

FRESH CO



SAVE UP TO \$6
\$10

Fresh Air Chilled
Whole Chicken or
Mina Halal Air Chilled
Whole Chicken
reg 14.00-16.00
Poulet entier



SAVE \$2
2.99

Hereford Corned
Beef 340 g reg 4.99
Bœuf salé



88¢
Seedless Cucumbers
Product of Ontario
Canada No. 1 or
Mexico No. 1 Grade
Concombres



2.99
/lb
Lou's Kitchen Peameal
Bacon or Cured Boneless
Pork Loin Rolled in
Cornmeal 6.59/kg
WHILE SUPPLIES LAST
Bacon ou longe de porc



SAVE \$6.99
4/\$5
Italpasta 900 g or
Primo Pasta Sauce
680 mL
reg 2.49-2.79
Pâtes ou sauce pour pâtes



SAVE \$1.60
4.99
Siggi's Yogurt
650-750 g
Natlrel Lactose Free
Milk 2 L
Selected Varieties
reg 6.29-6.49
Yogourt, lait



SAVE \$3
4.99
General Mills Cereal
Selected Varieties
526-778 g
reg 7.99
Céréales



SAVE \$2
8.99
Mirch Masala
Plain Paratha
Family Pack 2 kg
reg 10.99
Pain

PRODUCT SELECTION MAY VARY BY LOCATION



Join Us.

100% of donations help feed hungry
tummies at schools in our neighbourhoods.

Donate
in-store

makehappytummies.ca

TM 2025 Make Happy Tummies

Shopping Canadian



Look for
this symbol*



*For details on claim requirements, visit the Canadian Food Inspection Agency (CFIA) website for food, and the Competition Bureau website for non-food.

FC_20042_001_2021

Flyer in effect March 20-26, 2025
Prices in effect in Ontario, Excludes Thunder Bay

Scene
**MEMBERS SAVE
MORE**

MEMBER PRICING ON
SELECT ITEMS



\$2

without
Scene+
Card
2.49
Dempster's White or Whole
Wheat Bread 675 g or
English Muffins 6 pk
Pain ou muffins anglais



MEMBERS
SAVE
\$1.288
without
Scene+
Card
3.88
Clementines 3 lb
Product of Morocco
1.36 kg
Clementines



MEMBERS
SAVE
\$1.588
without
Scene+
Card
6.99
iögo Frozen Yogurt Tubs
946 mL, Novelty Bars 4 pk or
Pops 8 pk
Yogourt, barres nouveauté ou
sucettes



MEMBERS
SAVE
\$2.699
without
Scene+
Card
8.99
Tide Simply
Laundry Detergent 3.1 L
Downy Liquid Detergent
2.63 L
Détergents



MEMBERS
SAVE
\$1.899
without
Scene+
Card
9.99
High Liner Pan-Sear
Frozen 500-540 g
Catch of the Day Fish Fillets
Frozen 580-800 g
reg 12.00-15.99
Filets de poisson

Heinz Bagel Bites 198 g
Smart Ones Frozen Entrées
255-283 g reg 3.99-4.29
Collations, repas surgelés

SAVE \$2.38
1.99

Oasis Juices, AriZona Iced Tea or Del Monte Nectars 960 mL
reg 2.49
Boissons

SAVE 82¢
1.67

Häagen-Dazs Ice Cream
400-450 mL or
Novelties 3 pk
Crème glacée ou nouveautés

5.44

Maxwell House Coffee
864-900 g
Folgers Ground Coffee
544-816 g
reg 14.99-16.49
Café

SAVE \$4.10
11.99

Kraft Dinner
12 pk reg 14.99
Macaroni au fromage

SAVE \$5
9.99

Dare Bear Paws 168-240 g,
Breton or Vinta Crackers
173-225 g,
Grissol Melba Toast, Canapé or Baguettes 120-200 g,
Veggie Crisps or Bold'n Baked Crackers
100-150 g reg 3.29-3.99
Collations

