



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. (General) Degree in Health Promotion  
Third Year – Semester I Examination – February/March, 2013**

**HPT 3102 - EARLY CHILDHOOD CARE AND DEVELOPMENT AND  
MATERNAL AND CHILD HEALTH**

**Time : 1 ½ hours**

**Answer all three (03) questions**

**Illustrate your answers with labelled diagrams where appropriate.**

1. a) Define Early Childhood Care and Development (ECCD). (20 marks)  
 b) Describe the scientific basis of early psychosocial stimulation. (40 marks)  
 c) List the strategies that you would implement as a health promotion officer to improve ECCD practices in an area assigned to you. (40 marks)
  
2. Construct ten health messages to be delivered to pregnant mothers regarding breastfeeding. State the scientific or biological evidence that govern each message. (100 marks)
  
3. a) State four problems related to complimentary feeding in your field practice area. (20 marks)  
 b) List strategies to prevent above mentioned problems. (30 marks)  
 c) Briefly describe the safe motherhood concept. (50 marks)