

Physical activity measures in moderate-to-vigorous intensity			
Time in ≥10-min bouts, min·day ⁻¹	7 (0–20)	11 (3–27)	0.004
Frequency of ≥10-min bouts, bouts·day ⁻¹	1 (0–2)	1 (0–2)	0.03
Average duration of ≥10-min bouts, min·bout ⁻¹	13 (11–14)	13 (12–14)	0.19
EE in ≥10-min bouts, METs·min·day ⁻¹	21 (0–62)	35 (11–104)	<0.000
	1	1	
Time, min·day ⁻¹	42 (23–81)	59 (35–98)	<0.000
EE, METs·min·day ⁻¹	196 (93–395)	347 (212–601)	<0.000
Time in ≥10-min bouts, min·day ⁻¹	4 (0–19)	9 (2–24)	0.002
Frequency of ≥10-min bouts, bouts·day ⁻¹	0 (0–1)	1 (0–2)	0.001
Average duration of ≥10-min bouts, min·bout ⁻¹	15 (12–17)	15 (12–18)	0.60
EE in ≥10-min bouts, METs·min·day ⁻¹	18 (0–93)	55 (9–169)	<0.000
	1	1	

Data expressed as median (interquartile range). See Table V for definition of abbreviations. *Data available for 505 subjects.