



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. (General) Degree in Health Promotion  
First Year – Semester I Examination – October / November 2014**

**HPT 1103 – CONCEPTS OF HEALTH**

**Time: 1 ½ hours**

**Answer all (03) questions**

1. a) What is World Health Organization definition on health in 1948? **(25 Marks)**  
 b) As a health promotion facilitator, how would you explain health and wellbeing to the first year non health promotion student in the Faculty of Applied Sciences by using above definition? **(75 Marks)**
  
2. a) What are Ecological Model and Social Model of health? **(20 Marks)**  
 b) Discuss the gap between both Biomedical and Holistic Approach model of health by using relevant examples. **(40 Marks)**  
 c) Describe the importance of using Holistic Approach in health promotion. **(40Marks)**
  
3. Write short notes on the followings.  
 a) Spectrum of health  
 b) Ottawa Charter  
 c) Determinant of health  
 d) Social Health

**(100 Marks)**

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