Publications	
Journal Articles	
Preprints	
Воокѕ	
BOOK CHAPTERS	
Professional Presentations	
Life of a Teaching Assistant: Graduate Teaching Workshop	
LECTURE PRESENTED FOR INCOMING GRADUATE STUDENT BOOTCAMP, UT PSYCHOLOGY DEPARTMENT	2023
Teaching-Intensive Positions at R1 Institutions	
Academic Job Search Graduate Bootcamp, Texas Career Engagement Center, UT Austin	2023
Life of a Teaching Assistant: Undergraduate (uTA) Teaching Workshop	
LECTURE PRESENTED FOR ONBOARDING UNDERGRADUATE STUDENT EMPLOYEES, UT PSYCHOLOGY DEPARTMENT	2023
Life of a Teaching Assistant: Undergraduate (uTA) Teaching Workshop	
LECTURE PRESENTED FOR ONBOARDING UNDERGRADUATE STUDENT EMPLOYEES, UT PSYCHOLOGY DEPARTMENT	2022
Theories of Stress Response and Coping	
LECTURE PRESENTED FOR BDP 101 SOCIAL INEQUALITY, HEALTH AND POLICY, INSTRUCTORS: DRS. OSBAKKEN AND LOVE, BRIDGING DISCIPLINES PROGRAM	2022
Life of a Teaching Assistant: Graduate Teaching Workshop	
LECTURE PRESENTED FOR INCOMING GRADUATE STUDENT BOOTCAMP, UT PSYCHOLOGY DEPARTMENT	2022
Psi Chi Induction: Finding a Meaningful Path as a Psychology Major	
LECTURE PRESENTED FOR PSI CHI UNDERGRADUATE ORGANIZATION	2022
Teaching the Whole Student	
LECTURE PRESENTED FOR ASSISTANT PROFESSOR OF PSYCHOLOGY MENTORSHIP LUNCH SESSION	2022
Emotional Intelligence for Leaders	
SEMINAR CO-INSTRUCTOR, HUMAN DIMENSIONS OF ORGANIZATIONS, UT AUSTIN	2021
Exploring Professional Development as a Psychology Major	
TEXAS STUDENT PSYCHOLOGICAL ASSOCIATION UNDERGRADUATE ORGANIZATION	2021
My Psychology Journey: Professional Development as a Psychology Major	2021
LECTURE PRESENTED FOR WOMEN IN PSYCHOLOGY UNDERGRADUATE ORGANIZATION	2021
Life of a Teaching Assistant: Graduate Teaching Workshop	2021
LECTURE PRESENTED FOR INCOMING GRADUATE STUDENT BOOTCAMP, UT PSYCHOLOGY DEPARTMENT	2021
Conference Abstracts	
Professional-track Faculty: Professional Development Program Opportunities, Initiatives, and Challenges	
Advancing R1 Teaching Faculty for Undergraduate Learning (ARTFUL) Conference, Houston, TX	2024
Hamaya	
Honors	

UT System Regents' Outstanding Teaching Award Nominee (Department-level	Austin IIC
Professional-Track Nominee)	Austin, US
The University of Texas at Austin	2024
UT Provost Faculty Development Award	Austin, US
The University of Texas at Austin	2024
UT Provost's Aspiring Leaders Academy Fellow	Austin, US
The University of Texas at Austin	2023
UT System Regents' Outstanding Teaching Award Nominee (Department- and College-level	A
Professional-Track Nominee)	Austin, US
The University of Texas at Austin	2023
Certificate in Effective College Instruction (25-module, yearlong training course; certificate completed)	New York, US
Association of College and University Educators	2022
UT System Regents' Outstanding Teaching Award Nominee (Department- and College-level Professional-Track Nominee	Austin, US
The University of Texas at Austin	2022
Invitee- UT Pre-Dental Student Society Sweet Tooth Professor Dinner	Austin, US
The University of Texas at Austin	2022
Clock Award, Outstanding Contributions to Serving Services for Students with Disabilities	2022
(SSD)	Austin, US
The University of Texas at Austin	2021
FundingService	
Psychology Teaching Excellence Committee	Austin, US
COMMITTEE CHAIR (OVERSEES ALL COMMITTEE ACTIVITIES IN SUPPORT OF TEACHING OBSERVATIONS AND REVIEWS, AND ALL	nasin, oo
RECOMMENDATIONS TO PSY CHAIR FOR INTERNAL TEACHING AWARDS, AS WELL AS NOMINATIONS FOR COLA, UT, AND EXTERNAL TEACHING AWARDS)	2024 - present
College of Liberal Arts Dean's Faculty Peer Mentorship Award Committee	Austin, US
COMMITTEE MEMBER	2022 - present
College of Liberal Arts Professional Faculty Advisory Standing Committee	Austin, US
COMMITTEE MEMBER; CHAIR OF PROMOTION SUBCOMMITTEE (DRAFTED COLLEGE-WIDE PROMOTION GUIDANCE FOR COLA NTT	2021 - present
Psychology Executive Committee	Austin, US
COMMITTEE MEMBER	2020 - present
Departmental Program Assessment Committee	Austin, US
COMMITTEE CHAIR (MAINTAIN COMPLIANCE WITH SACSCOC ASSESSMENT REPORTING FOR ENTIRE DEPARTMENT- BA/BS	,
PSYCHOLOGY, AND PHD PSYCHOLOGY/CLINICAL PSYCHOLOGY PROGRAMS)	2020 - present
Undergraduate Faculty Advisor	Austin, US
Coordinate Undergraduate Curriculum, Scheduling, and Degree Programs in Psychology	2020 - present
UT Well-being in Learning Environments Program	Austin, US
Participating faculty member	2018 - present
Leander Independent School District	Leander, US
Volunteer	2016 - present

