



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**BSc in Health Promotion
Second Year- Semester II Examination – January/February 2023**

HPT 2206 – INDICATORS AND MEASUREMENTS OF COMMUNITY HEALTH

Time: Two (02) hours

Answer All questions.

1. It has been decided to implement institutional-level health promotion interventions to promote mental health and wellbeing of university students.
 - a). List **two (02)** advantages and **two (02)** disadvantages of using secondary data on mental health issues among university students to plan above-mentioned health promotion interventions. **(20 marks)**
 - b). Describe in brief the importance of using both qualitative and quantitative data to develop health promotion interventions mentioned in above 1 (a). **(40 marks)**
 - c). Explain **five (05)** criteria that could be used to decide on the priority areas to address in the health promotion interventions mentioned in above 1 (a). **(40 marks)**
2. A health promotion intervention is planned with the objective of improving the early childhood care and development practices among estate sector mothers in a selected Medical Officer of Health (MOH) area in the Nuwara-Eliya district.
 - a). List **four (04)** stakeholders that could be involved in developing this intervention. **(20 marks)**

- b). State **two (02)** examples each for the following indicators related to the above intervention. **(40 marks)**
- Input indicators
 - Process indicators
 - Output indicators
 - Outcome indicators
- c). Describe the importance of developing and measuring input and process indicators for this intervention. **(40 marks)**
3. a). State **two (02)** examples each for the following types of social needs relevant to sexual and reproductive health (SRH) among adolescents. **(40 marks)**
- Felt needs
 - Expressed needs
 - Normative needs
 - Comparative needs
- b). Discuss the importance of conducting a comprehensive health needs assessment prior to planning interventions to improve the accessibility of SRH services for adolescents at national and sub-national levels. **(40 marks)**
- 60
4. A group of health promotion graduates has developed a two-year health promotion programme to improve the health and wellbeing among older people in a selected rural village setting in the Anuradhapura district. The monitoring and evaluation of the programme is planned to be carried out with the involvement of the local community.
- a). State **two (02)** examples each for the following type of indicators to be used to 'monitor' the above programme. **(20 marks)**
- Input indicators
 - Process indicators
- b). Describe in brief the importance of monitoring the above programme in addition to the final evaluation. **(30 marks)**
- c). Describe how to involve the local community in the village to 'monitor' and 'evaluate' the above programme. **(50 marks)**

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