

# ADVERSE CHILDHOOD EXPERIENCES

Adverse childhood experiences are scored from 1-10 by number of traumatic experiences an individual has suffered before the age of 18.

There appears to be a strong correlation between individuals who have more than 4 aces and a lifetime of negative mental and physical health outcomes.

◆ = 1 TRAUMA (ACE)



## MOTHERS ACE SCORES

(Scores collected before treatment,  
but will not change over time).