



HOLIDAY ENGAGEMENT

CLASS - IV



Keep your brain active over break without knowing you are doing “Homework”

Dear Children and Parents

It is summer time, I hope you would enjoy your holidays to the best of your capacities.

Holidays are time when you can connect with your child in many ways. As parents are the first and the most important teacher for a child, we can encourage our child to participate in many educational activities at home and promote his/her quest to learn. Working together will not only help your child to build, learn and develop his/her skills but also strengthen your bond with him/her.

Time for strengthening family bond, tying threads of family tree, sharing joys and sorrows, having a good time together. Do shower your love and care on people you meet and get loads of blessings in return.

Take good care of your health and hygiene. Avoid heavy and oily food and increase intake of fresh fruits and water to keep yourself well hydrated and energetic. Use Holiday Homework as an opportunity to spend quality time together. Let your child take the lead and use his/ her imagination, creativity and knowledge to do the assigned task. The role of the parent is to be a facilitator and guide to steer the child in the right direction. He/ She will find his own destination. Original work of students will receive greater recognition and appreciation

- Spend good time with your family,
- Try to do your written work regularly to enhance your writing power.
- Pay special attention towards your health and care.
- Don't play in the sunshine or on hot places

General Instructions:

- All work to be done on A4 sheet or as directed by the concern subject teacher.
- It should be neat and clean.
- The homework should have proper borders.
- All the subject homework should be kept properly in a folder for submission.
- Read all the homework carefully before starting of the homework.
- Please follow the instructions given in each subject homework.
- For any doubts you may contact the concern teacher through phone number.
- All the Homework will be marked and assessed, so it is **COMPULSORY**, to do all the subject homework.

Guidelines for Parents: -

- Holiday homework has to be done under the parental guidance.
- Kindly complete and send the homework in a paper bag on the first day after the summer break.
- Make your ward read resource books.
- Make your ward learn and remember his/her parents mobile /landline number, house address etc, to make him/her independent and secure.
- Do not miss to take your child, outdoors in the evening.
- Do any creative act, which you are good at with your ward and send it to school after vacations.
- Fix up a time table for your ward to organize his/her daily routine like, watching television, playing with friends, studying etc.
- Make your child responsible by assigning some of the household responsibilities to him/her like, watering plants, arranging the dining table, organizing his/her room and cupboards, fill the empty water bottles and put them in refrigerator.
- Above mentioned guidelines will help your child to become a smart and an active learner.

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For any queries related to summer holiday assignment, please feel free to contact in between 10:00 am to 1:00 pm.

S. No	Teacher's Name	Contact No.
1.	Tr.Priyanka Biwal	7879152805
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ENGLISH

Activity-1

Choose any one state and its famous dish , with the help of your mother try to cook the dish and enjoy with your family. Don't forget to click the picture and share with your class teacher.



Activity-2

Write an informal letter to your younger brother living in hostel who has been very fond of junk food and share your views about harmful effects of junk food and tell him/her to avoid eating junk food.

Activity-3

Paste the picture of 10 spices used in kitchen and also write their name in front of picture.



Activity-4 Make a poster on “Don't Waste Food”.

Activity-5 Penmanship is the most interesting writing form. Create your own dairy with pictures/drawings about the most interesting things you did during summer vacation. Bring your diary to school and share with your friends and teacher.

HINDI

गतिविधि:- १

प्रश्न-१ अपठित गद्यांश

गद्यांश को पढ़कर नीचे दिए गए प्रश्नों के उत्तर लिखिए।

भोजन हमारे जीवन की जरूरत है। भोजन है तो हम हैं, स्वस्थ भोजन से ही हमें ऊर्जा मिलती है और उस ऊर्जा से हम अपने दिन भर के कार्य करते हैं अर्थात् जीवन यापन करते हैं। भोजन से ही हमारा शारीरिक एवं मानसिक स्वास्थ्य बना रहता है। भोजन और पानी के बिना हम जीवित नहीं रह सकते।



प्रश्न -क हमारे जीवन की मुख्य जरूरत क्या है ?

