

# 21 DAYS SQL CHALLENGE

CHALLENGE STARTS FROM

3RD NOVEMBER 2025

REGISTRATION IS  
**LIVE**

SCAN HERE



#SQLWithIDC

## Day 9 (12/11): Date Functions

### 🎯 Objective

To understand and apply SQL **Date & Time functions** such as **DATEADD**, **DATEDIFF**, and **ISDATE**, perform **date arithmetic** for calculating or adjusting dates, and use the **EXTRACT** function to retrieve specific components (like year, month, or day) from date fields for effective time-based analysis.

### 🔍 Topics Covered

- **DATEADD()** - Adds a specified number of days, months, or years to a date.
- **DATEDIFF()** - Calculates the difference between two dates (in days, months, or years).
- **ISDATE()** - Checks whether a value is a valid date.
- **EXTRACT()** - Retrieves a specific part (like year, month, or day) from a date.
- **Date Arithmetic** - Performs calculations directly on date values  
(e.g., `departure_date - arrival_date`).

## DATE FUNCTIONS

Date functions in SQL are used to **work with date and time values** — they help you **extract, calculate, add, or compare** dates to analyze time-based data easily.

### DATE FUNCTIONS (MySQL Workbench)

1. **YEAR()** - Extracts the **year** from a date.

☞ **Syntax:** YEAR(date)

📋 **Example:** SELECT YEAR(arrival\_date) FROM patients;

2. **MONTH()** - Extracts the **month number** (1-12) from a date.

☞ **Syntax:** MONTH(date)

📋 **Example:** SELECT MONTH(arrival\_date) FROM patients;

3. **MONTHNAME()** - Returns the **name of the month** (e.g., January, February).

☞ **Syntax:** MONTHNAME(date)

📋 **Example:** SELECT MONTHNAME(arrival\_date) FROM patients;

## DATE FUNCTIONS (MySQL Workbench)

4. **DAY()** - Extracts the **day of the month** (1-31) from a date.

☞ **Syntax:** DAY(date)

📋 **Example:** SELECT DAY(arrival\_date) FROM patients;

5. **DATEDIFF()** - Calculates the **difference (in days)** between two dates.

☞ **Syntax:** DATEDIFF(date1, date2)

📋 **Example:** SELECT DATEDIFF(departure\_date, arrival\_date) AS stay\_duration FROM patients;

6. **DATE\_ADD()** - Adds a specified **time interval** to a date.

☞ **Syntax:** DATE\_ADD(date, INTERVAL value unit)

📋 **Example:** SELECT DATE\_ADD(arrival\_date, INTERVAL 7 DAY);

7. **DATE\_SUB()** - Subtracts a specified **time interval** from a date.

☞ **Syntax:** DATE\_SUB(date, INTERVAL value unit)

📋 **Example:** SELECT DATE\_SUB(departure\_date, INTERVAL 3 DAY);

## DATE FUNCTIONS (MySQL Workbench)

8. **CURDATE()** - Returns the **current date**.

☞ **Syntax:** CURDATE()

☞ **Example:** SELECT CURDATE();

9. **NOW()** - Returns the **current date and time**.

☞ **Syntax:** NOW()

☞ **Example:** SELECT NOW();

10. **EXTRACT()** - Extracts a **specific part** (like YEAR, MONTH, DAY) from a date.

☞ **Syntax:** EXTRACT(part FROM date)

☞ **Example:** SELECT EXTRACT(YEAR FROM arrival\_date);

*(These are the most commonly used functions in reporting and analysis.)*



₹1,500

### SQL Beginner to Advanced For Data...

★ 4.9 (1308) 👤 9032 Enrolled

Beginners to Advanced SQL



### SQL Bootcamp Playlist (2025) - Zero to Hero

View full course

 Data with Baraa **SQL Date & Time Functions | Dateadd, Datediff, Isdate | #SQL...** Learn at Knowstar **SQL tutorial | Date Functions | Difference between DATEDIFF ...**

## Practice Questions:

```
1  -- Extract the year from all patient arrival dates.
2 • SELECT
3      YEAR(arrival_date) AS patient_arrival_year
4  FROM patients;
```

| Result Grid |                      | Filter Rows: | Export: | Wrap Cell Content: | Fetch rows: |
|-------------|----------------------|--------------|---------|--------------------|-------------|
|             | patient_arrival_year |              |         |                    |             |
| ▶           | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |
|             | 2025                 |              |         |                    |             |

- **YEAR(arrival\_date)** → extracts the year from each patient's arrival date.
- **AS patient\_arrival\_year** → renames the output column to patient\_arrival\_year.
- **FROM patients** → retrieves data from the patients table.



