

[Nov-23]

GITAM (Deemed to be University)
[PSYC3001]

BA/BA(HONS.) Degree Examination
V Semester

COUNSELING PSYCHOLOGY
(Effective from the admitted batch 2021–22)

Time: 2 Hours

Max.Marks: 30

Instructions: All parts of the unit must be answered in one place only.
Figures in the right hand margin indicate marks allotted.

SECTION-A

1. **Answer all the questions.** (5x1=5M)

- a) What is the major contribution of Clifford Beers in field of Counselling?
- b) What is Psychological testing?
- c) Distinguish id, ego, and superego.
- d) What is Grief?
- e) Define evaluation in counselling.

SECTION-B

Answer the following: (5x5=25M)

UNIT-I

2. Examine the ethical concerns in counselling.

OR

3. Explain the emergence of the counselling as an effective clinical tool.

UNIT-II

4. Evaluate the differences between client initiated and counsellor initiated interview.

OR

5. What is diagnosis? Outline the two primary classification systems used in diagnosis.

UNIT-III

6. Explain CBT techniques implied to attain counselling goals.

OR

7. Comparatively analyze the role of counsellor between REBT and CCT.

UNIT-IV

8. Define career guidance. Outline activities involved in Career Guidance.

OR

9. Summarize the stages in family counselling.

UNIT-V

10. Explain secondary level community based approaches to counselling.

OR

11. Outline the present status of counselling in India.