
Physical activity measures in moderate-to-vigorous intensity

Time, min·day ⁻¹	53 (27 – 106)	48 (23 – 87)	0.07
EE, METs-min·day ⁻¹	297 (147 – 600)	235 (100 – 448)	<0.0001
Time in ≥10-min bouts, min·day ⁻¹	8 (0 – 26)	5 (0 – 19)	0.004
Frequency of ≥10-min bouts, bouts·day ⁻¹	1 (0 – 2)	0 (0 – 1)	0.004
Average duration of ≥10-min bouts, min·bout ⁻¹	15 (13 – 18)	14 (12 – 17)	0.03
EE in ≥10-min bouts, METs-min·day ⁻¹	42 (0 – 149)	22 (0 – 91)	<0.0001

Data expressed as median (interquartile range). See Table V for definition of abbreviations

Daily physical activity measures after stratification for body mass index classification

Table XXII Daily physical activity measures after stratification for body mass index classification.

Measure	Underweight	Normal weight	Pre-obese	Obese	P-value
N	68	366	342	225	
Physical activity measures in very light intensity					
Time, min·day ⁻¹	739 (668 – 816)	769 (688 – 863)	789 (704 – 881) [*]	891 (812 – 974) ^{*,†,‡}	<0.0001
EE, METs-min·day ⁻¹	716 (616 – 806)	857 (736 – 1036) [*]	1057 (904 – 1256) ^{*,†}	1438 (1223 – 1753) ^{*,†,‡}	<0.0001
Time in ≥10-min bouts, min·day ⁻¹	535 (413 – 631)	605 (502 – 712) [*]	657 (552 – 768) ^{*,†}	789 (693 – 897) ^{*,†,‡}	<0.0001
Frequency of ≥10-min bouts, bouts·day ⁻¹	20 (17 – 22)	19 (16 – 22)	18 (16 – 20) ^{*,†}	17 (14 – 19) ^{*,†,‡}	<0.0001