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**Title:** Decentralized learning implications in the performance of dense WLANs

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**Abstract:** Understanding the consequences of applying Reinforcement Learning (RL) in dense

and uncoordinated environments to support self-configuration (e.g., Wi-Fi) is critical to optimize the performance of next-generation wireless networks. In this document, we present a decentralized approach in which Wireless Networks (WNs) attempt to learn the best possible configuration in an adversarial environment according to their own performance. In particular, we provide a Multi-Armed Bandits (MABs) based model in which devices are allowed to tune their frequency channel, transmit power and Carrier Sense Threshold (CST). Furthermore, we study the effects of applying such a method under a set scenarios that frame different types of interaction between Wireless Local Area Networks (WLANs). Our results show that, despite using only local information, a collaborative behavior can be obtained among independent devices that share the same resources. Finally, some insights are provided regarding the consequences of applying learning in the performance of overlapping legacy

networks.

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#### 1. Introduction

Wireless communications are rapidly evolving to satisfy the increasingly tighter requirements coming from the explosive growth of wireless devices and the Quality of Service (QoS) needs of new applications. Next-generation Wireless Networks (WNs) are foreseen to cover short-range communications in high-density scenarios, which most of the cases are uncoordinated deployments (e.g., residential buildings). Because of the limited performance of the existing protocols when operating in dense scenarios, which suffer a high variability in terms of channel effect, users' mobility and traffic patterns, Reinforcement Learning (RL) is gaining attention in the wireless communications community. Notwithstanding, the application of learning techniques in wireless networks entails a set of trade-offs that must be carefully considered, especially in fully decentralized scenarios. On the one hand, a limited-information regime may constrain the performance of potential learning mechanisms because an overall vision of the network is not

available. On the other hand, the fact of dynamically applying a set of actions may have severe consequences on legacy networks that overlap with the learning agents.

In this document, we present a decentralized learning approach for dynamically tuning the transmit power, the Carrier Sense Threshold (CST), and the frequency channel in IEEE 802.11 Wireless Local Area Networks (WLANs), which is an extension of the work in [1]. While the application of Transmit Power Control (TPC) and dynamic CST adjustment are intended to increase Spatial Reuse (SR), Dynamic Channel Allocation (DCA) allows to relax the problem by minimizing the number of overlapping WLANs.

In overview mode, the main contributions done here are described next:

- We model the SR problem through Multi-Armed Bandits (MABs), which frames the
  exploration-exploitation dilemma for unknown scenarios, and allows to remove the
  complexity added by a states-based model.
- We show that decentralized learning in adversarial wireless networks leads to collaborative results, even if no information is shared.
- We showcase the implications of applying selfish learning for a set of scenarios that frame different types of interaction between WLANs.
- We give insight on the effects of applying learning selfishly in the performance of legacy networks.

The remaining of this document is structured as follows: Section 2 introduces the previous related work regarding RL application in wireless networks. The system model is presented in Section 3, where the proposed decentralized approach is presented. Then, Section 4 shows the main results of this proposal. Finally, some remarks are given in Section 5.

#### 2. Related Work

Machine Learning (ML), and more precisely Reinforcement Learning, has received increasing interest from the wireless communications research community over the last years. The main reason lies in the increased complexity of problems related to next-generation wireless systems, which are characterized by being dense and varying. Henceforth, RL helps at approximating solutions to complex problems that cannot be solved within an acceptable timescale. Furthermore, a high variability of the environment (e.g., nodes location, traffic generation) compromises the validity of the previously collected information about the system. Thus, online learning stands as an appropriate framework to allow performance maximization in wireless systems.

