

EE in ≥ 10 -min bouts, METs·min·day ⁻¹	71 (21 – 141)	35 (10 – 103) [*]	19 (0 – 57) ^{*,†}	11 (0 – 29) ^{*,†,‡}	<0.0 001
Physical activity measures in moderate-to-vigorous intensity					
Time, min·day ⁻¹	75 (44 – 117)	59 (33 – 108)	44 (21 – 78) ^{*,†}	39 (18 – 105) ^{*,†}	<0.0 001
EE, METs·min·day ⁻¹	364 (225 – 684)	328 (183 – 644)	209 (89 – 450) ^{*,†}	164 (70 – 450) ^{*,†}	<0.0 001
Time in ≥ 10 -min bouts, min·day ⁻¹	12 (3 – 31)	11 (3 – 28)	4 (0 – 17) ^{*,†}	3 (0 – 18) ^{*,†}	<0.0 001
Frequency of ≥ 10 -min bouts, bouts·day ⁻¹	1 (0 – 2)	1 (0 – 2)	0 (0 – 1) ^{*,†}	0 (0 – 1) ^{*,†}	<0.0 001
Average duration of ≥ 10 -min bouts, min·bout ⁻¹	15 (12 – 19)	14 (13 – 18)	14 (12 – 17)	14 (12 – 17)	0.47
EE in ≥ 10 -min bouts, METs·min·day ⁻¹	71 (14 – 165)	64 (13 – 171)	20 (0 – 93) ^{*,†}	11 (0 – 79) ^{*,†}	<0.0 001