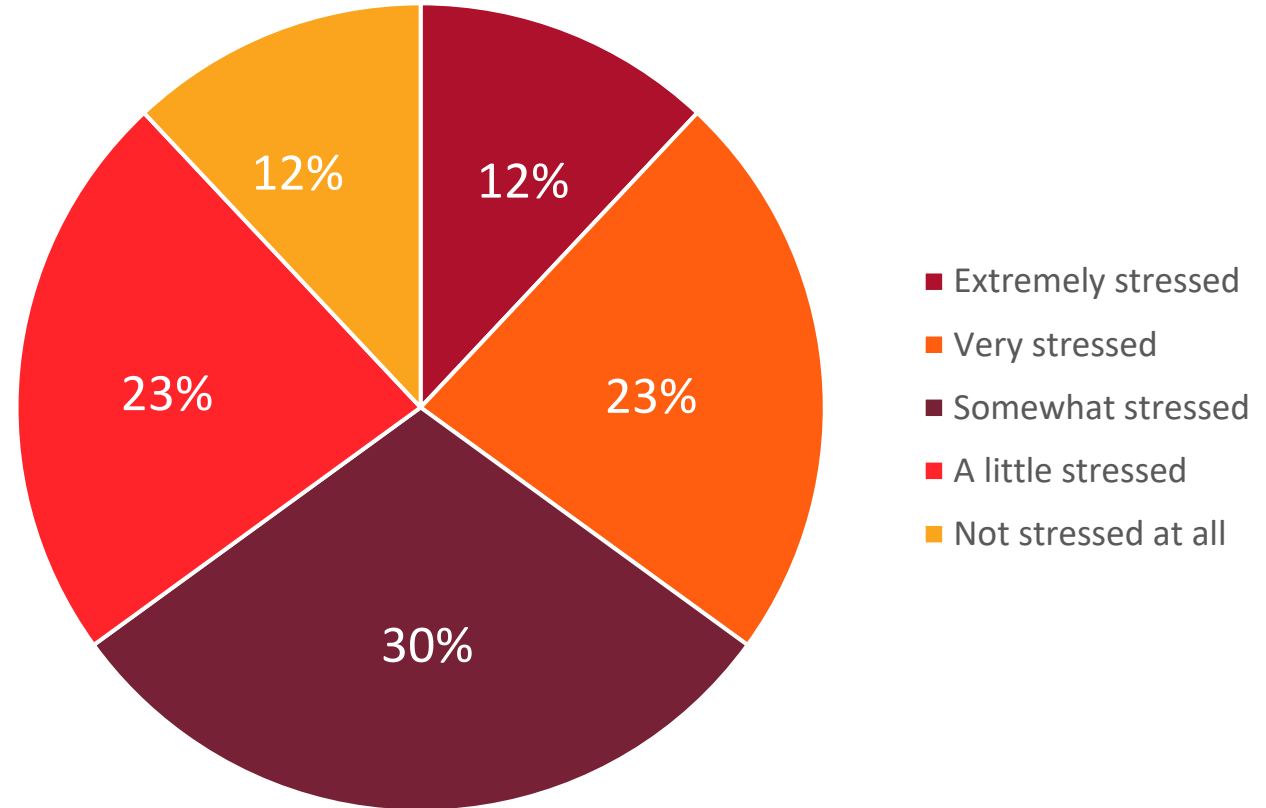


Lincoln *WellnessPATH*®

Let's talk about financial wellness

FACT: It's hard to focus on **tomorrow** when you're worried about **today**

88% of workers have been stressed over the past six months.



Source: Lincoln Wellness@Work: Group Benefits, 2022

What does financial wellness mean to you?



How do you improve financial wellness?

1.

