* What type of energy did your car start with? Explain how you know
  + The car started with potential spring energy as the rubber band is a type of spring, and when we wound up the rubber band we were putting the rubber band in tension.
* What type of energy when your car was traveling at the maximum velocity it would have?
  + The type of energy the car had when it was traveling at its maximum velocity would be kinetic energy as all of the potential energy stored in the rubber band has been converted into kinetic energy to propel the car.
* What are possible ways your car lost energy?
  + The possible ways the car could lose energy was not all of the potential energy in the rubber band being completely converted into kinetic energy, friction between the axel and the box, friction between the wheels and the ground, along with some slippage causing some energy to be lost.