SAVE \$1.18
2.29

Compliments Deli Sliced Meat
400 g
Charcuterie en tranches

LOCKED & LOW
7.88

Becel Margarine
427 g
Tartinade

SAVE \$1
3.99

Cashmere Bathroom Tissue
12=24 Rolls
reg 9.99
Papier hygiénique

SAVE \$2
7.99

Pampers Super Pack Diapers 44-96 pk
Selected Varieties
reg 34.49
Couches

SAVE \$9.10
24.99

Scene+ 1000 PTS = \$10 OF FREE GROCERIES

200 PTS when you buy 2 that's \$5 toward your groceries

SAVE \$1
2.99

Pringles Party Stack 194-203 g or **Mingles** 155 g
reg 3.99
Croustilles

150 PTS when you buy 3 that's \$1.50 toward your groceries

2.75

Ben's Original Bistro Express Basmati Rice 250 g
reg 2.99
Riz

100 PTS when you buy 2 that's \$1 toward your groceries

SAVE 70¢
2.99

Kool-Aid Jammers
10x180 mL
reg 3.69
Jus

100 PTS when you buy 1 that's \$1 toward your groceries

SAVE \$1.24
5.99

Peach Tree Valley Peaches 1.7 L
reg 7.29
Pêches

25 PTS when you buy 1 that's \$1 toward your groceries

SAVE \$0.50¢
5.49

Compliments Cheese Bars 400 g or **Shredded Cheese** 226-320 g
reg 5.77-5.99
Barres de fromage ou fromage râpé

100 PTS when you buy 1 that's \$1 toward your groceries

SAVE \$1
6.99

Nutella Hazelnut Spread 725 g
reg 7.99
Tartinade aux noisettes

100 PTS when you buy 1 that's \$1 toward your groceries

SAVE \$2.50
5.99

Temptations Tubs 454 g
reg 8.49
Gâteries pour chats

Scene+ DIGITAL EXCLUSIVE
MARCH 20-26, 2025
*terms and conditions apply

DOWNLOAD THE FRESHCO APP

20%* OFF

Load this offer and get 20% off on
Mini Seedless Cucumbers 6 pk or
Grape Tomatoes 283 g
Mini concombres sans pépins ou tomates

20%* OFF

Load this offer and get 20% off on
Compliments Pancake Mix 905 g or
Syrup 750 mL
Préparation pour crêpes ou sirop

FC_WK47_QNT_OBC_Z1

Partners in Growth

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This flyer is printed with vegetable based ink. Please recycle where facilities exist.



SAVE UP TO \$1.50

2.79



SAVE UP TO \$1.98 ON 2

2/\$7



SAVE UP TO \$1.98 ON 2

2/\$7



SAVE UP TO \$1.98 ON 2

2/\$7

Christie Peek Freans
Selected Varieties
275-350 g
Christie Crackers
Selected Varieties
180-386 g
Christie Triscuit 200 g
Biscuits, craquelins

Doritos 210-280 g
Ruffles 180-200 g
Croustilles

MEMBERS SAVE \$1

1.99

2.99



Coca-Cola or Pepsi
Soft Drinks 2 L
Selected Varieties
Boissons gazeuses



SAVE \$1

4.99



SAVE \$1.50

3.49



SAVE \$1.50

3.49

Red Baron Classic Crust Pizza
584-597 g reg 5.99
Pizza

Quaker Standard Oats
709 g-1 kg
Quaker Instant Oatmeal
232-344 g reg 3.99-4.99
Gruau, gruu instantané



SAVE \$1

4.99



SAVE \$2

3.99



SAVE \$1.00

2.99



SAVE \$1

4.99

LaCroix
Sparkling Water
8x355 mL
Eau pétillante

Red Rose
Orange Pekoe
Tea Bags 72 pk
Sachets de thé

Kellogg's
Premium Bars
165-200 g
Barres

Cholula
Hot Sauce 150 mL
or Salsa 325 mL
Sauce piquante ou salsa

SAVE UP TO \$1

2.49



SAVE \$3

9.99

Nature Valley or Fibre 1 Granola Bars or Fruit Snacks
Selected Varieties
637 g-1.28 kg
Barres granola ou collations aux fruits



SAVE \$1

11.99



SAVE \$3

9.99

Clover Leaf
Pink Salmon or Yellowfin Tuna
142 g
Saumon ou thon

Nature Valley or Fibre 1
Granola Bars or Fruit Snacks
Selected Varieties
637 g-1.28 kg
Barres granola ou collations aux fruits

