



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion
Third Year – Semester I Examination – October/November 2015**

**HPT 3102 – EARLY CHILDHOOD CARE DEVELOPMENT AND
MATERNAL AND CHILD HEALTH**

Time: 1 ½ hours

Answer all (03) questions.

1. a) According to a recent concept, the first 1000 days of child life is the most crucial period for their growth and development. As you are the newly appointed health promoter in a particular MOH area,
 - (i) Design a program for next 6 months to promote above concept in relevant MOH area. (60 Marks)
 - (ii) Briefly describe the indicators that you would use to measure the progress. (40 Marks)
2. a) “Exclusive breast feeding and early initiation is essential for kids”. Explain this statement considering the breast feeding recommendations. (60 Marks)
- b) Discuss the key points of successful breast feeding. (40 Marks)
3. a) Explain the safe motherhood concept. (40 Marks)
- b) “Maternal death is a tragedy”. Using a WHO 3 delay model, identify the reasons for maternal deaths and suggest solutions to overcome this problem in estate communities in Sri Lanka. (60 Marks)