Manage
competing
priorities

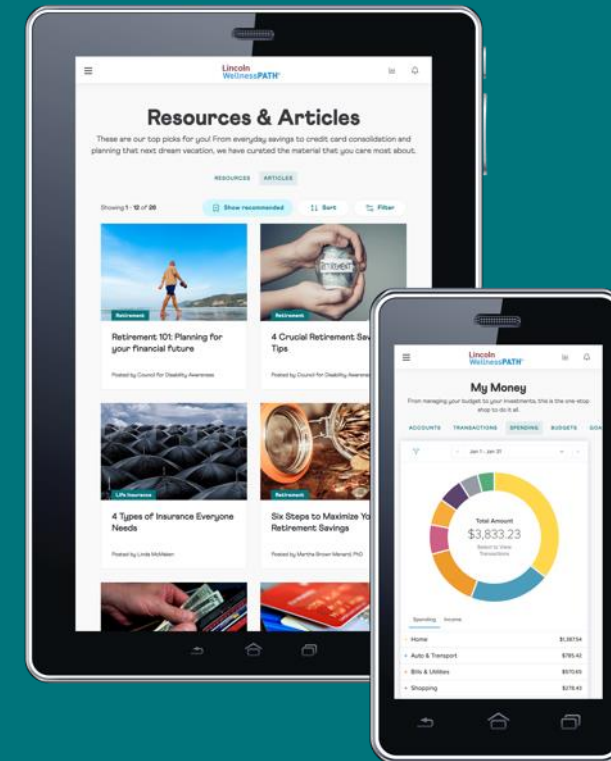
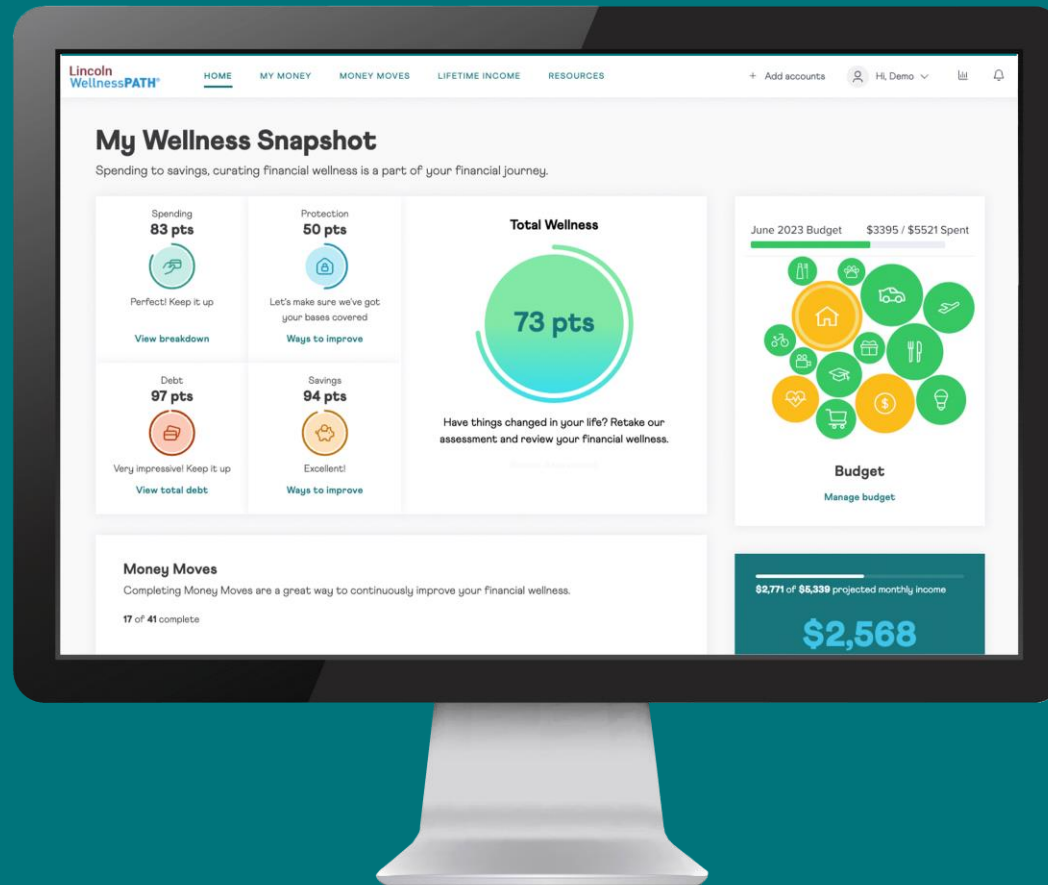
2.

Set specific
goals

3.

Acquire
more financial
know-how

Introducing Lincoln *WellnessPATH*



For illustrative purposes only. Actual screens subject to change.

Assess your financial health

My living situation is...?

- ☐ I rent
- ☐ I have a mortgage
- ☐ I live at home / someone else pays
- ☐ I have paid over half my mortgage
- ☐ I own my home free and clear

Do you have personal finance discussions?