Psychology Teaching Award Committee	Austin, US
COMMITTEE CHAIR (RECOMMENDS CANDIDATES TO CHAIR FOR ALL ELIGIBLE AWARD CALLS, INCLUDING RE-INSTITUTED INTERNAL DEPARTMENTAL AWARDS)	2020 - 2024
UGS Flags and Experiences Ongoing Direct Assessment Project of Psy 420M Quantitative Reasoning and Independent Inquiry Flags	Austin, US
DEPARTMENT PARTNER FOR ASSESSMENT PROJECT; SURVEY AND RUBRIC DESIGN, PLANNING	2021 - 2024
College of Liberal Arts Scheduling Community Fair Workshop	Austin, US
FACULTY ADVISOR PANELIST: DEVELOPING THE BEST PATTERN FOR A BLUE RIBBON SCHEDULING QUILT	2023 - 2023
UT Landmarks Art and Wellness Curriculum Development Consultation	Austin, US
FACULTY CONTRIBUTOR	2023 - 2023
College of Liberal Arts Teaching Award Committee	Austin, US
COMMITTEE MEMBER	2019 - 2022
Senior Vice Provost and Dean of Undergraduate Studies Search Committee	Austin, US
SEARCH COMMITTEE MEMBER, SUBCOMMITTEE TO DEVELOP INTERVIEW QUESTIONS	2021 - 2022
Psychology Peer Faculty Teaching Observation and Review	Austin, US
Surveyed, Redesigned, and Implemented new departmental peer faculty teaching observation and review process	2021 - 2022
National Council for Behavioral Health	Washington, US
CERTIFIED, COMPLETED 8-HOUR MENTAL HEALTH CRISIS INTERVENTION COURSE TO EARN 3-YEAR MHFA CERTIFICATION	2019 - 2022
Psychology Promotion Committee for Dr. Kirsten Bradbury	Austin, US
COMMITTEE CHAIR	2021 - 2021
Mentoring and Teaching	
MENTORING	
UT Provost's Professional Track Faculty Networking Circle	
FACULTY DEVELOPMENT FACILITATOR, (YEAR-LONG PROGRAM). MINDFUL MOMENTS: CREATING ENGAGEMENT THROUGH SHARED EXPERIENCE	2023 - 2024
PSYCHOLOGY PROFESSIONAL-TRACK FACULTY PROFESSIONAL DEVELOPMENT SEMINAR, FALL SESSION ORGANIZER AND SPEAKER: "PROMOTION AS A PROFESSIONAL TRACK FACULTY MEMBER"	2023 - 2023
Psychology Professional-Track Faculty Professional Development Seminar, Spring session featuring Guest speaker James Butler, "Mindful at UT."	
FACULTY ORGANIZER	2023 - 2023
Center for Teaching and Learning Campus Connector Mentorship Program for New Faculty	
FACULTY PEER MENTOR TO COHORT OF 8 NEW UT FACULTY MEMBERS	2022 - 2023
Simran Shah, Polymathic Scholars Honors Thesis: Music: A Safe Space, Exploring Music and Emotion Regulation	
THESIS MENTOR	2022 - 2023
Psychology Professional-Track Faculty Professional Development Seminar, Fall session featuring Guest speaker Dr. Thea Woodruff, "Well-being in Learning Environments."	
Faculty Organizer	2022 - 2022
Rio Esquivel: Burnout Among Physicians: Exploring Risk and Protective Factors and Efficacy of Burnout Interventions	
Supervisor, Plan II Honors Thesis	2021 - 2022
Rozel Tindaan, Connecting Experience Internship, Children & Society - Intervention and Vulnerable Children	
Supervisor, Bridging Disciplines Program	2021 - 2021

Adarsh Melukote, Technology in Medicine and its Effects on Physicians' Lifestyles	
Supervisor, College of Natural Sciences Honors Thesis	2020 - 2021
Tamia Jackson	
Co-Supervisor, McNair Scholars Program	2020 - 2021
William Graber, The Moderating Effects of Resilience on the Relationship Between Childhood	
Trauma and PTSD Symptoms	
Supervisor, College of Natural Sciences Honors Thesis	2020 - 2021
TEACHING	
Undergraduate Professional Development Seminar	
Co-Instructor (with Dr. Marie Monfils): 3-5 sessions each semester, PSY 357 Undergraduate Research Experience in	2020 - 2023
PSYCHOLOGY, FALL 2020, SPRING 2021, FALL 2021, SPRING 2022, FALL 2022, SPRING 2023	2020 - 2023
National Institute on the Teaching of Psychology-Virtual	
TEACHING CONFERENCE ATTENDEE	2023 - 2023
Annual Conference on Teaching for the Society for Teaching of Psychology-Virtual	
TEACHING CONFERENCE ATTENDEE	2022 - 2022
Society for Personality and Social Psychology, Society for Teaching Psychology, Teaching	
Preconference- Virtual	
TEACHING CONFERENCE ATTENDEE	2022 - 2022
National Institute on the Teaching of Psychology-Virtual	
TEACHING CONFERENCE ATTENDEE	2022 - 2022
Teaching Statistics in Psychology-Virtual (2 full days)	
Teaching Conference Attendee	2021 - 2021
Promoting Well-being and Thriving in Graduate Study (1hr/week Graduate Psy course for	
incoming PhD students)	
New course prep	2021 - 2021