



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion
First Year – Semester I Examination - June/July 2018**

HPT 1104- HISTORY AND EVOLUTION OF HEALTH PROMOTION

Time: One and half (1 1/2) hours

Answer ALL questions.

1. a) Describe the **five (05)** main strategies in the Ottawa Charter. **(50 marks)**
b) Describe using examples, the use of above strategies in Ottawa Charter to address a health problem in a given community. **(50 marks)**
2. a) List **three (03)** different approaches in Health Promotion. **(15 marks)**
b) Describe the advantages and limitations of **two (02)** selected approaches listed above. **(40 marks)**
c) Explain using examples what the most appropriate approach that could use to address the health issues in communities. **(45 marks)**
3. Write short notes on the following.
 - a) Importance of public health policies in promoting wellbeing of people **(25 marks)**
 - b) Recommendations of Adelaide Declaration **(25 marks)**
 - c) Development of health promotion after Jakarta Declaration **(25 marks)**
 - d) Key public health action strategies highlighted in Sundsvall Statement **(25 marks)**

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