# **Reflective Diary**

### Lecture 1 - 11/10 - Interaction with Machine Learning

This first lecture shed some light on the ebbing relationship between Human Computer Interaction (HCI) and Artificial Intelligence (AI) over the years, and provided a much-needed answer to the question: how are both fields even related?

We distinguish three ages in HCI. In the 1980s, the field was closely aligned to AI: interfaces were designed independently of the main system with task-efficiency in mind and a human operator was expected to read the instruction manual prior to interacting with the system. In the 1990s, users and other stakeholders started being integrated in the design process after the realisation that AI models did not yield more usable machines. Since the 2000s, technology has entered every single aspect of our lives and changed the way in which we do are expected to interact with systems. New design goals have been introduced like User Experience (UX) and aesthetics.

Before 2018, research was kept completely separate from AI, but as AI studies mature this is rapidly changing. "A human-centred strategy will bring AI wider acceptance and higher impact by providing products and services that serve human needs" [1]. But what could human-centered AI look like?

In a world where humanity is facing many social challenges (ethnic wars, famine, pandemics, education crisis, climate crisis, etc.), or as Blackwell [2] calls them "problems of imagination", rather than challenges of natural science, [3] asks whether science is the key to our salvation or the maker of our destruction? Blackwell [2] offers that it is rather the lack of imagination in our engineering efforts that should be held responsible for our problems. He puts forward AI as a champion that could help us make art that reimagines the world and its challenges. Hall [4] believes that all these crises are interrelated and are the result of a larger crisis: the "outgrowth of man having developed a new dimension – the cultural dimension – most of which is hidden from view" and ignored. Could AI help us re-imagine cultures?

Stories sit at the intersection between culture, art, and increasingly, AI. They live for hundreds or thousands of years by being handed down by those who remember them. Stories are the direct product of cultures and they

play a central role in communicating them [5]. Through my keen interest in Japanese culture, I came across Naoko Tosa, a Japanese media artist. Her work explores the art of cross-cultural computing by building interactive story-based systems: an interactive movie system [6, 7], a comedy system [8], and an interactive poem system [9]. Studying the intersection between AI and stories, and investigating areas like interactive story-telling [10] could help understand, re-imagine and transcend cultures. Research is currently exploring a whole spectrum of AI applied to stories: creative text generation [11], machine-in-the-loop creative writing [12] and human-AI collaborative writing [13].

Our interactions with and through computers are ever more pervasive, yet fail to mediate the subtleties of communication and culture, causing unnecessary misunderstandings. With the improvement of natural language AI systems, writing interfaces are going beyond simple grammar-checking and spell-checking, offering content suggestions to spark new ideas. These tools could go as far as bridging cultural gaps. For instance, today emails are now sent across distances and cultures. Achieving human-level general intelligence will necessitate communication skills, skills that rely on us creating a more sophisticated technology than that we have today.

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### Lecture 2 - 18/10 - Mixed initiative

This lecture introduced me to the concept of human agency, the ability to say "I did that" when performing an action and witnessing its consequence [1], as an aspect of design I had never considered. Even more interesting I found was the idea that there could exist a metric for it. Intentional binding is a phenomenon where the mind is tricked into thinking that the time interval between a voluntary action and its external sensory consequence is shorter than what it actually is. Conversely, time between a seemingly non-related or involuntary action and its consequence is stretched by the mind. This time interval can be used as a metric to measure a human's sense of agency when performing a task.

One of the most important factors in how individuals engage with technology is their sense of personal agency [2]. Research into input modality is particularly relevant to the question of agency [3]. On-skin interaction, also called Skinput [4] or skin-computing [5], is a technique that uses body landmarks [6] or wearable bio-acoustic sensors on the user's body, to turn the skin into a finger input surface. As it turns out, on-skin input significantly boosts user feelings of agency compared with traditional button-press [7] and touch-pad [8] inputs. Some work has been conducted to understand the mapping from on-skin input to outcomes in the external environment via displays [9], and gaming [10], giving users greater control over external events triggered with their own skin.

Due to the unique form of epidermal systems (intimate integration with the user's body, low cost), they open up a range of opportunities for applications and real-world deployments [11]. In the future, we can envision epidermal systems to be an integral part of our body. As a collective, they could present us with a whole sensing, computing and interaction ecosystem, providing us with more than an accurate description of the state of our body, but with entirely new means of interacting with technology. This seems a particularly likely avenue for the future given the emerging paradigm shift to Internet of Things (IoT) which comes with a vision of the world where electronic devices and sensors all communicate through the internet to "facilitate our lives" [12]. I see many ethical challenges which generally surround health-related IoT [13], but I would imagine this is where we are heading. However, for HCI, it could mean for new levels of usability and feelings of agency for future applications.

