# Optimization Methods for Machine Learning BIMSA Open Course - SP2024

#### Yi-Shuai Niu

BIMSA



https://bimsa.net: 10000/activity/OptMetforMacLea/

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## Part 1: Course Organization



#### About Me

• Name: Yi-Shuai Niu

• Position: Associate Professor of Mathematics

• Office: BIMSA A6-301

Website: https://www.bimsa.cn/newsinfo/872707.html

• Email: niuyishuai@bimsa.cn

- Brief Academic CV:
- Work Experience:
  - Since 2023: Beijing Institute of Mathematical Sciences and Applications (BIMSA), Associate Professor
  - 2021 2022: Hong Kong Polytechnique University, Senior Research Fellow
  - 2014 2021: Shanghai Jiao Tong University, Associate Professor
  - 2013 2014: University of Paris 6, Postdoc
  - 2010 2012: French National Center for Scientific Research (CNRS), Junior Researcher
  - 2007 2010: French National Institute of Applied Sciences of Rouen (INSA-Rouen), Lecturer
  - Education:
    - 2006 2010: INSA-Rouen, PhD in Mathematics Optimization
    - 2005 2006: INSA-Rouen, Ms in Fundamental and Applied Mathematics
    - 2001 2006: INSA-Rouen, Bs and Ms in Genie Mathematics
- Research: optimization theory and algorithms, high-performance computing and optimization software development. Applications: machine learning, finance, image processing, turbulent combustion, quantum computing, and plasma physics, etc.

# **Brief Course Description**

• Lecture Time: 2024-04-16 to 2024-06-11, Tue and Thu, 19:10-21:35 (Beijing Time)

• Teaching Hours: 48TH, twice a week, 3TH per lecture

ZOOM: 435 529 7909 (password: BIMSA)

• Venue: BIMSA A3-2-303

• Audience: Advanced Undergraduate, Graduate, Postdoc, Researcher

• Wechat Groups:



• Website: https://bimsa.net:10000/activity/OptMetforMacLea/

• Email: niuyishuai@bimsa.cn

# **Brief Course Description**

- Course Title: Optimization Methods for Machine Learning
- Abstract: Stochastic Gradient Descent (SGD), in one form or another, serves as the workhorse method for training modern machine learning models. Amidst its myriad variations, the SGD domain is both extensive and burgeoning, presenting a significant challenge for both practitioners and even experts to understand its landscape and inhabitants. This course offers a mathematically rigorous and comprehensive introduction to the field, drawing upon the most recent advancements and insights. It meticulously constructs a theory of convergence and complexity for SGD's serial, parallel, and distributed variants across strongly convex, convex, and nonconvex settings, incorporating advanced techniques such as sampling, mini-batching, acceleration, variance reduction, compression, quantization, sketching, dithering, sparsification, as well as their combinations. This comprehensive exploration aims to equip learners with a deep understanding of SGD's intricate landscape, fostering the ability to adeptly apply and innovate upon these methods in their work.

# Goals and Objectives

- Detailed understanding of the key variants of SGD for training supervised machine learning models and their differences
- Understanding the underlying mathematical theory and of the insights the theory offers for practice
- Ability to apply the methodologies to selected applications in machine learning
- Preparation for original theoretical and applied research in the field of randomized methods for optimization and machine learning

# Knowledge Required

- Linear algebra: Abstract vector spaces, linear independence, basis, linear operators, quadratic forms, Euclidean spaces, inner product, norm, matrices, determinants, singular values, matrix decompositions
- Multivariate calculus: gradient, Hessian, Taylor approximation, chain rule
- Probability theory: probability spaces, expectation, law of large numbers, tower property of expectation
- Convex analysis: convex sets, convex functions, strong convexity, conjugation, Jensen's inequality, subdifferential, optimality conditions

## Reference Text

- **Books:** There is no book that covers exactly the material contained in this course. But there are some related books worth reading:
  - Lectures on Convex Optimization Y. Nesterov
  - Learning Theory from First Principles F. Bach
  - First-Order Methods in Optimization A. Beck
  - Large-Scale Convex Optimization: Algorithms and Analyses via Monotone Operators – E.K. Ryu and W.T. Yin
  - First-order and Stochastic Optimization Methods for Machine Learning
     G.H. Lan
  - Accelerated Optimization for Machine Learning: First-Order Algorithms
     Z.C. Lin, H. Li, C. Fang

#### Slides:

- Slides will include all relevant material (e.g., explanations, theorems, algorithms, and proofs).
- Slides will be made available in PDF and uploaded to the course's webpage after each lecture.
- **Papers:** Relevant research papers will be referred to and recommended in lectures.

