



universidade  
de aveiro

# PocketCoach

## **APFE - Análise de requisitos Base de Dados**

**Licenciatura de Engenharia de Computadores e Informática**

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Our theme will have to provide the following requirements:

- The Personal Trainer should be able to create specific workouts and training plans for each athlete;
- Each workout has a variety of exercises;
- The athlete will have references to common mistakes;
- Athletes should be able to keep track of their own weight. If the athlete is a premium subscriber, the instructor should also have access;
- The athlete should be able to track how many reps he does in each exercise;
- The Personal Trainer must be able to share videos and communicate with athletes (subscribed to him) to answer questions.