On a different topic. Since my project relates to the wider field of AI-powered writing assistance, I started thinking about user agency in that context. Authorship and plagiarism are very sensitive topics in writing [14] and not just legally speaking. A user wants to feel the "I did that" when they finish writing something. How do you find the right balance between wanting to best assist a writer, and granting them enough agency throughout the writing process and a sense of ownership of the final work? Many studies show that agency operates differently in physical and digital environments [15] and intentional binding research calls for an external sensory consequence and has generally been conducted in controlled lab environments [16]. Can we find a way to use intentional binding as a metric for user agency in writing tasks?

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## Lecture 3 - 25/10 - Labelling

Labelling can be viewed from two perspectives which come with very different philosophical assumptions. In the eyes of traditional statistical philosophy, observed data describe some underlying natural law [1] and labels provided by the user are intended to capture that law. The human-centred perspective argues that the machine learning systems depend on humans (and their labelling) rather than on physical laws, and are therefore expected to emulate subjective human judgements. For e.g. large language models trained on texts which have been written by humans offer a kind of mechanised plagiarism [2, 3]. Data is often acquired by humans from humans and almost all supervised learning systems share this dependency. There is a clear tension between the ideals of supervised learning and the irregular, noisy, and subjective reality of human-centric systems.

Recent trends in Machine Learning have raised reasonable concerns: "the choice of convenient, seemingly effective proxies for ground truth can be an important source of algorithmic bias in many contexts" [4]. In response, the move to a human-centred machine learning promises to bring human needs and moral values at the heart of technological pursuits [5]. How does a human-centred approach change the way in which machine learning is done? This still seems very much like an open question, but the increased awareness in both the scientific and the global population is a "herald of coming good".

Talking about a more human-centered approach to machine learning, we can look at improving the experience of data labelers. One student's project looks at testing his own multi-labelling prototype which would use batch labelling. Previous attempts at improving labelling investigated the idea of data programming, allowing users to write labeling functions to reveal correlations as a starting training data set [6], or semi-automatic labelling techniques [7, 8]. Batching is a recent AI-assisted UX paradigm for labelling. The method helps data labelers by looking at single labels one at a time and applying them to multiple records, which have been partitioned into coherent groups using AI, at the same time. It turns out that batching significantly improves time and accuracy [9]. I would imagine this should also improve the overall experience of labelers: by offering several records simultaneously, they are presented with several reference points at same time, potentially making the labelling of subtle details easier. We saw an example which makes use

of a similar idea in the lecture with SorTable [10], which introduces set-wise comparison labelling.

However, like any AI assistance, it can lead to issues of over-reliance which can be harmful because it degrades human-in-the-loop processes. The human plays an important role in monitoring and providing feedback to ensure "all goes well" [11]. Ashktorab et al. [9] explored interactive machine teaching as mitigation technique for over-reliance to frame the relationship between the AI-driven batching system and the user as a collaborative one, in which the labeler works with the recommended batches to improve them for future users. Machine Teaching is an active area of research that sees the machine learning model training process from a human-centered perspective [12]. However, the study [9] did not find a strong effect for the method, revealing shortcomings that indicate clear directions for future work.

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### Lecture 4 - 01/11 - Program Synthesis

Program synthesis seeks to automatically copy or infer a program that satisfies a user 's intent, which the user expresses via specification and/or by providing illustrative examples. It is a longstanding goal of artificial intelligence research [1, 2, 3] dating back to the 1940s and 50s [4, 5]. But, despite being considered the "holy grail" of AI [6], achieving good program synthesis remains a challenge today [7].

A fundamental idea of program synthesis is that if a user knows how to perform a task on a computer, that should be sufficient to create a program to perform the task. However, much like natural language, the "languages" used by users to conceptualise their intent in an abstract way are ambiguous [8]: "You do the rest". What is "the rest"? What if it is not always the same? How is the program meant to "do"? It becomes essential that the user and system enter a sort of dialogue to discuss any conclusions made by the system and alter them if needed (generalisation step). But how long is a user prepared to dialogue with a system? This is a perfect instance of the Attention Investment model [9]. Automating does save the user's time and effort, but necessitates time and effort.

