# **White Sage**

## W-SAAP-0.25-LB

## Salvia apiana

**What Is The? ( Seo Description 100-200 Words):** White Sage (Salvia apiana) is an iconic aromatic shrub native to Southern California and Baja. With silvery-white foliage and tall flower spikes of white to pale lavender blooms, it grows 3–5 feet tall and wide, making a striking focal point. It thrives in full sun, well-drained soils, and extremely dry conditions—once established it needs almost no water. Highly heat-tolerant and adapted to poor, rocky soils, White Sage is valued for habitat benefits and cultural significance. Plant it in a sunny, open spot for a long-lived, low-maintenance shrub that embodies California chaparral.

## **Growing Conditions**

|  |  |
| --- | --- |
| **Sun Requirements (full Sun, Full Sun To Partial Shade, Shade)** | Full Sun |
| **Soil Preference** | Well-drained sandy/rocky soils; avoid waterlogged conditions |
| **Soil Ph** | Neutral to alkaline |
| **Days To Maturity** | 365+ days (blooms in year 2) |
| **Height When Mature** | 3–5 ft (flower spikes to 6+ ft) |
| **Seeding Rate** | N/A (usually transplants; if seeding, ~1 oz per 1000 sq ft) |
| **Planting Depth** | Surface sow or very light cover (needs light) |

### Highly Drought Tolerant

Survives on rainfall after establishment—ideal for arid climates.

### Striking Foliage & Form

Silvery leaves and bold form give year-round interest.

### Pollinator Powerhouse

Nectar-rich blooms attract bees, butterflies, and hummingbirds.

### Cultural Significance

Traditional uses for smudging and herbal remedies.

### Easy Care Native

Pest-resistant, deer-resistant, long-lived with minimal care.

## **Plant Characteristics**

|  |  |
| --- | --- |
| **Sun / Shade** | Full Sun |
| **Height When Mature** | 3–5 ft (6+ ft with spikes) |
| **Seeding Rate** | N/A |
| **Uses** | Drought-tolerant landscapes, habitat gardens, sensory/herb gardens, dry slopes |
| **Color** | White to pale lavender flowers; silvery foliage |
| **Water** | Very Low—avoid summer irrigation after establishment |
| **Native / Introduced** | Native to Southern California & Baja |
| **Life Form** | Evergreen perennial shrub |