



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. (General) Degree in Health Promotion  
First Year – Semester I Examination – September/October 2013**

**HPT 1103 – CONCEPTS OF HEALTH**

**Time: 1 ½ hours**

**Answer All (03) questions**

1. a) List three (03) main components of health and indicate five (05) elements which can be identified in each component.  
*(30 Marks)*
  - b) “Components of health are interconnected and would lead to a healthier person.”  
Discuss this statement using suitable examples.  
*(70 Marks)*
2. a) Describe the term ‘determinants of health’.  
*(10 Marks)*
  - b) Identify and describe the underlying factors which affect the health status of first year health promotion students in our faculty  
*(50 Marks)*
  - c) Suggest possible actions to improve health status of first year health promotion students.  
*(40 Marks)*
3. Write short notes on following topics.
  - a) Biomedical Model *(25 Marks)*
  - b) Social Model *(25 Marks)*
  - c) Health Promotion Action Areas *(25 Marks)*
  - d) Societal Health *(25 Marks)*