Program synthesis has direct applications for various classes of users. While at first I mostly thought of applications for non-expert programmers in areas like data science [10] or education [11, 12]. I found that program synthesis has many application for expert programmers. In particular, Software engineers very frequently find themselves in situations where long-term code quality is traded for short-term gain: "not quite right code which we postpone making it right" [13, 14]. This leads to what is known as a technical debt, which can only be re-payed by refactoring [7]. Program synthesis can be used to automate refactoring based on program semantics [15]. Additionally, program synthesis techniques can help check the correctness of code, verify whether programs terminate or not, and prove program robustness [16, 17, 18, 19]. Control engineers can also use program synthesis to automatically produce correct implementations of digital controllers [20, 21, 22].

Modern code editors and IDEs include an auto-completion capabilities: they predict the next likely token in the program based on the previously typed ones like (for e.g. IntelliSense in Microsoft Visual Studio). Program synthesis has the potential to enhance this by automatically completing whole snippets of code instead of single tokens [6]. Recently, GitHub Lab's released

Copilot, a promising Deep Learning based tool which turns natural language prompts into coding suggestions across dozens of languages. Already, many educators in Computer Science are asking: how will teaching CS look like in post-Copilot era? GitHub have recognized the challenge of integrating GitHub Copilot into the classroom, and are committing to partnering closely with the teaching community on how [23]. It will be interesting to see how Copilot affects future curricula.

Program synthesis is achieved through searching within an enormous space of programs to find one that satisfies a given specification, but the size of the program search space quickly becomes intractable [24]. Machine learning techniques have been successfully applied to overcome this problem [25]. Despite their success, machine learning models are often treated as black boxes: verification and interpretability remain a significant challenge [26]. We find ourselves in a context where the leading machine learning models are becoming increasingly opaque and difficult to interpret, while being used to make critical decisions [27]. Can we leverage synthesis-based techniques to improve the quality of machine learning models [28]?

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### Lecture 5 - 08/11 - Visualisation

This entry will first retrace the history of visualisation much as was done in the lecture, and follow with a discussion of the relationship between visualisation, computing and art in aesthetics. Apologies for the very long history, I just got caught up in it and found it very interesting.

As the saying goes, "a picture is worth a thousand words". Humans have arranged data into tables since the 2<sup>nd</sup> century C.E. [1], but graphical representations of quantitative data came much later. Prior to the 17<sup>th</sup> century, data visualisation primarily existed in the realm of cartography. The demand for better visualisations grew with the rise of print, and in 1765, Joseph Priestley published the first timeline charts, which "proved a commercial success and popular sensation" [2]. He was shortly followed by the pioneer of graphical methods of statistics, William Playfair, who inventing the line, area, bar and pie charts, as well as the cycle graph. Where visualisations had previously only been representations of time or space, they introduced new graphics of complex quantified concepts in space.

The study of statistical graphics entered a "Golden Age" [3] as graphics found new uses: understanding social issues (De Fourcroy, 1782; Booth, 1889), tracking disease outbreaks (Snow, 1854), and recording war casualties (Nightingale, 1858; Minard, 1869). In a context of industrial revolution, the government started opening statistical offices and visualisations progressed to many domains. Recognition in the public's eye grew. The field finally hit a wall in the early 20<sup>th</sup> century. Friendly et al. [4] describes it as the "modern dark ages" for data visualization. Statisticians had grown increasingly weary of graphics judging them inaccurate over exact numbers in quantification and formal models. Graphic innovation was also awaiting new ideas and new technologies to support the next wave of data visualisation [5].

The "rebirth of data visualisation" [4] was brought on by the emergence of computer processing in the second half of the 20<sup>th</sup> century. New technologies allowed statisticians to collect, store, and visualise increasingly larger volumes data. In 1962, John W. Turkey published a landmark paper which called for the recognition of data analysis as a legitimate branch of statistics [6], and spent much of his life making data visualisation respectable again. In France, Jacques Bertin laid the foundations of information visualisation in statistics and cartography (Bertin, 1967), introducing visual perception as something that is governed by rules. In time, visualisations have helped

convey complex abstractions in an intuitive way by translating them into physical attributes of vision (length, position, size, shape, colour, etc.).

What does this have to do with HCI? Humans interact with computers via visual interfaces, and HCI research seeks to study these interactions and improve their designs. Interfaces are really interactive visualisations, and so they must follow similar design principles as those derived from human perception. Historically, HCI has involved people from many different backgrounds [7, 8, 9, 10]. Their many perspectives have helped generate new ideas [11], but have hindered collaboration across disciplines [12, 13]. To overcome the challenges of collaborative design, Li et al. [14] looked at using visualisation methods.