To the best of our knowledge, one of the first works to apply RL in a resource allocation problem in wireless networks is [2], in which the authors propose a real-time Q-learning mechanism to dynamically select the channel in mobile networks. To model the problem, it is assumed that the wireless environment is a discrete-time event system, so that learning is sequentially performed in cells in which an event occurred. According to that premise, a state  $s_t$  at time t is considered to include the cell index i in which an event occurred (e.g., a user arrival), and the set of available channels A(i) from i's perspective, which depends on the sensed interference at time t. Furthermore, applying an action consists in selecting a channel from A(i). Finally, the reward experienced by the overall system is computed as a function of the channel utilization. The application of Q-learning is however considered to be done in a central or a distributed system, but the overhead costs are not considered. Q-learning has been also applied for channel selection in wireless networks in [3-7]. While [3-5] focus on channel allocation approaches, [6, 7] also introduce transmit power adjustment.

Despite of the recent popularity of RL, and more specifically Q-learning, for its application in wireless networks, there are still many problems that are not properly modeled through such

methods. The fact of modeling states and actions is not always feasible and practical, especially in adversarial environments. For that, we focus our attention on the MAB problem, in which states are not considered in general. Instead of using state-action pairs to devise an optimal policy, in MABs the main goal is to learn the hidden reward distributions of actions in order and exploit such knowledge as efficiently as possible. MABs are used to model the channel selection and power control problem in Device-to-Device (D2D) networks in [8, 9]. In such a context, the behavior of D2D users (each one composed by a transmitter and a receiver) is studied under the adversarial setting. While [8] aims to study the performance of different learning strategies, [9] includes a calibrated predictor (referred as *forecaster*) to infer the behavior of the other devices in order to counter act their actions. In both cases, results show an optimal resource allocation in terms of channel sharing without adding any kind of communication. Both works rely in the existence of a unique pure-strategy Nash Equilibrium (NE), which favors convergence.

However, there are many problems in which the application of MABs is not straightforward, especially in dense and unknown environments in which many devices share the same channel resources and their interactions are hard to be modeled. Such an adversarial setting increases the system complexity and prevents to provide an accurate states model, which may harm the algorithm's performance. This issue is studied in [10], which defends the importance of exploiting dependencies between actions in order to efficiently solve combinatorial optimization problems. In this context, the authors in [11] approach more challenging scenarios through MABs. The main presented problem refers to dynamic rate and channel selection at stationary cognitive radio systems, but non-stationary environments are also considered for further extensions. In particular, structured MABs are used to model the problem, thus taking advantage of the correlations between different rates with regard to packet losses. Such problem modeling allows to provide a clever exploration strategy that finds the best channel-rate pair quickly and efficiently.

To the matter of this paper, we focus attention on the work in [1, 12], which emphasize on the consequences of decentralized learning in adversarial environments, which are typically found in IEEE 802.11 WLANs (e.g., residential buildings, shopping malls). For that purpose, [1] presents a channel allocation and power control approach through a stateless variation of Q-learning, so that individual WNs attempt to learn the best configuration according to their own performance, i.e., using only local information. However, the application of RL in a fully decentralized environment is shown to generate an adversarial setting that severely affects to the performance variability. Such phenomena is more evident if limited resources are shared. On the other hand, the work in [12] proposes a further analysis of the abovementioned problem by approaching it through MABs, which shows better results in terms of variability. Among the action-selection strategies presented, we highlight Thompson sampling, which allows fast convergence at solving the problem even in the presence of adversarial nodes. An important remark is that collaborative learning is shown to be feasible even if selfish strategies are applied in fully decentralized environments. Decentralized learning has been also pointed out for its practical application in channel access problems in wireless networks [13, 14].

# 3. System Model

Next, we describe the SR problem modeling through MABs, and more specifically when applying Thompson sampling. Additionally, we describe the main assumptions done to characterize a wireless scenario, which are key to understand the interactions that occur between overlapping networks.

