

Publications

JOURNAL ARTICLES

PREPRINTS

Воокѕ

BOOK CHAPTERS

Professional Presentations

Life of a Teaching Assistant: Undergraduate (uTA) Teaching Workshop	
LECTURE PRESENTED FOR ONBOARDING UNDERGRADUATE STUDENT EMPLOYEES, UT PSYCHOLOGY DEPARTMENT	2023
Life of a Teaching Assistant: Undergraduate (uTA) Teaching Workshop	
LECTURE PRESENTED FOR ONBOARDING UNDERGRADUATE STUDENT EMPLOYEES, UT PSYCHOLOGY DEPARTMENT	2022
Theories of Stress Response and Coping	
LECTURE PRESENTED FOR BDP 101 SOCIAL INEQUALITY, HEALTH AND POLICY, INSTRUCTORS: DRS. OSBAKKEN AND LOVE, BRIDGING	2022
DISCIPLINES PROGRAM	2022
Life of a Teaching Assistant: Graduate Teaching Workshop	
LECTURE PRESENTED FOR INCOMING GRADUATE STUDENT BOOTCAMP, UT PSYCHOLOGY DEPARTMENT	2022
Psi Chi Induction: Finding a Meaningful Path as a Psychology Major	
LECTURE PRESENTED FOR PSI CHI UNDERGRADUATE ORGANIZATION	2022
Teaching the Whole Student	
LECTURE PRESENTED FOR ASSISTANT PROFESSOR OF PSYCHOLOGY MENTORSHIP LUNCH SESSION	2022
Emotional Intelligence for Leaders	
Seminar Co-Instructor, Human Dimensions of Organizations, UT Austin	2021
Exploring Professional Development as a Psychology Major	
TEXAS STUDENT PSYCHOLOGICAL ASSOCIATION UNDERGRADUATE ORGANIZATION	2021
My Psychology Journey: Professional Development as a Psychology Major	
LECTURE PRESENTED FOR WOMEN IN PSYCHOLOGY UNDERGRADUATE ORGANIZATION	2021
Life of a Teaching Assistant: Graduate Teaching Workshop	
LECTURE PRESENTED FOR INCOMING GRADUATE STUDENT BOOTCAMP, UT PSYCHOLOGY DEPARTMENT	2021
Promoting Inclusivity and Equity in the Psychology Classroom	
Co-organizer and panelist for faculty pedagogy session for UT Psychology	2020
Incorporating Well-being into Virtual Learning Environments	
FACULTY PANELIST, STUDENT SUCCESS AND WELL-BEING COMMITTEE UT COLLEGE OF PHARMACY, UT AUSTIN	2020
Life of a Teaching Assistant: Graduate Teaching Workshop	
LECTURE PRESENTED FOR INCOMING GRADUATE STUDENT BOOTCAMP, PSYCHOLOGY DEPARTMENT	2020
Texas Well-being: Faculty Voices in Support of UT Students' Mental Health	
FACULTY PANELIST, MENTAL HEALTH PROMOTION WEEK LIVE STREAM, UT WELLNESS NETWORK, UT AUSTIN	2020

Conference Abstracts

Psychology Honors Student Josue Huerta: The Effects of Muscular Physique in Fitness Images on Self-Esteem, Body Satisfaction, and Exercise Motivation in Men

Honors	
UT System Regents' Outstanding Teaching Award Nominee (Department-level Professional-Track Nominee)	Austin, US
THE UNIVERSITY OF TEXAS AT AUSTIN	2023
Certificate in Effective College Instruction (25-module, yearlong training course; certificate completed)	New York, US
Association of College and University Educators	2022
Invitee- UT Pre-Dental Student Society Sweet Tooth Professor Dinner The University of Texas at Austin	Austin, US 2022
UT System Regents' Outstanding Teaching Award Nominee (Department- and College-level Professional-Track Nominee	Austin, US
THE UNIVERSITY OF TEXAS AT AUSTIN	2022
Clock Award, Outstanding Contributions to Serving Services for Students with Disabilities (SSD)	Austin, US
THE UNIVERSITY OF TEXAS AT AUSTIN	2021
Funding	
Service	
College of Liberal Arts Dean's Faculty Peer Mentorship Award Committee	Austin, US
COMMITTEE MEMBER Calling of Liberal Auto Duefoccional Faculty Advisory Standing Committee	2022 - present
College of Liberal Arts Professional Faculty Advisory Standing Committee Committee member; Chair of Promotion Subcommittee (Drafted College-wide Promotion Guidance for COLA NTT FACULTY)	Austin, US 2021 - present
UGS Flags and Experiences Ongoing Direct Assessment Project of Psy 420M Quantitative Reasoning and Independent Inquiry Flags	Austin, US
DEPARTMENT PARTNER FOR ASSESSMENT PROJECT; SURVEY AND RUBRIC DESIGN, PLANNING	2021 - present
Departmental Program Assessment Committee	Austin, US
COMMITTEE CHAIR (MAINTAIN COMPLIANCE WITH SACSCOC ASSESSMENT REPORTING FOR ENTIRE DEPARTMENT)	2020 - present
Psychology Teaching Award Committee	Austin, US
COMMITTEE CHAIR (RECOMMENDS CANDIDATES TO CHAIR FOR ALL ELIGIBLE AWARD CALLS, INCLUDING RE-INSTITUTED INTERNAL DEPARTMENTAL AWARDS)	2020 - present
Psychology Executive Committee	Austin, US
COMMITTEE MEMBER	2020 - present
Undergraduate Faculty Advisor	Austin, US
COORDINATE UNDERGRADUATE CURRICULUM, SCHEDULING, AND DEGREE PROGRAMS IN PSYCHOLOGY	2020 - present
UT Well-being in Learning Environments Program	Austin, US
Participating faculty member	2018 - present
Leander Independent School District	Leander, US
VOLUNTEER	2016 - present
UT Landmarks Art and Wellness Curriculum Development Consultation FACULTY CONTRIBUTOR	Austin, US 2023 - 2023

