```
model User {
  id              String   @id @default(uuid())
  email           String   @unique
  passwordHash    String?
  createdAt       DateTime @default(now())
  subscriptionTier  SubscriptionTier
  institutionId   String?
  onboardingDone    Boolean  @default(false)

  baselineProfile   BaselineProfile?
  conversations     Conversation[]
  journalEntries    JournalEntry[]
  exercises         ExerciseCompletion[]
}

model BaselineProfile {
  id              String   @id @default(uuid())
  userId          String   @unique
  primaryIntents    String[]
  currentChallenges  String[]
  emotionalBaseline  String[]
  tonePreference    String
  exerciseOpenness   String
  recoveryStage     String?
  substances        String[]
  createdAt       DateTime @default(now())

  user            User     @relation(fields: [userId], references: [id])
}

model Conversation {
  id        String   @id @default(uuid())
  userId    String
  state     ConversationState
  createdAt   DateTime @default(now())

  messages    Message[]
}

model Message {
  id              String   @id @default(uuid())
  conversationId  String
  role            MessageRole
  content         String
  createdAt       DateTime @default(now())
}

model Exercise {
  id      String   @id
  title   String
  framework String
  topic   String
  aspect   String
  aiPrompt  String
```

```
}

model ExerciseCompletion {
  id          String   @id @default(uuid())
  userId      String
  exerciseId  String
  reflection  String
  completedAt DateTime @default(now())
}

model JournalEntry {
  id          String   @id @default(uuid())
  userId      String
  content     String
  createdAt   DateTime @default(now())
}

model Institution {
  id        String   @id @default(uuid())
  name      String
  seatLimit Int
}

enum SubscriptionTier {
  FREE
  PREMIUM
  INSTITUTION
}

enum ConversationState {
  INIT
  CONVERSATIONAL_DISCOVERY
  SUPPORTIVE_PROCESSING
  EXERCISE_SUGGESTION
  EXERCISE_FACILITATION
  POST_EXERCISE_INTEGRATION
  CRISIS_MODE
}

enum MessageRole {
  USER
  AI
  SYSTEM
}
```