### 3.1 Multi-Armed Bandits to Enhance Spatial Reuse in WLANs

The SR problem in wireless networks is modeled through MABs in a decentralized manner. Such adversarial problem has been previously modeled through MABs in [12], so that learning devices

make actions at specific time intervals, i.e., iterations. We refer to the period between two iterations as an unspecified time slot in which a WLAN is able to obtain an accurate measure of its actual performance (e.g., 10 minutes). In our model, assuming that all the WLANs are learning agents, actions are made simultaneously at the beginning of each iteration, so that their impact can be evaluated at the end of the latter.

Regarding the action-selection strategy, we employ Thompson sampling, which has been shown to grant excellent performance in front of other well-known policies such as UCB or EXP3 when applied in wireless networks [12]. Thompson sampling [15] is a Bayesian algorithm that constructs a probabilistic model of the rewards and assumes a prior distribution of the parameters of said model. Given the data collected during the learning procedure, Thompson sampling keeps track of the posterior distribution of the rewards, and pulls arms randomly in a way that the drawing probability of each arm matches the probability of the particular arm being optimal. In practice, this is implemented by sampling the parameter corresponding to each arm from the posterior distribution, and pulling the arm yielding the maximal expected reward under the sampled parameter value. For the sake of practicality, we assume that rewards follow a normal distribution, as suggested in [16]. By standard calculations, it can be verified that the posterior distribution of the rewards under this model is Gaussian with mean  $\hat{r}_k(t) = \frac{\sum_{w=1:k}^{t-1} r_k(t)}{n_k(t)+1}$  and variance  $\sigma_k^2(t) = \frac{1}{n_k+1}$ , where  $n_k$  is the number of times that arm k was drawn until the beginning of round t. Thus, implementing Thompson sampling in this model amounts to sampling a parameter  $\theta_k$  from the Gaussian distribution  $\mathcal{N}(\hat{r}_{k,t},\sigma_k^2(t))$  and choosing the action with the maximal parameter. Roughly, each WLAN applies the Thompson sampling strategy as follows:

- Initially, the estimate of each action  $k \in \{1, ..., K\}$  is set to 0.
- In each iteration, it pulls an arm randomly according to the generated probabilistic model, so that the action with the highest drawn estimate is chosen,  $\hat{r}_{k,t}$ .
- After choosing action  $a_k$ , it observes the reward generated by the environment,  $r_{k,t}$ , which also depends on the actions made by the overlapping WLANs.
- At the end of the iteration, the estimated reward of each action is updated according to the actual experienced reward and the number of times an action has been played so far:  $\hat{r}_{k,t+1} = \frac{\hat{r}_{k,t} n_{k,t} + r_{k,t}}{n_{k,t} + 2}$ ,  $\forall k \in \{1, ..., K\}$ .

In the decentralized setting, the reward is computed as the normalized throughput, i.e., the throughput experienced by the WLAN, divided by the optimal throughput that it would achieve in isolation. Our implementation of Thompson sampling to the WLAN problem is detailed in Algorithm *1*.

Function Thompson sampling (SNR, A);

Input: SNR: information about the Signal-to-Noise Ratio received at the STA

 $\mathcal{A}$ : set of possible actions in  $\{a_1, ..., a_K\}$ 

**Initialize:** t = 0, for each arm  $a_k \in \mathcal{A}$ , set  $\hat{r}_k = 0$  and  $n_k = 0$ 

while active do

For each arm  $a_k \in \mathcal{A}$ , sample  $\theta_k(t)$  from normal distribution  $\mathcal{N}\left(\hat{r}_{k,t}, \frac{1}{n_k+1}\right)$ 

