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| Ricker Dining Fall Menu Week 5 LUNCH *2013* | | | | | | | | |
|  | MONDAY | TUESDAY | **WEDNESDAY** | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|  | 10/21/13 | 10/22/13 | 10/23/13 | 10/24/13 | 10/25/13 | 10/26/13 | 10/27/13 | |
| **Soups** | Beef Minestrone | Lentils w/Lemon & Garlic | Chicken Noodle | Clam Chowder |  |  | (Brunch) | |
| **Lunch**  **Entrees** | 1.Grilled Chicken Panini  2.Mayzing with  Braised Potatoes and Spinach  3. Pasta Bar  4.Brown Rice, Pilaf , Beans  and Cranberries  5.Swiss Chard  6. Deli | 1.Sweet and Sour Pork  2. Japanese Curry with  Tofu and Edamame  3.Yakisoba Noodles  4. Quinoa and Vegetables  5. Steamed Rice  6. Roasted Broccoli  7. Steamed Zucchini | 1.Thai Chicken with Yellow Curry Sauce  2. Roasted Vegetable  Panini Sun Dried Tomato  Aioli  3. Rice  4. Roasted Carrots  and Parsnips  5. Greens  6. Quinoa  7. Deli | 1.Deluxe Hamburger bar  MSF Hand Formed Burger  (Grilled Onions, Mushrooms, Bacon)  2.Deluxe Veggie Burger  3. Pasta  4.Grilled Tofu  5. Garlic Fries  6. Seasoned Greens  7. Vegetarian Chili |  |  | 1. Crepe Bar  2. Build Your Own Breakfast  Burrito  -Scrambled Eggs  -Breakfast Potatoes  -Flour Tortillas  -Refried Beans  -Pork Sausage Links  6. Tofu Stir Fry  Salsa, Sour Cream, Shredded Cheese  Roast **Beef**  Pasta  Vegetable  Hard Boiled Eggs  MYO Waffles | |
| **Grill** | Marin Sun Farms Grass Fed Beef Burgers, Grilled Chicken Breasts, Gardenburgers, Boca Burgers, Black Bean Burgers | | | |  |  | Build Your Own Omelets | |
| **JIT**  **Salad** | Spinach with Orange Segments in a Orange Vinaigrette | Roasted Vegetable Salad | Chicken Caesar | Greek Salad |  |  | Tossed Salad | |
| **Pizza** | Pizza | Pizza | Pizza | Pizza |  |  |  | |
| **Sweets** | Cookies | Death By Chocolate | Cookies | Cake |  |  | Assorted pastries | |
| Ricker Dining Fall Menu Week 5 DINNER  *2013* | | | | | | | | |
|  | MONDAY | TUESDAY | **WEDNESDAY** | THURSDAY | FRIDAY | SATURDAY | | SUNDAY |
|  | 10/21/13 | 10/22/13 | 10/23/13 | 10/24/13 | 10/25/13 | 10/26/13 | | 10/27/13 |
| **Soups** | Beef Minestrone | Lentils w/Lemon & Garlic | Chicken Noodle | Clam Chowder |  |  | |  |
| **Dinner**  **Entrees** | 1.Grilled Salmon Cakes with Orange Bernaise Sauce **(HALAL)**  2.Pasta with Sausage and Pepper  Sauce  3 Pasta with Marinara (student request)  3. Spanikopita  4. Wild and Brown Rice Pilaf with Beans and Greens  4. Roasted Butternut Squash  6.Greens | Filipino Dinner  1.HALAL Chicken  Adobo  2.Pork Tocino  3.Vegetarian Pancit  4. Garlic Rice  5. .Vegetable Chop Suey | Indian Dinner  **1.HALAL** Chicken Tikka  2. Braised Brisket  3.Chana Masala Chickpeas and Tofu  4.Saffron Rice  5. Dahl Lentils  6. Roasted Cauliflower  7. Steamed Broccoli | 1.Chicken **HALAL** Huli  Huli  2. Beef and Broccoli Stir  Fry  3. Stir Fry Five Spice  Tofu  4. Egg Foo Young  5. Chow Mein  6. . Steamed Broccoli |  |  | | **1.HALAL** Roasted Chicken  2. Build Your Own Pasta Station  3. Mashed Potatoes  4. Steamed Herbed Carrots  5. Sautéed Kale |
| **Grill** | Marin Sun Farms Grass Fed Beef Burgers, Grilled Chicken Breasts, Gardenburgers, Boca Burgers, Black Bean Burgers | | | |  |  | |  |
| **Sweets** | Coconut Rice Pudding  Crème Brulee | Crème Brulee | Chef Clarissa’s Homemade Apple Bread Pudding | Death By Chocolate |  |  | | Apple Pie and Ice Cream |
| **Breads** | Garlic Bread | Dinner Rolls | Pita Bread | Honey Butter Biscuits |  |  | | Dinner Roll |