$

→ gauge symmetry of the action → still D-1 dof!

- ▶ Poincaré invariance:

Let:

$$X'^\mu = \Lambda^\mu{}_\nu X^\nu + c^\mu$$

Then:

$$S' = S, \quad \text{as} \quad \Lambda^\mu{}_\rho \eta_{\mu\nu} \Lambda^\nu{}_\sigma = \eta_{\rho\sigma}$$

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Dynamics of a Relativistic String – The Nambu-Goto Action

Action of the Relativistic String?

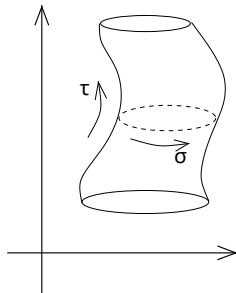
$$\text{particle} \quad \Leftrightarrow \quad \text{worldline} \quad \Leftrightarrow \quad S = -m \underbrace{\int d\tau \sqrt{-\frac{dX^\mu}{d\tau} \frac{dX^\nu}{d\tau} \eta_{\mu\nu}}}_{\text{line element } ds}$$

$$\text{closed string} \quad \Leftrightarrow \quad ? \quad \Leftrightarrow \quad ?$$

Boundary condition of closed strings living in D dimensions:

$$X^\mu(\tau, \sigma) = X^\mu(\tau, \sigma + 2\pi) \quad \text{for } \mu = 0, 1, \dots, D-1; \sigma \in [0; 2\pi)$$

Shorthand notation: $\sigma^\alpha = (\tau, \sigma)$ for $\alpha \in \{0; 1\}$



Dynamics of a Relativistic String – The Nambu-Goto Action

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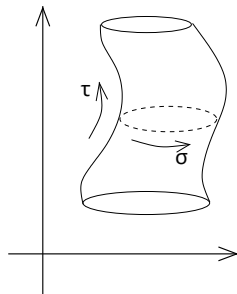
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closed string \Leftrightarrow worldsheet \Leftrightarrow ?

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Dynamics of a Relativistic String – The Nambu-Goto Action

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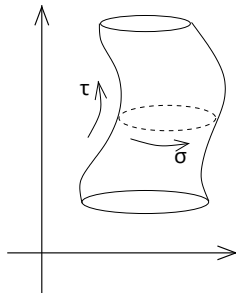
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closed string \Leftrightarrow worldsheet \Leftrightarrow Nambu-Goto/Dirac Action

Boundary condition of closed strings living in D dimensions:

$$X^\mu(\tau, \sigma) = X^\mu(\tau, \sigma + 2\pi) \quad \text{for } \mu = 0, 1, \dots, D-1; \sigma \in [0; 2\pi)$$

Shorthand notation: $\sigma^\alpha = (\tau, \sigma)$ for $\alpha \in \{0; 1\}$



Dynamics of a Relativistic String – The Nambu-Goto Action

How to describe the surface area to construct the action?

$$S \propto \int_{\partial V} d^2x = \int_{\partial V} d^2\sigma |\det J|$$

For this, first remember that any metric is given by:

$$g_{\alpha\beta} = g(e_\alpha, e_\beta)$$

So the metric on the worldsheet (the pullback metric) can be written as:

$$\gamma_{\alpha\beta} = \underbrace{\frac{\partial X^\mu}{\partial \sigma^\alpha} \frac{\partial X^\nu}{\partial \sigma^\beta} \eta_{\mu\nu}}_{(J^T \eta J)_{\alpha\beta}}$$

Thus,

$$\begin{aligned} \det \gamma &= \det \eta (\det J)^2 = -(\det J)^2 \\ |\det J| &= \sqrt{-\det \gamma} = \sqrt{-\gamma} \end{aligned}$$

Dynamics of a Relativistic String – The Nambu-Goto Action

So write the action as:

$$S_{NG} = -\frac{1}{2\pi\alpha'} \int d^2\sigma \sqrt{-\gamma}$$

This action is invariant under,

- ▶ Poincaré transformations
- ▶ Reparametrization

and the equations of motion (EoM) are given by:

$$\partial_\alpha \left(\sqrt{-\gamma} \gamma^{\alpha\beta} \partial_\beta X^\mu \right) = 0$$

⇒ rather hard to quantize in this form! Alternatives?

