



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
First Year – Semester II Examination – October/November 2017**

**HPT 1108 – PRINCIPLES, STRATEGIES AND PRACTICES  
IN HEALTH PROMOTION**

**Time: One and a half (1 ½) hours**

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**Answer ALL questions.**

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1. a) Explain what is meant by a 'Health Promotion Approach'. **(40 marks)**  
 b) Discuss using relevant examples the unique features of a Health Promotion Approach in addressing health problems. **(60 marks)**
  
2. a) Describe, using a relevant example, the relationship between 'Strategy', 'Method' and 'Activity' of a public health programme. **(50 marks)**  
 b) Discuss how a 'Health Belief Model' can be used effectively in preventing the transmission of HIV infections among youth. **(50 marks)**
  
3. a) Explain what you understand by the term 'work place' as a focus for a health promotion intervention. **(30 marks)**  
 b) Explain the advantages of using a work place in promoting health. **(30 marks)**  
 c) Describe your approach to improve health of workers in a given work place. **(40 marks)**

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