How can you design computer displays that are as meaningful as possible to human viewers? "Designing an object to be simple and clear takes at least twice as long as the usual way" [15]. Computer displays are such powerful visual appliances that designers need devote extensive effort to balance the demands of many tasks, diverse users, and challenging requirements [16]. As mentioned in the first lecture, recent years have introduced new design goals like aesthetics which place even greater expectation on designers. Aesthetic is the common interest of visualisation, technology and art [17], and, as it turns out, aesthetic considerations in computing positively affect usability and satisfaction [18, 19, 20, 21]. However, much like art and beauty, what users perceive as pleasant or good design or visualisation is highly subjective. A recent study by Leiva et al. [22] made a first attempt at modeling how different user groups perceive web-page aesthetics using a Convolutional Neural Network. This is an interesting future direction for visualisations.

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# Lecture 6 - 15/11 - Fairness and bias

The baseline of ethics in AI is legality: the systems you build must obey the laws. Yet many ML research projects and systems transgress them, even in the UK. They use data about people who never gave their consent (for e.g. data scraping), or re-use data in ways other than what was previously agreed. Further, individuals have a legal right to explanation of why a decision was made. If a decision was made as a result of a machine learning system, then an explanation can be requested by the individual. This is especially challenging because current AI models are opaque and very difficult to explain [1]. As a result, it is quite possible that all commercial uses of neural network-based models that make decisions about the lives of people are illegal in the UK.

What can we do differently from a human-centred perspective? Fairness is not enough: computationally fair systems can still be discriminatory (for e.g. Amazon AI recruiting tool which discriminated against women). Machine learning is a way to encode historical practices into predictions about the future. This is literally prejudice, the opposite of progress. No information gets added to the system by AI and ML systems trained on data about society will reflect society's biases and prejudices [2]. Ethical designers must consider the balance of power inherent to their privileged position. Ethical researchers must be collaborators, not saviours: "nothing about me without me" [3].

I am particularly interested in the applications of this to NLP. Large language models can be "prompted" to perform a range of natural language processing tasks, given some examples of the task as input (for e.g. GPT-3 [4]). Often however, these models express unintended kinds of bias, including stereotypical associations [5, 6, 7, 8, 9, 10, 11], or negative sentiment towards specific groups [12]. This is because the language modeling objective used for many applications is for instance "predict the next token on a webpage from the internet" which is different from "follow the user's instructions helpfully and safely" [13, 14]. The language model objective is misaligned. How do we address this bias?

Averting these unintended behaviors is especially important since some of these language models are deployed and used in hundreds of applications. To address the bias in the datasets, we can use methods like informative downsampling (or up-sampling) of data: for e.g. removing (or adding) sentences to the dataset until gendered pronouns, nouns, adjectives occur equally, to help reduce gender bias. Unfortunately, these approaches not only impair the general performance of the system significantly, with lower BLEU scores, but also often achieve worse performance when assessed using gender-related metrics [15]. Domain adaptation is a further method which consists in building a biased model and then adapt it in a way that reduces bias which was found to give strong and consistent improvements in gender debiasing for e.g. [16]. However, these methods do not claim to fix the bias problem, and various papers point out that addressing data bias is not a "one-and-done exercise" [11, 17] but requires continual monitoring throughout a dataset's life-cycle [18]. Developing better frameworks for debiasing is very much still an open research question that is receiving a lot of attention today [19, 20, 15, 13]. The answers we could find could has serious implications for system design and building in the future.

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# Lecture 7 - 22/11 - Explainable Al

A lecture by Simone Stumpf. Explainability is the ability of an AI system to explain itself, and interpretability is the ability of a user to build an appropriate mental model [1] that guides interaction with the system. This includes being able to use, understand and troubleshoot a system successfully. Indeed, greater model interpretability or better explanations can help reveal incompleteness in problem formalization [2], reveal spurious correlations [3] and identify confounding factors that could lead to bias or discrimination in a decision (for e.g. if race or gender are determining features [4]). Further, it can supporting error analyses or feature discovery [5].

Nothing is naturally interpretable, and it really depends on the user and their capabilities: different stakeholders (lay users, domain experts, regulatory agencies, researchers, developers, etc.) might each require different explanations. Understanding how our models work is absolutely critical for high-stakes domains: for e.g. medical systems with lives at stake, judicial systems for bail and parole conditions, commercial systems for loan approval, hiring systems, etc.

The importance of interpretable models is increasingly being recognized [6, 2], and since 2016, work in Explainable AI (XAI) has exploded [7] with a common goal of building appropriate (or calibrated) trust in AI systems. In attempting to build trust, it is often question of what style of explanation to provide (and also to who). Some preliminary studies looked at what explanation styles end-users preferred. Lim et al. [8] found that explanations describing why the system behaved in a certain way resulted in better understanding and encouraged trust, versus explanations that described why the system did not behave a certain way. Stumpft et al. [9] compared keyword, rule-based and similarity explanations and found no clear overall, with a big variability between users. Robust evaluations are needed to drive progress further, but it is so far unclear which evaluation approaches are more suitable [10].

