

RAJARATA UNIVERSITY OF SRI LANKA FACULTY OF APPLIED SCIENCES

B.Sc. (General) Degree in Health Promotion SecondYear – Semester II Examination – February/March 2019

HPT 2205 – STRUCTURAL DETERMINANTS OF HEALTH

Time: Two (02) hours.

Answer ALL questions.

1. a) Define the term 'structural determinants of health'.

(25 marks)

b) List five (05) structural determinants of health.

(25 marks)

- c) Discuss the effects of one of the factors you mentioned above (1.2) on the health of Sri Lankans. (50 marks)
- 2. a) Explain the term 'life course perspective'.

(20 marks)

- b) Describe how accumulated social disadvantage or advantage over the lifecycle influences well-being and the likelihood of illness and premature death in populations.

 (80 marks)
- 3. a) Explain using relevant examples how stress in the workplace affects health of the workers. (50 marks)
 - b) Outline your suggestions for modifying the workplace environment to reduce the risk of diseases and improve wellbeing of the staff of a garment factory with 200 employees.

 (50 marks)
- 4. a) Describe the process of addressing structural determinants in a community based health promotion activity. (50 marks)
 - b) Describe briefly <u>two (02)</u> indicators each to measure determinants of the following. (20 marks)
 - i. Early life development
 - ii. Substance use
 - c) Outline the determinants you will address in trying to improve the nutrition status of university students. (30 marks)

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