P.F. Chang's
Multi-Serve Entrées 624 g
reg 12.99
Repas



SAVE \$2

7.99



SAVE \$1.00

4.99



SAVE \$1

4.99

Folgers K-Cups 12 pk
Capsules de café

International Delight
Whitener 946 mL
reg 6.49
Colorant à café

Astro Original
Yogourt 12 pk
reg 5.99
Yogourt



SAVE 74¢

2.25



SAVE \$3.50

4.99



SAVE \$1

10.99

Purina Fancy Feast Savoury
40 g or Friskies Party Mix Treats 170 g
reg 2.99
Gâteries pour chats

Alcan Foil Wrap 100 pk,
Reynolds Parchment Sheets
40-50 pk or Alcan Non-Stick Foil 50 ft
reg 5.99-8.49
Papier d'aluminium, papier parchemin

Dawn
Dish Soap 2.21-2.64 L
reg 11.99
Savon à vaisselle

MORE WAYS TO SAVE

HOT PRICE

Scene

Locked & Low

Look for these specially-marked items throughout our stores

FC_WK47_Ont_F03_L1

RAMADAN MUBARAK

Chinese Eggplant
Product of Honduras
3.95/kg
Aubergine

1.79
/lb

Rapini
Product of USA
Rapini

2.99

3.99
/lb

Bhindi or Okra
Product of Honduras
8.80/kg
Gombo

3.99
/lb

White Guava
Product of Egypt
8.80/kg
Goyave

99¢

Bunch Cilantro or Mint
Product of USA
or Mexico
Coriandre ou menthe

1.99
ea

Bunch Spinach
or Methi
Product of Mexico
or USA
Épinards ou feuilles de fenugrec



15.99
SAVE \$2
Al Safa Halal
Chicken Tenderz
Frozen 1 kg
Lanières de poulet



3.99
SAVE \$1.98
Happy Dairy
Paneer 300 g
reg 5.49
Fromage

Kebab Factory
Tandoori
Chicken
Quarter
Leg Pieces
Frozen 1.2 kg
Quarts de cuisse de
poulet

10.99



Handi Extreme Extra Long
Basmati Rice 4.54 kg
reg 16.99
Riz

12.99
SAVE \$4



Aman's Super Fine Besan
1.81 kg reg 6.99
Farine

5.99
SAVE \$1



Sherbon Chaunsu Mango or
Pink Guava Juice Drink 2 L
reg 5.49
Boisson

3.99
SAVE \$1.50



Deep Kesar
Mango Pulp
850 g
reg 4.29
Pulpe de mangue

3.29
SAVE \$1
25 PTS
when you buy 1



Nanak Desi
Ghee 800 g
reg 17.99
Beurre clarifié

12.99
SAVE \$5



Parle-G Biscuits
300 g reg 1.49
Biscuits

99¢
SAVE 50¢



Hamdard
Rooh Afza Syrup
800 mL
reg 5.49
Sirop

3.99
SAVE \$1.50



Britannia
Toastea Suji
Rusk 305 g
reg 2.99
Biscotte

1.99
SAVE \$1



Tea India Orange
Pekoe Tea Bags
216 pk
reg 11.99
Sachets de thé

9.99
SAVE \$2



Brar's Samosas
624 g
Selected Varieties
reg 6.99
Samosas

5.99
SAVE \$1



Brar's Rasmalai
Dessert
850-908 g
Selected Varieties
reg 10.99
Dessert

9.99
SAVE \$1
100 PTS
when you buy 1



Khaas Dahi
Plain Yogourt
1.75 kg
Yogourt

6.49
SAVE \$1



Chalo! Naan
10 pk or
Roti 750 g
Pain

3.99
SAVE \$5.00
100 PTS
when you buy 1



Chalo! Dahi 2%
or 3.25% Yogurt
750 g
Yogourt

2.79



Surati
Salted Snacks
250-341 g
Selected Varieties
reg 2.99
Grignotines

2.29
SAVE 70¢

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY STORE.

