

[Nov-23]

GITAM (Deemed to be University)
[PSYC3001]

GST/GSS/GSB/GSHS Degree Examination
V Semester

COUNSELING PSYCHOLOGY
(Effective from the admitted batch 2021–22)

Time: 2 Hours

Max.Marks: 30

Instructions: All parts of the unit must be answered in one place only.
Figures in the right hand margin indicate marks allotted.

SECTION-A

1. **Answer all the questions.** (5x1=5M)

- a) Define Counselling.
- b) What is Counselling Interview?
- c) Enlist any two approaches to Counselling along with the names of their developers.
- d) Enlist the professional associations that deal with Marital and Family counselling.
- e) Distinguish between counselling and guidance.

SECTION-B

Answer the following: (5x5=25M)

UNIT-I

2. Analyze the major goals of counseling.

OR

3. Explain ethical guidelines followed by counsellor towards the client.

UNIT-II

4. Explain the factors influencing Counseling Process.

OR

5. Elaborate the major qualities of psychological test.

UNIT-III

6. Briefly discuss the counselling approach developed by Carl Rogers.

OR

7. Comparatively analyse the role of counsellor in Psychoanalytic approach and REBT.

UNIT-IV

8. Outline the phases of Family Counselling.

OR

9. Explain the impact of Counselling on adolescents.

UNIT-V

10. Elaborate the steps of evaluation in Counseling.

OR

11. Summarize the present status of Counselling in India.