

Daily physical activity measures after stratification for ADO index groups.

Table XXVI Daily physical activity measures after stratification for ADO index groups.

Measure	< median (4 points)	≥ median (4 points)	P-value
N	317	551	
Physical activity measures in very light intensity			
Time, min·day <sup>-1</sup>	783 (690 – 879)	827 (739 – 922)	<0.000
EE, METs·min·day <sup>-1</sup>	1079 (835 – 1415)	1047 (823 – 1344)	1047 (823 – 1344)
Time in ≥10-min bouts, min·day <sup>-1</sup>	642 (516 – 752)	689 (571 – 813)	<0.000
Frequency of ≥10-min bouts, bouts·day <sup>-1</sup>	18 (16 – 21)	18 (16 – 21)	18 (16 – 21)
Average duration of ≥10-min bouts, min·bout <sup>-1</sup>	33 (27 – 41)	35 (29 – 45)	35 (29 – 45)
EE in ≥10-min bouts, METs·min·day <sup>-1</sup>	882 (631 – 1226)	874 (645 – 1201)	874 (645 – 1201)
Physical activity measures in light intensity			
Time, min·day <sup>-1</sup>	156 (108 – 204)	132 (82 – 182)	<0.000
EE, METs·min·day <sup>-1</sup>	517 (333 – 734)	393 (252 – 579)	393 (252 – 579)