

Bullet Journal - Addons

January 28, 2022

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x	x	x	x	x	x	x
x						
x						
x						
<div>x</div>						
x						

1 Task lists

Legend:

- + Prompt <https://bulletjournal.com/blogs/bulletjournalist/long-form-journalingsource>
- calisthenics

<u>S</u>	M	T	W	T	F	S
<u>x</u>	x	x	x	x	x	x
x						
x						
x						
<div>x</div>						
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2 Habit tracker

3 Financial tracker

4 Mood tracker

- Items are numbered automatically.
- Abhiman
- Acedia
- Amae
- Ambiguphobia
- Anger
- Anticipation
- Anxiety
- Apathy

- Lappel du vide
- Awumbuk
- Bafflement
- Basorexia
- Befuddlement
- Bewilderment
- Boredom
- Brabant
- Broodiness
- Calm
- Carefree
- Cheerfulness
- Cheesed (off)
- Claustrophobia
- Collywobbles, the
- Comfort
- Compassion
- Compersion

- Confidence
- Contempt
- Contentment
- Courage
- Curiosity
- Cyberchondria
- Delight
- Dpaysement
- Desire
- Despair
- Disappear, the desire to
- Disappointment
- Disgruntlement
- Disgust
- Dismay
- Dolce far niente
- Dread
- Ecstasy

- Embarrassment
- Empathy
- Envy
- Euphoria
- Exasperation
- Excitement
- Fear
- Feeling good (about yourself)
- Formal feeling, a
- Fraud, feeling like a
- Frustration
- Gezelligheid
- Gladsomeness
- Glee
- Gratitude
- Greng jai
- Grief
- Guilt

- Han
- Happiness
- Hatred
- Heebie-Jeebies, the
- Hiraeth
- Hoard, the urge to
- Homefulness
- Homesickness
- Hopefulness
- Huff, in a
- Humble, feeling
- Humiliation
- Hunger
- Hwyl
- Ijirashi
- Ilinx
- Impatience
- Indignation

- Inhabitiveness
- Insulted, feeling
- Irritation
- Jealousy
- Joy
- Kaukokaipuu
- Liget
- Litost
- Loneliness
- Love
- Malu
- Man
- Matutotypea
- Mehameha
- Melancholy
- Miffed, a bit
- Mono no aware
- Morbid curiosity

- Nakhes
- Nginyiwarrarringu
- Nostalgia
- Oime
- Overwhelmed, feeling
- Panic
- Paranoia
- Perversity
- Peur des espaces
- Philoprogenitiveness
- Pique, a fit of
- Pity
- Postal, going
- Pride
- Pronoia
- Rage
- Regret
- Relief

- Reluctance
- Remorse
- Reproachfulness
- Resentment
- Ringxiety
- Rivalry
- Road rage
- Ruinenlust
- Sadness
- Satisfaction
- Saudade
- Schadenfreude
- Self-pity
- Shame
- Shock
- Smugness
- Song
- Surprise

- Suspicion
- Technostress
- Terror
- Torschlusspanik
- Toska
- Triumph
- Vengefulness
- Vergenza ajena
- Viraha
- Vulnerability
- Wanderlust
- Warm glow
- Wonder
- Worry
- al