

Average duration of ≥10-min bouts, min·bout ⁻¹	26 (22 – 31)	31 (26 – 37)*	35 (30 – 42)*†	46 (37 – 62)*†,‡	<0.0001
EE in ≥10-min bouts, METs·min·day ⁻¹	509 (420 – 645)	676 (550 – 875)*	880 (710 – 1090)*†	1251 (1052 – 1630)*†,‡	<0.0001
Physical activity measures in light intensity					
Time, min·day ⁻¹	159 (110 – 183)	166 (116 – 212)	147 (105 – 200)*	88 (45 – 140)*†,‡	<0.0001
EE, METs·min·day ⁻¹	440 (230 – 441)	444 (310 – 615)*	489 (334 – 714)*	391 (200 – 636)*	<0.0001
Time in ≥10-min bouts, min·day ⁻¹	3 (0 – 9)	11 (3 – 28)*	11 (4 – 27)*	3 (0 – 11)*†,‡	<0.0001
Frequency of ≥10-min bouts, bouts·day ⁻¹	0 (0 – 1)	1 (0 – 2)*	1 (0 – 2)*	0 (0 – 1)*†,‡	<0.0001
Average duration of ≥10-min bouts, min·bout ⁻¹	12 (11 – 14)	13 (12 – 14)	13 (12 – 14)	12 (11 – 14)	0.04
EE in ≥10-min bouts, METs·min·day ⁻¹	5 (0 – 19)	30 (7 – 82)*	39 (11 – 99)*	13 (0 – 49)*†,‡	<0.0001
Physical activity measures in moderate-to-vigorous intensity					
Time, min·day ⁻¹	123 (54 – 183)	63 (30 – 119)*	53 (31 – 88)*	32 (15 – 63)*†,‡	<0.0001
EE, METs·min·day ⁻¹	379 (151 – 675)	258 (121 – 534)	277 (155 – 556)	237 (99 – 536)*	0.02
Time in ≥10-min bouts, min·day ⁻¹	22 (4 – 65)	11 (0 – 35)	6 (0 – 18)*†	3 (0 – 13)*†,‡	<0.0001
Frequency of ≥10-min bouts, bouts·day ⁻¹	2 (0 – 4)	1 (0 – 2)*	1 (0 – 1)*†	0 (0 – 1)*†,‡	<0.0001
Average duration of ≥10-min bouts, min·bout ⁻¹	15 (13 – 17)	15 (13 – 18)	14 (12 – 17)*	14 (13 – 17)	0.002
EE in ≥10-min bouts, METs·min·day ⁻¹	75 (10 – 223)	42 (0 – 167)	39 (0 – 114)	17 (0 – 99)*†,‡	<0.0001

Data expressed as median (interquartile range). See Table V for definition of abbreviations. * P<0.05 vs Underweight; † P<0.05 vs Normal weight; ‡ P<0.05 vs Pre-obese.