



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
First Year- Semester I Examination – March 2021**

**HPT 1104 – HISTORY AND EVOLUTION OF HEALTH PROMOTION**

**Time: One and a half (1 1/2) hours**

**Answer ALL Questions.**

1.    a) Define the term “health promotion”. (10 marks)  
       b) Describe ‘primary health care’ as introduced by the Alma Ata Declaration. (40 marks)  
       c) Explain how the Lalonde report influenced the evolution of health promotion. (50 marks)
  
2.    a) List **five (05)** action areas mentioned in the Ottawa Charter. (20 marks)  
       b) Discuss in brief each action area mentioned in part **2 (a)**. (50 marks)  
       c) Explain the meaning of the term ‘mediate’ as described in the Ottawa Charter. (30 marks)
  
3.    a) List **three (03)** pillars of health promotion identified by the Shanghai Declaration. (15 marks)  
       b) Explain in brief, each pillar mentioned in part **3 (a)**. (45 marks)  
       c) Discuss the unique features of Bangkok Charter. (40 marks)

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