



RAJARATA UNIVERSITY OF SRI LANKA

FACULTY OF APPLIED SCIENCES

B.Sc. in Health Promotion

Second Year – Semester I Examination – May/June 2022

**HPT 2208 – EARLY CHILDHOOD CARE & DEVELOPMENT AND MATERNAL
& CHILD HEALTH**

Time: Two (02) hours

Answer ALL questions.

1. a) List **five (05)** components of Child Health Development Record (CHDR) of Sri Lanka. (20 marks)
b) Describe in brief **three (03)** components that you mentioned in above 1. (a). (30 marks)
c) Explain the importance of growth monitoring and promotion programme in Sri Lanka. (50 marks)
2. a) Explain life cycle-based continuum of care in relation to maternal and child health program in Sri Lanka. (50 marks)
b) Discuss the statement “Kangaroo mother care is a cost-effective intervention to manage Low Birth Weight babies”. (50 marks)
3. a) Explain the process of formation and elimination of synapses in child brain development. (60 marks)
b) Explain giving examples how to provide early brain stimulations for children below 3 years through play activities. (40 marks)
4. a) Describe the role of Public Health Midwife in home-based antenatal care. (60 marks)
b) Justify the above statement “Public Health Midwife plays a vital role in home-based antenatal care”. (40 marks)

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