Dynamics of a Relativistic String – The Polyakov Action

Way out: **The Polyakov Action:**

$$S_P = -\frac{1}{4\pi\alpha'} \int d^2\sigma \sqrt{-g} g^{\alpha\beta} \partial_\alpha X^\mu \partial_\beta X^\nu \eta_{\mu\nu}$$

The EoMs:

► for X^μ :

- same as for the Nambu-Goto action!

$$\partial_\alpha \left(\sqrt{-g} g^{\alpha\beta} \partial_\beta X^\mu \right) = 0$$

► for $g_{\alpha\beta}$:

$$g_{\alpha\beta} = 2 \frac{\partial_\alpha X^\mu \partial_\beta X^\nu \eta_{\mu\nu}}{g^{\rho\sigma} \partial_\rho X^\mu \partial_\sigma X^\nu \eta_{\mu\nu}} \equiv 2 \frac{\partial_\alpha X \partial_\beta X}{g^{\rho\sigma} \partial_\rho X \partial_\sigma X}$$

Gains of the Polyakov action?

Dynamics of a Relativistic String – The Polyakov Action

Symmetries of the Polyakov action

$$S_P = -\frac{1}{4\pi\alpha'} \int d^2\sigma \sqrt{-g} g^{\alpha\beta} \partial_\alpha X^\mu \partial_\beta X^\nu \eta_{\mu\nu}$$

- ▶ Poincaré invariance
- ▶ Reparametrization invariance
- ▶ Invariance under:

$$g'_{\alpha\beta} = \Omega^2(\sigma) g_{\alpha\beta}$$

⇒ **Weyl invariance**

However, using the conformal gauge and writing g as

$$g_{\alpha\beta} = e^{2\phi} \eta_{\alpha\beta}$$

can be undone by a Weyl transformation ($\phi = 0$). Thus,

$$g_{\alpha\beta} = \eta_{\alpha\beta}$$

The Polyakov Action – Equation of Motion

With $g_{\alpha\beta} = \eta_{\alpha\beta}$ the EoMs

$$\begin{cases} \partial_\alpha (\sqrt{-g} g^{\alpha\beta} \partial_\beta X^\mu) = 0 \\ g_{\alpha\beta} = 2 \frac{\partial_\alpha X \partial_\beta X}{g^{\rho\sigma} \partial_\rho X \partial_\sigma X} \end{cases}$$

are reduced to:

$$\begin{cases} \partial_\alpha \partial^\alpha X^\mu = 0 \\ T_{\alpha\beta} = \partial_\alpha X \partial_\beta X - \frac{1}{2} \eta_{\alpha\beta} \eta^{\mu\nu} \partial_\mu X \partial_\nu X = 0 \end{cases}$$

With the second constraints explicitly as:

$$\begin{cases} T_{01} = \dot{X} \cdot X' = 0 \\ T_{00} = T_{11} = \frac{1}{2} (\dot{X}^2 + X'^2) = 0 \end{cases}$$

The Polyakov Action – Solution to the EoMs

To find a solution, define the lightcone coordinates as

$$\sigma^{\pm} = \tau \pm \sigma$$

Then, the EoMs are given by

$$\begin{cases} \partial_+ \partial_- X^\mu &= 0 \\ (\partial_+ X)^2 &= 0 \\ (\partial_- X)^2 &= 0 \end{cases}, \text{ with } X^\mu(\tau, \sigma) = X^\mu(\tau, \sigma + 2\pi)$$

$$\Rightarrow X^\mu(\tau, \sigma) = X_L^\mu(\sigma^+) + X_R^\mu(\sigma^-)$$

$$X_L^\mu(\sigma^+) = \frac{1}{2}x^\mu + \frac{1}{2}\alpha' p^\mu \sigma^+ + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \tilde{\alpha}_n^\mu e^{-in\sigma^+}$$

$$X_R^\mu(\sigma^-) = \frac{1}{2}x^\mu + \frac{1}{2}\alpha' p^\mu \sigma^- + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \alpha_n^\mu e^{-in\sigma^-}$$

