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**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion
First Year- Semester I Examination – March 2021**

HPT 1103 – CONCEPTS OF HEALTH

Time: One and a half (1 1/2) hours

Answer ALL Questions.

1. a) List components of wellbeing. **(10 marks)**
 b) Describe in brief, main elements of one component of wellbeing mentioned above
 1 (a). **(40 marks)**
 c) Critically discuss the WHO definition of 'Health' introduced in 1948. **(50 marks)**

2. a) Discuss in brief the limitation of the biomedical model of health. **(40 marks)**
 b) Explain why the holistic approach in improving wellbeing is considered superior than
 other approaches. **(60 marks)**

3. Write short notes on the followings,
 a) Greco-Roman Era and health **(25 marks)**
 b) Strategies for Health Promotion **(25 marks)**
 b) Ecological model **(25 marks)**
 c) Spectrum of Health **(25 marks)**

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