## Part 2: Introduction to Supervised Machine Learning



## Notation

- $\mathbb{R}^d$ : Euclidean space of *d*-dimensional real vectors  $x=(x_1,\ldots,x_d)$
- $\langle x, y \rangle \stackrel{\text{def}}{=} \sum_{i} x_{i} y_{i}$  is the standard Euclidean inner product
- $||x|| \stackrel{\text{def}}{=} \sqrt{\langle x, x \rangle}$  is the standard Euclidean norm
- $[k] \stackrel{\text{def}}{=} \{1, 2, \dots, k\}$  for any positive integer k

# **Supervised Machine Learning**

# The Goal of Supervised Machine Learning

We wish to **learn** an approximation  $h : A \to B$  of a function  $h^* : A \to B$  mapping inputs from a **domain space** A to outputs from a **label space** B. The function h is called a **predictor**, a **classifier**, or a **hypothesis**.

In other words, we wish to **learn a predictor** that will be able to predict the label  $h^*(a)$  of an unseen/new input  $a \in \mathcal{A}$ .

Set of "natural" objects $A$	Set of labels $\mathcal{B}$	Prediction task	
Images	Image category (finite set)	Multi-class classification	
Articles	Article category (finite set)	Multi-class classification	
E-mails	$Spam/not\text{-spam}\ \{-1,1\}$	Binary classification	
Surveillance videos	Probability of a threat [0, 1]	Regression	
Sequences of texts/videos	Next texts/videos	Sequence generation (ChatGPT/Sora)	

Figure: Examples of prediction tasks.

## Where Does the Data Come From?

We have access to unbiased samples of input-output pairs

$$(a,b)=(a,h^*(a))\in \mathcal{A}\times \mathcal{B}$$

following some distribution  $\mathcal{D}$ .

- We do not assume (even in theory) to know  $\mathcal{D}$ . Instead, we can learn about  $\mathcal{D}$  by repeatedly sampling input-output pairs. All theory and methods should be distribution agnostic.
- Typically, we sample n (where n is large enough) input-output pairs, and call it the training dataset. We then use this dataset to learn a "good" approximation of h\*.

# What Function are we Learning?

We choose some parametric class of functions/hypotheses/models

$$h_{\mathsf{x}}:\mathcal{A}\to\mathcal{B},$$

where the parameter x is described by d features; i.e.,  $x \in \mathcal{X} \subseteq \mathbb{R}^d$ .

- The choice of the hypothesis class is crucial. If we choose a class which does not contain any function close to h\*, we can't do well.
- Decisions about the hypothesis class are often "art" / "black magic" in practice.
   Prior knowledge about h\* is encoded in the selection of the hypothesis class.

#### Example 1 (Hypothesis classes)

- linear model:  $h_x(a) = x^T a$
- linear model with feature map:  $h_x(a) = x^T \phi(a)$ , where  $\phi : \mathcal{A} \to \mathbb{R}^d$  is a feature map
- neural network:  $h_X(a) = x_l^T \phi_{x_1, \dots, x_{l-1}}(a)$ , where  $x = (x_1, \dots, x_{l-1}, x_l)$  and  $\phi_{x_1, \dots, x_{l-1}} : \mathcal{A} \to \mathbb{R}^{\dim(x_l)}$  is a learnable feature map of the structure  $\phi_{x_1, \dots, x_{l-1}}(a) = \sigma(x_{l-1}^T \dots \sigma(x_2^T \sigma(x_1^T a)))$ , where  $\sigma$  is a nonlinear activation function

## How do we Know a Prediction is Good?

We choose a loss function

$$\ell: \mathcal{B} \times \mathcal{B} \to \mathbb{R},$$

where  $\ell(b',b)$  measures the loss of predicting b' when in fact the real output is b.

