

| | | | | | |
|---|-----------------|----------------------------|-------------------------------|-------------------------------|--------|
| EE in ≥ 10 -min bouts, METs·min·day ⁻¹ | 71 (21 – 141) | 35 (10 – 103) [*] | 19 (0 – 57) ^{*,†} | 11 (0 – 29) ^{*,†,‡} | <0.001 |
| Physical activity measures in moderate-to-vigorous intensity | | | | | |
| Time, min·day ⁻¹ | 75 (44 – 117) | 59 (33 – 108) | 44 (21 – 78) ^{*,†} | 39 (18 – 105) ^{*,†} | <0.001 |
| EE, METs·min·day ⁻¹ | 364 (225 – 684) | 328 (183 – 644) | 209 (89 – 450) ^{*,†} | 164 (70 – 450) ^{*,†} | <0.001 |
| Time in ≥ 10 -min bouts, min·day ⁻¹ | 12 (3 – 31) | 11 (3 – 28) | 4 (0 – 17) ^{*,†} | 3 (0 – 18) ^{*,†} | <0.001 |
| Frequency of ≥ 10 -min bouts, bouts·day ⁻¹ | 1 (0 – 2) | 1 (0 – 2) | 0 (0 – 1) ^{*,†} | 0 (0 – 1) ^{*,†} | <0.001 |
| Average duration of ≥ 10 -min bouts, min·bout ⁻¹ | 15 (12 – 19) | 14 (13 – 18) | 14 (12 – 17) | 14 (12 – 17) | 0.47 |
| EE in ≥ 10 -min bouts, METs·min·day ⁻¹ | 71 (14 – 165) | 64 (13 – 171) | 20 (0 – 93) ^{*,†} | 11 (0 – 79) ^{*,†} | <0.001 |