

	Time, min·day <sup>-1</sup>	62 (36 – 115)	42 (20 – 78)	<0.000
Time in ≥10-min bouts, min·day <sup>-1</sup>	11 (3 – 28)	6 (0 – 18)		
Frequency of ≥10-min bouts, bouts·day <sup>-1</sup>	1 (0 – 2)	1 (0 – 2)		
Average duration of ≥10-min bouts, min·bout <sup>-1</sup>	13 (12 – 14)	12 (11 – 14)	0.80	
EE in ≥10-min bouts, METs·min·day <sup>-1</sup>	39 (9 – 108)	18 (0 – 63)	<0.000	
			1	
<b>Physical activity measures in moderate-to-vigorous intensity</b>				
	Time, min·day <sup>-1</sup>	62 (36 – 115)	42 (20 – 78)	<0.000
EE, METs·min·day <sup>-1</sup>	348 (191 – 687)	215 (89 – 425)		
Time in ≥10-min bouts, min·day <sup>-1</sup>	9 (0 – 31)	4 (0 – 16)	<0.000	
Frequency of ≥10-min bouts, bouts·day <sup>-1</sup>	1 (0 – 2)	0 (0 – 1)	<0.000	
Average duration of ≥10-min bouts, min·bout <sup>-1</sup>	15 (13 – 18)	14 (12 – 17)	0.002	
EE in ≥10-min bouts, METs·min·day <sup>-1</sup>	54 (0 – 173)	20 (0 – 89)	<0.000	