RAMADAN MUBARAK



SAVE \$1

5.49

Maggi
Chicken Cubes
24 pk reg 6.49
Bouillon de poulet



SAVE \$1.99

7.99

Vimto Syrup
710 mL
reg 9.49
Sirop

SAVE 50¢

99¢



Greenworld
Vermicelli
454 g
Nouilles



SAVE 50¢

3.99

Salem Foods Pickled Vine Leaves
454 g, Hot Peppers 1000 g or
Pickled Cucumbers 1000 g
reg 4.29-4.49
Feuilles de vigne, piments ou concombres marinés



SAVE \$2

9.99

Salem Caravan
Sunflower Oil
3 L reg 11.99
Huile de tournesol



Kasih
Golden Tahini
900 g
reg 8.99
Pâte de sésame

SAVE \$1

7.99



SAVE \$2.99

5.99

İcim Turkish Labneh Cheese
550 g reg 8.49
Fromage



Salem Foods
Honey 500 g
reg 8.99
Miel

SAVE \$1.70

7.29



İnci Vegetable
Ghee 2 L
reg 9.99
Beurre clarifié végétal

SAVE \$1

8.99



Barbican Malt
Beverage
6x330 mL
reg 8.99
Boisson maltée

SAVE \$1

7.99



Kasih Premium
Vanilla Halva 450 g
or Durra Apricot
Paste Qamar
Deen 400 g
reg 4.29
Halva ou boisson

3.99



Kasih Ayam
Zaman Extra
Thyme 450 g
reg 6.99
Thym

SAVE \$1

5.99



Alameed
Cardamom
Coffee 226 g
reg 7.99
Café à la cardamome

SAVE \$1

6.99



Salem Foods
Tomato Paste
700 g or Roasted
Eggplant 650 g
reg 4.29-4.79
Pâte de tomates ou
aubergines grillées

SAVE \$1.80

3.99



Salem Foods
Nablus Green
Olives 2 kg
reg 10.99
Olives vertes

SAVE \$1.50

9.49



Salem Foods
Bulgur 908 g or
Semolina 907 g
reg 2.69-2.79
Blé concassé ou
semoule

2.49



Marmarabirlik
Black Olives
2XS 800 g
reg 9.99
Olives noires

SAVE \$1.20

8.79



Salem Foods
Frekeh 800 g
reg 7.49
Blé vert rôti

SAVE \$1

6.49



Kasih Premium
Pistachio Halva
450 g reg 5.99
Halva

SAVE \$1

4.99



Salem Foods
Rose or Orange
Blossom Water
275 mL reg 1.99
Eau de rose ou de fleur
d'orange

1.79



Almarai Guava
or Mango Juice
1 L reg 2.99
Jus

SAVE 50¢

2.49



Toffix Candy
400 g reg 3.99
Bonbons

SAVE 50¢

3.49



Almarai Juice
6 pk reg 4.79
Jus

SAVE \$1

3.79



Durra
Bread Sticks
454 g reg 4.99
Bâtonnets de pain

SAVE 50¢

4.49

WHILE SUPPLIES LAST, PRODUCT SELECTION MAY VARY BY STORE.

Sainsbury's



NEW
at FreshCo

169

Sainsbury's
Candies 70 g
Friandises



299

Sainsbury's
Rhubarb & Custard Candies
200 g
Friandises



499

Sainsbury's
Red Label
Tea Bags 80 pk
Sachets de thé



229

Sainsbury's Biscuits
200 g
Biscuits



249

Sainsbury's Indian Tonic Water 1 L
Sainsbury's Diet Indian Tonic Water 1 L
Eau tonique



499

Sainsbury's Marmalade
340 g
Marmelade



499

Sainsbury's Lemon Curd
411 g
Caille de citron



179

Sainsbury's Reduced
Sugar & Salt Baked Beans
in Tomato Sauce 200 g
Haricots



199

Sainsbury's Baked Beans
in Tomato Sauce 400 g
Haricots



249

Sainsbury's Cream of Tomato
or Vegetable Soup 400 g
Soupe crème de tomates ou aux légumes





8⁹⁹

Sally's Blanched Ground or Sliced Almonds 500 g
Amandes



7⁹⁹

Sally's Cajun, Wilderness Mix or Praline Peanuts 750 g
Mélange de noix ou arachides pralinées



12⁹⁹

Sally's Turkish Apricots 750 g
Sally's Walnut Halves & Pieces 1 kg
Abricots, noix de Grenoble



