



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**BSc in Health Promotion
First Year- Semester I Examination –July/August 2023**

HPT 1103 – CONCEPTS OF HEALTH

Time: One and half (1^{1/2}) hours

Answer All questions.

1. a) List **three (03)** components of health as described by World Health Organization. (WHO, 1948). **(15 marks)**
 b) Outline the strategies to promote health and wellbeing of new entrants of Sri Lankan universities. **(35 marks)**
 c) Discuss the statement “Intervention can be initiated at any point of the illness and wellness continuum”. **(50 marks)**

2. a) List **three (03)** models that describe health. **(15 marks)**
 b) Explain how each model listed above **3. (a)** contributed in the development of the present concept of health. **(45 marks)**
 c) Discuss **five (05)** reasons to select holistic approach as the best approach to promote wellbeing. **(40 marks)**

3. Write short notes on followings.
 - a) Health in Egyptian Era **(30 marks)**
 - b) Father of modern medicine **(30 marks)**
 - c) Health as described by Ottawa Charter on Health Promotion **(40 marks)**

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