



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
First Year – Semester I Examination –May/June 2016**

**HPT 1104 - HISTORY AND EVOLUTION OF HEALTH PROMOTION**

**Time: One and half (1 ½) hours**

**Answer all three (03) questions.**

1. a) List five different approaches to promote health. *(20 marks)*  
b) In a job interview for recruiting a 'Health Promotion Officer', the interview panel questions on the importance of health promotion in promoting the wellbeing of people. Incorporating examples, discuss the key features of health promotion approach in improving the wellbeing of people. *(80 marks)*
2. a) Write four key areas selected in the Adelaide conference as priorities for healthy public policy for immediate action. *(20 marks)*  
b) Using health promotion strategies proposed by the Ottawa Charter explain how nutrition could be improved through the health promotion approach. *(80 marks)*
3. Write short notes on the following.
  - a) Alma Ata declaration on primary health care *(50 marks)*
  - b) Healthy public policy as a key action area in health promotion *(50 marks)*