#### Example 2 (Loss functions)

Assume  $\mathcal{B} \subseteq \mathbb{R}$ .

- square loss:  $\ell(b',b) = \frac{1}{2}(b'-b)^2$ ,  $b \in \mathbb{R}$  (used for regression)
- absolute loss:  $\ell(b',b) = |b'-b|$ ,  $b \in \mathbb{R}$  (used for regression)
- hinge loss:  $\ell(b',b) = \max\{0,1-b'b\}$ ,  $b \in \{-1,1\}$  (used for classification)
- logistic loss:  $\ell(b',b) = \log(1+e^{-b'b})$ ,  $b \in \{-1,1\}$  (used for classification)

## What Parameters are Good?

We wish to find  $x \in \mathbb{R}^d$  which solves the following stochastic optimization problem:

$$\min_{\mathbf{x} \in \mathbb{R}^d} \mathbb{E}_{(a,b) \sim \mathcal{D}} \left[ f_{a,b}(\mathbf{x}) \right] = \mathbb{E}_{(a,b) \sim \mathcal{D}} \left[ \ell(h_{\mathbf{x}}(a),b) \right]. \tag{1}$$

- The function  $\mathbb{E}_{(a,b)\sim\mathcal{D}}[f_{a,b}(x)]$  is also called population risk or true risk.
- Problem (1) is called the (population) risk minimization problem, and the value  $\mathbb{E}_{(a,b)\sim\mathcal{D}}[\ell(h_{x}(a),b)]$  is the generalization loss (i.e., expected prediction loss) of model  $h_{x}$ .
- In problem (1), we seek to find the parameters  $x \in \mathbb{R}^d$  describing a model  $h_x$  which minimizes the population risk.
- A key problem with (1) is that since we do not have access to  $\mathcal{D}$ , we may not be able to solve (1).

# How to Solve Problem (1)?

• Collect training data. First collect a (finite) training dataset consisting of n input-output pairs sampled from  $\mathcal{D}$ :

$$S_n \stackrel{\text{def}}{=} \{(a_1, b_1), (a_2, b_2), \dots, (a_n, b_n)\}.$$

 Work with empirical risk instead of the true risk. If n is "large enough", the empirical risk, defined below, is a good approximation of the true risk

$$f(x) \stackrel{\mathsf{def}}{=} \frac{1}{n} \sum_{i=1}^{n} f_{a_i,b_i}(x) \approx \mathbb{E}_{(a,b) \sim \mathcal{D}}[f_{a,b}(x)].$$

Note that f is a random function of the training data  $S_n$ , and that f is an unbiased estimator of the true risk. As n increases, its variance decreases.

# Empirical Risk Minimization (ERM)

Solving the empirical risk minimization (ERM) problem:

$$\min_{x \in \mathbb{R}^d} f(x) \tag{2}$$

where

$$f(x) \stackrel{\text{def}}{=} \frac{1}{n} \sum_{i=1}^{n} f_{a_i,b_i}(x)$$

with  $f_{a_i,b_i}(x) \stackrel{\text{def}}{=} \ell(h_x(a_i),b_i) = f_i(x)$ .

- Any solution  $x^{ERM}$  of the ERM problem (2) is depending on the training dataset  $S_n$ .
- The value  $f(x^{ERM})$  is the **training loss** associated with the ERM solution  $x^{ERM}$ .
- The value  $\mathbb{E}_{(a,b)\sim\mathcal{D}}[f_{a,b}(x^{ERM})]$  is the **generalization loss** associated with the ERM solution  $x^{ERM}$ .

# Regularized ERM

Often in practice, we add a regularizer R(x) to the empirical risk and solve the regularized ERM problem:

$$\min_{x \in \mathbb{R}^d} \left[ \frac{1}{n} \sum_{i=1}^n f_i(x) + R(x) \right]. \tag{3}$$

- There are learning theoretic reasons to add a regularizer. We will not talk about them. Refer to the book "Understanding Machine Learning: From Theory to Algorithms" by Shai Shalev-Shwartz and Shai Ben-David for explanation.
- Regularizers can be used to encode "prior knowledge" about the model. For instance, the  $L_1$  regularizer,

$$R(x) = ||x||_1 = \sum_{i=1}^{d} |x_i|,$$

encourages sparsity in x.