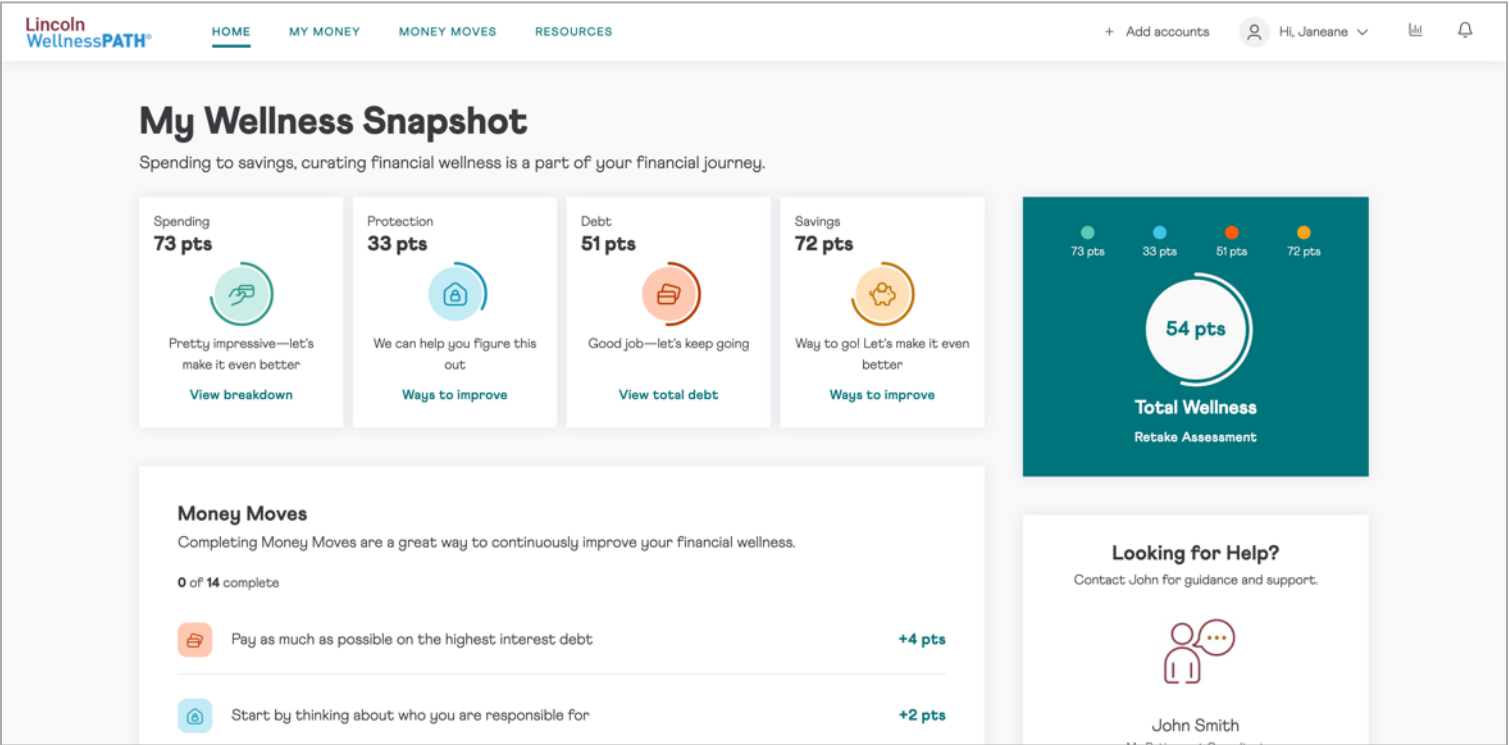
- ☐ I avoid them as much as possible
- ☐ Yearly, at tax time
- ☐ Occasionally, but not enough

Do you have an emergency fund?

- ☐ I don't have one
- ☐ I have a small one, and would use credit
- ☐ I have about \$1,000 in cash
- ☐ I have more than \$1,000, but would like more
- ☐ I have 3 to 6 months of living expenses in cash

Take
a quick
survey

See strengths and weaknesses



Get your
results

Take action

Lincoln
WellnessPATH®

HOMEMY MONEYMONEY MOVESRESOURCES

+ Add accounts

Hi, Janeane

My Money Moves

Money Moves are a great way to achieve your goals. You and your coach can add and manage your Money Moves to help you along your financial journey. Link related Money Moves in Money Moves Groups to make your own checklist.

