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## **The Most Scientific 'Sanatan Vedic Philosophy' is the Only Option before Humanity for Peace, Progress, Salvation and Continued Existence on Earth.**

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### **Introduction and historical facts in brief**

The adherents of so called 'Sanatan Dharma' or 'Hinduism' for the western world are a part of the oldest documented and continued civilization on the Earth that dates back to at least 25,000 years before Christian era. There certainly was no religion as we imagine from the point of view of the current understanding of terminology. Why I say so, because there is no mention of this kind of concept in any of the oldest scriptures we have inherited. There is only a definition of a certain way of living and we recognize it, by the 'Advait (non-duality) Philosophy' or simply the 'Vedic Philosophy'. And this philosophy for healthful living on Earth, being perennially relevant over any time scale, it is also known by the name as the 'Sanatan (*continuing*) Dharma'. 'Ved', the oldest scriptures in the world are factually the scientific treatises. They talk nothing about 'religion' but only about science, the origin of the Universe and of life on earth including man, their position in relation to the universal scheme of creation and about the healthy ways for blissful survival in continuously changing fluxes of terrestrial and cosmic energies (*invisible*) in which all life forms are physically submerged. In reality, we constitute a miniscule speck of dust in the vast expanse of the universal creation.

The ‘Rishis’ of the Vedic civilization have given to mankind the basic knowledge and understanding about Geography, Astronomy, Decimal Mathematics, Ayurveda for medical remedies, Concepts of medical and Plastic surgery, Language and Grammar, Practicing principles of Integrated Agriculture and Composition of musical sounds into Divine Musical Ragas to sooth and calm the agitated mind. And more than these, the complete and comprehensive science of the human body in the ‘Yog Sutra/ Shastra’ by Sage Patanjali forms the pinnacle of Vedic Science. In short, the scientific Vedic Philosophy has given to mankind everything it needs for leading a healthy life on the planet Earth. In contrast, if you dispassionately and judiciously retrospect without any kind of bias or concession, the new religious philosophies such as Christianity and Islam have given to mankind nothing more than domination, wars, strife, regimentation, fanaticism, jealousy, concept and idea of religious pseudo-supremacy, orthodoxy, practices, means and methods of appeasement and forcible conversion of people to their respective faiths, dogmatic practices of mechanical rituals and infusion of fear in the minds of followers about the wrath of their (*otherwise benevolent and kind*) respective Gods. In about two thousand years of their emergence, both these organized religious philosophies have physically exterminated the original habitants of several countries in the world who were following their own native faiths to take control of their countries and fanatically and most sinically destroying all their places of worship, monuments and identities. The barbarian, extremist and cruel rulers and political masters, supported such vandalism for their expansionist designs. All these are merely the externally imposed restrictions on people. Contrary to these, Vedic Sanatan Dharma (way of living), imposes no such restrictions, compulsions of even going to temples or following any ritualistic practices. **It only invokes people to go within their personal self, practice meditation, learn to control breath and thoughts and seek peace, happiness, tranquility and bliss.** It is a historical

fact that regimented imposition and adherence to Christian doctrines were vehemently opposed by early scientific philosophers, thinkers and educated masses and the Church authorities were forced to correct themselves and selectively reform their teachings on Christianity with time and progress of human knowledge. **Even Sir Isaac Newton, a celebrated scientist, at the fag- end of his scientific career, had intentionally taken to preaching religion, solely with the purpose of reforming the way it (*Christianity*) was being practiced.** But all small changes were done after thousands of those innocent people who opposed the views of the Church authorities were massacred and many were forced to drink poison and accept death for defying the unscientific views of the Church authorities. The Church authorities had to finally yield and accept the guilt of the actions of their authorities for centuries in the past at the dawn of the twenty first century. They conducted, re-trials of all those, who were convicted and done to death for centuries in the past. **This realization and action on the part of the Vatican, is a clear proof and admission of the totally arbitrary, coercive and dogmatic nature of the way Christianity was brutally practiced for centuries in the past.** However, in relative comparison, the preachers of Islam from almost all over the world have learnt no such lesson and they continue to remain vehemently rigid and dogmatic despite visible and glaring contradictions of their philosophy and physical reality established on scientific truth. Unfortunately, they are still resorting to wielding weapons for spreading their organized religion. Practicing and teaching of philosophies based on two thousand years old ‘Closed and Un-changeable ‘meta-narrative’ books such as the Bible or the Qurran appear to have no future in the twenty first century and beyond. Nobody can continue to keep people perpetually ignorant, illiterate and mentally bound to irrelevant, redundant and unscientific thoughts, ideals and practices, particularly in the science and technology driven twenty first century and beyond. No surprise, today, even in