On one hand, global approaches aim to provide a global view of how a model works. However, machine learning models are often so complex that interpretable, trustworthy global explanations are difficult to attain [10]. Recently, a variety of approaches have been proposed for generating local explanations which aim to explain a prediction for an individual instance. Ribeiro et al. [11] proposed LIME (Local Interpretable Model-Agnostic Ex-

planations), a technique that gives explanations of the predictions of any classifier by learning an interpretable model locally around the prediction. Further methods include using gradients to visualize neural networks [12, 13, 5], decomposition approaches [14, 15] and measuring the effect of removing individual words (or features) [16, 17]. Nyugen [10] made a first step towards robustly evaluating different local explanation approaches for text classification models.

Explainability is as old as the topic of AI itself rather than being a problem that arose through AI [18]. However, XAI research is having to "keep pace with applied AI research in order to close the research gaps that could hinder operational deployment." [19]. This goes beyond technological development of new methods but also requires a shift in socio-technical perspectives [20]. There are a lot of remaining challenges. We still don't know when users want explanation, how to provide them at the right time when they need it and how to adequately adjust them to different user types.

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# Lecture 8 - 29/11 - Final Summary

Prior this course I had taken one undergraduate course in HCI. That course introduced me to the basic methods of HCI for design requirements gathering (focus groups, interviews, personas, contextual inquiries), getting fast feedback (card sorting, sketches, wire-frames, mock-ups, prototypes, story-boards, design fictions), running studies (lab studies, think aloud, question-naires, qualitative analysis) and evaluating (cognitive walk-through, usability report, heuristics). Following the Universal Methods of Design [1], we were tasked with re-designing the Moodle-equivalent used by the university for a single course. After some background research, we picked a specific task and persona, and designed a mock-up to meet its needs. Through several iterations, we ended up producing a high-fidelity prototyping in Figma following the Gestalt principles [2].

I was particularly interested in the topic of accessibility within HCI and learning how many innovations were the result of accessibility-driven research. For instance, the predictive text suggestions in our smartphone keyboards were first developed as an assistive tool for motor-impaired users and poor typists [3]. This is the "curb-cut" effect [4]: accessible systems help everyone, not just people with disabilities. With universities increasingly relying on Virtual Learning Environments, bridging the accessibility gap in policy and implementation is a subject of HCI research [5].

Intelligent user interfaces (IUI) are driven by the goal of improving the UX or usability of user interfaces with the help of AI. These include speech-based interfaces, chat-bots, visual recognition of users and objects, recommender systems, and adaptive user interfaces. For lack of space, I will address only two of these.

The focus of my study was intelligent text entry systems. They have been the subject of extensive research and innovation: from gesture keyboards [6, 7, 8, 9, 10, 11], alternative keyboard layouts [12, 13, 14], to effective keytarget resizing [15, 16], sensor-based adaptation [17, 18, 19] and predictive text suggestions [3, 20, 21, 22].

Similarly, with the spread of online streaming (music, videos, films, etc.), recommender systems (RS) which provide suggestions that "relate to various decision-making processes" [23, p.1] have become a very popular area of research [24]. Researchers across many disciplines have contributed extensively with diverse research approaches [25]: from information retrieval (IR), data

mining, information security and privacy, to business and marketing. However, the recommender-system community is currently facing a reproducibility crisis, which challenges the common understanding of the state-of-the-art for recommendation tasks [26]. Various attempts have been made to address this issue [27, 28], and recently, Anelli and Bellog [29] established a guideline for researchers to compare future recommender performances.

Predictive text suggestions help many people write more efficiently, but by their nature they affect what we write [30, 31]. Buschek et al. [31] found that users value suggestions for inspiration, and getting unstuck in email composition, and not just speed and accuracy. If inspiration is what users are seeking, then text predictions of least surprise might be the exact opposite of what they want. As Advait mentioned in class, it might be interesting to suggest elements of most surprise instead to support ideation and creation. We need to come up with novel design choices to better support creative writing [32]. I am particularly interested in future research to develop technologies that could support high-level ideation in creative tasks, such as creative writing with a machine in the loop [32, 33], or human-AI collaborations for music composition [34]. Such AI applications are fueled by and fuel for human imagination: "AI is a branch of literature because it is a work of imagination" [35].

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