



RAJARATA UNIVERSITY OF SRI LANKA
FACULTY OF APPLIED SCIENCES, MIHINTALE

B.Sc. (General) Degree in Health Promotion
Second Year – Semester II Examination – September/October, 2013

HPT 2102 – WORKING WITH COMMUNITIES

Time: 1 1/2 hours

Answer all three (03) questions

1. Your field work group has been assigned to implement a community based health promotion intervention to reduce obesity among urban community, where people are living in a housing scheme.
 - a) Briefly explain the progress that you expect to achieve within first three months.
(30 marks)
 - b) Outline the activities you could adopt to achieve above changes mentioned in 1.a
(40 marks)
 - c) Discuss three practical issues you may likely to face while working with this community.
(30 marks)
2.
 - a) List two advantages and two disadvantages of setting based health promotion approach.
(20 marks)
 - b) You have been asked to work with a garment factory to improve wellbeing of employees. Outline the major steps of your programme to improve their physical wellbeing.
(60 marks)
 - c) List four indicators that you will use to assess the impact of your intervention, mentioned in 2.b
(20 marks)

3. a) Briefly explain with examples what are felt needs and normative needs.

(30marks)

b) List four major strategies which would facilitate entry to a community.

(20 marks)

d) Design a peer evaluation form to assess field work skills of fellow students.

(50marks)