9⁹⁹

Sally's Raw Pepitas 1 kg
Sally's Sultana Raisins 750 g
Pépites, raisins



13⁹⁹

Sally's Raw Almonds 1 kg
Amandes



17⁹⁹

Sally's Raw Pecan Halves 750 g
Sally's Raw Cashews 1 kg
Pacanes, noix de cajou



8⁹⁹

Sally's Dried Cranberries or Sally's Corn Nuts 750 g
Canneberges ou noix de maïs



19⁹⁹

Sally's Salted Pistachios 1 kg
Pistaches



8⁴⁹

Sally's Blanched Roasted or Salted Peanuts 1 kg
Arachides



22⁹⁹

Sally's Roasted or Salted Cashews 1 kg
Noix de cajou



WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

HEALTH & BABY BARGAINS



Huggies
Giga Pack
Diapers
32-88 pk
Couches

SAVE \$8.78

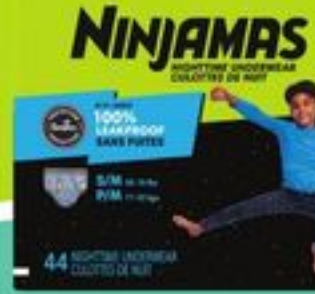
24.99

Huggies Pull-Ups 48-74 pk or
Goodnites Youth Pants 28-44 pk
Selected Varieties
Couches ou culottes



SAVE \$7.50

26.99



SAVE \$7.50

26.99
Pampers Easy Ups
56-66 pk or
Ninjabars Diapers
34-44 pk
Variété de couches



SAVE \$3.00
14.99
Huggies Little Snugglers or
Snug & Dry Jumbo Diapers
19-32 pk
Variété de couches



SAVE \$3
14.99
Huggies Natural Care Wipes
352 pk
Lingettes



SAVE \$1
3.49
Pampers Baby Wipes
56-72 pk
Lingettes



SAVE \$1.50
4.99
U by Kotex Pads
14-24 pk or
Liners 64 pk
Selected Varieties
Serviettes ou
protège-dessous



SAVE \$1.50
7.49
Old Spice Deodorant
73-85 g, Secret
Deodorant or
Dry Spray 68-116 g
or Gillette Dry Spray
122 g
Déodorisant ou
vaporisateur à sec



SAVE \$2.50
1.99
Speed Stick or
Lady Speed Stick
Deodorant 45-70 g
Selected Varieties
reg. 4.49
Déodorisant



SAVE 50¢
3.49
Softsoap Handsoap
Pump 332 mL
Savon à mains



SAVE \$1.30
7.99
Pantene Shampoo
or Conditioner
237-530 mL
Shampooing ou
revitalisant



SAVE \$1.20
4.49
Colgate Sensitive
Pro-Relief Toothpaste
73-75 mL or
Total Advanced
Toothpaste 120 mL
Dentifrice



SAVE \$1.20
3.49
Colgate Total
Toothpaste
70-120 mL,
Optic White
Toothpaste 90 mL or
360° Toothbrush 1 pk
Dentifrices ou brosse
à dents



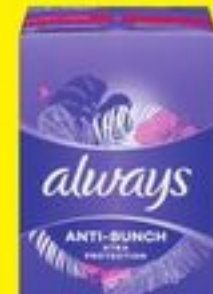
SAVE \$1
9.99
Head & Shoulders
Shampoo or
Conditioner
400-613 mL
Shampooing ou
revitalisant



500 PTS
when you buy 2
that's \$5 toward your
groceries
SAVE \$1
17.99
Always Discreet Underwear
17-19 pk or
Pads 39-46 pk
Selected Varieties
Culottes ou serviettes



200 PTS
when you buy 2
that's \$2 toward your
groceries
SAVE 50¢
4.99
Always
Pantliners
40-72 pk
Selected
Varieties
Protège-dessous



200 PTS
when you buy 2
that's \$2 toward your
groceries
SAVE \$1.70
3.99
Crest 3D Advanced Toothpaste
63-120 mL or
Oral-B Toothbrush 1 pk or
Floss Picks 75 pk
Selected Varieties
Dentifrice ou brosse à dents ou
dentaire

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



100 PTS
when you buy 2
that's \$1 toward your
groceries

2.49

Cadbury
Dairy Milk Bars
80-100 g or Maynards
Soft Candy 150-154 g
Barres ou friandise



2.49

Christie
Mini
Cookies
150 g
Biscuits



2.79

Christie
Cookies
258-283 g
Biscuits



\$2

Christie
Crispers
Crackers
145 g
Craquelins

TM 2025 Make Happy Tummies




**make
happy
tummies**

Join Us.
100% of donations help feed
hungry tummies at schools in
our neighbourhoods.


