



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
First Year- Semester II Examination – November /December 2016**

**HPT 1209 – MEASURES OF HEALTH**

**Answer all four (04) questions.**

**Time: Two (02) hours**

1. a) "Measuring health is essential for success of health promotion intervention." Discuss this statement, giving examples. (30 marks)
- b) Outline the characteristics which should be acquired by a Health Promotion Facilitator for effective work. (30 marks)
- c) Giving reasons, design indicators that can be used to demonstrate improvement of a health promotion worker who is working with communities. (40 marks)
2. "The idea of a **Health Continuum** can be used to explain areas people have not focused on, in promoting their health status."
  - a) Explain, using necessary examples, how health promoters use 'health continuum' to explain health to a community. (40 marks)
  - b) Discuss different types of indicators which can be used by a group of Advanced Level students to assess the progress of their health status, using a 'health continuum'. (60 marks)

3. a) Analyze the determinants that affect the health status of newly enrolled university students.

(50 marks)

- c) Describe the indicators that could be used to assess the progress of their health status by addressing most prominent determinants of health.

(50 marks)

4. A health promotion worker has identified that the enthusiasm of a community (working with health issues) is gradually decreasing.

- a) Outline possible reasons for the reduced enthusiasm.

(30 marks)

- b) Suggest activities to improve enthusiasm of a community. How could this be assessed?

(70 marks)

END