



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

BSc in Health Promotion

First Year – Semester I Examination – July/August 2023

HPT 1104 – HISTORY AND EVOLUTION OF HEALTH PROMOTION

Time: One and a half (1 ½) hours

Answer ALL questions

1. a) List the city and the year that **five (05)** global health promotion conferences were conducted after the Sundaswall Conference (1991). **(20 marks)**
b) Explain in brief the significance of each conference listed in the above 1 (a). **(40 marks)**
c) Describe **two (02)** key areas identified by the global health promotion conference held in Adelaide (1988) for immediate development of healthy public policies. **(40 marks)**
2. a) Explain in brief the health field model proposed in the Lalonde report. **(40 marks)**
b) Describe primary health care according to the Alma Ata declaration. **(60 marks)**
3. Write short notes on the following.
a) Health promotion strategies proposed by the Ottawa Charter (1986) **(40 marks)**
b) Life style modification **(30 marks)**
c) Strengthening community action **(30 marks)**

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