



RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTALE
B.Sc. (General) Degree in Health Promotion
Second Year – Semester II Examination – September/October, 2013

HPT 2107 – HEALTH IMPROVEMENT

Time: 1 ½ hours

Answer all three (03) questions

1. Your field work group has been assigned to initiate a health promotion intervention to address underweight among under five children in a rural community of Mihintale MOH area, within a year.
 - a) Briefly describe the progress you may likely to achieve during the first six months of the process. (20 marks)
 - b) List different types of obstacles that would influence the progress. (40 marks)
 - c) Explain the measures you could adopt to overcome two of the obstacles you listed in 1.b (40 marks)

2. Kamal is a 20 year old unmarried manual worker who works in a building construction site in Colombo. He comes from a rural area and consumes five cigarettes daily.
 - a) Explain the possible reasons that he might come out with to justify his smoking behavior. (40 marks)
 - b) As a Health Promoter how would you address above reasons given by Kamal. (60 marks)

3. You have been requested to write a proposal to improve social wellbeing of the students of your faculty.

a) List five elements of social wellbeing that you would like to focus in your proposal
(30 marks)

b) Briefly describe your plan to improve social wellbeing of the students by addressing above elements.

(70 marks)