# Examples of Regularized ERM Problems

Regularized ERM Problem	Loss Function $\ell(b',b)$	Regularizer R(x)
Least Squares (Linear Regression)	$\frac{1}{2}(b'-b)^2$	0
L1 Regression	b'-b	0
Ridge Regression (L2 regularized Least Squares)	$\frac{1}{2}(b'-b)^2$	$\frac{\lambda}{2}   x  ^2$
LASSO (L1 regularized Least Squares)	$\frac{1}{2}(b'-b)^2$	$ \lambda  x  _1$
Name and the Land Course	$\frac{1}{2}(b'-b)^2$	$\int D(x) \int 0  x \ge 0$
Nonnegative Least Squares		$R(x) = \begin{cases} 0 & x \ge 0 \\ +\infty & \text{otherwise} \end{cases}$
Support Vector Machine (SVM)	$\max\{0,1-b'b\}$	$\frac{\lambda}{2}   x  ^2$
Logistic Regression	$\log\left(1+e^{-b'b}\right)$	$\frac{\lambda}{2} \ x\ ^2$
Best Approximation	$\ell(b',b) = \begin{cases} 0 & b' = b \\ +\infty & b' \neq b \end{cases}$	$  x-x^0  $

Optimization Problems Arising in Supervised ML

# Optimization Problems Arising in Machine Learning

In this course, we are interested in the optimization problem

$$\min_{x \in \mathbb{R}^d} f(x) + R(x) \tag{4}$$

• Infinite sum:

$$f(x) = \mathbb{E}_{\xi \sim \mathcal{D}}[f_{\xi}(x)], \tag{5}$$

Finite sum:

$$f(x) = \frac{1}{n} \sum_{i=1}^{n} f_i(x)$$
 (6)

• Finite Sum of Finite Sums:

$$f_i(x) = \frac{1}{m_i} \sum_{i=1}^{m_i} f_{ij}(x) \tag{7}$$

• Finite Sum of Infinite Sums:

$$f_i(x) = \mathbb{E}_{\xi_i \sim \mathcal{D}_i}[f_{i\xi_i}(x)] \tag{8}$$

These problems are of key importance in supervised learning theory and practice.

**Common feature:** It is prohibitively expensive to compute the gradient of f, while an unbiased estimator of the gradient can be computed efficiently/cheaply.

# Distributed & Federated Training

In distributed training of supervised models, one considers the finite sum problem (6), with n being the number of machines/devices, and each  $f_i$ 

• also having a finite sum structure, i.e.,

$$f_i(x) = \frac{1}{m_i} \sum_{j=1}^{m_i} f_{ij}(x),$$
 (9)

where  $m_i$  corresponds to the number of training examples stored on machine i.

• or an infinite-sum structure, i.e.,

$$f_i(x) = \mathbb{E}_{\xi_i \sim \mathcal{D}_i}[f_{i\xi_i}(x)], \tag{10}$$

where  $\mathcal{D}_i$  is the distribution of data stored on machine *i*.

# Part 3: Basic Tools from Convex Analysis, Optimization and Probability



## **Differentiable Functions**

## Fundamental Theorem of Calculus

We will use the following theorem repeatedly in various disguises.

#### Theorem 1

Let  $\phi: \mathbb{R} \to \mathbb{R}$  be continuously differentiable on an open interval containing points a and b. Then

$$\phi(b) - \phi(a) = \int_a^b \phi'(t) dt. \tag{11}$$

## Corollary 2

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be continuously differentiable. Then for any  $x, y \in \mathbb{R}^d$  we have

$$f(y) - f(x) = \int_0^1 \langle \nabla f(x + t(y - x)), y - x \rangle dt.$$
 (12)

#### Proof.

Let  $\phi(t) = f(x + t(y - x))$ . Note that  $\phi(0) = f(x)$ ,  $\phi(1) = f(y)$  and  $\phi'(t) = \langle \nabla f(x + t(y - x)), y - x \rangle$ . The rest follows by applying Theorem 1.

