

[Nov-23]

GITAM (Deemed to be University)
[PSYC3001]
GST/GSS/GSB/GSHS Degree Examination
V Semester

COUNSELING PSYCHOLOGY
(Effective for the admitted batch 2021-2022)

Time: 2 Hours

Max. Marks: 30

Instructions: All parts of the unit must be answered in one place only.

SECTION-A

1. **Answer all the questions.** **(5×1=5M)**

- a) What is the nature of counselling?
- b) Define Empathy.
- c) Enlist psychosexual stages of development.
- d) What is family counselling?
- e) Define Guidance.

SECTION-B

Answer the following: **(5×5=25M)**

UNIT-I

2. Discuss the legal issues in the counselling.

OR

3. Elaborate the scope of counselling.

UNIT-II

4. What is a psychological test? Examine the importance of psychological test in counselling.

OR

5. Define Assessment. What is the importance of assessment in counselling?

UNIT-III

6. Identify the counselling approach developed by Sigmund Freud and outline its counselling techniques.

OR

7. Comparatively analyse the goals of counselling in REBT and CCT.

UNIT-IV

8. Explain the major techniques used in crisis intervention.

OR

9. Identify the complexities of counselling in different groups.

UNIT-V

10. Describe tertiary level community based approaches to counselling.

OR

11. Summarize the role of tele-counselling in modern era.

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