The Polyakov Action – Solution to the EoMs

The constraints $(\partial_{\pm} X)^2 = 0$:

► First:

$$\partial_- X^\mu = \frac{\alpha'}{2} p^\mu + \sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \alpha_n^\mu e^{-in\sigma^-} \equiv \sqrt{\frac{\alpha'}{2}} \sum_n \alpha_n^\mu e^{-in\sigma^-}$$

$$\text{with } \alpha_0^\mu = \sqrt{\frac{\alpha'}{2}} p^\mu$$

► Then:

$$\begin{aligned} (\partial_- X)^2 &= \frac{\alpha'}{2} \sum_{n,p} \alpha_m \alpha_n e^{-i(n+m)\sigma^-} \\ &= \alpha' \sum_n \frac{1}{2} \underbrace{\sum_m \alpha_m \alpha_{n-m}}_{L_n} e^{-in\sigma^-} \stackrel{!}{=} 0 \end{aligned}$$

The Polyakov Action – Solution to the EoMs

$\Rightarrow \infty$ number of constraints on L_n :

$$L_n = \tilde{L}_n = 0$$

However, L_0 contains the mass $M^2 = -p^2$ as:

$$L_0 = \frac{\alpha'}{4}p^2 + \frac{1}{2} \sum_m \alpha_m \alpha_{-m}$$
$$\Rightarrow M^2 = \frac{4}{\alpha'} \sum_{m>0} \alpha_m \alpha_{-m} = \frac{4}{\alpha'} \sum_{m>0} \tilde{\alpha}_m \tilde{\alpha}_{-m}$$

\Rightarrow **Level matching**

Polyakov Action – Summary

- ▶ The Polyakov action

$$S_P = -\frac{1}{4\pi\alpha'} \int d^2\sigma \sqrt{-g} g^{\alpha\beta} \partial_\alpha X^\mu \partial_\beta X^\nu \eta_{\mu\nu}$$

gives rise to solutions in lightcone coordinates with left and right-moving modes:

$$X_{L;R}^\mu(\sigma^\pm) = \frac{1}{2}x^\mu + \frac{1}{2}\alpha'p^\mu\sigma^\pm + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \overset{(\sim)}{\alpha}_n{}^\mu e^{-in\sigma^\pm}$$

- ▶ These modes have to fulfil the constraints of the action \rightarrow level matching

$$L_n = \tilde{L}_n = 0$$

- ▶ They give the mass of the particle through:

$$M^2 = \frac{4}{\alpha'} \sum_{m>0} \alpha_m \alpha_{-m} = \frac{4}{\alpha'} \sum_{m>0} \tilde{\alpha}_m \tilde{\alpha}_{-m}$$

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The Quantum String – Covariant Quantization

First, promote X^μ and $\Pi^\mu = 1/2\pi\alpha'\dot{X}^\mu$ to operators with the usual commutators:

$$[X^\mu(\tau, \sigma), \Pi^\nu(\tau, \sigma')] = i\delta(\sigma' - \sigma)\delta^{\mu\nu}$$

Then:

$$\begin{aligned}[x^\mu, p_\nu] &= i\delta^\mu_\nu \\ [\alpha_n^\mu, \alpha_m^\nu] &= [\tilde{\alpha}_n^\mu, \tilde{\alpha}_m^\nu] = n\eta^{\mu\nu}\delta_{n,-m}\end{aligned}$$

Introduce the creation operators as

$$a_n = \frac{\alpha_n}{\sqrt{n}}, \quad a_n^\dagger = \frac{\alpha_{-n}}{\sqrt{n}}, \quad n > 0$$

which gives the usual

$$[a_n, a_m^\dagger] = \delta_{nm}$$

\Rightarrow construction of the Fock space!

