Single-population MR using hierarchical Bayesian model (no prior for  $\beta$  and  $\alpha$ , no CHP effect)

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## 1 Model settings

True causal relationship for the kth IV,

$$\Gamma_k = \theta_k + \beta \gamma_k \tag{1}$$

$$\begin{pmatrix} \hat{\gamma}_k \\ \hat{\Gamma}_k \end{pmatrix} \sim \mathcal{N} \left( \begin{pmatrix} \gamma_k \\ \Gamma_k \end{pmatrix}, \hat{\boldsymbol{S}}_k \right) = \mathcal{N} \left( \begin{pmatrix} \gamma_k \\ \theta_k + \beta \gamma_k \end{pmatrix}, \begin{pmatrix} \hat{s}_{\gamma k}^2 \\ \hat{s}_{\Gamma k}^2 \end{pmatrix} \right), \tag{2}$$

where  $\hat{\mathbf{S}}_k$  is a diagonal variance-covariance matrix for observations. The diagonal elements can be estimated empirically from GWAS.

# 2 Bayesian hierarchical model

We set the following priors:  $\gamma_k \sim N(0, \sigma_{\gamma}^2)$ ,  $\theta_k \sim N(0, \sigma_{\theta}^2)$ . Hyper priors for  $\sigma_{\gamma}^2, \sigma_{\theta}^2$  are chosen to be conjugate with the corresponding likelihood.

### 3 Full likelihood

Full likelihood is:

$$L\left(\Theta|\hat{\boldsymbol{\Gamma}},\hat{\boldsymbol{\gamma}}\right) = \prod_{k} \left[ P(\hat{\boldsymbol{\Gamma}}_{k}|\gamma_{k},\theta_{k},\beta) \cdot P(\hat{\gamma}_{k}|\gamma_{k}) \cdot P(\gamma_{k}|\sigma_{\gamma}^{2}) \cdot P(\theta_{k}|\sigma_{\theta}^{2}) \right] \cdot \pi \left(\sigma_{\gamma}^{2},\sigma_{\theta}^{2}\right)$$

where

$$P(\hat{\Gamma}_k|\gamma_k, \theta_k, \beta) \propto \exp\left[-\frac{1}{2}\left(\hat{\Gamma}_k - \theta_k - \beta\gamma_k\right)^2/\hat{s}_{\Gamma k}^2\right]$$

$$P(\hat{\gamma}_k|\gamma_k) \propto \exp\left[-\frac{1}{2}(\hat{\gamma}_k - \gamma_k)^2/\hat{s}_{\gamma k}^2\right]$$

$$P(\gamma_k|\sigma_\gamma^2) \propto \left(\sigma_\gamma^2\right)^{-\frac{1}{2}} \exp\left(-\frac{1}{2}\gamma_k^2/\sigma_\gamma^2\right)$$

$$P(\theta_k | \sigma_{\theta}^2) \propto (\sigma_{\theta}^2)^{-\frac{1}{2}} \exp\left(-\frac{1}{2}\theta_k^2/\sigma_{\theta}^2\right)$$

### 4 Full conditional

#### 4.1 IV-to-exposure effect $\gamma_k$

$$p\left(\gamma_{k}|rest\right) \propto \exp\left[-\frac{1}{2}\left(\hat{\Gamma}_{k} - \theta_{k} - \beta\gamma_{k}\right)^{2}/\hat{s}_{\Gamma k}^{2} - \frac{1}{2}\left(\hat{\gamma}_{k} - \gamma_{k}\right)^{2}/\hat{s}_{\gamma k}^{2} - \frac{1}{2}\gamma_{k}^{2}/\sigma_{\gamma}^{2}\right]$$

$$\propto \exp\left\{-\frac{1}{2}\left[\gamma_{k}^{2}\left(\frac{\beta^{2}}{\hat{s}_{\Gamma k}^{2}} + \frac{1}{\hat{s}_{\gamma k}^{2}} + \frac{1}{\sigma_{\gamma}^{2}}\right) - 2\gamma_{k}\left(\frac{\beta(\hat{\Gamma}_{k} - \theta_{k})}{\hat{s}_{\Gamma k}^{2}} + \frac{\hat{\gamma}_{k}}{\hat{s}_{\gamma k}^{2}}\right)\right]\right\}$$

