

Daily physical activity measures after stratification for modified Medical Research Council (mMRC) grades*.

Table XXIII Daily physical activity measures after stratification for modified Medical Research Council (mMRC) grades.

| Measure | 0 | 1 | 2 | 3 | 4 | P- value |
|---|--------------|-------------------|-------------------|---------------------------|------------------------|-------------|
| N | 137 | 268 | 221 | 181 | 61 | |
| Physical activity measures in very light intensity | | | | | | |
| Time, min·day ⁻¹ | 743 (675 – | 804 (714 – | 819 (718 – | 847 (760 – | 884 (756 – | <0. |
| | 853) | 895) [†] | 886) [†] | 934) ^{†,‡,§} | 1001) ^{†,‡,§} | 0.001 |
| EE, METs·min·day ⁻¹ | 1027 (829 – | 1045 (822 – | 1028 (822 – | 1063 (852 – | 1092 (777 – | 0.4 |
| | 1325) | 1349) | 1464) | 1580) | 1268) | 9 |
| Time in ≥10-min bouts, min·day ⁻¹ | 588 (507 – | 662 (548 – | 669 (548 – | 711 (604 – | 748 (575 – | <0. |
| | 714) | 780) [†] | 776) [†] | 834) [†] | 896) ^{†,‡} | 0.001 |
| Frequency of ≥10-min bouts, bouts·day ⁻¹ | 18 (16 – 20) | 18 (15 – 21) | 18 (16 – 21) | 19 (16 – 22) | 20 (17 – 22) | 0.0 |
| | | | | | | 6 |
| Average duration of ≥10-min bouts, min·bout ⁻¹ | 32 (27 – 40) | 35 (28 – 45) | 34 (28 – 42) | 35 (29 – 50) [†] | 36 (30 – 46) | 0.0 |
| | | | | | | 3 |
| EE in ≥10-min bouts, METs·min·day ⁻¹ | 843 (626 – | 889 (627 – | 851 (640 – | 899 (683 – | 940 (557 – | 0.3 |