



**RAJARATA UNIVERSITY OF SRI LANKA  
FACULTY OF APPLIED SCIENCES**

**B.Sc. in Health Promotion  
Second Year – Semester II Examination – September/October 2020**

**HPT 2205 – STRUCTURAL DETERMINANTS OF HEALTH PROMOTION**

**Time: Two (02) hours**

**Answer ALL questions.**

1. a) Define the term ‘determinants of health’. (20 marks)  
 b) Describe in brief ‘upstream’ and ‘downstream’ determinants. (30 marks)  
 c) Discuss the statement ‘People’s lifestyles and the conditions in which they live and work strongly influence their health.’ (50 marks)
  
2. a) Define the term ‘Health Equity’. (20 marks)  
 b) Explain the role of public policies to improve health equity of a given country. (30 marks)  
 c) Outline the strategies to address inequitable distribution of power, money and resources in Sri Lanka. (50 marks)
  
3. a) Explain how to facilitate a group of mothers to identify determinants of malnutrition. (40 marks)  
 b) Describe the process of addressing the determinants of malnutrition identified in above 3. (a). (60 marks)
  
4. a) List **four (4)** social determinants of health described in the publication ‘Solid Facts’ by Marmot, M. & Wilkinson, R. (2003). (20 marks)  
 a) Explain why it is important to address ‘social determinants of health’. (40 marks)  
 b) Discuss how the work place environment influences health of the workers. (40 marks)

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