Average duration of ≥10-min bouts, min·bout^{-1}	26 (22 – 31)	31 (26 – 37)[*]	35 (30 – 42)[*,†]	46 (37 – 62)[*,†,‡]	<0.0001
EE in ≥10-min bouts, METs-min·day^{-1}	509 (420 – 645)	676 (550 – 875)[*]	880 (710 – 1090)[*,†]	1251 (1052 – 1630)[*,†,‡]	<0.0001

Physical activity measures in light intensity

Time, min·day^{-1}	159 (110 – 183)	166 (116 – 212)	147 (105 – 200)[†]	88 (45 – 140)[*,†,‡]	<0.0001
EE, METs-min·day^{-1}	440 (230 – 441)	444 (310 – 615)[*]	489 (334 – 714)[*]	391 (200 – 636)[‡]	<0.0001
Time in ≥10-min bouts, min·day^{-1}	3 (0 – 9)	11 (3 – 28)[*]	11 (4 – 27)[*]	3 (0 – 11)[†,‡]	<0.0001
Frequency of ≥10-min bouts, bouts·day^{-1}	0 (0 – 1)	1 (0 – 2)[*]	1 (0 – 2)[*]	0 (0 – 1)[†,‡]	<0.0001
Average duration of ≥10-min bouts, min·bout^{-1}	12 (11 – 14)	13 (12 – 14)	13 (12 – 14)	12 (11 – 14)	0.04
EE in ≥10-min bouts, METs-min·day^{-1}	5 (0 – 19)	30 (7 – 82)[*]	39 (11 – 99)[*]	13 (0 – 49)[*,†,‡]	<0.0001

Physical activity measures in moderate-to-vigorous intensity

Time, min·day^{-1}	123 (54 – 183)	63 (30 – 119)[*]	53 (31 – 88)[*]	32 (15 – 63)[*,†,‡]	<0.0001
EE, METs-min·day^{-1}	379 (151 – 675)	258 (121 – 534)	277 (155 – 556)	237 (99 – 536)[*]	0.02
Time in ≥10-min bouts, min·day^{-1}	22 (4 – 65)	11 (0 – 35)	6 (0 – 18)[*,†]	3 (0 – 13)[*,†,‡]	<0.0001
Frequency of ≥10-min bouts, bouts·day^{-1}	2 (0 – 4)	1 (0 – 2)[*]	1 (0 – 1)[*,†]	0 (0 – 1)[*,†,‡]	<0.0001
Average duration of ≥10-min bouts, min·bout^{-1}	15 (13 – 17)	15 (13 – 18)	14 (12 – 17)[†]	14 (13 – 17)	0.002
EE in ≥10-min bouts, METs-min·day^{-1}	75 (10 – 223)	42 (0 – 167)	39 (0 – 114)	17 (0 – 99)[*,†,‡]	<0.0001

Data expressed as median (interquartile range). See Table V for definition of abbreviations. *P<0.05 vs Underweight; †P<0.05 vs Normal weight; ‡P<0.05 vs Pre-obese.