



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. (General) Degree in Health Promotion
First Year – Semester II Examination – March/April 2014**

HPT 1209 – MEASURES OF HEALTH

Time: 2 hours

Answer All (04) Questions

1. a) List five reasons for measuring health

(25 Marks)

- b) Describe the reasons listed in question No.1 a. based on your student group work.

(75 Marks)

2. a) What is a Measurement tool?

(10 Marks)

- b) Media influences and peer pressure have been identified as major determinant factors for decision making among A/L school students in Mihintale MOH area.

1. Design a health promotion intervention to address these determinants.

(40 marks)

2. Describe the relevant measures and measurement tools you are using to assess their changes.

(50 Marks)

3. a) One of the health promotion student groups designed and implemented a measurement tool to assess the changes of happiness of children in a child society while doing different activities to improve their mental wellbeing. During three months time period they observed that most of children are not engaging with the interventions and not willing to assess their changes.

1. Briefly explain the reasons for their rejection of interventions

(40 marks)

2. What are the suggestions you would adopt to address this situation with the target group?

(60 marks)

4. Write short notes on following topics

a) Advantages and disadvantages of composite indices

(25 marks)

b) Infant mortality rate in Sri Lanka

(25 marks)

c) Waist to hip ratio

(25 marks)

d) Exercise tolerance

(25 marks)