MONEY MOVESMONEY MOVES GROUPS

Showing 1 - 22 of 22☐ Denotes Money Move Group

SortFilter

New

4 pts

CREDIT CARDS

Pay as much as possible on the highest interest debt

View details

Created 02/24/2022

New

2 pts

LIFE INSURANCE

Start by thinking about who you are responsible for

View details

Created 02/24/2022

New

1 pt

STUDENT LOANS

Explore future repayment options

View details

Created 02/24/2022

New

1 pt

RETIREMENT

Determine your estimated income at retirement.

View details

Created 02/24/2022

New

1 pt

CREDIT SCORE

Get your FREE credit score

View details

Created 02/24/2022

New

DISABILITY INSURANCE

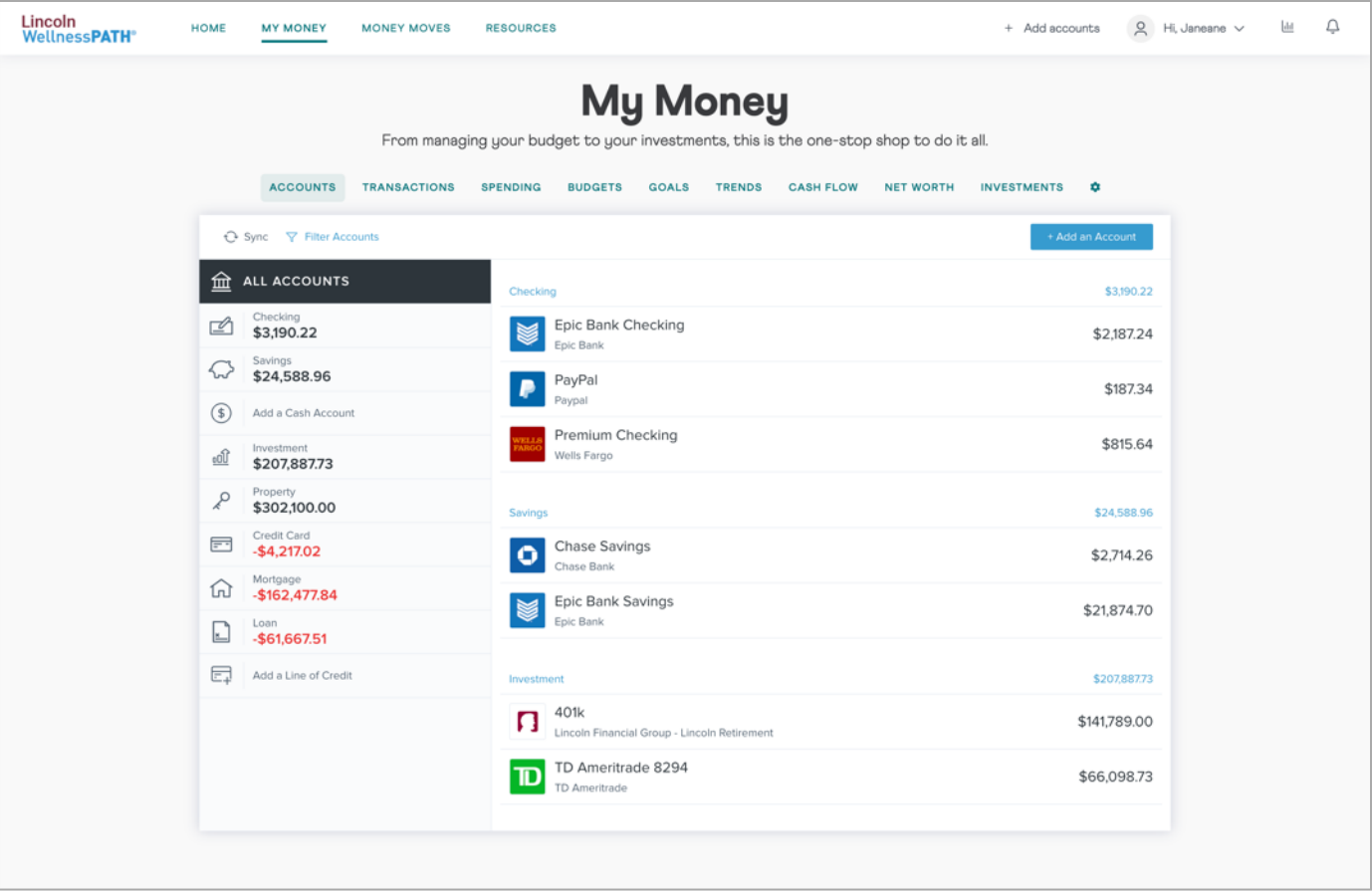
Add some long-term disability coverage

View details

Created 02/24/2022

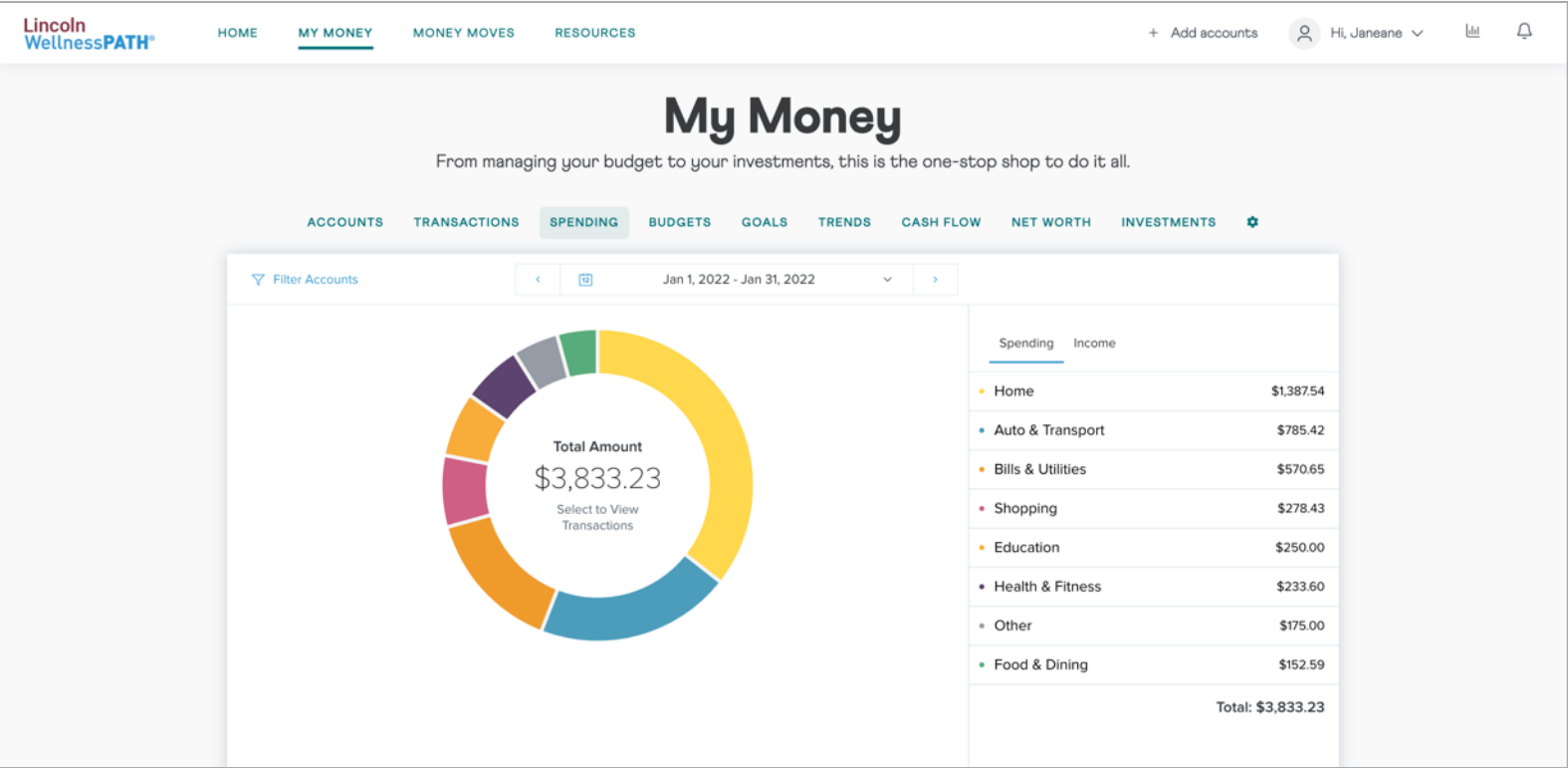
Complete
Money
Moves

Get a complete financial picture