प्रश्न- ख हमें ऊर्जा किससे मिलती है ?

प्रश्न- ग हमारा शारीरिक और मानसिक स्वास्थ्य किससे बनता है?

प्रश्न - घ हम किसके बिना जीवित नहीं रह सकते?

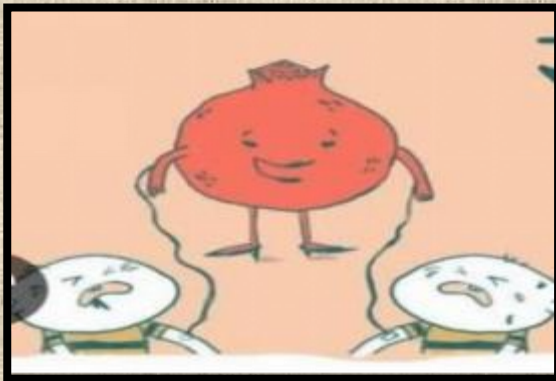
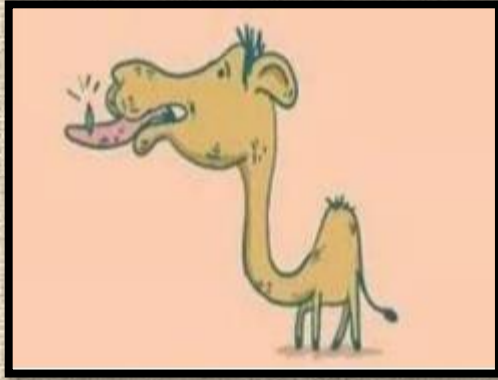
गतिविधि:- - २

प्रश्न- २ दो फसलों के नाम लिखिए । उन फसलों से क्या-क्या चीजें उत्पादित होती हैं उनके पांच पांच नाम लिखिए एवं उन फसलों के उत्पादित खाद्यान्नों के पांच पांच चित्र चिपकाएं

निर्देश :- आप इस शीर्षक फसल का(EVS)की पुस्तक से भी उदाहरण ले सकते हैं।

गतिविधि:- ३

प्रश्न- ३ चित्र देखकर खाने के ऊपर 5 मुहावरे लिखिए , एवं इन मुहावरों के ऊपर एक छोटी सी कहानी लिखिए।



गतिविधि: - ४

प्रश्न - ४ इंदौरी जायका

इंदौर हमारे देश का सबसे स्वच्छतम शहर है साथ ही यह अपने स्वादिष्ट व्यंजनों के लिए भी प्रसिद्ध है। आप सभी अपने माता-पिता भाई-बहन मित्रों रिश्तेदारों व मेहमानों के साथ 56 दुकान व सराफा जाते होंगे और वहां के स्वादिष्ट व्यंजनों का आनंद लेते रहे होंगे स्वाद के इसी सफर से जुड़े अपने अनुभवों के आधार पर आप 56 दुकान व सराफा जाकर वहां के दो दुकानदारों का साक्षात्कार लेकर वीडियो बनाइए, एवं उसे संग्रहित (save) कीजिए।

गतिविधि: - ५

प्रश्न -५ संतुलित आहार के ऊपर अनुच्छेद लिखिए एवं मध्याह्न संतुलित आहार की एक थाली का चित्र बनाइए और आप उसमें क्या-क्या संतुलित आहार रखना चाहेंगे।



Activity:- 1

Math- Food and Numbers

Food and numbers are closely related, from the required quantities of ingredients of recipes to the cooking time and the temperature of ovens, food would not be possible without mathematics. Another area of food where numbers are important is calories. The energy we get from food is measured in calories, calories are important because if you consume more than the required calories, it can make you overweight. Look at the chart given below, it shows the calories that we get from various food items. Design a day's menu for yourself that will give you 1600-1800 calories in a day. Make 4 different menus for four weekends. For each food item that you include in your menu, mention the number of calories it gives you and also write the total number of calories consumed by you through each menu. Apart from the food items mentioned below, you are free to choose other food items too but make sure that you get the correct value of calories for the chosen food item.

