

## HYPERTENSION HEALTH LITERACY STUDY QUESTIONNAIRE

ADMINISTRATIVE	
Date of survey:	
Participant ID:	

GP SURVEY (To be completed by GP)		
Q1.	Patient's height (meters)	. (meters)
Q2.	Patient's weight (kg)	. (kg)
Q3.	Systolic blood pressure/Diastolic blood pressure	/ (mmHg)
Q4.	Is the patient currently treated for hypertension?	<div style="display: flex; justify-content: space-around;"> <span>No</span> <span>Yes</span> </div>
Q5.	List of current medications for treatment of hypertension	<div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">[medication #1]</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">[medication #2]</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">[medication #3]</div>

DEMOGRAPHICS (To be completed by the patient)			
Q6.	What is your age?	years	
Q7.	Which Australian state do you reside in?	_____	
Q8.	What is your residential postcode?	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	
Q9.	What is your gender?	Male	Female
Q10.	What is your highest level of education? [select one)	<div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">Attended high school, did not complete Year 10</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">High School, completed Year 10</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">High School, completed Year 12</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">Traineeship/apprenticeship</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">Technical and Further Education (TAFE)</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">University – Bachelor's degree</div> <div style="border-bottom: 1px solid black; margin-bottom: 5px;"></div> <div style="text-align: right; font-size: small;">University – Postgraduate degree</div>	
Q11.	Are you of Aboriginal or Torres Strait Islander Origin? [can select multiple]	No	<div style="display: flex; justify-content: space-around;"> <span>Yes, Aboriginal</span> <span>Yes, Torres Strait Islander</span> </div>
Q12.	Do you speak a language other than English at home?	No	Yes
Q13.	In which country were you born?	_____	

PATIENT QUESTIONNAIRE – HIGH BLOOD PRESSURE (To be completed by the patient)					
Q14.	Has a doctor or a health care practitioner (e.g. nurse) told you that you have high blood pressure?	Yes	No	Don't know	
Q15.	In the past month have you been treated for high blood pressure?	Yes	No	Don't know	
Q16.	Do you know what is meant by 'hypertension'? (please select one)	High blood pressure			
		High blood sugar			
		Overactivity			
		High tension/stress			
		Don't know			
Q17.	Do you know how common high blood pressure is in Australia? (please select one)	1 in 100 people (1%)			
		1 in 20 people (5%)			
		1 in 5 people (20%)			
		1 in 2 people (50%)			
		Don't know			
Q18.	Do you know what measures can help lower blood pressure? (please select one)	Only medication can help			
		Only lifestyle (healthy diet and exercise) can help			
		Medication and lifestyle can help			
		Nothing can help			
		Don't know			
Q19.	<b>Do you agree or disagree with the following statements?</b>	<b>Strongly agree</b>	<b>Agree</b>	<b>Disagree</b>	<b>Strongly disagree</b>
Q19a.	Older age is associated with high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q19b.	Cigarette smoking increases the risk of high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q19c.	High levels of physical and emotional stress increase the risk of high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Q19d.	Family history of high blood pressure increases the risk of developing high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>END OF THE QUESTIONNAIRE – THANK YOU FOR YOUR TIME</b>					