



RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTALE

B.Sc. (General) Degree in Health Promotion
Fourth Year – Semester II Examination – April/May 2016

HPT 4503 - REDUCTION OF TOBACCO, ALCOHOL AND
OTHER DRUG RELATED HARM

Time: 3 (three) hours

Answer all six (6) questions.

1. a) Explain why tobacco use considered as the number one preventable cause of death worldwide. (50 marks)
b) Outline the principles in addressing tobacco use at the community level. (50 marks)
2. a) Briefly describe the chemical effects of cannabis. (20 marks)
b) Elucidate the challenges likely to face when trying to control cannabis use in the community. (50 marks)
c) Briefly explain the harm associated with cannabis use. (30 marks)
3. a) State the principles of addressing alcohol use in community. (50 marks)
b) Explain the global public health threats due to alcohol use. (50 marks)
4. Write short notes on following topics.
a) Withdrawal symptoms (25 marks)
b) Perception of alcohol use (25 marks)
c) Tobacco taxation (25 marks)
d) Alcohol related behavior (25 marks)

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5. a) Describe the principles of helping a smoker to quit smoking. (70 marks)
b) Outline the principles of rehabilitating a heroin user. (30 marks)
6. a) If you have assign to a MOH office as a health promotion facilitator describe how you address substance use among school children. (60 marks)
b) Briefly outline the laws in Sri Lanka to address alcohol and tobacco use. (40 marks)