



**RAJARATA UNIVERSITY OF SRI LANKA**  
**FACULTY OF APPLIED SCIENCES**

**BSc in Health Promotion**  
**Second Year – Semester I Examination – July/August 2023**

**HPT 2302 – WORKING WITH COMMUNITIES**

**Time: Three (03) hours**

**Answer ALL questions.**

1. a) Define the term 'Community participation'. **(20 marks)**  
b) Explain why working with communities to address health and wellbeing is considered cost effective. **(30 marks)**  
c) Discuss **four (04)** main features of community-based work. **(50 marks)**
2. a) Outline the structures and processes of a village community. **(40 marks)**  
b) Discuss the factors that would influence engaging with a group of women of a village community to address their own wellbeing. **(60 marks)**
3. a) Explain in brief the strategies of initiating an intervention with youth in a district to address self-harm behavior. **(30 marks)**  
b) Discuss the ways of maintaining enthusiasm of the young people engaged throughout with the intervention mentioned in above 3. (a). **(30 marks)**  
c) Comment on the skills required by the facilitator who initiated the intervention mentioned in above 3. (a). **(40 marks)**

4. Following scenario has been reported by a community facilitator who initiated an intervention with a group of school children to improve their academic performance.

“Initially we met the principal to get the permission. The principal instructed one teacher to organize the programme and support us. The teacher then filled the auditorium with all students of that school who will sit for G.C.E. (O/L) examination this year and next year. There were 145 students in the hall. I delivered a talk using power point slides on how to organize ourselves to study better and improve. I gave them a timetable to follow until they sit for G.C.E. (O/L) examination.”

- a) Comment on the initiation of this intervention by the facilitator. **(30 marks)**
  - b) Describe **three (03)** indicators that could be used to assess the outcome of this intervention. **(30 marks)**
  - c) Discuss how to improve this intervention. **(40 marks)**
5. a) Describe in brief **three (03)** community actions that lead to community engagement. **(30 marks)**
- b) Discuss the principles applied in following phases of community engagement.
    - i. Planning phase **(35 marks)**
    - ii. Implementation phase **(35 marks)**
6. a) Outline the major steps of an intervention to address mental wellbeing in a work place. **(50 marks)**
- b) Discuss the role of the facilitator in the intervention mentioned in above 6. (a). **(50 marks)**

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