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**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
First Year – Semester II Examination – February/March 2019**

**HPT 1209 – MEASURES OF HEALTH**

**Time: Two (02) hours.**

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**Answer ALL questions.**

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1. a) Describe by providing suitable example, the importance of developing the measurements through the participation of community people. **(40 marks)**  
b) Outline the steps of developing measurements through the participation of community for health promotion intervention on early childhood development. **(60 marks)**
2. a) List **ten (10)** factors associated with social wellbeing of human beings. **(20 marks)**  
b) Describe how you would to maintain your wellbeing in the university. **(30 marks)**  
c) Describe the limitations occur when developing measures and how you would overcome those limitations in a real world situation. **(50 marks)**
3. a) List **five (05)** indices under human development composite. **(15 marks)**  
b) Describe **three (03)** indices mentioned above. **(35 marks)**  
c) “Child Mortality Rate (CMR) and Maternal Mortality Rate (MMR) reflect the development of a country”. Explain the above statement by providing suitable examples. **(50 marks)**
4. a) List **five (05)** indicators you could use to measure the mental wellbeing of the students in your batch. **(40 marks)**  
b) Discuss **three (03)** of the above indicators you presented in terms of further improving their reliability and sensitivity. **(60 marks)**

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