Play arm  $a_k = \operatorname{argmax}_{k=1,\dots,K} \theta_k(t)$ 

Observe the throughput experienced  $\Gamma_t$ 

Compute the reward  $r_{k,t} = \frac{\Gamma_t}{\Gamma^*}$ , where  $\Gamma^* = B \log_2(1 + SNR)$ 

$$\hat{r}_{k,t} \leftarrow \frac{\hat{r}_{k,t} \, n_{k,t} + r_{k,t}}{n_{k,t} + 2}$$

$$n_{k,t} \leftarrow n_{k,t} + 1$$

 $t \leftarrow t + 1$ 

end

Algorithm 1: Implementation of Multi-Armed Bandits (Thompson sampling) in a WLAN

#### 3.2 Channel and Throughput Calculation Models

Path-loss and shadowing effects are modeled by following the IEEE 802.11ax specification for residential scenarios [17], which is representative for next-generation dense and chaotic deployments. The path-loss  $PL_d$  in such a scenario is given by:

$$PL_d = 40.05 + 20\log_{10}\left(\frac{f_c}{2.4}\right) + 20\log_{10}(\min(d,5)) + I_{\{d>5\}}35\log_{10}\left(\frac{d}{5}\right) + 18.3 F^{\frac{F+2}{F+1}-0.46} + 5W$$

where  $f_c$  is the frequency in GHz, d is the distance between the transmitter and the receiver in meters, and F and W are the average number of floors and walls traversed per meter, respectively. Regarding adjacent channel interference, we consider that consecutive channels are non-overlapping.

In order to focus on the inter-WLAN interactions, and for the sake of simplicity, we consider that each WLAN is composed by a single AP and a STA, so that only the AP acts as a transmitter. Accordingly, the performance experienced by each WLAN depends on the power received at the STA from its AP and the sensed interference. In particular, to calculate the throughput experienced by each WLAN, we use the CTMN model [18], which allows to model the dynamics of the Distribution Coordination Function (DCF) used in IEEE 802.11 WLANs. Using the CTMN model allows us to obtain understandable results to properly study the behavior of WLANs, since such analytical model has been widely used by the research community. In a CTMN, the throughput experienced by each node can be computed by measuring the time a node is allowed to transmit in presence of overlapping devices.

#### 4. Performance Evaluation

In this Section, we present the main results obtained from a set of simulations<sup>1</sup>, which aim to shed some light on the impact of applying RL in adversarial wireless networks. Simulations make use of the SF-CTMN framework presented in [19].

<sup>&</sup>lt;sup>1</sup> The source code and other related documentation regarding this project are available at the following online repository: <a href="https://github.com/fwilhelmi/implications">https://github.com/fwilhelmi/implications</a> of decentralized learning in dense wlans

#### 4.1 Scenario and System Parameters

In order to draw very concrete conclusions regarding the implications of learning in wireless networks, we consider a symmetric scenario containing a grid of 4 WLANs (shown in *Figure 1*), each one formed by an AP and a STA, so that data transmissions are carried out in the downlink.

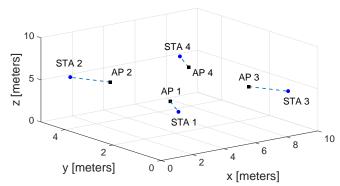


Figure 1: Simulation scenario

The proposed scenario is very illustrative to our purposes due to the situations that can be achieved by granting slight modifications regarding the spatial distribution and the set of possible actions. Furthermore, the symmetry in the network allows that all the WLANs have equal opportunities. The situations of interest are described next:

