



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion  
Third Year – Semester II Examination – February/March 2019**

**HPT 3205 – HEALTHY PUBLIC POLICY AND LEGISLATION**

**Time: Two (02) hours.**

**Answer ALL questions.**

1. a) Describe the key aspects of “Right to Health” as defined by World Health Organization and United Nations. **(30 marks)**  
b) Explain how the principle of Non-Discrimination applies to “Right to Health”. **(30 marks)**  
c) Describe the general obligations of the State to ensure “Right to Health” in a country. **(40 marks)**
2. a) Describe the various provisions incorporated in the National Authority on Tobacco and Alcohol Act No. 27 of 2006 to discourage young people from initiating smoking. **(40 marks)**  
b) Kamala, a 38 year old woman, lives with her husband and two children aged 9 and 4 years. Her husband has been verbally and physically abusing her for the past eight months. Though Kamala was badly injured on two occasions and had to be treated at the nearby hospital, she has been bearing the beatings in silence, informing the doctors that her injuries were due to minor accidents. However, the most recent incident left her with a fractured leg and finally led her to seek legal assistance. Kamala has opted against the divorce, because of her two children.
  - i. Discuss how the domestic violence affects Kamala’s health and wellbeing. **(20 marks)**
  - ii. Explain how Kamala could initiate an action in a judicial court to get relief from her current situation. **(10 marks)**
  - iii. Explain how a judicial court could provide a solution for Kamala. **(30 marks)**

3. a) Explain the term “Healthy Public Policy” as described in the Adelaide Recommendations 1998. **(20 marks)**
- b) Excess use of fat, sugar and starch are known causes for non-communicable diseases in Sri Lanka.
- i. State **three (03)** healthy public policy decisions that could be made towards reducing sugar intake among Sri Lankans. **(20 marks)**
- ii. Select one of the above policies as an example, and explain the advocacy process that could be conducted. **(60 marks)**
4. a) Assume you have been appointed to develop the National Health Promotion Policy of Sri Lanka for the year 2020-2025. Explain the salient features that could be included in the national health promotion policy **(60 marks)**
- b) Describe the interrelationships between health system, health care system, and the economic system of a country. **(40 marks)**

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