# Fundamental Theorem of Calculus

## Corollary 3

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be twice continuously differentiable. Then for any  $x, y, s \in \mathbb{R}^d$  we have

$$\langle \nabla f(y) - \nabla f(x), s \rangle = \int_0^1 \left\langle \nabla^2 f(x + t(y - x))(y - x), s \right\rangle dt.$$
 (13)

#### Proof.

Let 
$$\phi(t) = \langle \nabla f(x + t(y - x)), s \rangle$$
. Note that  $\phi(0) = \langle \nabla f(x), s \rangle$ ,  $\phi(1) = \langle \nabla f(y), s \rangle$  and  $\phi'(t) = \langle \nabla^2 f(x + t(y - x))(y - x), s \rangle$ . The rest follows by applying Theorem 1.

# Bregman Divergence

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be a differentiable function.

## Definition 1 (Bregman Divergence)

**Bregman divergence** of f is the mapping  $D_f : \mathbb{R}^d \times \mathbb{R}^d \to \mathbb{R}$  defined by:

$$D_f(x,y) \stackrel{\mathsf{def}}{=} f(x) - f(y) - \langle \nabla f(y), x - y \rangle$$

- Note that  $D_f$  is not necessarily symmetric, i.e., in general  $D_f(x,y) \neq D_f(y,x)$ .
- This can be fixed by defining a symmetric version of Bregman divergence.

## Definition 2 (Symmetrized Bregman Divergence)

**Symmetrized Bregman divergence** of f is defined by:

$$D_f(x,y) + D_f(y,x) = \langle \nabla f(x) - \nabla f(y), x - y \rangle$$

## **Convex Functions**

## Convex Functions: Definition

## Definition 3 (Convex function)

A function  $f: \mathbb{R}^d \to \mathbb{R}$  is **convex** if for all  $x, y \in \mathbb{R}^d$  and  $\lambda \in [0, 1]$ :

$$0 \le \lambda f(x) + (1 - \lambda)f(y) - f(\lambda x + (1 - \lambda)y) \stackrel{\text{def}}{=} C_f^{\lambda(x,y)}$$

#### Some facts:

- If  $f_1, f_2$  are convex and  $\alpha_1, \alpha_2 \geq 0$ , then  $\alpha_1 f_1 + \alpha_2 f_2$  is convex.
- If  $f: \mathbb{R}^n \to \mathbb{R}$  is convex and  $A \in \mathbb{R}^{n \times d}$  and  $b \in \mathbb{R}^n$ , then the function  $x \mapsto f(Ax + b)$  is convex.
- If  $f_1$ ,  $f_2$  are convex, then so is max $\{f_1, f_2\}$ .

## Convex Functions: Characterization

## Theorem 4 (Convexity and gradient)

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be continuously differentiable. Then the following statements are equivalent:

- f is convex (convexity of the function)
- **2**  $0 \le D_f(x,y)$  for all  $x,y \in \mathbb{R}^d$  (nonnegativity of the Bregman divergence)
- **③** 0 ≤  $\langle \nabla f(x) \nabla f(y), x y \rangle$  for all  $x, y \in \mathbb{R}^d$  (monotonicity of the gradient)

# Theorem 5 (Convexity and Hessian)

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be **twice** continuously differentiable. Then f is convex if and only if

$$abla^2 f(x) \succeq 0 \quad \text{for all} \quad x \in \mathbb{R}^d.$$

(positive semi-definiteness of the Hessian)

# Convex Functions: Examples

#### Example 3

- Linear function  $f(x) = \langle b, x \rangle + c$  is convex.
- Quadratic function  $f(x) = \frac{1}{2}\langle Ax, x \rangle + \langle b, x \rangle + c$  is convex if and only if  $A \succ 0$ .
- Exponential function  $f(t) = e^t$  is convex.
- The Fenchel conjugate  $f^*(x)$  defined by

$$f^*(x) \stackrel{\mathsf{def}}{=} \sup_{y \in \mathbb{R}^d} \langle x, y \rangle - f(y)$$

of any function  $f: \mathbb{R}^d \to \mathbb{R}$  is convex.

