

EE, METs·min·day ⁻¹	260 (129 – 481)	241 (129 – 454)	309 (152 – 649)	266 (123 – 600)	0.10
Time in ≥10-min bouts, min·day ⁻¹	8 (0 – 27)	6 (0 – 20)	7 (0 – 22)	6 (0 – 23)	0.41
Frequency of ≥10-min bouts, bouts·day ⁻¹	1 (0 – 2)	0 (0 – 1)	1 (0 – 2)	0 (0 – 2)	0.25
Average duration of ≥10-min bouts, min·bout ⁻¹	14 (12 – 17)	15 (12 – 18)	15 (12 – 18)	14 (12 – 17)	0.83
EE in ≥10-min bouts, METs·min·day ⁻¹	44 (0 – 125)	24 (0 – 121)	40 (0 – 145)	32 (0 – 139)	0.44

Data expressed as median (interquartile range). See Table 2 for definition of abbreviations. *p<0.05 vs winter.