



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (Special) Degree in Health Promotion
Fourth Year – Semester II Examination – April/May 2016**

HPT 4501 - CHILD WELL BEING AND DEVELOPMENT

Time: Three (03) hours

Answer all six (06) questions.

1. a) 'Provision of child needs is important to foster development in children', with suitable examples discuss this statement. (50 marks)
- b) Explain a health promotion process that can be initiated to improve parents participation towards creating a child friendly play environment to promote child wellbeing. (50 marks)
2. a) Illustrate the importance of "first thousand (1000) days of a child life". (30 marks)
- b) Design an intervention using health promotion approach to establish the above mentioned concept (part 'a') in a community. (70 marks)
3. With the intention on promoting maternal health, a health promoter initiates a process in a village that has enhanced community functioning.
 - a) Define 'maternal health'. (20 marks)
 - b) Explain how a properly functioning community would support healthy maternity period for women in their community. (80 marks)

4. Poor family and community functioning for maternal and child health has identified as a major underline factor for child malnutrition in Sri Lanka.
- a) Briefly explain how to initiate a dialogue with the group of pregnant mothers in a rural community to assess their current view on child nutrition and actions to improve child nutrition. (40 marks)
 - b) Develop a health promotion model to train health promotion facilitators for addressing child malnutrition in Sri Lanka based on experiences mentioned in part 'a'. (60 marks)
5. a) Describe critically determinants for child wellbeing in Sri Lanka. (50 marks)
- b) Elucidate strategies you would like to suggest for overcoming above mentioned determinants to promote child wellbeing. (50 marks)
6. Group of mothers are implementing a health promotion intervention to establish the concept on "importance of first 1000 days for child development".
- a) List five possible barriers they may face during the intervention. (20 marks)
 - b) Discuss your suggestions to overcome above mentioned barriers (40 marks)
 - c) Express your suggestions to sustain their achievements (40 marks)