

Gabriel Kaplan

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EDUCATION

McMaster University

Honours Bachelor of Health Science, Biochemistry Degree (Class of 2026)

Hamilton, ON

Sept. 2022 – Present

- Obtained 3.99/4.0 Cumulative GPA

PUBLICATIONS

Vivekanantha, P., Thomas, R., Kaplan, G., Ho, M., de SA, D., Kay, J. Surgical Management of the Discoid Lateral Meniscus: a Systematic Review of Outcomes. *Curr Rev Musculoskelet Med* (2025)

EXPERIENCE

Volunteer, Surgical Specialty Clinics

July 2025 – Present

Scarborough General Hospital

Scarborough, ON

- Directed patient flow by guiding patients from waiting areas to clinics and ensuring smooth intake.
- Assisted nursing staff with clinic supply organization and inventory to maintain efficient daily operations.
- Observed minor surgical procedures, gaining exposure to clinical workflows and patient care practices.

Hillel McMaster Exec and Staff

September 2023 – Present

Hillel McMaster

Hamilton, ON

President (formerly Vice President: Admin)

September 2023 - Present

- Lead cross-functional student teams, improving collaboration, communication, and operational effectiveness.
- Served as primary liaison between students, staff, and community stakeholders, strengthening engagement.

Intern of Logistics and Professional Development, Program Coordinator

October 2023 - April 2025

- Managed budgeting, record-keeping, inventory, and resource allocation to support efficient program operations.
- Coordinated end-to-end logistics for workshops and events, including scheduling and supply management.
- Organized professional development programming to support student career readiness.

Professional High School Tutor

September 2023 – Present

Private Tutoring

Toronto, ON

- Provided tailored instruction in Grades 9-12 Math and Science, simplifying complex concepts.
- Supported students with developmental disabilities, fostering inclusive learning strategies.

Summer Intern

June 2024 – August 2024

CIJA

Toronto, ON

- Improved internal knowledge management by reorganizing Drive systems and designed an internal wiki.
- Supported digital engagement by contributing to website improvements and public communication strategies.
- Researched and developed advocacy resources, emphasizing accessibility, data use, and stakeholder engagement.

CERTIFICATIONS

WHMIS: Workplace Hazardous Materials Information System | training and certification from McMaster

SKILLS

Scientific Literature and Research: Adept at synthesizing scientific literature and conducting research.

Laboratory Techniques: Proficient in microscopy, micropipetting, PCR, gel electrophoresis, spectroscopy, organic synthesis, gene expression, and cell lysis and purification.

Office Technology: Proficient in Microsoft Office Suite, Zoom, Adobe Acrobat, and Canva.

Data Analysis: Experienced in analyzing and interpreting data to assess outcomes and drive improvements.

Administration: Proficient in administrative tasks, financial record-keeping, resource allocation, and time management.

Program Coordination: Strong communication, team management, problem-solving, and event planning abilities.

Advocacy: Proficient in persuasive communication, relationship-building, and strategic problem-solving.

Digital Communications: Skilled in improving website design, public engagement, and digital content creation.

Systems Optimization: Experienced in developing internal systems to enhance organizational efficiency.