



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. in Health Promotion
First Year – Semester II Examination – September/October 2020**

HPT 1209 – MEASURES OF HEALTH

Time: Two (02) hours

Answer ALL questions.

1. a) Describe in brief **five (05)** characteristics of a measurement. **(50 marks)**
 b) Explain using examples of the challenges face when measuring social wellbeing. **(50 marks)**

 2. a) Explain how to measure health status of a selected community. **(50 marks)**
 b) Explain why assessing physical health is easier than assessing mental health. **(50 marks)**

 3. a) Discuss the differences between qualitative and quantitative measures. **(20 marks)**
 b) Discuss **four (04)** indicators that can be used to monitor and evaluate health promotion interventions **(40 marks)**
 c) Describe how to use different types of indicators to measure the progress of an intervention to address tobacco consumption among youth in a given village. **(40 marks)**

 4. a) List **four (04)** traditional health indicators used by the Sri Lankan health care system. **(20 marks)**
 b) Discuss using examples, how the traditional health indicators reflect positive health outcomes of Sri Lanka. **(40 marks)**
 c) Discuss the factors contributing to the differences of life expectancy between males and females in Sri Lanka. **(40 marks)**
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