



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
Third Year - Semester I Examination –September/October 2019**

**HPT 3301 – FAMILY AND COMMUNITY HEALTH PROMOTION**

**Time: Three (03) hours**

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**Answer ALL questions.**

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1. Ranjith is a 30 years old graduate. His father is a 55 years old diabetic who had recently undergone an amputation of his right leg. Ranjith smokes 5 cigarettes per day.
  - a) Assess using above information the non-communicable disease risk of Ranjith. **(40 marks)**
  - b) Explain as a health promoter how you would communicate to Ranjith about healthy lifestyle. **(60 marks)**
  
2. Combat HIV/AIDS, Malaria and other communicable diseases is one of the 'Sustainable Development Goals (SDG)' targets.
  - a) Discuss on the following diseases by elaborating the present status in Sri Lanka.
    - i. HIV (AIDS) **(25 marks)**
    - ii. Malaria **(25 marks)**
  - b) Propose as a health promoter, actions to be taken to combat above diseases to achieve the SDG targets. **(50 marks)**

3. Discuss the importance of "Social Norm". (100 marks)
4. Elaborate using examples **five (05)** characteristics of a family system. (100 marks)
5. Design a programme to address home based violence in a given community. (100 marks)
6. Criticize the approaches commonly adopted in prevention of drug abuse among youth. (100 marks)

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