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RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTHALE

B.Sc. (Special) Degree in Health Promotion
Fourth Year – Semester II Examination – October/November 2014

**HPT 4503 – REDUCTION OF TOBACCO, ALCOHOL AND OTHER DRUG
RELATED HARM**

Time: 2 (Two) hours

Answer all (04) questions.

1. 1.1 Explain how tobacco use affects health of a country. (50 marks)
1.2 Describe how you wish to prevent tobacco related deaths in a country. (50 marks)

2. 'Alcohol despite its large scale of deaths and diseases is widely accepted by many communities.'
2.1 Discuss the above statement giving examples. (40 marks)
2.2 Explain, giving reasons, the ways in which reducing alcohol related harm has to differ from those for tobacco. (30 marks)
2.3 explain the term 'alcohol dependence syndrome'. (30 marks)

3. 3.1 Describe the direct effects resulting from use of heroin. (20 marks)
3.2 Explain what is meant by 'Cannabis psychosis'. (30 marks)
3.3 Discuss 'harm reduction approaches' in dealing with substance use problems. (50 marks)

4. 4.1 Describe the main steps of a community intervention with youth in a given urban community. (60 marks)
4.2 Draft a poster, mainly targeting youth, to expose alcohol industry strategies (40 marks)