countries such as Greece, UK, France, Germany and USA, which were at one time the strongest supporters and observers of ritualistic Christianity, the number of regular church goers for Sunday prayers has dwindled to not more than one to twenty percent depending on age groups. There is a growing influence of atheism and disenchantment about the practice of religion, which is intellectually not stimulating and appealing to the young generations, following rapid developments in science, technology and their applications in easing human life. In contrast, the percentage of population attending regular religious prayer in Mosques in almost all the Islamic countries, continue to be over 70-80 percent. All these Islamic countries are known to be economically, scientifically and technologically backward with overall literacy not more than 15-30 percent. This brings out very clearly, that illiterate populations are easier to be manipulated and emotionally blackmailed by religious fundamentalism. **Interestingly, voting percentage of such illiterate populations during national elections in their respective countries is well above 80 to 90 percent. Such *en masse* voting patterns are seriously changing the demographic equations in countries where they are migrating in large numbers.** No surprise, continued low literacy and education amongst the Islamic population serves and suits the purpose of their extremist religious leaders in promoting their goals for demographic and geographical expansion.

### **Climatic and environmental conditions are the basis of the practice of ritualistic religion or dharma**

Everyone today is aware of the fact that climatic conditions from one place on earth are entirely different from those at other location. The axial tilt of the polar axis of Earth, constant spinning around this axis and simultaneous elliptically

circular rotation around the Sun bring about such climatic variations. Climates in the Sahara Desert, Arctic and Antarctic, mountainous heights to the plains of tropical and sub-tropical regions are entirely different from one another. It obviously implies that survival strategies under constantly changing environmental conditions in all these locations mentioned, for any kind of living organism (*human, animal, insect, birds, trees, plants and other kinds vegetation etc*) **cannot** be similar. Every living organism will have to fight, evolve and adopt itself to develop capacity to survive with good health. This process of evolution for survival under certain climatic conditions involves an in-built mechanism of the living organisms to quickly change its physical, physiological, psychological, biochemical and mental state of mind. It must learn to do so by reading the minutest changes in its surrounding and to take decision for adaptation. Any mistake or delay in this process, in all probabilities will be fatal. The ‘Survival Strategy’ mentioned in the above paragraph is factually the ‘Dharma’ as has been defined by the Oriental Vedic philosophy. The methods used by the surviving living organisms under various climatic conditions therefore become the part of the ‘Rituals’ which must go parallel with each other. Obviously, it would be foolish for any species, surviving in Sahara desert to obstinately / dogmatically adhere itself to the same survival strategies if by chance it happens to be relocated in the arctic or the high altitude mountainous location. My intuition and logic suggests that the whole ‘Dharma’ of the species must necessarily change instantly with the moment it finds itself relocated from Sahara to a high altitude mountain. If it does not quickly adopt and change to its new ‘Dharma’, in accordance with the environmental conditions at its new location, it has no chances to survive. This is the way all kinds of ‘location-specificities’ between animals, plants, trees, micro-organisms and humans has evolved and stabilized on the planet Earth since millions of years. **‘Dharma’ for any living species is therefore not stagnant or**

**rigid ritualistic way but a flexible, dynamically changing strategy for adaptation and survival under constantly changing environmental, epigenetic and morpho-genetic conditions on Earth.**

The spread of the Sanatan Vedic philosophy (*as a truly scientific way of healthful living on the planet Earth*) from India to several surrounding countries like Sikkim, Bhutan, Nepal, China, Afghanistan, Mynmar (Burma), Ceylon (Srilanka), Thailand, Indoneshia, Malyasia, and even to Arabian countries because of its very scientific foundations had influenced the habitants of these areas for thousands of years. It had even led to new thinking, introspection, comparisons, evaluations, demonstration of implicit results and adoption with reference to specific local variations and interpretations. No surprise, fundamental tenets of the Vedic philosophy can be explicitly seen as the under-current of almost all the new world religious and philosophies prevalent today, like Buddhism, Jainism, Christianity, Bahaism, Zorastrianism, and Islam, that have originated either from within India or only from places lying very close to the Indian Sub-continent. In this context and in my personal considered opinion, I do not consider Sikhism as a separate religion but a sect of the original Vedic Philosophy, that was conspicuously raised with a conviction, faith, pledge and determination for the purpose of protecting the Indian civilization from the illiterate, uncivilized barbaric invaders / looters from the west, waiting for opportunities to breach the border.

