

Benjamin Baird

✉ baird@utexas.edu

Publications

JOURNAL ARTICLES

1. Baird, B., Tononi, G., & LaBerge, S. (2022). Lucid dreaming occurs in activated rapid eye movement sleep, not a mixture of sleep and wakefulness. *Sleep*, 45(4). <https://doi.org/10.1093/sleep/zsab294>
2. Baird, B., Aparicio, M. K., Alauddin, T., Riedner, B., Boly, M., & Tononi, G. (2021). Episodic thought distinguishes spontaneous cognition in waking from REM and NREM sleep. *Consciousness and Cognition*, 97, 103247. <https://doi.org/10.1016/j.concog.2021.103247>
3. Baird, B., LaBerge, S., & Tononi, G. (2021). Two-way communication in lucid REM sleep dreaming. *Trends in Cognitive Sciences*, 25(6), 427–428. <https://doi.org/10.1016/j.tics.2021.04.004>

PREPRINTS

BOOKS

BOOK CHAPTERS

1. Baird, B. (2021). Lucid dreaming. In *Kryger's principles and practice of sleep medicine*.

Professional Presentations

Kings College London, London, UK

2021

Center for Healthy Minds, University of Wisconsin – Madison

2021

Psychology Department, University of Texas at Austin

2021

Psychology Department, University of Wisconsin – Madison

2021

Conference Abstracts

Dreaming - a new look at an old topic: Recent findings and discoveries

SLEEP RESEARCH SOCIETY TRAINEE SYMPOSIA SERIES, SLEEP

2021

Recent findings in the cognitive neuroscience of lucid dreaming

ENHANCED COGNITION CONFERENCE

2021

Honors

Funding

Psychophysiology Research Grant

FUNDING:

Fundação Bial,

2019 - 2022

Service

Mentoring and Teaching

MENTORING