So the posterior

$$\gamma_k | rest \sim \mathcal{N}\left(B_{\gamma k}/A_{\gamma k}, 1/A_{\gamma k}\right)$$

where

$$A_{\gamma k} = \frac{\beta^2}{\hat{s}_{\Gamma k}^2} + \frac{1}{\hat{s}_{\gamma k}^2} + \frac{1}{\sigma_{\gamma}^2}, \ B_{\gamma k} = \frac{\beta(\hat{\Gamma}_k - \theta_k)}{\hat{s}_{\Gamma k}^2} + \frac{\hat{\gamma}_k}{\hat{s}_{\gamma k}^2}$$

#### 4.2 UHP effect $\theta_k$

$$\begin{split} & p\left(\theta_{k}|rest\right) \propto \exp\left[-\frac{1}{2}\left(\hat{\Gamma}_{k} - \theta_{k} - \beta\gamma_{k}\right)^{2}/\hat{s}_{\Gamma k}^{2} - \frac{1}{2}\theta_{k}^{2}/\sigma_{\theta}^{2}\right] \\ & \propto \exp\left\{-\frac{1}{2}\left[\theta_{k}^{2}\left(\frac{1}{\hat{s}_{\Gamma k}^{2}} + \frac{1}{\sigma_{\theta}^{2}}\right) - 2\theta_{k}\left(\hat{\Gamma}_{k} - \beta\gamma_{k}\right)/\hat{s}_{\Gamma k}^{2}\right]\right\} \end{split}$$

So the posterior

$$\theta_k | rest \sim \mathcal{N}\left(B_{\theta k}/A_{\theta k}, 1/A_{\theta k}\right)$$

where

$$A_{\theta k} = \frac{1}{\hat{s}_{\Gamma k}^2} + \frac{1}{\sigma_{\theta}^2}, \ B_{\theta k} = \left(\hat{\Gamma}_k - \beta \gamma_k\right) / \hat{s}_{\Gamma k}^2$$

# 4.3 IV-to-exposure variance $\sigma_{\gamma}^2$

Assume a conjugate prior  $IG(a_{\gamma}, b_{\gamma})$ . Then,

$$p(\sigma_{\gamma}^{2}|rest) \propto \exp\left(-\frac{1}{2}\sum_{k}\gamma_{k}^{2}/\sigma_{\gamma}^{2}\right) \cdot \left(\sigma_{\gamma}^{2}\right)^{-K/2} \cdot \pi\left(\sigma_{\gamma}^{2}\right) \propto \left(\sigma_{\gamma}^{2}\right)^{-\left(a_{\gamma} + \frac{K}{2}\right) - 1} \cdot \exp\left[-\left(b_{\gamma} + \frac{1}{2}\sum_{k}\gamma_{k}^{2}\right)/\sigma_{\gamma}^{2}\right]$$

So the posterior

$$\sigma_{\gamma}^{2}|rest \sim IG\left(a_{\gamma} + \frac{K}{2}, b_{\gamma} + \frac{1}{2}\sum_{k}\gamma_{k}^{2}\right)$$

## 4.4 UHP variance $\sigma_{\theta}^2$

Assume a conjugate prior  $IG(a_{\theta}, b_{\theta})$ . Then,

$$p(\sigma_{\theta}^{2}|rest) \propto \exp\left(-\frac{1}{2}\sum_{k}\theta_{k}^{2}/\sigma_{\theta}^{2}\right) \cdot \left(\sigma_{\theta}^{2}\right)^{-K/2} \cdot \pi\left(\sigma_{\theta}^{2}\right) \propto \left(\sigma_{\theta}^{2}\right)^{-\left(a_{\theta} + \frac{K}{2}\right) - 1} \cdot \exp\left[-\left(b_{\theta} + \frac{1}{2}\sum_{k}\theta_{k}^{2}\right)/\sigma_{\theta}^{2}\right]$$

So the posterior

$$\sigma_{\theta}^{2}|rest \sim IG\left(a_{\theta} + \frac{K}{2}, b_{\theta} + \frac{1}{2}\sum_{k}\theta_{k}^{2}\right)$$

#### 4.5 Causal effect $\beta$

$$p(\beta|rest) \propto \exp\left[-\frac{1}{2}\sum_{k}\left(\hat{\Gamma}_{k} - \theta_{k} - \beta\gamma_{k}\right)^{2}/\hat{s}_{\Gamma k}^{2}\right]$$

$$\propto \exp\left[-\frac{1}{2}\left(\boldsymbol{U}_{\beta} - \beta\boldsymbol{W}_{\beta}\right)'\hat{\boldsymbol{\Omega}}_{\Gamma}\left(\boldsymbol{U}_{\beta} - \beta\boldsymbol{W}_{\beta}\right)\right]$$

$$\propto \exp\left\{-\frac{1}{2}\left[\beta^{2}\left(\boldsymbol{W}_{\beta}'\hat{\boldsymbol{\Omega}}_{\Gamma}\boldsymbol{W}_{\beta}\right) - 2\beta\left(\boldsymbol{W}_{\beta}'\hat{\boldsymbol{\Omega}}_{\Gamma}\boldsymbol{U}_{\beta}\right)\right]\right\}$$

$$\propto \exp\left[-\frac{1}{2}A_{\beta}\cdot\left(\beta^{2} - 2\mu_{\beta}\beta\right)\right]$$