## **Religion and Dharma is not the same thing**

**The concept of ‘Religion’ has been raised by the westerners and it is not the same as the concept of ‘Dharma’ from the Vedic philosophy. Religion is an organized and ritualistic practice by a group of people in a mass congregation,**

essentially exhibiting collective solidarity for geographical and political cohesion. 'Dharma' is purely an independent, personal and subjective strategy for survival (it is always an individual battle for survival against perpetually fluctuating natural epigenetic and surrounding environmental social and cultural conditions). The word 'Dharma' has been formed from its root – 'Dhru' or 'Dhr' meaning- holding together in consonance with the laws of nature. (*The author of this article has explained the factual reality of this statement in his innovative and first of its kind book –A Scientific Look at the Concepts of Soul, Rebirth, Work and the Law of Karma: An Attempted Synthesis, Zorba Books, 2019, pp 136, Chapter 3*). Although general physical, physiological, psychological and biological principles for the working of human bodies irrespective of cast creed, race, colour of skin and nationalities are similar, yet, every individual human being is epigenetically different from the other in every respect of individual characteristics.

All 'Organized 'Religions' require a central authority to oversee the spread of their influence, authority and power over large section of population of followers almost unconditionally. It may be necessary here to bring to the notice of the readers that both Christianity and Islam, as organized religious groups were spread on the might of the swords, threats, coercion, regimentation, blackmail and exploitation of the poor, needy, hungry and diseased persons by purchasing their loyalty in exchange for medical treatment, monetary help, free education and charity with pre-condition to convert to their faith. They were used more as tools for political opportunism and control over masses and geographical territories. **The very fact that several sagacious and scientifically oriented individuals preferred to drink poison than to subject themselves to the unscientific dogmatic thoughts of Biblical teachings is a glaring proof of the inadequacy of Biblical**

**philosophy and for that matter also that of the Islam because both of have a common origin.** By no means, voluntary acceptance of the teachings of both these organized religions was ever left to the personal choice, preference, intellectual or emotional appeal or self-convincing decision of individuals. Moreover, both Christianity and Islam are the only religions in the world which, consider the non-followers of their religion as sinners and advocates their followers to eliminate them as their fundamental duty. No other religion in the world has such inhuman, intolerant and unkind ingredients in their tenets. On the contrary, there is not a single example in the history of over 25,000 years of Vedic Civilization, where physical force, or exploitation of ignorance, illiteracy, poverty, diseases have been used with offers of charity for conversion of people in the fold of the 'Sanatan Vedic Dharma'. **The 'Sanatan Dharma' truly believes in the personal liberty, human right, and his/her own freedom and right to lead their life in the way they want, without interference from anyone. And there are, ample number of evidences from the historical past and present to prove that the promoters of both Christianity and Islam are only dreaming, scheming and aiming to wipe every other faith (or beliefs) with vengeance. They have systematically put mechanisms, checks and counter checks in place, not to allow anyone to revert to his original belief, once he / she is trapped in their fold. And intuitively, I feel that any scheme, which is fundamentally opposed to the inner urge and craving for personal liberty and freedom of human spirit will never succeed.**

**How, I wish the Scientists and Scientific communities from all over the world dispassionately discuss, without bias, prejudice, or belief at the back of their minds whether there is any need or place for a religion in Human Life? If it is yes, then what should be the essential purpose and cardinal tenets of that religion? And if the only purpose of the religion in human life is to make**



his/her life cohesive, smooth, free of any kind of mental and physical tensions then analyze as to what extent the current regimental practices (both open and clandestinely hidden) of extending the demographic geographical boundaries under Christianity or Islam are morally justified and ethically free from suppression of human dignity, rights and freedom?