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**Library**  
Faculty of Technology  
Rajarata University of Sri Lanka  
Mihinthale

**RAJARATA UNIVERSITY OF SRI LANKA**  
**FACULTY OF APPLIED SCIENCES**

**B.Sc. (General) Degree in Health Promotion**  
**Second Year – Semester II Examination – October/November 2017**

**HPT 2207 – HEALTH IMPROVEMENT**

**Time: Two (02) hours**

**Answer ALL questions.**

1. a) Discuss **five (05)** factors which determine the wellbeing of a pregnant mother.  
(50 marks)  
b) Outline the major elements of a framework to improve maternal wellbeing in a given community.  
(50 marks)
2. a) Giving relevant examples describe the term “internal obstacles” in relation to your wellbeing.  
(40 marks)  
b) Explain different ways of addressing obstacles mentioned in part (a).  
(60 marks)
3. Describe the main steps of Health Impact Assessment (HIA).  
(100 marks)
4. You have been asked to design a health promotion intervention to address alcohol use among manual workers in a factory.  
a) Outline the major steps of your intervention.  
(40 marks)  
b) List **four (04)** obstacles that you might face during the implementation phase of this intervention.  
(20 marks)  
c) Explain how these obstacles could influence the outcome of your intervention.  
(40 marks)

**END**