The Quantum String – Covariant Quantization

1st problem with this approach: appearance of ghosts, due to the relation:

$$[\alpha_n^\mu, \alpha_m^\nu] = n\eta^{\mu\nu}\delta_{n,-m} \quad \rightarrow \quad \text{negative norms for } \mu = \nu = 0 \quad \rightarrow \quad \text{ghosts (unphysical)}$$

2nd problem: What about the constraints $L_n = \tilde{L}_n = 0$? How to order the operators in L_n ?

► one could require for any physical state $|\varphi\rangle$:

$$\begin{aligned} \langle\phi| L_n |\varphi\rangle &= \langle\phi| \tilde{L}_n |\varphi\rangle = 0 \\ \Rightarrow L_n |\varphi\rangle &= 0, \quad n > 0 \quad (L_n^\dagger = L_{-n}) \end{aligned}$$

► For L_0 :

$$\begin{aligned} L_0 &= \sum_{m=1}^{\infty} \alpha_{-m} \alpha_m + \frac{1}{2} \alpha_0^2 \\ \Rightarrow (L_0 - a) |\varphi\rangle &= 0 \quad \rightarrow \quad M^2 = \frac{4}{\alpha'} \left(-a + \sum_{m=1}^{\infty} \alpha_{-m} \alpha_m \right) \end{aligned}$$

The Quantum String – Quantization in the Lightcone Gauge

To resolve these problems, introduce lightcone coordinates:

$$X^{\pm} = \sqrt{\frac{1}{2}} (X^0 \pm X^{D-1})$$

and solve the EoMs ($\partial_+ \partial_- X^{\mu} = 0$, $(\partial_+ X)^2 = 0$, $(\partial_- X)^2 = 0$) in the lightcone gauge:

$$X^+ = x^+ + \alpha' p^+ \tau = \underbrace{\frac{1}{2}x^+ + \frac{1}{2}\alpha' p^+ \sigma^+}_{X_L^+(\sigma^+)} + \underbrace{\frac{1}{2}x^+ + \frac{1}{2}\alpha' p^+ \sigma^-}_{X_R^+(\sigma^-)}$$

Solution for X^- :

$$X_L^-(\sigma^+) = \frac{1}{2}x^- + \frac{1}{2}\alpha' p^- \sigma^+ + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \tilde{\alpha}_n^- e^{-in\sigma^+}$$

$$X_R^-(\sigma^-) = \frac{1}{2}x^- + \frac{1}{2}\alpha' p^- \sigma^- + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \alpha_n^- e^{-in\sigma^-}$$

The Quantum String – Quantization in the Lightcone Gauge

Now, the oscillator modes α_n^- :

$$\alpha_n^- = \sqrt{\frac{1}{2\alpha'}} \frac{1}{p^+} \sum_{m=-\infty}^{m=+\infty} \sum_{i=1}^{D-2} \alpha_{n-m}^i \alpha_m^i$$

And, the level matching condition becomes:

$$M^2 = \frac{4}{\alpha'} \sum_{i=1}^{D-2} \sum_{n>0} \alpha_{-n}^i \alpha_n^i = \frac{4}{\alpha'} \sum_{i=1}^{D-2} \sum_{n>0} \tilde{\alpha}_{-n}^i \tilde{\alpha}_n^i$$

Gain: we have $2(D-2)$ oscillator modes with spacial indices only
 \Rightarrow after quantization we only have positive norms, due to

$$[\alpha_n^i, \alpha_m^j] = [\tilde{\alpha}_n^i, \tilde{\alpha}_m^j] = n\delta^{ij}\delta_{n,-m}$$

\Rightarrow 1st problem solved.

The Quantum String – Quantization & Constraints

What about the mass spectrum and the ordering ambiguity?