So the posterior

$$\beta|rest \sim N\left(\mu_{\beta}, A_{\beta}^{-1}\right)$$

where

$$A_{\beta} = \mathbf{W}_{\beta}' \hat{\mathbf{\Omega}}_{\Gamma} \mathbf{W}_{\beta}, \ \mu_{\beta} = \mathbf{W}_{\beta}' \hat{\mathbf{\Omega}}_{\Gamma} \mathbf{U}_{\beta} / A_{\beta}$$
$$\hat{\mathbf{\Omega}}_{\Gamma} = \operatorname{diag} \left( 1/\hat{s}_{\Gamma 1}^{2}, \cdots, 1/\hat{s}_{\Gamma K}^{2} \right), \ \mathbf{U}_{\beta}' = \left( \hat{\Gamma}_{1} - \theta_{1}, \cdots, \hat{\Gamma}_{K} - \theta_{K} \right), \ \mathbf{W}_{\beta}' = (\gamma_{1}, \cdots, \gamma_{K})$$

# 5 Model with no horizontal pleiotropy

True causal relationship for the kth IV is  $\Gamma_k = \beta \gamma_k$ . The joint model can be written as:

$$\begin{pmatrix} \hat{\gamma}_k \\ \hat{\Gamma}_k \end{pmatrix} \sim \mathcal{N} \left( \begin{pmatrix} \gamma_k \\ \Gamma_k \end{pmatrix}, \hat{\boldsymbol{S}}_k \right) = \mathcal{N} \left( \begin{pmatrix} \gamma_k \\ \beta \gamma_k \end{pmatrix}, \begin{pmatrix} \hat{s}_{\gamma k}^2 \\ \hat{s}_{\Gamma k}^2 \end{pmatrix} \right), \tag{3}$$

where  $\hat{\mathbf{S}}_k$  is a diagonal variance-covariance matrix for observations. The diagonal elements can be estimated empirically from GWAS. We set the prior  $\gamma_k \sim N(0, \sigma_{\gamma}^2)$ . Hyper priors for  $\sigma_{\gamma}^2$  is chosen to be conjugate with the corresponding likelihood. The full likelihood is:

$$L\left(\Theta|\hat{\mathbf{\Gamma}}, \hat{\gamma}\right) = \prod_{k} \left[ P(\hat{\Gamma}_{k}|\gamma_{k}, \beta) \cdot P(\hat{\gamma}_{k}|\gamma_{k}) \cdot P(\gamma_{k}|\sigma_{\gamma}^{2}) \right] \cdot \pi \left(\sigma_{\gamma}^{2}\right)$$

where

$$P(\hat{\Gamma}_k|\gamma_k,\beta) \propto \exp\left[-\frac{1}{2}\left(\hat{\Gamma}_k - \beta\gamma_k\right)^2/\hat{s}_{\Gamma k}^2\right]$$
$$P(\hat{\gamma}_k|\gamma_k) \propto \exp\left[-\frac{1}{2}\left(\hat{\gamma}_k - \gamma_k\right)^2/\hat{s}_{\gamma k}^2\right], \ P(\gamma_k|\sigma_{\gamma}^2) \propto \left(\sigma_{\gamma}^2\right)^{-\frac{1}{2}} \exp\left(-\frac{1}{2}\gamma_k^2/\sigma_{\gamma}^2\right)$$

Full conditional:

IV-to-exposure effect  $\gamma_k$ :

$$p\left(\gamma_{k}|rest\right) \propto \exp\left[-\frac{1}{2}\left(\hat{\Gamma}_{k} - \beta\gamma_{k}\right)^{2}/\hat{s}_{\Gamma k}^{2} - \frac{1}{2}\left(\hat{\gamma}_{k} - \gamma_{k}\right)^{2}/\hat{s}_{\gamma k}^{2} - \frac{1}{2}\gamma_{k}^{2}/\sigma_{\gamma}^{2}\right]$$

$$\propto \exp\left\{-\frac{1}{2}\left[\gamma_{k}^{2}\left(\frac{\beta^{2}}{\hat{s}_{\Gamma k}^{2}} + \frac{1}{\hat{s}_{\gamma k}^{2}} + \frac{1}{\sigma_{\gamma}^{2}}\right) - 2\gamma_{k}\left(\frac{\beta\hat{\Gamma}_{k}}{\hat{s}_{\Gamma k}^{2}} + \frac{\hat{\gamma}_{k}}{\hat{s}_{\gamma k}^{2}}\right)\right]\right\}$$

