October 13, 2025 Lecturer: Frederic Koehler These notes have not received the scrutiny of publication. They could be missing important references, etc.

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Rigorous REM solution and Concentration

1 Rigorous Calculation from REM

First recall the definition of the restricted energy model (REM). For $x \in \{\pm 1\}^n$ and an inverse temperature parameter $\beta > 0$, we have

$$E(x) \stackrel{\text{i.i.d.}}{\sim} \mathcal{N}\left(0, \frac{n}{2}\right), \quad p_{\beta}(x) = \frac{1}{Z_{\beta}} \exp\left(\beta E(x)\right)$$

where the normalizing constant (also called partition function)

$$Z_{\beta} = \sum_{x \in \{\pm 1\}^n} \exp(\beta E(x))$$

makes p_{β} into a probability distribution. We previously computed (nonrigorously, using the replica trick) that as $n \to \infty$,

$$\frac{1}{n}\log Z_{\beta} \to \psi(\beta) = \begin{cases} \log 2 + \frac{\beta^2}{4} & \beta \le \beta_c \text{ (high temperature)} \\ \beta\sqrt{\log 2} & \beta > \beta_c \text{ (low temperature)} \end{cases}$$

where $\beta_c = 2\sqrt{\log 2}$ is the threshold between the two regimes. Now, we will rigorously prove that

$$\frac{1}{n}\log Z_{\beta} = \psi(\beta) + o(1)$$

by demonstrating lower and upper bounds.

1.1 Upper Bounds

We will first demonstrate that

$$\frac{1}{n}\mathbb{E}\left[\log Z_{\beta}\right] \le \psi(\beta) + o(1).$$

For the high temperature regime, we have that by Jensen

$$\mathbb{E}[\log Z_{\beta}] \leq \log \mathbb{E}[Z_{\beta}] = \log \left(\sum_{x \in \{\pm 1\}^n} \mathbb{E}[\exp(\beta E(x))] \right) = \log \left(2^n \cdot \exp\left(\frac{n\beta^2}{4}\right) \right) = n \left(\log 2 + \frac{\beta^2}{4}\right).$$

And in the low temperature case, we have that taking a derivative yields that

$$\frac{\partial}{\partial \beta} \log Z_{\beta} = \frac{\sum_{x \in \{\pm 1\}^n} E(x) \exp(\beta E(x))}{\sum_{x \in \{\pm 1\}^n} \exp(\beta E(x))} = \mathbb{E}_{x \sim p_{\beta}}[E(x)] \le \max_{x \in \{\pm 1\}^n} E(x).$$

Taking an expectation (and interchanging derivative and integral) yields

$$\frac{\partial}{\partial \beta} \frac{1}{n} \mathbb{E}[\log Z_{\beta}] \le \frac{1}{n} \mathbb{E}\left[\max_{x \in \{\pm 1\}^n} E(x)\right] = \sqrt{\log 2} + o(1)$$

since the supremum of 2^n many independent standard Gaussians is on the order of $\sqrt{2 \log 2^n} = \sqrt{2n \log 2}$, and we have that each E(x) is i.i.d. $\mathcal{N}(0, n/2)$. Combining the bounds in the two regimes we have that

$$\frac{1}{n}\mathbb{E}[\log Z_{\beta}] \le \psi(\beta) + o(1).$$

1.2 Lower Bounds

In the low temperature regime, consider that

$$\log Z_{\beta} = \log \left(\sum_{x \in \{\pm 1\}^n} \exp(\beta E(x)) \right) \ge \log \left(\max_{x \in \{\pm 1\}^n} \exp(\beta E(x)) \right) = \max_{x \in \{\pm 1\}^n} \beta E(x)$$

and so in turn

$$\frac{1}{n}\mathbb{E}[\log Z_{\beta}] \ge \beta\sqrt{\log 2} + o(1).$$

The high temperature case is harder. We first note that

$$\mathbb{P}(E(x) \in [n\alpha, n(\alpha + \epsilon)]) = \frac{1}{\sqrt{2\pi}} \int_{n\alpha}^{n\alpha + 1} \exp\left(-\frac{x^2}{n}\right) dx$$

and so, under Binomial-Poisson approximation,

$$|\{x \in \{\pm 1\}^n \mid E(x) \in [n\alpha, n(\alpha + \epsilon)]\}| \approx \operatorname{Poisson}\left(\frac{2^n}{\sqrt{2\pi}} \int_{n\alpha}^{n(\alpha + \epsilon)} \exp\left(-\frac{x^2}{n}\right) dx\right).$$

