



**RAJARATA UNIVERSITY OF SRI LANKA**  
**FACULTY OF APPLIED SCIENCES**

**Bachelor of Science in Health Promotion**  
**Second Year – Semester I Examination – July/August 2023 (Repeat)**

**HPT 2208 – EARLY CHILDHOOD CARE AND DEVELOPMENT & MATERNAL AND  
CHILD HEALTH**

**Time: Two (02) hours**

**Answer ALL questions.**

01. a) Define the terms 'survival', 'growth' and 'development' in relation to early childhood care and development. **(30 marks)**
- b) Explain how to provide stimulations for the development of children under two years of age. **(30 marks)**
- c) Discuss **four (04)** challenges for optimizing early childhood care and development in Sri Lanka. **(40 marks)**
02. a) List **five (05)** indicators used to measure child growth. **(20 marks)**
- b) Explain the importance of identifying 'growth faltering' in growth monitoring. **(40 marks)**
- c) Discuss the need of introducing complementary feeding to children completing six months. **(40 marks)**
03. Describe how the information derived using routine data sources can be used to assess the level of malnutrition among following groups.
- a) Pregnant mothers **(50 marks)**
- b) Children under five years of age **(50 marks)**
04. Write short notes on the followings.
- a) Eligible couples register **(30 marks)**
- b) Booking visit (First clinic visit during pregnancy) **(30 marks)**
- c) Postpartum home visits by Public Health Midwife **(40 marks)**

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