**Donate
in-store**

makehappytummies.ca


Thank you to our Make Happy Tummies partners.
Look for their products in-store.




Burnbrae Farms
Eggs2go! Omega Hard Boiled
Eggs Medium 6 Eggs
Pouch Pack 264 g
Oeufs cuits durs




Kellogg's Nutri-Grain Strawberry
Cereal Bars 8 pk 295 g,
Rice Krispies Original
340 g or Mini-Wheats! Original
460 g
Barres de céréales




Pepperidge Farm
Goldfish Crackers 168-227 g
Craquelins




Nature's Path
Organic Heritage Flakes
Cereal 907 g Eco Pac Bag
Céréales




Bubly Sparkling Water
12x355 mL
Eau pétillante




Oasis 100% Apple Juice
960 mL
Jus de pomme




Maple Leaf
Natural Selections
Black Forest Ham 125-175 g
Jambon




Ben's Original
Bistro Express
Basmati Rice 240-250 g
Riz




Vita Coco Pure
Coconut Water 1 L or
Nestlé Nesquik
Chocolate Syrup 700 mL
Eau de coco ou sirop de chocolat




Black Diamond Marble
Cheestrings 16 pk 336 g or
I&co Nano Yogourt Drink
6x93 mL
Fromage effilochable ou boisson au
yogourt




Quaker Harvest Crunch
Original 475 g
Céréales




Dare Bear Paws
168-240 g
Biscuits




Grimm's Original
Pepperoni 600 g
Pepperoni




Made Good Organic
Granola Bars, Minis or
Crispy Squares 120-132 g
Collations




Kraft Smooth
Peanut Butter 1 kg
Beurre d'arachide




Lindt 70% Cacao
Excellence Bars 100 g
Barres de chocolat




Savör Organic Chocolate
Vanilla Creme Cookies
300 g
Biscuits




Cholula Hot Sauce
Original 150 mL or
VH Honey Garlic 341 mL
Sauce piquante ou au miel et ail




Bob's Red Mill
Gluten Free Old
Fashioned Rolled Oats
907 g
Flocons d'avoine




Oreo Cakesters
Original 285 g
Petits gâteaux




Rudolph's Bavarian
Multi-Grain Bread 500 g
Pain multigrains




Green Giant
Peaches & Cream Corn
341 mL
Maïs




Sponge Towels
6 Rolls
Essuie-tout




Buddig Smoked Turkey
55 g
Dinde




Becel Dairy Free
Salted Plant Butter 454 g
Beurre végétal




Maple Lodge Farms
Original Chicken Wieners
450 g
Saucisses fumées de poulet




McCain Smiles
Regular 650 g
Pommes de terre



Simply Orange
Pulp Free Juice 1.54 L
Jus d'orange



Marzetti Ranch
Veggie Dip 340 g
Trempepette



Clover Leaf
Flaked Light Tuna
Skipjack in Water 170 g
Thon

Products may be sold in a format other than as shown and/or may not be available at all stores.

Donate In-Store March 20-April 3
Donations will support schools in our community and will be matched up
to a maximum of \$250,000 during the fundraising campaign.

Donation match is only applicable for participating stores. For more information on the Make Happy Tummies Campaign, please visit makehappytummies.ca

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pay with your **Scotiabank® Scene+™ Visa* Card**.

APPLY NOW

**GET 2
SCENE+ PTS
ON EVERY
\$1 SPENT²**



**1000 pts
= \$10 in
groceries¹**



¹1000 points = \$10 in groceries - Scene+ points redeemed at any participating Empire location must be redeemed in increments of 1000.
²Get 2 Scene+ pts on every \$1 spent - On eligible everyday purchases at participating grocery stores. Other conditions apply.
See full list of participating merchants across Canada at scotiabank.com/participatingstores.
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