

	1093)	1201)	1278)	1428)	1159)	8
Physical activity measures in light intensity						
Time, min·day ⁻¹	167 (124 – 211)	141 (94 – 199) [†]	138 (92 – 188) [†]	127 (71 – 174) ^{†‡}	104 (62 – 170) ^{†‡}	<0. 0001
EE, METs·min·day ⁻¹	549 (394 – 762)	478 (307 – 691)	410 (272 – 676) [†]	373 (246 – 575) ^{†‡}	275 (163 – 391) ^{†‡§}	<0. 0001
Time in ≥10-min bouts, min·day ⁻¹	13 (3 – 31)	11 (3 – 26)	7 (0 – 22) [†]	4 (0 – 14) ^{†‡}	3 (0 – 8) ^{†‡§}	<0. 0001
Frequency of ≥10-min bouts, bouts·day ⁻¹	1 (0 – 2)	1 (0 – 2)	1 (0 – 2) [†]	0 (0 – 1) ^{†‡}	0 (0 – 1) ^{†‡}	<0. 0001
Average duration of ≥10-min bouts, min·bout ⁻¹	13 (12 – 14)	13 (12 – 14)	13 (11 – 14)	12 (11 – 14)	12 (11 – 15)	0.3 8
EE in ≥10-min bouts, METs·min·day ⁻¹	49 (12 – 115)	32 (10 – 93)	22 (0 – 66) [†]	11 (0 – 47) ^{†‡}	7 (0 – 23) ^{†‡§}	<0. 0001
Physical activity measures in moderate-to-vigorous intensity						
Time, min·day ⁻¹	74 (43 – 134)	53 (31 – 93) [†]	45 (26 – 82) [†]	33 (17 – 76) ^{†‡}	21 (11 – 72) ^{†‡}	<0. 0001
EE, METs·min·day ⁻¹	374 (211 –	293 (165 –	224 (122 –	209 (78 –	108 (47 –	<0. 0001