



Library
Faculty of Applied Sciences
Rajarata University of Sri Lanka
Mihintale.

**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. (Special) Degree in Health Promotion
Fourth Year – Semester II Examination – Sep/Oct 2013**

**HPT 4503 - REDUCTION OF TOBACCO, ALCOHOL AND
OTHER DRUG RELATED HARM**

Time: Three (03) hours

Answer all six (06) questions

Illustrate your answers with labeled diagrams where appropriate.

1.

a) List five (05) chemicals found in tobacco smoke.

(20 marks)

b) Explain why tobacco is the number one cause of preventable deaths in the world.

(50 marks)

c) Comment on current tobacco smoking prevalence in Sri Lanka.

(30 marks)

2.

a) Describe the chemical nature of ethyl alcohol.

(30 marks)

b) Explain why some individuals become violent after taking alcohol.

(30 marks)

c) Briefly outline the marketing strategies of alcohol industry.

(40 marks)

3.

a) Outline the major strategies to address alcohol use in a given population.

(60 marks)

b) Explain the principles of helping a smoker to quit.

(40 marks)

4.

a) Briefly explain the chemical nature of heroin and cannabis.

(50 marks)

b) Discuss the harmful effects of both heroin and cannabis.

(50 marks)

5.

a) The Health Minister has ordered the tobacco company to place large pictorial health warnings on cigarette packets. Justify this decision based on evidence.

(50 marks)

b) Discuss the major global movements and strategies adopted to reduce harm caused by tobacco.

(50 marks)

6. Write short notes on following topics.

a) Association between alcohol and happiness

(25 marks)

b) Beneficial effects of alcohol

(25 marks)

c) Withdrawal effects of substance use

(25 marks)

d) Rehabilitation of substance users

(25 marks)

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