

Donegal PowerPacks

Providing nutritious meals to families in
Donegal School District

2023 in Review

115 families served

261 kids

206 adults ages 18-59

19 seniors

136 packs distributed per week

Each pack is approximately 7lbs for a total of 950lbs of food per week.

Weekly Operating Costs \$900/wk. This equates to \$1 per pound of food.

No paid staff, program is run by approximately 25 faithful volunteers.



Upcoming: Donegal Community Gardens

- Florin COB and Mount Joy Mennonite have donated land for produce to be grown!
- Volunteers grew vegetables that were put in the power packs during the summer and early fall months.

Summer Program

- 1st annual Donegal Power Pack Summer Program served 40 families across 3 distribution sites. Packs contained approximately 15lbs of food per family of 5!

Giving Opportunities

Visit us at:

<https://friendsofdonegal.org/>

Follow us on Facebook:

<https://www.facebook.com/FODDSD>



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Welcome Jessica Tyson, PowerPacks Coordinator

Jessica has a passion for serving youth and their families in the Donegal Community. She has firsthand experience with poverty and homelessness, which gives her a unique perspective on the challenges faced by those who are under-resourced. Jessica is the project coordinator for Donegal Power Packs, which has transitioned under Friends of Donegal. Jessica also serves as the Treasurer on the Friends of Donegal Board.

Friends of Donegal

- The Getting Ahead program is a 12 week course where individuals explore the theory of change while investigating their lives and their community.
- The Staying Ahead Program is an extension of the Getting Ahead Program that provides investigators with ongoing ways to stay in touch and review their individual plans, including monthly meetings to review established goals, and transportation, dinner, and child care for each class.



Community Partners

Lions Club of Mount Joy

Approved Donegal Power Packs for an ongoing service project for their members.

Saint Mark's United Methodist Church
Donegal Power Packs sponsored the meat for the December Community Meal.

Volunteer Opportunities

Email

donegalpowerpacks@gmail.com

