
Physical**activity****measures in****light****intensity**

Time,	133	80	147	155	156	142	147	112	208	140	<0.000
min·day ⁻¹	(86 – 184) ^{§§}	(53 – 158) ^{§§}	(98 – 194)	(109 –	(90 – 203) ^{††}	(85 – 201)	(101 –	(60 – 167) ^{§§}	(135 –	(98 – 187) ^{††}	1
				198) ^{††}			209) ^{††}		248)		
EE, METs-	356	224	412	446	839	400	433	1469	484	415	<0.000
min·day ⁻¹	(252 –	(159 –	(299 –	(322 –	(376 –	(183 –	(272 –	(928 –	(307 –	(268 –	1
	500) ^{¶,†,††}	373) [¶]	584) ^{¶,††,††}	612) ^{¶,††,††}	1914) ^{¶,††}	586) ^{¶,††}	594) ^{¶,††,††}	2136)	687) ^{¶,††}	552) ^{¶,††,††}	
Time in ≥10-	6	0	6	11	8	7	11	8	16	9	<0.000
min bouts,	(0 – 19) [†]	(0 – 6)	(0 – 21)	(3 – 28) ^{††}	(0 – 26) ^{††}	(0 – 25)	(3 – 32) ^{††}	(0 – 22)	(6 – 30) ^{††}	(3 – 22) ^{††}	1
min·day ⁻¹											
Frequency of	1	0	1	1	1	1	1	1	1	1	0.002
≥10-min	(0 – 2) [†]	(0 – 1)	(0 – 2)	(0 – 2) ^{††}	(0 – 2)	(0 – 2)	(0 – 2) ^{††}	(0 – 2)	(0 – 2) ^{††}	(0 – 2)	
bouts,											
bouts·day ⁻¹											
Average	13	12	12	13	13	13	13	13	13	12	0.79