

Physical activity measures in moderate-to-vigorous intensity		Time, min·day ⁻¹		75 (44 – 117)		59 (33 – 108)		44 (21 – 78)*,†		39 (18 – 105)*,†		<0.01	
EE in ≥10-min bouts, METs·min·day ⁻¹		71 (21 – 141)		35 (10 – 103)*		19 (0 – 57)*,†		11 (0 – 29)*,†,‡		<0.01			
EE, METs·min·day ⁻¹		364 (225 – 684)		328 (183 – 644)		209 (89 – 450)*,†		164 (70 – 450)*,†		<0.01			
Time in ≥10-min bouts, min·day ⁻¹		12 (3 – 31)		11 (3 – 28)		4 (0 – 17)*,†		3 (0 – 18)*,†		<0.01			
Frequency of ≥10-min bouts, bouts·day ⁻¹		1 (0 – 2)		1 (0 – 2)		0 (0 – 1)*,†		0 (0 – 1)*,†		<0.01			
Average duration of ≥10-min bouts, min·bout ⁻¹		15 (12 – 19)		14 (13 – 18)		14 (12 – 17)		14 (12 – 17)		17)		0.47	
EE in ≥10-min bouts, METs·min·day ⁻¹		71 (14 – 165)		64 (13 – 171)		20 (0 – 93)*,†		11 (0 – 79)*,†		<0.01			