Now consider that by approximating $\int_{n\alpha}^{n(\alpha+\epsilon)} \exp(-x^2/n) dx \approx n\epsilon \exp(-n\alpha^2)$ we arrive at

$$\frac{1}{n}\log\left(\frac{2^n}{\sqrt{2\pi}}\int_{n\alpha}^{n(\alpha+\epsilon)}\exp\left(-\frac{x^2}{n}\right)dx\right) = \log 2 - \alpha^2 + o(1).$$

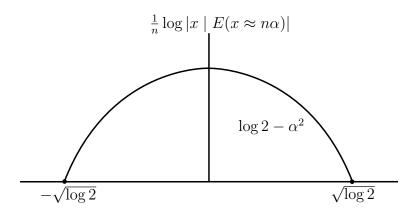


Figure 1: The number of $x \in \{\pm 1\}^n$ such that $E(x) \approx n\alpha$ is (up to exponential accuracy) $\exp(n(\log 2 - \alpha^2))$.

Then,

$$Z_{\beta} = \sum_{x \in \{\pm 1\}^n} \exp(\beta E(x)) \ge |\{x \in \{\pm 1\}^n \mid E(x) \ge n\alpha\}| \cdot \exp(\beta n\alpha)$$

SO

$$\frac{1}{n}\log Z_{\beta} \ge \beta\alpha + \log 2 - \alpha^2 + o(1)$$

whereby taking $\alpha = \beta/2$ yields

$$\frac{1}{n}\log Z_{\beta} \ge \log 2 + \frac{\beta^2}{4} + o(1)$$

as desired.

1.3 Concentration

Above, we have proved bounds on $\mathbb{E}[\log Z_{\beta}]$; to conclude we therefore need to show that $\log Z_{\beta}$ concentrates well, i.e. $\frac{1}{n}\log Z_{\beta} \to \frac{1}{n}\mathbb{E}[\log Z_{\beta}]$. To do this, we first introduce an inequality which we will justify later.

Theorem 1 (Poincaré's Inequality). For $Z \sim \mathcal{N}(0, \sigma^2 I_n)$ and $f : \mathbb{R}^n \to \mathbb{R}$ differentiable, we have

$$\operatorname{Var}(f(Z)) \le \sigma^2 \mathbb{E}[|\nabla f(Z)|_2^2].$$

Granting the above, we have that

$$\operatorname{Var}(\log Z_{\beta}) \le \frac{n}{2} \mathbb{E}[|\nabla_E \log Z_{\beta}|_2^2] \le \frac{n\beta^2}{2}$$

and so

$$\operatorname{Var}\left(\frac{1}{n}\log Z_{\beta}\right) \leq \frac{\beta^{2}}{2n} \implies \frac{1}{n}\log Z_{\beta} - \mathbb{E}\left[\frac{1}{n}\log Z_{\beta}\right] = O_{\mathbb{P}}\left(\frac{\beta}{\sqrt{2n}}\right).$$

This fact, combined with the bounds in the previous sections, establishes that

$$\lim_{n \to \infty} \frac{1}{n} \log Z_{\beta} = \psi(\beta)$$

as desired.

2 Hermite Polynomials

To prove Poincaré's Inequality, we first quickly develop some basic theory of the (probabilist's) Hermite polynomials.

