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RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTHALE

B.Sc. (Special) Degree in Health Promotion
Fourth Year – Semester II Examination – October/November 2014

HPT 4503 – TOBACCO, ALCOHOL AND OTHER DRUG RELATED HARM (PART II)

Time: Three (3) hours

Answer all (06) questions.

1. a. List 5 toxins found in tobacco smoke. (20 marks)
b. Describe the tactics used to promote smoking among children. (50 marks)
c. Discuss how pictorial health warnings could prevent smoking. (30 marks)
2. a. Explain how you would address easy accessibility of tobacco and alcohol in a given community, in order to reduce use. (50 marks)
b. Describe the ways in which the image of alcohol is made attractive. (50 marks)
3. a. Explain the factors that should be assessed in a substance user who says he wants help to reduce or stop. (40 marks)
b. Explain the major steps in helping a substance user who wishes to quit. (60 marks)
4. Write notes on following:
a. Relapse prevention (40 marks)
b. Tobacco taxation (30 marks)
c. Consumer information in relation to tobacco use (30 marks)
5. You have been asked to conduct a discussion with a group of alcohol users.
a. List 10 questions you would include in a discussion guide for a focus group (40 marks)
b. Discuss the possible changes you wish to see in this group after meeting 6 times within a period of 4 months. (60 marks)
6. Discuss following statements.
a. 'Alcohol helps to generate happiness'. (40 marks)
b. 'It is very hard to stop heroin use'. (30 marks)
c. 'Cannabis users are good singers'. (30 marks)