- Scenario 1 (S1): the optimal solution in terms of PF is achieved through a pure-strategy NE, which means that any individual deviation from the optimal strategy would harm the performance of any player. In particular, the optimal solution is achieved if all the WLANs use the maximum CCA value, namely CCA<sub>max</sub>, which protects them from any overlapping transmission (even if the maximum transmit power is set). Thus, the optimal strategy that maximizes both aggregate throughput and proportional fairness is strong enough to grant maximum individual performance despite the configuration of the other nodes.
- Scenario 2 (S2): as for S1, the optimal solution in terms of PF also maximizes the aggregate throughput. However, due to the spatial distribution of WLANs, using the maximum sensitivity is not enough for individually obtaining the maximum payoff. Instead, the minimum transmit power must be used by all the networks in order to reduce the interference and to allow multiple simultaneous transmissions. Since it is required that all the WLANs use the minimum transmit power, the optimal solution does not represent a NF.
- Scenario 3 (S3): finally, in order to further study the implications of applying decentralized learning on the networks performance, we propose a scenario in which WLANs wait before transmitting when the others transmit, but sharing the channel on equal terms. Accordingly, any simultaneous transmission over the same channel would lead to collisions by hidden node due to the characteristics of the scenario and the capture effect threshold (arbitrarily selected to accomplish the aforementioned situation). In this scenario, the optimal configuration in terms of PF does not match with the one that maximizes the aggregate throughput. Despite the optimal solution is not a NE, it is Pareto efficient because any reallocation of the resources would lead into a decreased overall performance.

The simulation parameters, which include IEEE 802.11ax PHY and MAC specifications [20], are shown in *Table 1*.

| Parameter                        | Value   |
|----------------------------------|---|
| Map size (m)                     | $10 \times 5 \times 10$                         |
| Number of coexistent WLANs       | {4, 8}  |
| APs/STAs per WLAN                | 1 / 1   |
| Maximum distance AP-STA (m)      | $\sqrt{3}$                                      |
| Number of Channels               | 2   |
| Channel Bandwidth (MHz)          | 20  |
| Initial channel selection model  | Uniformly distributed                           |
| Transmit power values (dBm)      | $\{1, 20\}$                                     |
| CCA values (dBm)                 | {-42, -82}                                      |
| Capture Effect (dBm)             | 10  |
| Noise level (dBm)                | -100  |
| Traffic model                    | Full buffer (downlink)                          |
| Allowed modulations              | {BPSK, QPSK, 16-QAM, 64-QAM, 256-QAM, 1024-QAM} |
| DIFS / SIFS ( $\mu$ s)           | 34 / 16   |
| RTS / CTS length (bits)          | 160 / 112                                       |
| OFDM symbol duration ( $\mu$ s ) | 16  |
| Slot time ( $\mu$ s )            | 9   |

Table 1: Simulation parameters

## 4.2 Optimal Solution

Before presenting our main results, it is important to show, for each scenario, the optimal solutions that (a) maximize the aggregate throughput and (b) correspond to proportional fairness. The proportional fairness solutions satisfy  $argmax \sum_{n \in \mathbb{N}} \log_{10} \Gamma_n$ .

Let actions range from  $a_1$  to  $a_8$ , and correspond to the following combinations of {channel number, CCA (dBm), transmit power (dBm)}:  $a_1 = \{1, -42, 1\}$ ,  $a_2 = \{2, -42, 1\}$ ,  $a_3 = \{1, -82, 1\}$ ,  $a_4 = \{2, -82, 1\}$ ,  $a_5 = \{1, -42, 20\}$ ,  $a_6 = \{2, -42, 20\}$ ,  $a_7 = \{1, -82, 20\}$  and  $a_8 = \{2, -82, 20\}$ . Then, the configuration that grants both the maximum PF and the aggregate throughput in S1 is the one that in which all the WLANs use either the maximum transmit power or the maximum CCA threshold, i.e., 20 dBm and -32 dBm, respectively. For instance,  $\{a_7, a_2, a_6, a_5\}$ .

Regarding S2, the optimal solution is any combination of  $\{a_2, a_1, a_1, a_2\}$  in which diagonal nodes use the same configuration. Again, such a configuration also provides both maximum PF and aggregate throughput.

In contrast, in S3, the optimal aggregate throughput and proportional fair solutions do not match. For the former, the maximum aggregate throughput is granted by any consecutive combination of  $\{a_5, a_6, a_4, a_3\}$ , in which two of the WLANs (using different channels) enjoy much more throughput than the other ones. Furthermore, the proportional fair result is provided by any combination of  $\{a_6, a_5, a_5, a_6\}$  and  $\{a_4, a_3, a_3, a_4\}$ .