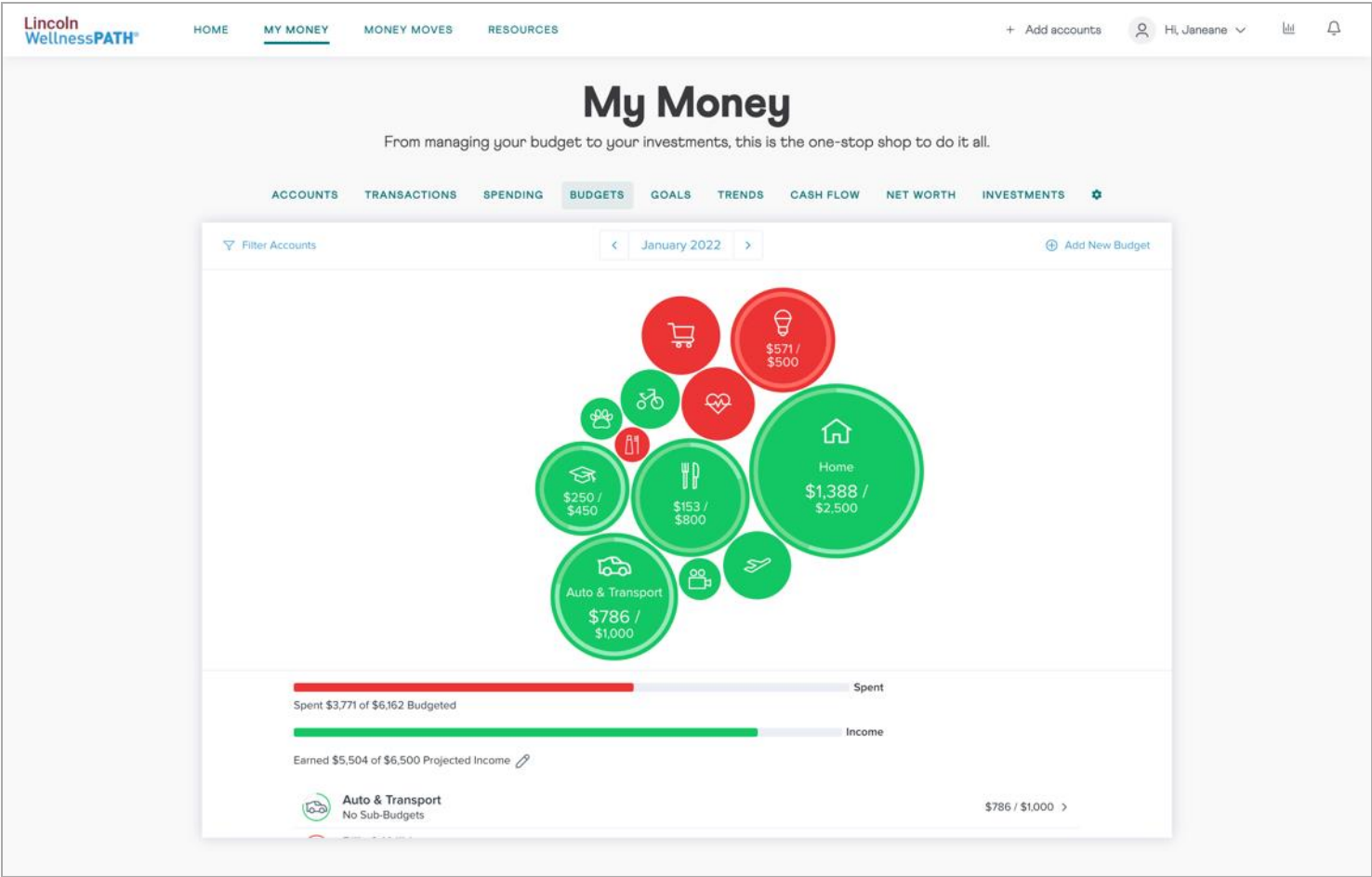
Link your
accounts

Track progress



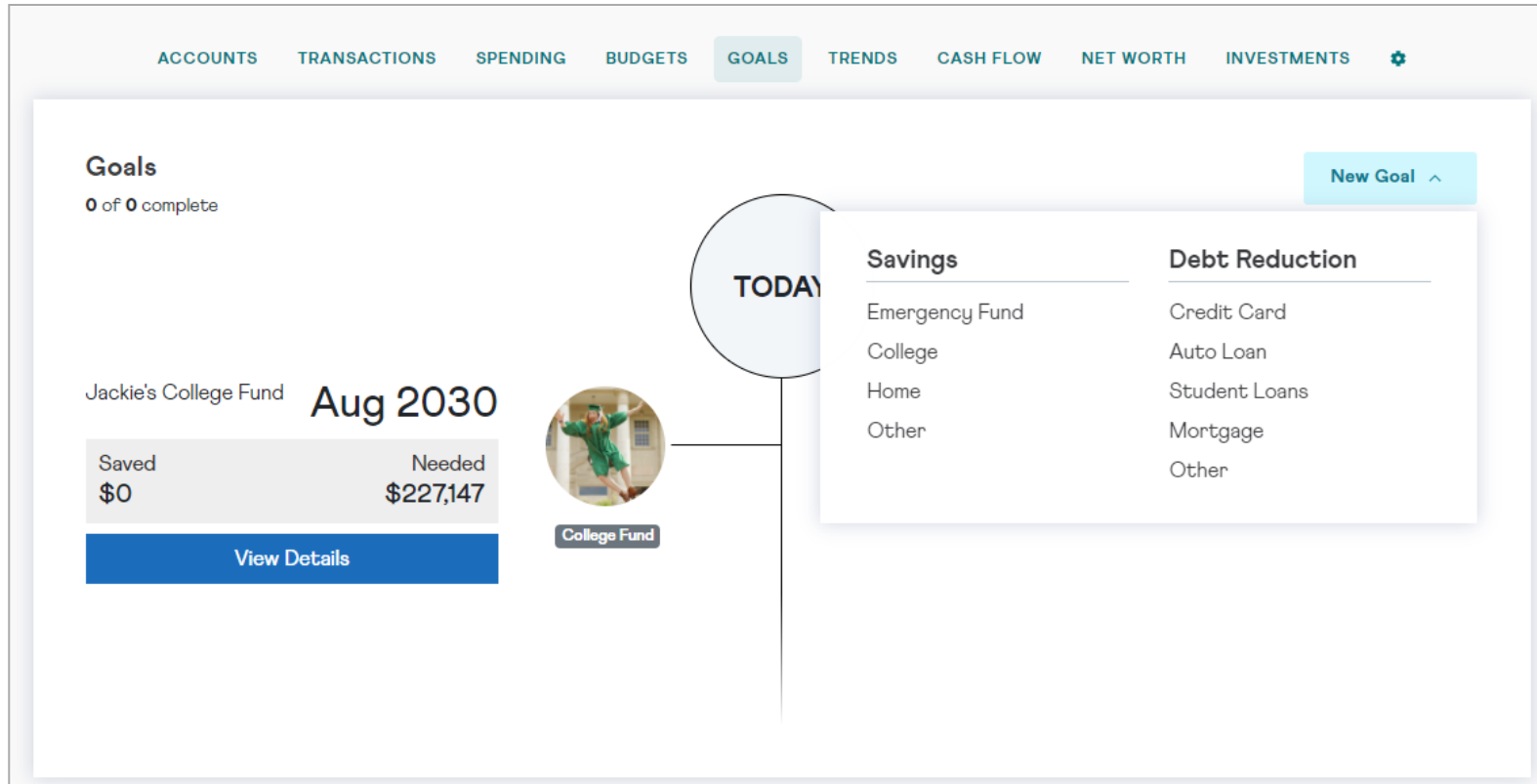
See the
big picture

Spend smarter



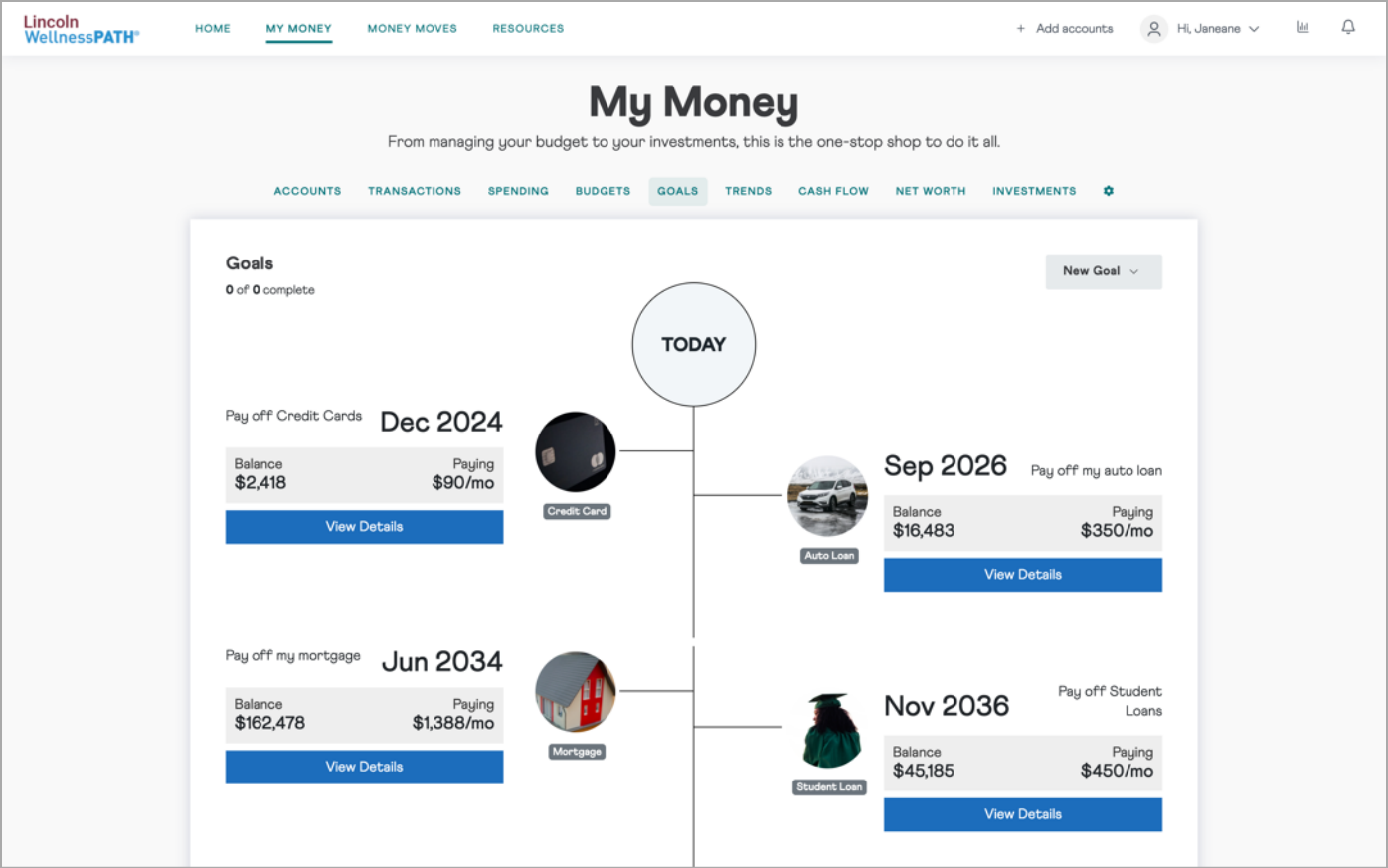
Manage
your
budget

Focus on your needs



Set
personalized
goals

Know where you stand



Track
your goals

Relevant articles

Lincoln
WellnessPATH

HOMEMY MONEYMONEY MOVESRESOURCES

+ Add accountsHi, Janeane


Resources & Articles

These are our top picks for you! From everyday savings to credit card consolidation and planning that next dream vacation, we have curated the material that you care most about.

RESOURCESARTICLES

Showing 1 - 12 of 26


Show recommendedSortFilter



Retirement

Retirement 101: Planning for your financial future


Posted by Council for Disability Awareness



Retirement

4 Crucial Retirement Savings Tips


Posted by Council for Disability Awareness



Life Insurance


4 Types of Insurance Everyone Needs

Posted by Linda McMaken




Retirement

Six Steps to Maximize Your Retirement Savings



Credit Score

7 simple ways to improve your credit score



Credit Cards

The 9 Best Reasons to Use Your Credit Card

Boost your
financial
know-how

The road to financial wellness

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