## Practice Questions:

```
6  -- Calculate the length of stay for each patient (departure_date - arrival_date).
7 • SELECT
8      (departure_date - arrival_date) AS length_of_stay
9  FROM patients;
```

| Result Grid |                | Filter Rows: | Export: | Wrap Cell Content: | Fetch rows: |
|-------------|----------------|--------------|---------|--------------------|-------------|
|             | length_of_stay |              |         |                    |             |
| ▶           | 2              |              |         |                    |             |
|             | 7              |              |         |                    |             |
|             | 2              |              |         |                    |             |
|             | 9              |              |         |                    |             |
|             | 83             |              |         |                    |             |
|             | 74             |              |         |                    |             |
|             | 1              |              |         |                    |             |
|             | 5              |              |         |                    |             |
|             | 5              |              |         |                    |             |
|             | 10             |              |         |                    |             |
|             | 3              |              |         |                    |             |
|             | 13             |              |         |                    |             |
|             | 82             |              |         |                    |             |
|             | 4              |              |         |                    |             |
|             | 1              |              |         |                    |             |

- **(departure\_date - arrival\_date)** → calculates the number of days each patient stayed.
- **AS length\_of\_stay** → renames the output column to length\_of\_stay.
- **FROM patients** → retrieves data from the patients table.



## Practice Questions:

```
11  -- Find all patients who arrived in a specific month.
12 • SELECT
13     MONTHNAME(arrival_date) AS Month,
14     COUNT(*) AS No_of_Patients_arrived
15 FROM patients
16 GROUP BY Month;
```

Result Grid | Filter Rows: | Export: | Wrap Cell Content: |

| Month     | No_of_Patients_arrived |
|-----------|------------------------|
| January   | 85                     |
| November  | 83                     |
| March     | 75                     |
| December  | 74                     |
| August    | 88                     |
| October   | 92                     |
| June      | 81                     |
| September | 94                     |
| February  | 80                     |
| July      | 82                     |
| April     | 81                     |
| May       | 85                     |

- **MONTHNAME(arrival\_date)** → extracts the month name from each patient's arrival date.
- **COUNT(\*)** → counts the number of patients arrived in that month.
- **GROUP BY Month** → groups the records by month to get total patients per month.
- **FROM patients** → retrieves data from the patients table.

## Daily Challenge:

```

18  -- Calculate the average length of stay (in days) for each service,
19  -- showing only services where the average stay is more than 7 days.
20  -- Also show the count of patients and order by average stay descending.
21  • SELECT
22      service,
23      ROUND(AVG(DATEDIFF(departure_date, arrival_date)), 1) AS Avg_length_of_stay,
24      COUNT(*) AS No_of_Patients
25  FROM patients
26  GROUP BY service
27  HAVING Avg_length_of_stay > 7
28  ORDER BY No_of_Patients DESC, Avg_length_of_stay DESC;
29

```

| Result Grid   Filter Rows:   Exports:   Wrap Cell Contents: |           |                    |                |
|---|-----------|--------------------|----------------|
|   | service   | Avg_length_of_stay | No_of_Patients |
| ▶   | emergency | 7.2                | 263            |
|   | surgery   | 7.9                | 254            |
|   | ICU       | 7.6                | 241            |

- **DATEDIFF(departure\_date, arrival\_date)** → calculates the number of days between arrival and departure.
- **AVG(...)** → finds the average stay duration per service.
- **ROUND(...,2)** → rounds the average to 2 decimal places.
- **COUNT(\*)** → counts patients in each service.
- **HAVING Avg\_length\_of\_stay > 7** → shows only services with average stay above 7 days.
- **ORDER BY** → sorts results by number of patients and average stay in descending order.