



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. Degree in Health Promotion  
Second Year – Semester I Examination – Sep/Oct 2013**

**HPT 2201 - PSYCHOLOGY & HUMAN BEHAVIOUR**

**Time: 2 hours**

**Answer all four (04) questions**

**Illustrate your answers with labeled diagrams where appropriate.**

1. a) List four (04) methods of how people acquire attitudes and provide one (01) example for each method.

*(40 marks)*

- b) Using the factors that influence attitude-behavior link, critically discuss the statement, '*attitudes do not always predict behaviour*'.

*(60 marks)*

2. a) Illustrate the theory of planned behavior.

*(30marks)*

- b) Give two (02) differences between theory of planned behavior and theory of reasoned action.

*(10 marks)*

- c) Explain the application of the theory of planned behavior in supporting an obese person to engage in physical exercises.

*(60 marks)*

3. a) Using examples, briefly explain what is attribution theory.

(30 marks)

- b) Based on the 'explanatory style', discuss the condition of a depressed person.

(70 marks)

4. Write short notes on the following.

- a) Developmental psychology

(30 marks)

- b) Comparison of social facilitation and social loafing

(35 marks)

- c) Routes to persuasion

(35 marks)