



RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES

B.Sc. (General) Degree in Health Promotion
First Year – Semester I Examination – September/October 2019

HPT 1104 - HISTORY AND EVOLUTION OF HEALTH PROMOTION

Time: One and a half (1 ½) hours

Answer ALL questions.

1. a) Describe how the term “Health” been introduced as a positive concept in Ottawa Charter. (40 marks)
b) List **four (04)** limitations of the life style approach. (20 marks)
c) Compare health education approach and health promotion approach. (40 marks)
2. a) Explain in brief **three (03)** strategies of health promotion proposed by the Ottawa Charter. (40 marks)
b) Explain why the establishment of healthy public policies are more important than influencing healthy behaviours at the individual level. (60 marks)
3. Write short notes on the followings;
a) Alma Ata declaration (50 marks)
b) Sundsvall statement on supportive environment for health. (50 marks)

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