Calorie-Sheet

Item	Quantity	Caloric value	Item	Quantity	Caloric value
Break fast			Beverages		
Egg boiled	1	80	Tea, black, no sugar	1cup	10
Egg fried	1	110	Coffee, black no sugar	1cup	10
Egg omelette	1	120	Tea with milk & sugar	1cup	45
Bread slice with butter	1	90	Coffee, milk & sugar	1cup	45
Chapati	1	60	Milk without sugar	1cup	60
Puri	1	75	Milk with sugar	1cup	75
Paratha	1	150	Horlicks, milk & sugar	1cup	120
Subji	1cup	150	Fresh fruit Juice	1cup	120
Idli	1	100	Aerated soft drinks	1bottle	90
Dosa plain	1	120			
Dosa masala	1	250			
Sambhar	1cup	150			
Lunch / Dinner			Miscellaneous		
Cooked rice, plain	1cup	120	Jam	1tsp	30
Cooked rice, fried	1cup	150	Butter	1tsp	50
Phulka	1	60	Ghee	1tsp	50
Nan	1	150	Sugar	1tsp	30
Dal	1cup	150	Biscuit	1	30
Curd	1cup	100	Fried nuts	1cup	300
Curry, vegetable	1cup	150	Puddings	1cup	200
Curry, meat	1cup	175	Ice-cream	1cup	200
Salad	1cup	100	Milk-shake	1glass	200
Papad	1	45	Wafers	1pkt	120
Cutlet	1	75	Samosa	1	100
Pickle	1tsp	30	Bhel puri/pani puri	1helping	150
Soup, clear	1cup	75	Kabab	1plate	150
Soup, heavy	1cup	150	Indian sweets/mithai	1pc	150
			Fruit	1helping	75

Note: Here is an example of the table you can use for designing the menu.

	Food Item	Total Calories
Meal		
Breakfast		
Lunch		
Dinner		
	Total number of calories	

Activity : 2

The following table shows the areas of the five largest states of India. Study the table and answer the following questions:

States	AREA (in km)
Gujarat	1,96,024
Chhattisgarh	1,35,191
Rajasthan	3,42,239
Madhya Pradesh	3,08,350
Jammu and Kashmir	2,22,236



1. Write the area of all five states in word form.

2. Write the area of Jammu and Kashmir in the expanded form.

3. Order the states in ascending order and descending order on the basis of

their areas.

4. Round off area of Rajasthan to the nearest hundred.

5. The area of which state has 9, both at ten thousands place and tens place? Write the difference of the place values of 9 at these two places in this number.

Activity : 3

Here is a menu of a restaurent.

Menu

Dosa	Rs. 100
Juice	Rs. 60
Cold drink	Rs. 30
Milk Shake	Rs. 90
Soup	Rs. 75
Cutlet	Rs. 20
Chips	Rs. 20
Samosa	Rs. 30

Prepare a bill for a customer who purchased the following items.

4 - Cutlets, 2 - Samosas, 1- Dosa, 3 - Cold drink, 2 - Chips

PRACTICE TIME

Note: Do the following questions in your mathematics notebook.

Q:1) Largest and smallest number.

- The largest 5-digit number is _____.
- The smallest 6 -digit number is _____.

Q:2) Write the numbers in figures.

- Twenty -three thousand one hundred _____
- Fifty thousand five hundred forty - four _____
- One lakh thirty - eight thousand four hundred _____
- Two lakh sixty - eight thousand three hundred five _____

Q:3) Write the numbers names.

a. 27,539 = _____

b. 7,08,123 = _____

c. 17,648 = _____

d. 3,25,173 = _____

Q:4) Write in expanded form .

a. 45,347 = _____

b. 67,183 = _____

c. 1,25,417 = _____

d. 3,25,286 = _____

Q:5) Write the place value of the underline digit in each of the following numbers.

