



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. in Health Promotion  
Second Year – Semester II Examination – September/October 2020**

**HPT 2207 – HEALTH IMPROVEMENT**

**Time: Two (02) hours**

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**Answer ALL questions.**

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1. a) List **five (05)** internal obstacles that would obstruct the progress of the field practical placement. **(30 marks)**  
 b) Explain how to address each of the obstacle mentioned in above (1.a). **(70 marks)**
  
2. Discuss the statement, “Health promotion approach is more suitable to improve community health than health education approach”. **(100 marks)**
  
3. a) Describe **three (03)** obstacles that likely to face during an intervention to improve child wellbeing. **(45 marks)**  
 b) Explain how the obstacles mentioned in above (3.a) could influence the outcome of your intervention. **(55 marks)**
  
4. a) Outline the main components and underlying principles of an intervention to improve wellbeing of a community. **(60 marks)**  
 b) Discuss why certain obstacles are considered as ‘hidden’. **(40 marks)**

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