Take the classical result and swap the operators using the commutator $[\alpha_n^i, \alpha_{-m}^j] = n\delta^{ij}\delta_{n,m}$

$$M^2 = \frac{4}{\alpha'} \left(\frac{1}{2} \sum_{i=1}^{D-2} \sum_{n \neq 0} \alpha_{-n}^i \alpha_n^i - a \right) = \frac{4}{\alpha'} \left(\sum_{i=1}^{D-2} \sum_{n>0} \alpha_{-n}^i \alpha_n^i + \frac{D-2}{2} \sum_{n>0} n \right)$$

Interpreting the term $\sum n$:

$$\begin{aligned} \sum_{n>0} n &= \lim_{\epsilon \rightarrow 0} \sum_{n>0} n e^{-\epsilon n} = -\frac{\partial}{\partial \epsilon} \sum_{n>0} e^{-\epsilon n} = \\ &= -\frac{\partial}{\partial \epsilon} (1 - e^{-\epsilon}) = \frac{1}{\epsilon^2} - \frac{1}{12} + O(\epsilon) \end{aligned}$$

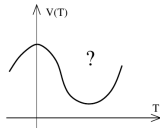
After renormalization: $\sum n = -\frac{1}{12} \Rightarrow a = -(D-2)/24$

The Quantum String – The Critical Dimension

What is the value D ?

- ▶ No excitations are present: ground state with

$$M^2 = -\frac{1}{\alpha'} \frac{D-2}{6} < 0$$



→ Tachyons: the string sits at an unstable point in the tachyon field; not well understood

- ▶ First excitations $\tilde{\alpha}_{-1}^i \alpha_{-1}^j |0; p\rangle$ yield:

$$M^2 = \frac{4}{\alpha'} \left(1 - \frac{D-2}{24} \right)$$

with $(D-2)^2$ degrees of freedom (dof). However, in the rest frame of the particle there are $(D-1)^2$ dof \rightarrow no rest frame $\rightarrow M^2 = 0$

$$\rightarrow D = 26$$

The Graviton

The states $\tilde{\alpha}_{-1}^i \alpha_{-1}^j |0; p\rangle$ transform in the $24 \otimes 24$ representation of $SO(24)$, which decomposes into:

$$24 \otimes 24 = \underbrace{\text{traceless symmetric}}_{\text{massless spin 2-particle}} \oplus \underbrace{\text{anti-symmetric}}_{\text{Kalb-Ramond field } B_{\mu\nu}} \oplus \underbrace{\text{singlet}}_{\text{dilaton}}$$

Feynman and Weinberg:

Given a massless, spin 2 particle. Then, it must be invariant at linearized level under

$$h_{\mu\nu} \rightarrow h_{\mu\nu} + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu$$

to avoid negative norm states, and it should be present in interactions. This is only possible if the theory obeys diffeomorphism invariance \rightarrow General Relativity

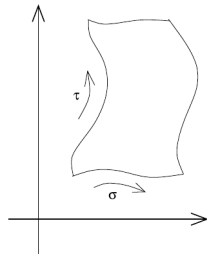
Open Strings – Action and Boundary Conditions

Open strings are described by the Polyakov action:

$$S = -\frac{1}{4\pi\alpha'} \int d^2\sigma \partial_\alpha X \partial^\alpha X \quad \sigma \in [0, \pi]$$

which under variation yields

$$\delta S = \frac{1}{2\pi\alpha'} \cdot \int_{\tau_i}^{\tau_f} d\tau \int_0^\pi d\sigma (\partial_\alpha \partial^\alpha X) \delta X + \underbrace{\int_0^\pi d\sigma \dot{X} \delta X \Big|_{\tau_i}^{\tau_f}}_{=0} - \underbrace{\int_{\tau_i}^{\tau_f} d\tau X' \delta X \Big|_0^\pi}_{\stackrel{!}{=}0}$$



