



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**BSc in Health Promotion
Third Year – Semester I Examination – July/August 2023**

HPT 3301 – FAMILY AND COMMUNITY HEALTH PROMOTION

Time: Three (03) hours

Answer ALL questions.

Answer question numbers (1) and (2) based on scenario below.

A health promotion facilitator visits a family of six. Father is a school master. Mother is also a schoolteacher who is on maternity leave. Twin children who are 3 and ½ years old goes to a day care. At the time of the visit only the grandmother was available for discussion as the schoolteacher was breastfeeding the one-month old. Grandmother says the little baby crying often and she had asked her son to bring a tin of Milk food of the brand “xx” which she had given to her son as the breastmilk is not adequate. She is not happy with her daughter in law wasting money sending the twins to a day care when she herself had raised five children.

1. Analyze the above scenario using family theories and family as a determinant of health.
(100 marks)
2. a) List two (02) behaviours wish to change in order to improve wellbeing of this family.
(10 marks)
b) Elaborate the steps of the behaviour change model applicable to above scenario.
(50 marks)
c) Explain the expected outcome after successful application of the model mentioned in above 2. (g).
(40 marks)
3. Describe how to engage community members in creating a ‘Social capital’ and making ‘Social norms’ to address Dengue fever that is rising in a village.
(100 marks)
4. Discuss using the first three Communication for Behaviour Impact (COMBI) steps how to address Leptospirosis that rising in a MOH area.
(100 marks)

5. Describe as a health promoter attached to a Medical officer of Health area how to promote happy and healthy communities that will contribute to achieve SDG Goals. **(100 marks)**

6. Answer the questions based on scenario below.

Ranjith is a of 45 years old tea tootler and married with two kids. He has casual relationships and boast with his friends of his mastery skills in using condoms.

a) Critically analyze the behavior of Ranjith. **(40 marks)**

b) Elaborate the points of a discussion to be taken with Ranjith to promote his health. **(60 marks)**



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