



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion
First Year – Semester II Examination – October/November 2017**

**HPT 1211 – EARLY CHILDHOOD CARE AND DEVELOPMENT (ECCD) &
MATERNAL AND CHILD HEALTH (MCH)**

Time: Two (02) hours

Answer ALL questions.

1. a) Define the terms “Growth” and “Development” in relation to early childhood care and development. (20 marks)
 b) Describe the process of brain development in early childhood. (40 Marks)
 c) “Efforts to improve early childhood development are an investment, not a cost.”
 Discuss this statement. (40 marks)

2. a) List **five (05)** determinants of child malnutrition in Sri Lanka. (10 marks)
 b) Describe briefly “Growth Faltering” and why it is a cause for concern. (30 marks)
 c) Design a three-year logical framework to reduce child malnutrition in Anuradhapura District. (60 marks)

3. a) List advantages of breast feeding, for both mother and baby. (20 marks)
 b) Explain the factors that can discourage the practice of breast feeding. (30 marks)
 c) You are invited to deliver a speech on “Promoting Complementary Feeding Practices” to a mothers’ group in your assigned community. Provide an outline of your speech. (50 marks)

4. Write notes on the following;

- a) Maternal Mortality Rate (25 marks)
- b) components of Child Health Development Record (CHDR) (25 marks)
- c) stunting (25 marks)
- d) Early Child Development Standards. (25 marks)

END