

Feature 1: Changing Languages

○ APP NAME


≡


Hi, what meditation
would you like
to try today?

Enter Key Word

○

En





What language do
you prefer?

English

中文

Español

русский

Feature 2: Do Not Disturb

Mute for:

15 minutes

30 minutes

1 hour

12 hours

24 hours

Until I Turn Back On

OK

Cancel

Feature 3: Customization

Customize By:

Gender
Age
Health Concern
Length

☐ OK

☐ Cancel

Age

under 18
18 - 24
25 - 45
46 - 64
65 +
decline to say

☐ OK

☐ Cancel

Gender

Male
Female
Other
Decline To Say

☐ OK

☐ Cancel

Length

less than 5 min
5 - 10 min
10 - 20 min
20 + min

☐ OK

☐ Cancel

Health Concern
(check all that apply)

Physical	Mental
<input type="checkbox"/> sleep	<input type="checkbox"/> anxiety
<input type="checkbox"/> headache	<input type="checkbox"/> depression
<input type="checkbox"/> back pain	<input type="checkbox"/> stress
<input type="checkbox"/> ~~~~~	<input type="checkbox"/> ~~~~~
<input type="checkbox"/> ~~~~~	<input type="checkbox"/> ~~~~~

☐ OK

☐ Cancel