a. 73,375 = _____

b. 28,590 = _____

c. 4,35,400 = _____

d. 36,799 = _____

MENTAL MATHS

Choose the correct options

1.) The smallest 4-digit number that can be formed using the digit 7,8,0,9 without repeating the digits is

a.) 9087

b.) 7089

c.) 7890

2.) If $\bigcirc \times \square = 28$, then find the two numbers.

a.) 7 and 3

b.) 4 and 7

c.) 6 and 5

3.) If $\square + \bigcirc = 9$ and $\square + \bigcirc + \triangle = 17$, then the value of \triangle is _____

a.) 6

b.) 8

c.) 7

4.) If you have three Rs.50 note, then which one of the following items

Can you buy?

a. Rs.180



b. Rs.140



c. Rs.500



5.) Which one of the following is equal to $13+13+13+13+13$

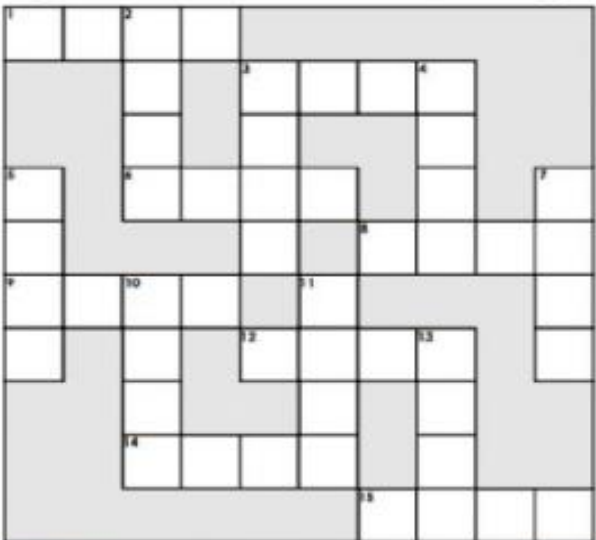
a.) $13+5$

b.) $13 \div 5$

c.) 13×5

FUN MATH

Addition Math Crossword



ACROSS		DOWN	
1. 1,263 + 1,395 -----	9. 2,084 + 975 -----	2. 2,736 + 2,743 -----	7. 1,496 + 205 -----
3. 3,378 + 1,498 -----	12. 6,868 + 1,793 -----	3. 3,815 + 855 -----	10. 3,872 + 1,621 -----
6. 2,732 + 6,740 -----	14. 1,980 + 1,941 -----	4. 2,537 + 3,836 -----	11. 7,702 + 1,909 -----
8. 2,155 + 5,172 -----	15. 4,604 + 2,309 -----	5. 1,128 + 1,111 -----	13. 1,363 + 186 -----

Math Crossword

11	-	6	=				34	=	
				x		x			÷
5					+	11	=		9
=				=		=		÷	=
55			=	35		22	2		4 = 8
							=		+
				27			=		
									=
	÷	35	=				6	x	
				=					÷
7				54					3 = 6
=							=		=
10	x		=	90			÷	8	=

E.V.S

Activity:- 1 Collect information about food which the people of different states eat.

NOTE :- Write the name and paste the picture of food item eaten by the people of any five states and mention the nutrients present in them.



Activity:- 2 As we all know that junk food is not good for our health . But do you know they can be made healthy with some alterations. Pick your favourite junk food think of some ways and prepare a healthy version of it.

Write the recipe and paste pictures on an A4 size sheet.



Activity:- 3 Make some toys or utensils with clay.



Note: Make Clay Modelling (Mitti ke Khiloun)

Activity-4

This is Summer season. Make a list of the activities which you will like to do for birds and animals in such a hot weather.



Note: Make a Bird Feeder.

Activity:-5

Try to plant a Sapling and write down your experience of plantation in summer season.



Note: Student can plant it in a plastic bottle.

COMPUTER

Activity:- 1

Create a document using MS Word and write the name of green vegetables that you are taking in your daily diet apply numbering and bullets using paragraph option and make your document colourful using font group option for example Font colour, Fill colour, bold, italic etc. Create a document accordingly