# Proof of Theorem 4 (Convexity and gradient)

• (i)  $\Rightarrow$  (ii) Choose any  $x, y \in \mathbb{R}^d$  and  $\lambda \in [0, 1]$ . Define  $z = \lambda x + (1 - \lambda)y$ . Then:

$$f(y) \ge \frac{1}{1-\lambda} (f(z) - \lambda f(x))$$

$$= f(x) + \frac{1}{1-\lambda} (f(z) - f(x))$$

$$= f(x) + \frac{1}{1-\lambda} (f(\lambda x + (1-\lambda)(y-x)) - f(x)).$$

By taking limit  $\lambda \to 1$ , we get:

$$f(y) \ge f(x) + \langle \nabla f(x), y - x \rangle,$$

and hence (ii) holds.

• (ii)  $\Rightarrow$  (i) Choose any  $x, y \in \mathbb{R}^d$  and  $\lambda \in [0,1]$  and define  $z = \lambda x + (1-\lambda)y$ . Since  $D_f(y,z) \geq 0$  and  $D_f(x,z) \geq 0$ , we have:

$$f(z) \le f(y) + \langle \nabla f(y), z - y \rangle = f(y) + \lambda \langle \nabla f(z), x - y \rangle$$

and

$$f(z) \le f(x) + \langle \nabla f(z), z - x \rangle = f(x) - (1 - \lambda) \langle \nabla f(z), x - y \rangle$$

Multiplying the first inequality by  $1-\lambda$ , the second by  $\lambda$ , and adding the resulting inequalities, we get:

$$f(z) \leq \lambda f(x) + (1-\lambda)f(y).$$

# Proof of Theorem 4 (Convexity and gradient)

- (ii)  $\Rightarrow$  (iii) Choose any  $x, y \in \mathbb{R}^d$ . Adding the inequalities  $D_f(x, y) \geq 0$  and  $D_f(y, x) \geq 0$ , we get (iii).
- (iii)  $\Rightarrow$  (ii) Choose any  $x, y \in \mathbb{R}^d$  and define z = x + t(y x). Then by the fundamental theorem of calculus, we have:

$$f(y) = f(x) + \int_0^1 \langle \nabla f(x + t(y - x)), y - x \rangle dt$$

$$= f(x) + \langle \nabla f(x), y - x \rangle + \int_0^1 \langle \nabla f(z) - \nabla f(x), y - x \rangle dt$$

$$= f(x) + \langle \nabla f(x), y - x \rangle + \int_0^1 \frac{1}{t} \langle \nabla f(z) - \nabla f(x), z - x \rangle dt$$

$$\geq f(x) + \langle \nabla f(x), y - x \rangle,$$

where the inequality follows from the bound  $\langle \nabla f(z) - \nabla f(x), z - x \rangle \ge 0$ , which holds due to (iii).

# Proof of Theorem 5 (Convexity and Hessian)

• Assume f is convex. Choose any  $x, y' \in \mathbb{R}^d$  and  $\theta > 0$ . Then in view of Theorem 4(iii), we have

$$0 \leq \frac{1}{\theta^2} \left\langle \nabla f(x + \theta(y' - x)) - \nabla f(x), (x + \theta(y' - x)) - x \right\rangle$$
$$= \underbrace{\frac{1}{\theta} \left\langle \nabla f(x + \theta(y' - x)) - \nabla f(x), y' - x \right\rangle}_{\stackrel{\text{def}}{=} A_{\theta}},$$

and hence  $A_{\theta} \geq 0$  for all  $\theta > 0$ . Applying the fundamental theorem of calculus (Corollary 3) with  $x \leftarrow x, y \leftarrow x + \theta(y' - x)$  and  $s \leftarrow y' - x$  gives

$$A_{\theta} = \frac{1}{\theta} \int_{0}^{1} \left\langle \nabla^{2} f(x + t(y - x))(y - x), y' - x \right\rangle dt$$
$$= \int_{0}^{1} \left\langle \nabla^{2} f(x + \theta t(y' - x))(y' - x), y' - x \right\rangle dt.$$

