



**RAJARATA UNIVERSITY OF SRI LANKA**  
**FACULTY OF APPLIED SCIENCES**

**BSc in Health Promotion**  
**First Year- Semester II Examination – January/February 2023**

**HPT 1209 – MEASURES OF HEALTH**

**Time: Two (2) hours**

**Answer All questions.**

1. a) Describe **four (04)** measures in relation to social wellbeing of university students. **(40 marks)**  
 b) Discuss the challenges of measuring mental wellbeing. **(60 marks)**
2. a) Describe in brief **five (05)** characteristics of a measurement. **(40 marks)**  
 b) Discuss how limitations of each characteristic mentioned in above 2 (a) influence the process of ongoing student group activity. **(60 marks)**
3. a) Describe **four (04)** anthropometric measurements used to assess the nutritional status of adults. **(40 marks)**  
 b) Explain using Sri Lanka as an example **three (03)** nutritional indicators in relation to child undernutrition. **(60 marks)**
4. a) List **four (04)** health indicators. **(20 marks)**  
 b) Describe in brief **three (03)** indicators mentioned in above 4 (a) using recent figures of Sri Lanka. **(30 marks)**  
 c) Discuss the statement “Life expectancy of females in Sri Lanka is higher than males”. **(50 marks)**

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