Note, as well, that in any of the presented scenarios, multiple combinations of a given configuration lead to the optimal solution due to the symmetry of the scenario.

## 4.3 Decentralized Learning Results

Here we show the decentralized case in which WLANs use the individual throughput as a reward, which was the main case of study in [1]. We run simulations of 1,000 iterations.

Figure 2 shows the probability of choosing an action for each WLAN, and for each of the equilibrium scenarios (S1, S2 and S3). While in S1 each WLAN mostly focus on a single action, in S2 and S3 there is a larger range of actions that the algorithm picks during the learning procedure. Intuitively, such actions switching may entail a higher variability in terms of temporal throughput.

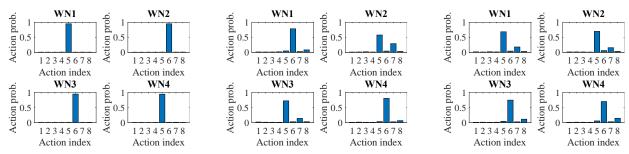


Figure 2: Actions probability per WLAN after applying Thompson sampling in each scenario (left: S1, center: S2, right: S3)

The abovementioned temporal variability can be further observed from *Figure 3* and *Figure 4*, which show the aggregate and individual throughput evolution throughout each Thompson sampling iteration, respectively. Regarding the aggregate throughput (*Figure 3*), S1 shows a higher variability than S2 and S3. However, if we focus on the individual throughput (*Figure 4*), we observe the opposite, which actually variability experienced in each WLAN. The temporal variability is higher in S2 and S3 because every WLAN ends up using few configurations that alternate good and poor performance. Such a variability is caused by different reasons at both S2 and S3:

- On the one hand, S2 is characterized by its unstable optimal solution (i.e., every WLAN must use minimum transmit power and maximum sensitivity). Hence, the optimal solution cannot be found under the adversarial setting. The fact of using a selfish reward forces WLANs to expect a greater performance, and consequently, to explore more frequently.
- On the other hand, WLANs in S3 need to share the channel on equal terms in order to maximize PF. However, because of their selfish strategy, such configuration is not strong enough and more exploration is carried out. Recall that any deviation of the optimal solution may lead to experience a null performance in favor of another WLAN (due to collisions), provided that the other uses the maximum transmit power.

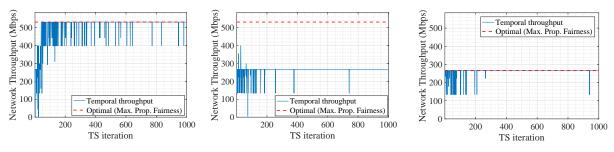


Figure 3: Temporal aggregate throughput experienced when applying Thompson sampling in each scenario (left: S1, center: S2, right: S3). The red dashed line indicates the individual throughput achieved by the optimal PF solution.

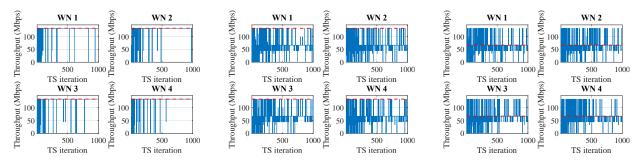
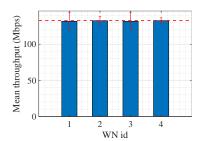
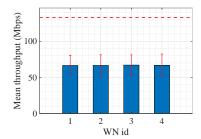


Figure 4: Temporal throughput experienced by each WLAN when applying Thompson sampling in each scenario (left: S1, center: S2, right: S3). The red dashed line indicates the individual throughput achieved by the optimal PF solution.

