Be ready, so you don't have to get ready

Learn English through movement, fun, and fitness

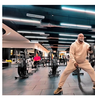
Join Now

Join me on my journey to get fit while teaching you English, as I combine my personal weight loss transformation with practical language lessons.

- Learn real English, fast
- Stay fit while you learn
- Join a global, supportive community
- Access engaging lessons on the go

Try a lesson — Idioms + Push-ups!

Stronger body, stronger language join the journey!



Start Free Sample

Featured Fitness Products

Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Sed ut perspiciatis

RESISTANCE BANDS

Start Free Sample

DIGITAL WORKOUT PLAN

Start Free Sample

PREMIUM MEMBERSHIP

Start Free Sample

This Week's Chart: Irregular Verbs

Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserun

Irregular Verb Table

Master these tricky verbs with movement-based lessons inside the LMS!

View All Grammar Tools →

My Journey from Self-Doubt to Self-Discipline

I started where many do—low energy, low confidence, and always second-guessing myself. But everything changed when I combined fitness with English learning. One rep, one lesson; one small win at a time—I built a new version of me.

Here's what I've gained (and what you can too):

- Confidence in my body and my words
- A routine that strengthens my mindset
- Real-life communication skills that work anywhere

Watch my story and see how you can start yours

Be ready so you don't have to get ready.

FitWithEnglish gives you the tools to do both.

Join Now

Your Journey Starts Here

Choose the right plan for your fitness + English journey.

Basic

The foundational tools to get you started.

$59/month

Start free trial

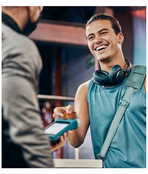
Popular

Pro

Tools + support to help you grow faster.

$159/month

Start free trial



> This program helped me finally speak English confidently—and I even lost 4kg following the fitness videos! The grammar charts are a game-changer. Thank you!
>
> David, Nigeria — Pro+ Member

Make real progress. Build real confidence.

FitWithEnglish gives you the tools to do both.

Join Now

NEWSLETTER & PODCAST

Join the Fit With English Crew

Each week, I'll share lessons, fitness tips, motivational stories, and practical ways to level up—in and out of the gym.

Email

Join Now

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