



RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES

B.Sc. (Special) Degree in Health Promotion
Fourth Year – Semester II Examination – October/November 2015

HPT 4501 –CHILD WELLBEING AND DEVELOPMENT

Time: Three (03) hours

Answer all six (06) questions.

1. In the Mihintale MOH area it has been identified that growth faltering and not gaining optimal weight as common health problems among the children under age of five years. *has been identified* *in the Mihintale MOH area*
 - a) Critically discuss the possible reasons for the occurrence of above health issue in the Mihintale MOH area. (40 Marks)
 - b) Design a health promotion program to enhance community involvement in order to improve growth of children below five years of age. (60 Marks)
2. *at whom? children?*
 - a) "Future life will be decided by the quality and quantity of early stimulation given to *them* children". Discuss this statement by giving suitable examples. (60 Marks)
 - b) A health promotion facilitator has to initiate health promotion interventions targeting preschool children in a particular community. Briefly explain the key points that the health promotion facilitator would highlight at the initial discussion with caregivers. (40 Marks)

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3. ^{has been} As ~~A~~ health promotion officer assigned to a administrative district of Sri Lanka to strengthen the capacity of PHM/s to advance the child health program launched by the Ministry of Health.
- Discuss the actions that health promotion officer would adopt to enhance the child health program, considering continuum of new born and child care circle.
(50 Marks)
 - ^{possible} Explain the effects of the above program for the health status of the relevant district.
(50 Marks)
4. Maternal health is described as the health of women during pregnancy, childbirth, and ~~the~~ postpartum period. Using the pregnancy record form (Part A of the H 512), discuss how the maternal healthcare safeguard the maternal health in Sri Lanka.
(100 marks)
5. Kumari is a 35 ^{year} old pregnant mother who has four elder children. She is residing in a rural village called 'A' which is far away from the main town and stigmatized due to a caste problem. Kumari has studied up to grade eight in the village school and not involved in a specific occupation. Kumari's husband is a laborer and their family depends on his daily income.
- Based on the above scenario, justify how far the essential pillars of maternal health have been fulfilled in Kumari's case.
(30 marks)
 - Design a health promotion program to improve wellbeing of pregnant mothers ~~those~~ ^{who are} residing in the village 'A'.
(70 marks)
6. a) Illustrates ^{the} determinants of a 'school child's' health.
(30 marks)
- 'Improving family functioning is a key mean to improve child well being.' Justify the statement using examples.
(70 marks)