



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTALE**

**B.Sc. (Special) Degree in Health Promotion
Fourth Year – Semester II Examination – Sep/Oct 2013**

HPT 4204 - REDUCTION OF SUICIDE

Time: Two (02) hours

Answer all four (04) questions

Illustrate your answers with labeled diagrams where appropriate.

1. a). Define the terms “deliberate self harm” and “suicide”.
(20 marks)
- b). Though the rate of deliberate self harm has increased in Sri Lanka over the last 20 years, a decline in suicide rate has been noticed since mid 90s. Discuss the possible reasons for this observation.
(80 marks)
2. “Best evidence for suicide prevention comes from interventions designed to restrict the access to methods of suicide.” Discuss this statement with examples.
(100 marks)
3. As a Health promotion officer attached to a District Secretariat in an agricultural district, you have been informed of a recent trend in farmer suicide following crop failure. Most farmers had reportedly been under the influence of alcohol at the time of the act of suicide.
 - a). How will you verify this claim?
(40 marks)
 - b). Outline your plan to address this problem.
(60 marks)

4. Though several guidelines have been published for media personnel on suicide reporting, non adherence to them is commonly seen in both print and electronic media.

a). What could be the reasons for the non adherence?

(30 marks)

b). What actions could be taken to increase the adherence to the guidelines by journalists?

(70 marks)