

Menu

All meals are served as a generous single portion.
Free delivery between Melkbosstrand and Milnerton.

R 55 PER MEAL

GOURMET FROZEN MEALS

Beef Lasagne

Layers of tomato beef mince, bechamel sauce and pasta sheets with grated cheddar and mozzarella cheese

Cottage Pie

Beef and vegetable cottage pie topped with a layer of buttery, creamy potato mash

Mac 'n Cheese

Three cheese gourmet mac 'n cheese with bacon



Roasted Vegetable Lasagne

Layers of over-roasted vegetables with a tomato sauce, bechamel sauce and pasta sheets with grated cheddar and mozzarella cheese



Cannelloni

Spinach, cream cheese & feta cannelloni topped with a rustic tomato sauce, cheese sauce & grated cheese

Chicken a la King

Tender chicken breast fillet in a creamy mushroom sauce served with fluffy white rice and veggies

Butter Chicken

Cubed tender chicken breast fillets in a fragrant creamy butter chicken sauce served with fluffy white rice and veggies

Thai Green Curry

Mild, creamy chicken and butternut Thai green curry served with fluffy white rice and veggies

Feijoada

Slow-cooked Portuguese bean stew with pork, bacon, chorizo and fresh herbs served with fluffy white rice and veggies

Chicken Cacciatore

Slow-roasted deboned chicken thighs in a rustic tomato sauce with olives served with Moroccan couscous and veggies

R 55 PER 1KG PORTION

SOUPS

Tuscan bean with Italian chorizo

Creamy roasted butternut

Beef and seasonal vegetables

Cauliflower and bacon

Cauliflower and bacon

HOME-MADE TREATS

Buttermilk rusks | 500g packet

R 55

Health rusks | 500g packet

R 55

Vanilla butter biscuits | 250g packet

R 20



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