



**RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion
First Year – Semester I Examination – April/May 2016**

HPT 1103 – CONCEPTS OF HEALTH

Time: 1 ½ hours

Answer all (03) questions

1. a) Describe differences between biomedical model and social model.
(40 Marks)
- b) “Holistic approach can be considered as the best in promoting community wellbeing”. Discuss this statement.
(60 Marks)
2. a) Using relevant examples, briefly explain main three components of health.
(30 Marks)
- b) How would you explain the term, “Health” to a group of Advance Level students in a school?
(70 Marks)
3. a) List Health Promotion action areas mentioned in Ottawa Charter.
(20 Marks)
- b) As a Health Promotion Facilitator, discuss the actions you would initiate for creating a supportive environment to promote wellbeing of first year students at the Rajarata University.
(80 Marks)

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