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Wellness & SPA

Rebalance your body and mind through calming rituals, gentle treatments and tranquil spaces crafted to restore energy and inner harmony.

/ Rituals & Treatments Experiences Special Offers



Signature Body Ritual

A slow, grounding full-body ritual using warm botanical oils.

4.8

394 Reviews

1 Guest

Body Ritual

90 min.

Relaxation

€105

[Read More >](#)

Select Time



Deep Balance Massage

A tension-releasing massage with steady, calming pressure.

4.9

506 Reviews

1 Guest

Massage

60 min.

Relaxation

€95

[Read More >](#)

Select Time



Botanical Glow Facial

A naturally rejuvenating facial with gentle plant extracts.

4.3

341 Reviews

1 Guest

Facial

60 min.

Glow

€85

[Read More >](#)

Select Time



Restoring Body Polish

A smoothing exfoliation and hydration ritual for soft, renewed skin.

4.5

277 Reviews

1 Guest

Exfoliation

45 min.

Hydration

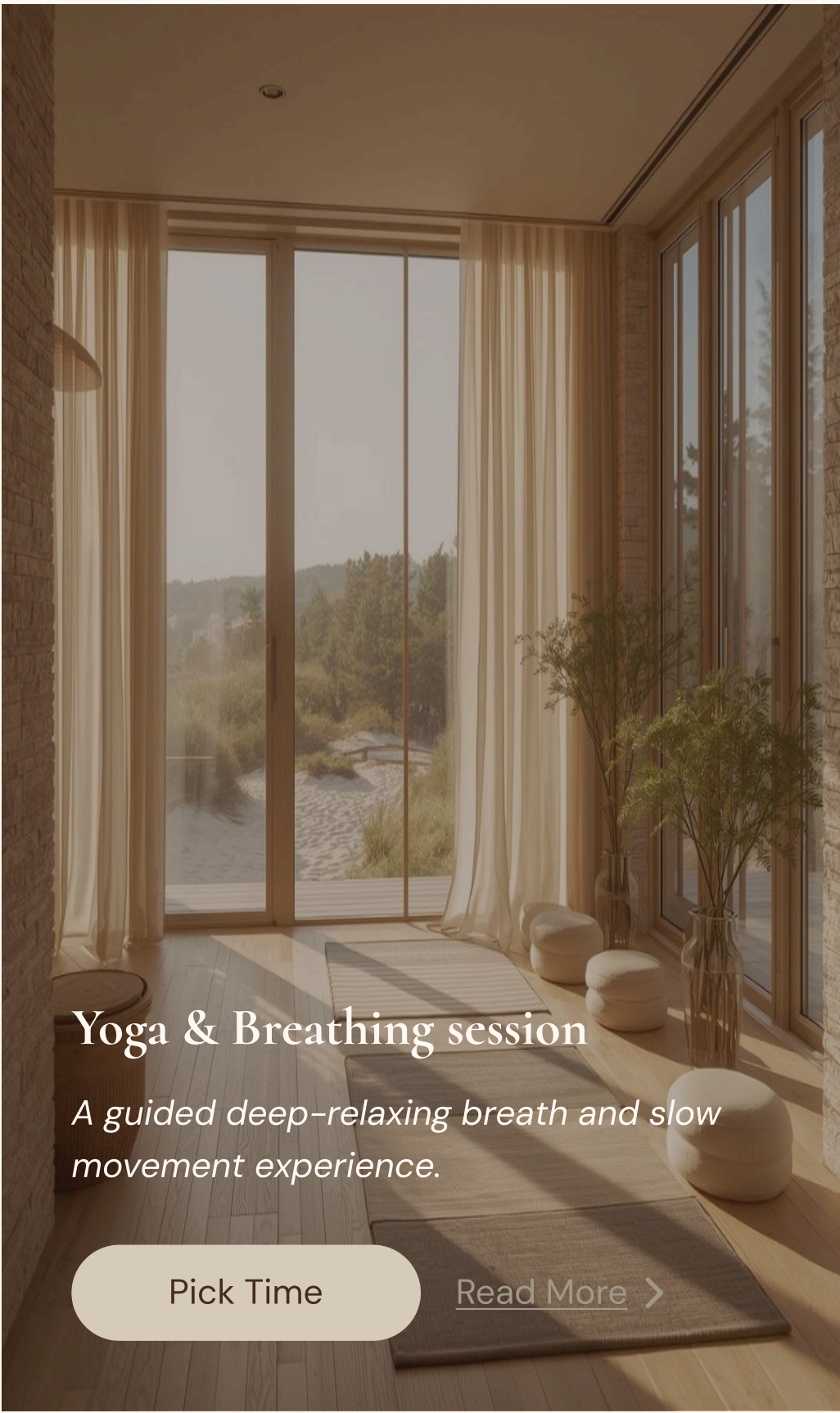
€70

[Read More >](#)

Select Time

[View More](#)

/ Experiences



Yoga & Breathing session

A guided deep-relaxing breath and slow movement experience.

Pick Time

[Read More >](#)



Two-Person Relax Package

A shared experience with massage and steam for two.

Pick Time

[Read More >](#)

Reservation Summary

Your Cart: 3 Items

Standard Room

Flexible Breakfast Included

€112

Wed, Dec 31, 2025 – Thu, Jan 01, 2026
(1 night – 2 adults)

Signature Body Ritual

(90 min. – 1 adult)

€105

Deep Balance Massage

(60 min. – 1 adult)

€95

Total

Including taxes

€312

Checkout

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AERA Retreat

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Get in Touch

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