

## PSHE Library

### Available books to support pastoral and SMSC development



Title	Genre	Description (if needed)
ADHD Is Our Superpower	ADHD	
A Dragon With ADHD	ADHD	
Don't Worry, Be Happy	Anxiety	Guide to help overcome anxiety, ages 7-11
I See Things Differently	ASD	A first look at Autism
Can You See Me?	ASD	Long book, good as a class reader
Ways To Be Me	ASD	Long book, good as a class reader
Issac And His Amazing Asperger Superpowers!	Asperger's	
Bold Women in Black History	Black Female Role Models	
Timelines From Black History	Black History	
Black And British	Black History in Britain	
Last Stop on Market Street	Community	Poor community but wealthy in other ways
The Abilities in Me	Diabetes	
The Great Big Book of Families	Different Families	Exploring a range of families
Who's in My Family	Different Families	Exploring a range of families
All Kinds of Families	Different Families	Exploring a range of families
Pearl Power	Different Families	Girl with two dads
Daddy, Papa and Me	Different Families	Boy with two dads
Josh And Jaz Have Three Mums	Different Families	Adopted twins with two mums
My Two Grannies	Different Families	Mixed race child with a Gran from Trinidad and a Gran from Yorkshire
The Abilities in Me	Down Syndrome	
Tom's Special Talent	Dyslexia	
The Feminism Book	Female / Feminism	Encyclopaedia style book around the topic of feminism
Dreams of Freedom	Freedom to be Myself	Quotes about freedom

Red: A Crayon's Story	Freedom to be Myself	A book about being true to yourself, can be read on multiple levels, and it offers something for everyone.
William's Doll	Freedom to be Myself	Explores non-traditional gender stereotypes.
Pink is for Boys	Freedom to be Myself	Dispelling gender stereotypes, KS1
The Gender Wheel	Gender Identity	A story about bodies and gender for every body
Phoenix Goes to School	Gender Identity	Boy identifying as a girl
I'm Not a Girl	Gender Identity	Girl identifying as a boy
Julian is a Mermaid	Gender Identity	Boy who enjoys dressing like a mermaid
It Feels Good to Be Yourself	Gender Identity	Exploring different gender identities
I am Jazz	Gender Identity	Boy identifying as a girl
When Aidan Became a Brother	Gender Identity	Trans boy becoming a brother
Introducing Teddy	Gender Identity	Boy identifying as a girl
Born Ready: A Boy Named Penelope	Gender Identity	Girl identifying as a boy
The Abilities in Me	Hydrocephalus	
The Goldfish Boy	OCD	Long book, good as a class reader
A Kiss Like This	Permission	A story of what feels right and wrong, and the right to say no (aimed at younger children)
What is Racism? Stop Racism.	Race	Aimed more KS1
Hey You!	Race	A celebration story of growing up black
Coming to England	Race / Immigration	A story about the Windrush Generation
Hats of Faith	Religion	
The Religious Book	Religion	Encyclopaedia style book around the topic of religion
The Proudest Blue	Religion (Islam)	Story around the pride of wearing hijabs
Rapunzel	Representation	Asian Rapunzel
Mermaid	Representation	Wheelchair-bound Mermaid