Definition 1. We say that a collection of polynomials $\{p_n\}_{n=0}^{\infty}$, with $\deg(p_n) = n$, is an **orthogonal basis** of $L^2(\mu)$ if

$$\mathbb{E}_{X \sim \mu}[p_n(X)p_m(X)] = 0 \iff n \neq m$$

and

$$\operatorname{span}(p_0, p_1, p_2, \dots) = \operatorname{span}(1, x, x^2, \dots).$$

We say that it is **orthonormal** if for all $n \in \mathbb{N}$,

$$\mathbb{E}_{X \sim \mu}[p_n(X)^2] = 1.$$

We now introduce our premier example of such an orthogonal basis:

Definition 2. The probabilist's Hermite polynomials are defined by

$$\operatorname{He}_n(x) = (-1)^n e^{x^2/2} \left(\frac{d^n}{dx^n} e^{-x^2/2} \right).$$

The first few polynomials are:

$$\text{He}_0(x) = 1$$

$$\text{He}_1(x) = x$$

$$He_2(x) = x^2 - 1$$

and so on. One useful identity about the Hermite polynomials will be their relation to the exponential generating function $e^{tx-t^2/2}$. Specifically, write the Taylor expansion

$$e^{-(x-t)^2/2} = \sum_{n=0}^{\infty} \frac{\partial^n}{\partial t^n} e^{-\frac{(x-t)^2}{2}} \Big|_{t=0} \frac{t^n}{n!}$$

and note that by symmetry

$$\frac{\partial^n}{\partial t^n} e^{-\frac{(x-t)^2}{2}} = (-1)^n \frac{\partial^n}{\partial x^n} e^{-\frac{(x-t)^2}{2}}$$

SO

$$\sum_{n=0}^{\infty} \frac{\partial^n}{\partial t^n} e^{-\frac{(x-t)^2}{2}} \bigg|_{t=0} \frac{t^n}{n!} = \sum_{n=0}^{\infty} \frac{\partial^n}{\partial x^n} e^{-\frac{x^2}{2}} \frac{t^n}{n!}$$

and, multiplying by e^{x^2} , we get that

$$e^{tx-t^2/2} = \sum_{n=0}^{\infty} \frac{\operatorname{He}_n(x)t^n}{n!}.$$

We may now check that the Hermite polynomials are orthogonal.

Lemma 1. Let $Z \sim \mathcal{N}(0,1)$. Then

$$\mathbb{E}[\operatorname{He}_n(Z)\operatorname{He}_m(Z)] = \begin{cases} n! & n = m \\ 0 & otherwise \end{cases}.$$

Proof. We use the generating function identity. First, note that

$$\mathbb{E}\left[e^{tZ-t^2/2}e^{sZ-s^2/2}\right] = \mathbb{E}\left[e^{(s+t)Z}\right]e^{-\frac{t^2}{2}-\frac{s^2}{2}} = e^{st} = \sum_{n=0}^{\infty} \frac{(ts)^n}{n!}$$

since $\mathbb{E}[e^{(s+t)Z}] = e^{(s+t)^2/2}$ follows from the formula for the MGF of a standard Gaussian. On the other hand, we have that

$$\mathbb{E}\left[e^{tZ-t^2/2}e^{sZ-s^2/2}\right] = \mathbb{E}\left[\left(\sum_{n=0}^{\infty} \frac{\operatorname{He}(Z)t^n}{n!}\right)\left(\sum_{n=0}^{\infty} \frac{\operatorname{He}(Z)s^n}{n!}\right)\right]$$
$$= \sum_{n,m=0}^{\infty} \frac{\mathbb{E}\left[\operatorname{He}_n(Z)\operatorname{He}_m(Z)\right]}{n!m!}t^ns^m$$

so we get what we want by matching terms in the power series.

The above (and some more facts about the Hermite polynomials), combined with the following approximation fact which we will take for granted, will let us demonstrate Poincaré's identity.

Theorem 2. Let $Z \sim N(0,1)$ and f be a function such that $\mathbb{E}[f(Z)^2] < \infty$; then for al $\epsilon > 0$, there is some polynomial p_{ϵ} such that

$$\mathbb{E}[(f(Z) - p_{\epsilon}(Z))^2] \le \epsilon.$$