



2026 Spring Break

Chengdu & Chongqing Cultural Adventure



Officially Supported by the Embassy of China in Canada &
the Consulate General of Canada in Chongqing



Last year, over a dozen students from the Ottawa embarked on a cultural journey with **UASK**, diving into Chinese classrooms and experiencing traditional culture firsthand. They created unforgettable memories in Chengdu. Now we're expanding to Chongqing—with pandas, hotpot, high-speed trains, and more!

You Will Experience:



Authentic school immersion - Attend classes with Chinese peers

Real homestay living - Become part of a local family

Panda encounters - Get face-to-face with China's national treasure

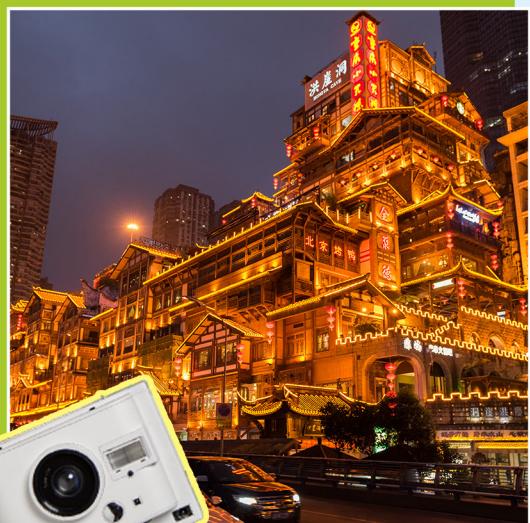
Ancient wonders - Explore 2,000-year-old Dujiangyan irrigation system

Mountain city vibes - Discover Chongqing's iconic stairway neighborhoods

Flavor explosion - Master chopsticks with hotpot and Sichuan opera

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Trip Essentials



Dates: March 12 – 22, 2026

Group Size: 30 students + 2 professional guides (small group for deeper connections)

Accommodation: 3 nights in hotels + 5 nights with homestay families

Fee Includes: Flights, meals, tours, transportation & insurance
(excludes visa & personal expenses)

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Why This Matters

This isn't tourism – it's cultural bridge-building.

You'll: ↗

- Develop real Mandarin skills through daily use
- Gain global perspective from classroom exchanges
- Form friendships that outlast the trip



Words from 2025 Participants:

CANADA ~ CHENG DU ❤

No. Date...
我在成都玩的是实在爽的太开心了！
我想先感谢你们那么热情的欢迎我。
你们带我去了很多好玩的地方，带我吃了很
多好吃的美食，还带我去了很多cool的打卡点。
你们陪着我去了这么多的地方，真是辛苦你们了！不管是去逛街，去吃饭，
还是就去走一走，我玩的真的很开心
(我都不想走了)。下期次还有机会的话，
我还想来成都找你们玩！你们去加拿大
也要来找我玩啊！再一次感谢你们一家人的热情招待！
—陈懿菲 (Evelyn)

Thank you guys for having me! I wanted to thank you
guys for taking the time to take me places and bringing
me to places during my trip. You guys were very kind and
welcoming, making me want to stay a bit longer (or I can
just stay here). I greatly enjoyed all the activities we
did together such as shopping, playing volleyball, going out to
eat, etc. You guys made this trip a wonderful and fun
experience for me! THANK YOU!!!



Dear Yitian and family,

Thank you very much for taking care of me. I am most grateful for being able to stay at your house, enjoying the food and the welcoming atmosphere. Thank you all equally for providing me delicious food whether it was home-cooked or outside. I was really able to taste Chinese culture. Furthermore, I was able to explore within the history in the Chengdu area when you all brought me to Sichuan. I also appreciate the gifts I have received as well as a home in Chengdu and a new friend, Y.Fang. It was very fun talking to you as I learned so much about how students go about their days here in China and the differences from my life in Canada as a student. Playing Call-Of-Duty with you was very fun as you are very good. Your cat is equally as fun to play with and is very cute. I wish you a happy birthday as you turn 16 in a few weeks and welcome you to come visit Canada!

Thank you again to your whole family for making this a life-long memorable experience.
With much gratitude,

Dejune Wu



Thank You Letter!

To my host family,

For making me feel so welcomed and comfortable, thank you. When I was planning to go to this exchange program, the part I was most afraid of was having to live with a foster family. However, I quickly learned that there was nothing to be scared of. You were all so kind and accommodating, and made me feel right at home. I have gotten a lot of good experiences from this trip, but the best part of the whole thing was definitely getting to know you guys. Thank you for everything!

Sincerely, 王致麒.



Pear Zhong Family, 亲爱的钟家庭。

Thank you so much for taking care of me during my exchange and letting me feel welcomed. I learned a lot about Sichuan and Chengdu, visiting many must-see attractions like the 三星堆 (or "Three Star Stack"), George would roll in, 青城山, and Du Fu 草堂. Having the opportunity to tour these wonders was all thanks to you!

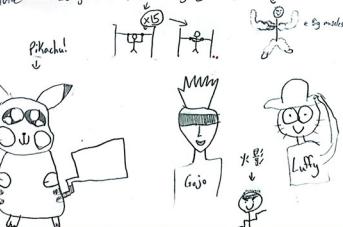
More importantly, I learned so so much about Chengdu culture! I am sure I will not forget them... Hopefully, I will one day have the chance to visit Chengdu again.

And, 钟安迪

P.S. The food here is very delicious! 10/10

P.P.S. I hope George can ACE his exam and come to Canada!!!

P.P.P.S. Make sure George does the everyday to grow strong!



Jasmine wong / chenxi

To my host partner hanyue/yuna and her mother and father, Thank you for making this experience amazing and comfortable for me, by giving me tours of life in Chengdu and supporting my every needs. Thank you for taking the time to introduce me to fun things, explore the city, and letting me spend time with my friends. I am very glad to be partners with you and your mother and father, and I couldn't ask for better host families. Thank you very much again, if you ever need help with your English homework, feel free to message me! I will miss you all when I get back to Canada and I hope your studies go well, once again thank you and your parents for making this experience one of the most exciting, fun, and lovable moments of my life!

THANK YOU!! ❤

谢谢!! ❤

谢谢你让这次体验变得最好！
我希望与你们所有人保持联系！

LOVE, Jasmine 晨曦

Zhang Yizhe and parents

This last week of being with you guys has taught me a lot about Chengdu. Thank you for all the experiences and all the things you have bought for me. Thank you for teaching all about different foods, places, things in China. Thank you for taking me to Ever mountain, field (bar) and my first hot-pot place. Thank you for driving, cooking, teaching me. I hope one day you can visit Ottawa or just Canada and my family would glad to have you guys. In conclusion thank you for this amazing fun work at Chengdu and I will remember all the things you have done for me.

CANADA TOUCH

宋一凡

GLOBAL REACH



Email: xiang.wang@ocsb.ca

