

21 DAYS SQL CHALLENGE

CHALLENGE STARTS FROM

3RD NOVEMBER 2025



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#SQLWithIDC

Day 9 (12/11): Date Functions

Objective

To understand and apply SQL **Date & Time functions** such as DATEADD, DATEDIFF, and ISDATE, perform **date arithmetic** for calculating or adjusting dates, and use the EXTRACT function to retrieve specific components (like year, month, or day) from date fields for effective time-based analysis.

Topics Covered

- **DATEADD()** - Adds a specified number of days, months, or years to a date.
- **DATEDIFF()** - Calculates the difference between two dates (in days, months, or years).
- **ISDATE()** - Checks whether a value is a valid date.
- **EXTRACT()** - Retrieves a specific part (like year, month, or day) from a date.
- **Date Arithmetic** - Performs calculations directly on date values (e.g., departure_date - arrival_date).

DATE FUNCTIONS

Date functions in SQL are used to **work with date and time values** – they help you **extract, calculate, add, or compare dates** to analyze time-based data easily.

DATE FUNCTIONS (MySQL Workbench)

1. **YEAR()** - Extracts the **year** from a date.

 **Syntax:** YEAR(date)

 **Example:** SELECT YEAR(arrival_date) FROM patients;

2. **MONTH()** - Extracts the **month number** (1-12) from a date.

 **Syntax:** MONTH(date)

 **Example:** SELECT MONTH(arrival_date) FROM patients;

3. **MONTHNAME()** - Returns the **name of the month** (e.g., January, February).

 **Syntax:** MONTHNAME(date)

 **Example:** SELECT MONTHNAME(arrival_date) FROM patients;

DATE FUNCTIONS (MySQL Workbench)

4. DAY() - Extracts the **day of the month** (1-31) from a date.

 **Syntax:** DAY(date)

 **Example:** SELECT DAY(arrival_date) FROM patients;

5. DATEDIFF() - Calculates the **difference (in days)** between two dates.

 **Syntax:** DATEDIFF(date1, date2)

 **Example:** SELECT DATEDIFF(departure_date, arrival_date) AS stay_duration FROM patients;

6. DATE_ADD() - Adds a specified **time interval** to a date.

 **Syntax:** DATE_ADD(date, INTERVAL value unit)

 **Example:** SELECT DATE_ADD(arrival_date, INTERVAL 7 DAY);

7. DATE_SUB() - Subtracts a specified **time interval** from a date.

 **Syntax:** DATE_SUB(date, INTERVAL value unit)

 **Example:** SELECT DATE_SUB(departure_date, INTERVAL 3 DAY);

DATE FUNCTIONS (MySQL Workbench)

8. CURDATE() - Returns the current date.

 **Syntax:** CURDATE()

 **Example:** SELECT CURDATE();

9. NOW() - Returns the current date and time.

 **Syntax:** NOW()

 **Example:** SELECT NOW();

10. EXTRACT() - Extracts a specific part (like YEAR, MONTH, DAY) from a date.

 **Syntax:** EXTRACT(part FROM date)

 **Example:** SELECT EXTRACT(YEAR FROM arrival_date);

(These are the most commonly used functions in reporting and analysis.)

Resources:



SQL Beginner to Advanced For Data...

★ 4.9 (1308) 9032 Enrolled

Beginners to Advanced SQL



**SQL Bootcamp Playlist
(2025) - Zero to Hero**

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▶ Data with Baraa **SQL Date & Time Functions | Dateadd, Datediff, Isdate | #SQL...**

▶ Learn at Knowstar **SQL tutorial | Date Functions | Difference between DATEDIFF ...**

Practice Questions:

```
1 -- Extract the year from all patient arrival dates.  
2 • SELECT  
3     YEAR(arrival_date) AS patient_arrival_year  
4 FROM patients;
```

- **YEAR(arrival_date)** → extracts the year from each patient's arrival date.
 - **AS patient_arrival_year** → renames the output column to patient_arrival_year.
 - **FROM patients** → retrieves data from the patients table.

Practice Questions:

```
6    -- Calculate the length of stay for each patient (departure_date - arrival_date).
7 •  SELECT
8      (departure_date - arrival_date) AS length_of_stay
9  FROM patients;
```

Result Grid | Filter Rows: _____ | Export: | Wrap Cell Content: | Fetch rows:

length_of_stay
2
7
2
9
83
74
1
5
5
10
3
13
82
4
1

- **(departure_date - arrival_date)** → calculates the number of days each patient stayed.
- **AS length_of_stay** → renames the output column to length_of_stay.
- **FROM patients** → retrieves data from the patients table.

Practice Questions:

```
11    -- Find all patients who arrived in a specific month.  
12 • SELECT  
13      MONTHNAME(arrival_date) AS Month,  
14      COUNT(*) AS No_of_Patients_arrived  
15  FROM patients  
16  GROUP BY Month;
```

Result Grid | Filter Rows: _____ | Export: _____ | Wrap Cell Content:

Month	No_of_Patients_arrived
January	85
November	83
March	75
December	74
August	88
October	92
June	81
September	94
February	80
July	82
April	81
May	85

- **MONTHNAME(arrival_date)** → extracts the month name from each patient's arrival date.
- **COUNT(*)** → counts the number of patients arrived in that month.
- **GROUP BY Month** → groups the records by month to get total patients per month.
- **FROM patients** → retrieves data from the patients table.

Daily Challenge:

```

18    -- Calculate the average length of stay (in days) for each service,
19    -- showing only services where the average stay is more than 7 days.
20    -- Also show the count of patients and order by average stay descending.
21 • SELECT
22     service,
23     ROUND(AVG(DATEDIFF(departure_date, arrival_date)), 1) AS Avg_length_of_stay,
24     COUNT(*) AS No_of_Patients
25 FROM patients
26 GROUP BY service
27 HAVING Avg_length_of_stay > 7
28 ORDER BY No_of_Patients DESC, Avg_length_of_stay DESC;
29

```

Result Grid | Filter Rows: | Export: | Wrap Cell Content:

service	Avg_length_of_stay	No_of_Patients
emergency	7.2	263
surgery	7.9	254
ICU	7.6	241

- **DATEDIFF(departure_date, arrival_date)** → calculates the number of days between arrival and departure.
- **AVG(...)** → finds the average stay duration per service.
- **ROUND(...,2)** → rounds the average to 2 decimal places.
- **COUNT(*)** → counts patients in each service.
- **HAVING Avg_length_of_stay > 7** → shows only services with average stay above 7 days.
- **ORDER BY** → sorts results by number of patients and average stay in descending order.