So the posterior

$$\gamma_k | rest \sim \mathcal{N}\left(B_{\gamma k}/A_{\gamma k}, 1/A_{\gamma k}\right)$$

where

$$A_{\gamma k} = \frac{\beta^2}{\hat{s}_{\Gamma k}^2} + \frac{1}{\hat{s}_{\gamma k}^2} + \frac{1}{\sigma_{\gamma}^2}, \ B_{\gamma k} = \frac{\beta \hat{\Gamma}_k}{\hat{s}_{\Gamma k}^2} + \frac{\hat{\gamma}_k}{\hat{s}_{\gamma k}^2}$$

IV-to-exposure variance  $\sigma_{\gamma}^2$ :

Assume a conjugate prior  $IG(a_{\gamma}, b_{\gamma})$ . Then,

$$p(\sigma_{\gamma}^{2}|rest) \propto \exp\left(-\frac{1}{2}\sum_{k}\gamma_{k}^{2}/\sigma_{\gamma}^{2}\right) \cdot \left(\sigma_{\gamma}^{2}\right)^{-K/2} \cdot \pi\left(\sigma_{\gamma}^{2}\right) \propto \left(\sigma_{\gamma}^{2}\right)^{-\left(a_{\gamma} + \frac{K}{2}\right) - 1} \cdot \exp\left[-\left(b_{\gamma} + \frac{1}{2}\sum_{k}\gamma_{k}^{2}\right)/\sigma_{\gamma}^{2}\right]$$

So the posterior

$$\sigma_{\gamma}^{2}|rest \sim IG\left(a_{\gamma} + \frac{K}{2}, b_{\gamma} + \frac{1}{2}\sum_{k}\gamma_{k}^{2}\right)$$

Causal effect  $\beta$ :

$$p(\beta|rest) \propto \exp\left[-\frac{1}{2} \sum_{k} \left(\hat{\Gamma}_{k} - \beta \gamma_{k}\right)^{2} / \hat{s}_{\Gamma k}^{2}\right]$$

$$\propto \exp\left[-\frac{1}{2} \left(\boldsymbol{U}_{\beta} - \beta \boldsymbol{W}_{\beta}\right)' \hat{\boldsymbol{\Omega}}_{\Gamma} \left(\boldsymbol{U}_{\beta} - \beta \boldsymbol{W}_{\beta}\right)\right]$$

$$\propto \exp\left\{-\frac{1}{2} \left[\beta^{2} \left(\boldsymbol{W}_{\beta}' \hat{\boldsymbol{\Omega}}_{\Gamma} \boldsymbol{W}_{\beta}\right) - 2\beta \left(\boldsymbol{W}_{\beta}' \hat{\boldsymbol{\Omega}}_{\Gamma} \boldsymbol{U}_{\beta}\right)\right]\right\}$$

$$\propto \exp\left[-\frac{1}{2} A_{\beta} \cdot \left(\beta^{2} - 2\mu_{\beta}\beta\right)\right]$$

So the posterior

$$\beta|rest \sim N\left(\mu_{\beta}, A_{\beta}^{-1}\right)$$

where

$$A_{\beta} = \boldsymbol{W}_{\beta}' \hat{\boldsymbol{\Omega}}_{\Gamma} \boldsymbol{W}_{\beta}, \ \mu_{\beta} = \boldsymbol{W}_{\beta}' \hat{\boldsymbol{\Omega}}_{\Gamma} \boldsymbol{U}_{\beta} / A_{\beta}$$
$$\hat{\boldsymbol{\Omega}}_{\Gamma} = \operatorname{diag} \left( 1/\hat{s}_{\Gamma 1}^{2}, \cdots, 1/\hat{s}_{\Gamma K}^{2} \right), \ \boldsymbol{U}_{\beta}' = \left( \hat{\Gamma}_{1}, \cdots, \hat{\Gamma}_{K} \right), \ \boldsymbol{W}_{\beta}' = (\gamma_{1}, \cdots, \gamma_{K})$$