



Restaurant name

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SouthWest Chicken Bowl

By: Vaquerano

Non-vegetarian

Mexican

A healthy latin inspired chicken bowl, simple yet packed with flavor

Cooking Time

15 minutes

Utensils required

Pan,Spoon,Plate

Ingredients



1. Ingredient slip name



2. Ingredient slip name



3. Ingredient slip name long long name



1. Ingredient slip name



5. Ingredient slip name long long name



6. Ingredient slip name



7. Ingredient slip name long long name



8. Ingredient slip name



8. Ingredient slip name long long name



9. Ingredient slip name



10. Ingredient slip name



11. Ingredient slip name long long name



12. Ingredient slip name



13. Ingredient slip name long long name



14. Ingredient slip name



15. Ingredient slip name long long name



16. Ingredient slip name



16. Ingredient slip name

Preparation directions

1. Prepare



Heat oil in a medium saucepan over medium heat. Coat choice of protein with cajun spices on both sides. Add protein choice to the saucepan, cooking thoroughly until both sides are a dark brown color. Spritz lemon juice over protein during cooking process.

2. Heat and Boil



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Garnish

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