► Neumann conditions: moving ends ($\delta X \neq 0$)

$$\partial_\sigma X = 0 \quad \text{for } \sigma = 0, \pi$$

► Dirichlet conditions: fixed ends

$$\delta X = 0 \quad \text{for } \sigma = 0, \pi$$

Open Strings – Dp-Branes

- Quantization: regular mode expansion + lightcone gauge

$$X_L^\mu(\sigma^+) = \frac{1}{2}x^\mu + \alpha' p^\mu \sigma^+ + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \tilde{\alpha}_n^\mu e^{-in\sigma^+}$$

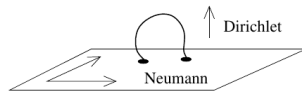
$$X_R^\mu(\sigma^-) = \frac{1}{2}x^\mu + \alpha' p^\mu \sigma^- + i\sqrt{\frac{\alpha'}{2}} \sum_{n \neq 0} \frac{1}{n} \alpha_n^\mu e^{-in\sigma^-}$$

$$X^\pm = \sqrt{\frac{1}{2}} (X^0 \pm X^p)$$

- Dirichlet boundary conditions fix ends, i.e. for

$$\begin{aligned} \partial_\sigma X^a &= 0 & \text{for } a = 0, \dots, p \\ X^I &= c^I & \text{for } I = p+1, \dots, D-1 \end{aligned}$$

we have 2 endpoints moving freely on a
(p+1)-dimensional hypersurface = **Dp-brane**



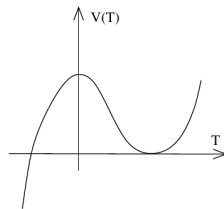
Bosonic States – Mass Spectrum

► Mass spectrum:

$$M^2 = \frac{1}{\alpha'} \left(\underbrace{\sum_{i=1}^{p-1} \sum_{n>0} \alpha_{-n}^i \alpha_n^i}_{\text{longitudinal oscillations}} + \underbrace{\sum_{i=p+1}^{D-1} \sum_{n>0} \alpha_{-n}^i \alpha_n^i}_{\text{transversal oscillations}} + \frac{2-D}{24} \right)$$

► The ground state: $M^2 = -\frac{1}{\alpha'}$

- tachyonic
- interpretation: unstable brane decaying into closed strings



Bosonic States – Mass Spectrum

► The first excited states:

- $M^2 = 0 \rightarrow$ massless
- Longitudinal oscillations:

$$\alpha_{-1}^a |0; p\rangle \quad a = 1, \dots, p-1$$

Spin 1 particles living in the brane \rightarrow photon

- Transverse oscillations:

$$\alpha_{-1}^I |0; p\rangle \quad I = p+1, \dots, D-1$$

hints the dynamics of the brane

\rightarrow string theory = string + brane dynamics!

- ▶ Strings are described by the Polyakov action
- ▶ Both theories require $D = 26$ to sustain Lorentz-invariance
 - Closed Strings:
 - Constraints imply the level-matching conditions $L_n = \tilde{L}_n = 0$
 - Solutions can be quantized in the lightcone gauge $\rightarrow \alpha_n$
 - Imply a massless spin 2 particle
 - Open Strings:
 - Dynamics constrained by Dirichlet and Neumann boundary conditions
 - Imply massless spin 1 particles

Further Reading

- [1] P. Goddard et al. “Quantum dynamics of a massless relativistic string”. In: *Nuclear Physics B* 56.1 (1973), pp. 109 –135. ISSN: 0550-3213. DOI: [https://doi.org/10.1016/0550-3213\(73\)90223-X](https://doi.org/10.1016/0550-3213(73)90223-X). URL: <http://www.sciencedirect.com/science/article/pii/055032137390223X>.
- [2] Joseph Polchinski. *Little book of strings*. URL: <https://www.kitp.ucsb.edu/sites/default/files/users/joep/JLBS.pdf>.
- [3] David Tong. “Lectures on String Theory”. In: *arXiv:0908.0333 [hep-th]* (Feb. 2012). arXiv: 0908.0333. URL: <http://arxiv.org/abs/0908.0333> (visited on 07/13/2020).