

Physical activity measures in light intensity				
Time, min·day ⁻¹	1229)	1594) [†]	1084) [†]	1157) [†] 001
	156 (113 – 206)	136 (77 – 190) [†]	149 (90 – 197)	128 (79 – 174) [†] <0.0
EE, METs·min·day ⁻¹	536 (367 – 758)	480 (275 – 813)	429 (288 – 617) [†]	352 (226 – 518) ^{†,‡,§} 001
Time in ≥10-min bouts, min·day ⁻¹	13 (4 – 32)	8 (0 – 22) [†]	7 (0 – 25) [†]	4 (0 – 12) ^{†,‡,§} <0.0
Frequency of ≥10-min bouts, bouts·day ⁻¹	1 (0 – 2)	1 (0 – 2)	1 (0 – 2) [†]	0 (0 – 1) ^{†,‡,§} <0.0
Average duration of ≥10-min bouts, min·bout ⁻¹	13 (12 – 14)	13 (12 – 14)	12 (12 – 14)	12 (11 – 14) 0.09
EE in ≥10-min bouts, METs·min·day ⁻¹	50 (15 – 124)	29 (0 – 99)	22 (0 – 77) [†]	11 (0 – 40) ^{†,‡,§} <0.0
				001
Physical activity measures in moderate-to-vigorous intensity				
Time, min·day ⁻¹	64 (37 – 104)	44 (23 – 80) [†]	51 (30 – 105)	37 (18 – 77) ^{†,§} <0.0
EE, METs·min·day ⁻¹	348 (206 – 664)	296 (141 – 591)	243 (140 – 515) [†]	175 (75 – 378) ^{†,‡,§} 001
Time in ≥10-min bouts, min·day ⁻¹	10 (3 – 25)	6 (0 – 19)	5 (0 – 21)	3 (0 – 14) ^{†,§} <0.0