College of Liberal Arts Teaching Award Committee	Austin, US
COMMITTEE MEMBER	2019 - 2022
Senior Vice Provost and Dean of Undergraduate Studies Search Committee SEARCH COMMITTEE MEMBER, SUBCOMMITTEE TO DEVELOP INTERVIEW QUESTIONS	Austin, US 2021 - 2022
Psychology Peer Faculty Teaching Observation and Review	Austin, US
Surveyed, Redesigned, and Implemented new departmental peer faculty teaching observation and review process	2021 - 2022
National Council for Behavioral Health	Washington, US
CERTIFIED, COMPLETED 8-HOUR MENTAL HEALTH CRISIS INTERVENTION COURSE TO EARN 3-YEAR MHFA CERTIFICATION	2019 - 2022
Psychology Promotion Committee for Dr. Kirsten Bradbury	Austin, US
COMMITTEE CHAIR	2021 - 2021
Think Tank for Blanton Museum of Art Virtual Curriculum Development	Austin, US
FACULTY PANELIST	2020 - 2020
Mentoring and Teaching	
MENTORING	
MENTORING	
Center for Teaching and Learning Campus Connector Mentorship Program for New Faculty	
FACULTY PEER MENTOR TO COHORT OF 8 NEW UT FACULTY MEMBERS	2022 - present
Simran Shah, Polymathic Scholars Honors Thesis: Music: A Safe Space, Exploring Music and	
Emotion Regulation Thesis Mentor	2022 - present
Psychology Professional-Track Faculty Professional Development Seminar, Spring session	2022 - present
featuring Guest speaker James Butler, "Mindful at UT."	
FACULTY ORGANIZER	2023 - 2023
Psychology Professional-Track Faculty Professional Development Seminar, Fall session	
featuring Guest speaker Dr. Thea Woodruff, "Well-being in Learning Environments."	
FACULTY ORGANIZER	2022 - 2022
Rio Esquivel: Burnout Among Physicians: Exploring Risk and Protective Factors and Efficacy of Burnout Interventions	
Supervisor, Plan II Honors Thesis	2021 - 2022
Rozel Tindaan, Connecting Experience Internship, Children & Society - Intervention and	2021 2022
Vulnerable Children	
Supervisor, Bridging Disciplines Program	2021 - 2021
William Graber, The Moderating Effects of Resilience on the Relationship Between Childhood Trauma and PTSD Symptoms	
Supervisor, College of Natural Sciences Honors Thesis	2020 - 2021
Tamia Jackson	
Co-Supervisor, McNair Scholars Program	2020 - 2021
Adarsh Melukote, Technology in Medicine and its Effects on Physicians' Lifestyles	
Supervisor, College of Natural Sciences Honors Thesis	2020 - 2021
Josue Huerta: The Effects of Muscular Physique in Fitness Images on Self-Esteem, Body	
Satisfaction, and Exercise Motivation in Men	2020 2020
Supervisor, Psychology Honors Thesis	2020 - 2020
Lizbeth Mucino Ceron, Connecting Experience Internship, Children & Society Supervisor, Bridging Disciplines Program	2020 - 2020
Mia Moi, Connecting Experience Research Project, Social Entrepreneurship & Non-Profits	2020 2020
Supervisor, Bridging Disciplines Program	2020 - 2020

Nina Garza, Burnt Orange Leadership Development (BOLD) program

SUPERVISING MENTOR 2019 - 2020

TEACHING

Undergraduate P	rofessional	Develor	oment Seminar
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National Institute on the Teaching of Psychology-Virtual

TEACHING CONFERENCE ATTENDEE

CO-INSTRUCTOR (WITH DR. MARIE MONFILS): 3-5 SESSIONS EACH SEMESTER, PSY 357 UNDERGRADUATE RESEARCH EXPERIENCE IN 2020 - present PSYCHOLOGY, FALL 2020, SPRING 2021, FALL 2021, SPRING 2022, FALL 2022, SPRING 2023 National Institute on the Teaching of Psychology-Virtual TEACHING CONFERENCE ATTENDEE 2023 - 2023 Annual Conference on Teaching for the Society for Teaching of Psychology-Virtual TEACHING CONFERENCE ATTENDEE Society for Personality and Social Psychology, Society for Teaching Psychology, Teaching **Preconference-Virtual** TEACHING CONFERENCE ATTENDEE 2022 - 2022 **National Institute on the Teaching of Psychology-Virtual** TEACHING CONFERENCE ATTENDEE Teaching Statistics in Psychology-Virtual (2 full days) TEACHING CONFERENCE ATTENDEE 2021 - 2021 Promoting Well-being and Thriving in Graduate Study (1hr/week Graduate Psy course for incoming PhD students) NEW COURSE PREP 2021 - 2021 **American Psychological Association Teaching Preconference-Virtual** TEACHING CONFERENCE ATTENDEE

2020 - 2020