# Proof of Theorem 5 (Convexity and Hessian)

• Finally, taking limit  $\theta \to 0^+$ , we get

$$0 \leq \lim_{\theta \to 0^{+}} A_{\theta}$$

$$= \lim_{\theta \to 0^{+}} \int_{0}^{1} \left\langle \nabla^{2} f(x + \theta t(y' - x))(y' - x), y' - x \right\rangle dt$$

$$= \int_{0}^{1} \lim_{\theta \to 0^{+}} \left\langle \nabla^{2} f(x + \theta t(y' - x))(y' - x), y' - x \right\rangle dt$$

$$= \int_{0}^{1} \left\langle \nabla^{2} f(x)(y' - x), y' - x \right\rangle dt$$

$$= \left\langle \nabla^{2} f(x)(y' - x), y' - x \right\rangle.$$

Since y' was arbitrary, this means that  $\nabla^2 f(x)$  is positive semi-definite.

• Proof of the reverse implication is left as an exercise.

# Jensen's Inequality

## Theorem 6 (Jensen's Inequality)

If f is convex and  $X \in \mathbb{R}^d$  is a random vector, then

$$0 \leq \mathbb{E}[f(X)] - f(\mathbb{E}[X]).$$

# **Strongly Convex Functions**

# Strongly Convex Functions: Definition

## Definition 4 (Strongly convex function)

Let  $\mu \geq 0$ . A function  $f: \mathbb{R}^d \to \mathbb{R}$  is  $\mu$ -strongly convex ( $\mu$ -convex for short) if the function

$$x \mapsto f(x) - \frac{\mu}{2} ||x||^2$$

is convex. That is, if

$$\frac{\mu}{2}\lambda(1-\lambda)\|x-y\|^2 \le C_f^{\lambda}(x,y)$$

for all  $x, y \in \mathbb{R}^d$  and  $\lambda \in [0, 1]$ .

• Note that the  $\mu = 0$  case reduces to convexity.

## Example 4

Let  $\mu \ge 0$ .  $f(x) = \frac{\mu}{2} ||x||^2$  is  $\mu$ -convex since  $f(x) - \frac{\mu}{2} ||x||^2 = 0$  is convex.

# Strongly Convex Functions: Characterization

#### Theorem 7 (Strong convexity and gradient)

Let  $f: \mathbb{R}^d \to \mathbb{R}$  be continuously differentiable. Then the following statements are equivalent:

- f is μ-convex
- **2**  $\mu \|x y\|^2 \le 2D_f(x, y)$  for all  $x, y \in \mathbb{R}^d$

#### Theorem 8 (Strong convexity and gradient II)

If  $f:\mathbb{R}^d o \mathbb{R}$  is continuously differentiable and  $\mu$ -convex, then<sup>a</sup>

- 2 $D_f(x, y) \le \frac{1}{n} \|\nabla f(x) \nabla f(y)\|^2$  for all  $x, y \in \mathbb{R}^d$

<sup>a</sup>Note: If  $\mu=0$ , we interpret  $\frac{1}{\mu}$  as  $+\infty$ , and the bounds hold trivially.

#### Theorem 9 (Strong convexity and Hessian)

If  $f: \mathbb{R}^d \to \mathbb{R}$  is twice continuously differentiable, then it is  $\mu$ -convex if and only if

$$\mu I \leq \nabla^2 f(x)$$
 for all  $x \in \mathbb{R}^d$ .

# Strong Jensen's Inequality

#### Theorem 10 (Strong Jensen's Inequality)

If f is  $\mu$ -convex and  $X \in \mathbb{R}^d$  is a random vector, then

$$\frac{\mu}{2}\operatorname{Var}[X] \leq \mathbb{E}[f(X)] - f(\mathbb{E}[X]).$$

#### Proof.

Let us apply Jensen's inequality  $F(\mathbb{E}[X]) \leq \mathbb{E}[F(X)]$  to  $F(x) \stackrel{\text{def}}{=} f(x) - \frac{\mu}{2} ||x||^2$ , which is convex by definition. We get

$$f(\mathbb{E}[X]) - \frac{\mu}{2}\mathbb{E}[\|X\|^2] \leq \mathbb{E}[f(X)] - \mathbb{E}\left[\frac{\mu}{2}\|X\|^2\right].$$

It remains to rearrange the inequality and use the identity

$$Var[X] = \mathbb{E}[||X||^2] - ||\mathbb{E}[X]||^2.$$

