

Time in ≥10-min bouts, min-day ⁻¹	6	0	7	14	4	0	15	7	12	3	<0.000
	(0–22)	(0–8)	(0–22)	(3–33) ^{†,‡}	(0–27)	(0–20)	(3–40) ^{†,‡}	(1–19)	(0–41)	(0–9) ^{†,‡,§}	1
Frequency of	1	0	1	1	0	0	1	1	1	0	<0.000
≥10-min bouts,	(0–2)	(0–1)	(0–2) ^{†,‡}	(0–2) ^{†,‡}	(0–2) [†]	(0–2)	(0–3) ^{†,‡}	(0–1)	(0–3)	(0–)	1
bouts, bouts-day ⁻¹										1) ^{§§, ††, §}	
Average	14	14	15	14	14	15	15	15	15	15	0.40
duration of	(12–17)	(12–17)	(12–17)	(12–18)	(12–17)	(13–20)	(13–18)	(13–20)	(13–19)	(12–17)	
≥10-min bouts, min-bout ⁻¹											
EE in ≥10-min bouts, METs-min-day ⁻¹	23	0	31	65	40	0	64	140	40	15	<0.000
	(0–93) [¶]	(0–31) [¶]	(0–)	(12–)	(0–230) ^{†,‡}	(0–82) [¶]	(12–198) ^{†,‡}	(14–484)	(0–167)	(0–)	1
			102) ^{¶,‡}	158) ^{†,‡}						39) ^{¶,†,‡,§}	

Data expressed as absolute/relative frequency, or median (interquartile range). See Tables 1 and 2 for definition of abbreviations. [†]Data available for 219 subjects in the United Kingdom, 110 in Germany, 118 in Switzerland, and 64 in Spain; [¶]Data available for 237 subjects in the United Kingdom, 110 in Germany, and 77 in Spain; [‡]*P*<0.05 vs Germany; [§]*P*<0.05 vs the Netherlands; ^{§§}*P*<0.05 vs Spain; ^{††}*P*<0.05 vs Australia; ^{¶¶}*P*<0.05 vs the United States of America; ^{***}*P*<0.05 vs Italy; ^{†††}*P*<0.05 vs Switzerland; ^{††††}*P*<0.05 vs Ireland; ^{§§§}*P*<0.05 vs Brazil; *P*<0.05 vs the United Kingdom.