Finally, in order to illustrate the overall performance achieved by applying Thompson sampling, in *Figure 5* we show the mean throughput experienced per WLAN at the end of the simulation. As previously observed, decentralized Thompson sampling achieves the optimal solution in both S1 and S3. Regarding S2, despite the optimal solution cannot be reached (it is not a pure-strategy equilibrium), a collaborative behavior is observed to reach a stable equilibrium (any individual deviation would incur into a penalty on the reward).





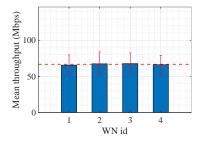


Figure 5: Average throughput and standard deviation obtained per WLAN after applying Thompson sampling in each scenario (left: S1, center: S2, right: S3). The red dashed line indicates the individual throughput achieved by the optimal PF solution.

### 4.4 Coexistence issues of learning WLANs with legacy ones

Finally, in order to further analyze the implications of applying decentralized learning, we propose a random scenario containing 8 WLANs (each one formed by an AP-STA pair), in which Thompson sampling is applied selfishly in presence of legacy networks. *Figure 6* shows an example of a scenario containing learning and legacy networks. The configuration of legacy nodes, by default, considers minimum CCA and maximum transmit power, which is a common practice in real wireless networks [21].

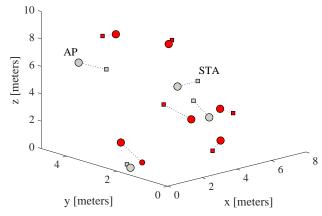


Figure 6: Scenario with learning and legacy networks (red: learning, grey: legacy)

In particular, the generated random scenario is maintained for all the following simulations, but the percentage of WLANs that are legacy varies. For each proposed percentage of legacy networks (0, 25, 50 and 75%), WLANs are randomly selected to include learning agents or not. Note that such a random process may affect to the results, since legacy networks may be different in each case.

In *Figure* 7 we show the average throughput obtained by each WLAN class (i.e., legacy and learning) for each Thompson sampling iteration. Results are shown for each percentage of legacy networks in the scenario, so that we are able to study the impact of learning in each subset of networks, and according to the magnitude of legacy networks.

As it is shown, the performance of legacy networks in all the cases is severely affected by the actions done by learning devices, which is clearly observed in the 25% case, where legacy's average performance falls to 0. The fact that learning devices employ more aggressive configurations entails a lack of fairness with respect to legacy WLANs. Another important consideration lies in the throughput variability, which becomes lower as the number of legacy networks increases, i.e., more stable environments.

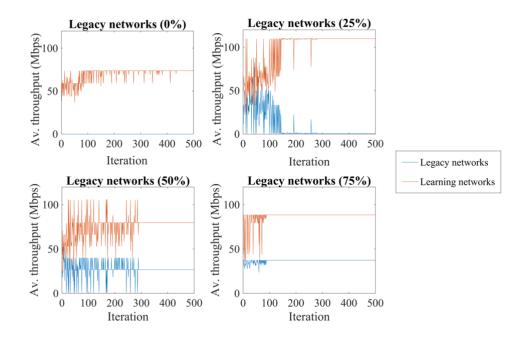


Figure 7: Average throughput experienced by legacy (blue) and non-legacy networks (red).

# 5. Conclusions

In this report, we presented a decentralized learning mechanism to improve the performance of IEEE 802.11 WLANs through SR maximization, and to study the main derived implications of learning in adversarial environments. For that, we presented three different scenarios, and show that learning WLANs show a collaborative behavior in which fairness is maximized. However, the optimal solution cannot be achieved through decentralized learning in some cases (i.e., WLANs actions are prone to deviate the others from their maximal benefits), which causes variability issues in terms of experienced throughput. Such a variability may severely affect to upper the communication layers (e.g., congestion window procedure in TCP). Finally, we studied the effect of applying decentralized learning in presence of legacy networks (i.e., static devices), and showed that the performance of the latter may be severely harmed. We envision the utilization of collaborative approaches for solving the issues reviewed in this report.

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