

## RAJARATA UNIVERSITY OF SRI LANKA FACULTY OF APPLIED SCIENCES

B.Sc. (General) Degree in Health Promotion
Third Year - Semester I Examination - November /December 2016

## HPT 3201 - FAMILY AND COMMUNITY HEALTH PROMOTION

Time: Two (02) hours

## Answer all four (4) questions.

Some of the questions below is related to the case scenario given below.

In a family of four, father is a well accomplished businessman and a diabetic; mother a highly sophisticated lawyer who looks younger than her age. Son Marvan is a cricketer 18 years of age, daughter Dulika is 17 years and and attends computer classes. Parents come home very late almost every day and what the children ever hear is only their quarrels. Recently Marvan was arrested for drunk driving and parents found Dulika having an intimate affair with their driver.

1. Explain what is meant by the statement "Family is a system", considering the above scenario.

(100 marks)

2. a) How to prevent Dulika from becoming a pregnant adolescent?

(60 marks)

b) Propose three activities to promote family wellbeing of the above family.

(40 marks)

3. a) How could Marvan be helped out of unruly behavior?

(50 Marks)

b) Name five activities you would introduce as a health promoter at village level to prevent adolescents from taking to drugs.

(50 marks)

4. If you are appointed as a health promoter to a Medical officer of Health (MOH) area, how would you set about in promoting happy and healthy communities?

(100 marks)

**END**