



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion
First Year – Semester I Examination – June/July 2018**

HPT 1103 – CONCEPT OF HEALTH

Time: One and a half (1 1/2) hours

Answer ALL questions.

1. a) Describe briefly the evolution of the term “health” in different cultures. **(50 marks)**
b) Discuss strengths and weakness of the WHO (1948) definition of health. **(50 marks)**
2. a) Explain the **three (03)** main components of wellbeing including their sub components. **(60 marks)**
b) Describe how you would measure **two (02)** wellbeing components that you explained above. **(40 marks)**
3. Write notes on the following.
 - a) Biomedical model
 - b) Pre-requisites of health
 - c) Illness-wellness continuum
 - d) Three strategies in health promotion**(25×4 marks)**

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