



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**BSc in Health Promotion
Second Year – Semester II Examination – January/February 2023**

HPT 2207 – HEALTH IMPROVEMENT

Time: Two (02) hours

Answer ALL questions.

1. a) Describe in brief **four (04)** obstacles for youth to access sexual and reproductive health services in Sri Lanka. **(40 marks)**
 b) Explain giving examples ways of addressing the obstacles mentioned in above (1.a). **(60 marks)**

2. a) Explain giving examples **two (02)** types of conformity. **(40 marks)**
 b) Explain how conformity influences the behaviour of university students in Sri Lanka. **(60 marks)**

3. a) List **four (04)** sustainable development goals that contribute to improve human health. **(20 marks)**
 b) Discuss how following factors act as challenges in improving population health.
 - i. Health inequalities **(40 marks)**
 - ii. Poverty **(40 marks)**

4. Write short notes on the followings;
 - a) Health education **(25 marks)**
 - b) Internal obstacles **(25 marks)**
 - c) Curative care services in Sri Lanka **(25 marks)**
 - d) Competencies of a health promotion facilitator **(25 marks)**

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